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VOLUME 8

No. 49

The
ALUMNAE NEWS

JANUARY, 1935

THE ALUMNAE ASSOCIATION OF THE
NEW YORK HOSPITAL TRAINING SCHOOL
FOR NURSES

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THE ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

VOL. 8

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Published Quarterly: January, April, July and October. Sent free of charge to all members of the Association. To others: 15 cents a copy, 50 cents a year.

All contributions should be sent to the editor before the fifteenth day of the previous month.

ELIZABETH S. JOHNSON, *Editor*
2914 Broadway, New York
UNiversity 4-9231

Associates

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RAZING DOOMS A LANDMARK

New York Hospital Group in 15th and 16th Streets Once More Modern

(Reprinted from New York City Sun, Nov. 10, 1931)

When wreckers start to tear down the old New York Hospital property on the streets, west of Fifth avenue, so that three-story garden apartment houses may be constructed by George V. McPherson, Brooklyn builder, they will be destroying one of the city's historic landmarks.

This building, occupied by the New York Hospital, most venerable of New York's institutions for the care of the sick, prior to its removal to the New York-Cornell Medical College on the Yorkville waterfront, is fifty-seven years old and spans a great epoch in the history both of medicine and of New York City. In both it has stood as a symbol of the turning point between the ancient and the modern.

The erection of the building itself marked a sharp controversy of the relative advantages of the city and its suburbs. For more than a century before the Fifteenth Street building was opened, in 1877, the hospital had been ministering to the sick in its original building on Broadway between Duane and Worth Streets. There were many who contended that it ought to move into "the country" on the upper part of Manhattan rather than merely to the "uptown" section of Union Square. Suburban real estate dealers undoubtedly did not thank Dr. W. H. Van Buren for telling the public, at the opening of the then new building, that one reason for not doing so was "the presence of malaria, which still lingers in most of the available localities in the immediate vicinity of our city."

Epidemics of That Day

Another reason for keeping the hospital "in the city" was its importance as a stronghold against dread epidemics which had repeatedly swept the city. In 1877 yellow fever was still a threat and the first years of the Fifteenth Street hospital's operation typhus and typhoid fever, now rare, were to bring it a large number of its first patients. Even in 1898 when the hospital offered to and did treat free of charge all soldiers of the Spanish-American War who came to it, typhoid was responsible for nearly a third of all the military cases.

By an unusual coincidence the development which is to take the place of the old hospital building bears a close resemblance to one which in 1877 was the most significant real estate news of that year. This was the announcement by Alfred T. White of Brooklyn that he was con-

structing a group of city homes built around a central court as opposed to the "dumb-bell" airshaft type of design common at that time.

White's project, by demonstrating that city dwellings could be constructed in such a manner that plenty of light, air and some green grass could be available to each family, had a leading influence in bringing about the enactment of our modern building sanitation laws.

The apartment buildings which will rise on the old site of the hospital, like White's development, will be low enough, only three stories, so that a maximum of light and air will be available to each family.

Most Modern Then

Although the old hospital building was erected when Grant was President and the United States was still fighting the Nez Perces Indians, it, too, was surprisingly modern in some aspects. Visitors from all parts of the world flocked to inspect it as embodying the very latest advantages of medical design, just as they are today visiting the New York Hospital's new center, which now towers above the East River at Sixty-eighth Street. It was one of the first thoroughly fireproof structures erected in New York and was equipped with a fan ventilating system which carried warm air to all parts of the structure at a rate that it was then believed to prevent the spread of contagion.

In the first year that the building was opened there was founded within it the first school of nursing to be established in any private hospital, although such a school had previously been established in Bellevue. It was here also that Diamond Jim Brady, in gratitude for his own recovery, established the famous Brady Urological Institute.

Although the applications of the work of Koch, Pasteur and Lister, which were just beginning to be appreciated when the building was opened, have banished many of the great epidemics, the hospital's usefulness in the field was never closed. In 1916 it established a special 120-bed hospital to combat the infantile paralysis epidemic and in 1918 it converted two entire surgical wards in addition to all its medical wards into a special hospital for influenza victims.

While the New York Hospital was in its old quarters it cared for 306,015 bed patients and an even greater number of out-patients, particularly in later years. That, however, was in the course of more than half a century. In its new center at Sixty-eighth Street and the East River, the hospital is caring for 40,000 patients a year, which would mean 2,000,000 patients for a fifty-year period.

NURSERY AND CHILD'S HOSPITAL TO CLOSE ON JAN. 1

New York Nursery Will End 111-Year Career— Its Work Will Be Taken Over

(Reprinted from N. Y. Times, Dec. 1, 1934)

The New York Nursery and Child's Hospital at Amsterdam Avenue and Sixty-first Street, one of the oldest children's hospitals in America, will close at the end of this year, according to an announcement yesterday by Mrs. W. Thorn Kissel, president of the hospital.

The service to mothers and children which has been maintained for 111 years, will be continued, however, at the New York Hospital.

Increasing difficulties in balancing the budget of the hospital were responsible for the closing of the building.

The Architect of the Nursery and Child's Hospital when first built was John Warren Ritch. He was the oldest architect in New York City when he died. A daughter is now in St. Luke's Home for Aged Women.

FRIENDS PAY TRIBUTE TO MISS K. A. SANBORN

Head of St. Vincent's Training School for 43 Years. Retiring, Extolled at Dinner

(Reprinted from N. Y. Herald-Tribune, Dec. 4, 1934)

Five hundred friends of Miss Katharine A. Sanborn, who retired recently after forty-three years as superintendent of the Nurses Training School of St. Vincent's Hospital, attended a testimonial dinner in her honor last night at the Hotel Commodore. Miss Sanborn organized the training school in 1891 and remained at its head until two months ago.

A purse was presented to Miss Sanborn as a tribute from her associates and friends. Miss Mary A. Creed, a director of the St. Vincent's Hospital Alumnae Association, sponsor of the dinner, also announced that a \$5,000 scholarship fund would be founded in Miss Sanborn's honor. The fund will provide post-graduate courses for exceptionally qualified nurses.

Among the speakers who praised Miss Sanborn and her contributions to the hospital were Miss Florence Johnson, director of Nursing Service of the American Red Cross; the Rev. John Hickey, rector of St. Joseph's Church; Dr. Cornelius Tyson, president of the medical board of the hospital; Mrs. Frank Rowsey, president of the Ladies' Auxiliary, and Grover Whalen.

Miss Sanborn's Alumnae was represented by Miss Lydia Anderson, Miss Jordan, Miss Florence Johnson and Miss Elizabeth Price, her life-long friend. The purse referred to was one thousand dollars. Miss Sanborn will live in the apartment which she has been occupying as Supt. of the School of Nursing. Many telegrams were received from absent Alumnae scattered from Maine to California. In all she has graduated 1,056 students from a beginning of four students, and while the work of organizing was in progress acted in every capacity, night superintendent and operating-room nurse included. Miss Sanborn wore a beautiful corsage bouquet of orchids, the gift of the student nurses.

REPORT OF ANNUAL MEETING OF THE NEW YORK STATE NURSES' ASSOCIATION

October, 1934

The trip by motor to Buffalo was very enjoyable due chiefly to the colorful foliage. We arrived in Buffalo, Monday afternoon, and established ourselves in the Hotel Statler, the headquarters for the convention. The afternoon was spent in registering and receiving programs and reports of standing committees.

Before formally opening the convention on Tuesday morning, Miss Swanson, vice-president and acting chairman of the State Association, led the group in paying tribute to the memory of Miss Elizabeth Greener and sending a telegram to her family. After the business meeting, district meetings were held for ballot instruction.

In the afternoon, Dr. Eugene Le Forrest Swan talked on Social Hygiene stressing the normal aspects of sex rather than social diseases.

On Tuesday, the first business session of the Private Duty Section of the New York State Nurses' Association was also held. All the standing committees and district chairmen gave reports at this time. The progress of the eight hour day program in the state was very encouraging. We were urged to try to make our registries more active and progressive by first making some kind of special study and then being willing to make some long needed changes. Miss Beyer suggested that every Private Duty Section in the state arrange for a program on "Study and Change."

On Tuesday evening we attended the American Red Cross dinner at the Buffalo Consistory. An excellent program included a talk by Miss Malinde Havey on "The Red Cross in Community Relationships." Later in the evening, Mr. Edward D. Lindeman, of the New York School of

Social Work, spoke on the new social order and its significance in which he predicted a revolution of all old standards.

Wednesday morning, Miss Ritter, of the Flower Hospital, made an appeal for better and more use of the *American Journal of Nursing*. She expressed the desire that it be used more frequently in classroom teaching.

A very stimulating paper on "Community Relationships and Responsibilities in Nursing Education," was read by Chancellor Samuel P. Capen, of the University of Buffalo. He compared the development of the nursing profession to others and concluded that we at present were undergoing the four cycles of growth, namely: apprenticeship, expansion, standardization, and critical analysis. His conclusions drawn from the experience of other professions were:

1. Recommendations
 - a. Necessity for financial investment.
 - b. Schools conducted by trained teachers.
 - c. Students to have reasonably high level of preliminary education.
 - d. Academic methods with partial use of apprenticeship method to allow for practical application.
2. Criticisms
 - a. The majority of nursing schools cannot be classed as educational centers.
 - b. Too many nurses for needs.
3. Correction of present condition
 - a. Standards of entrance should be raised.
 - b. Students to know of overcrowded field and not enter.

In conclusion, the people responsible for improving conditions are the nursing profession, the hospital authorities and the universities. The first has done its part, the second two have yet much to do.

Dr. Harlan H. Horner presented startling statistics to prove that the nursing profession had too many nurses yet too few. He emphasized the necessity for licensing all nurses both registered and practical.

Wednesday afternoon, Miss Mary Bogardus, of the University of Chicago Clinics, spoke on "The Use of the Graduate Nurse in Hospital Service." This was based on her own actual experience. Some of the points she stressed were: The building up of the head nurse group; The rotation of nurses within the unit; The promotion of nurses within the unit; Monthly meetings of head nurses and supervisors; Clerk to relieve head nurse; and Additional help on wards.

The disadvantages, if any, of a graduate staff were: 1, So much is expected of graduate nurses; 2, No group instruction is given after orientation period. The need for a sound economic basis upon which to develop this type of service was stressed.

Wednesday night, the most important social event, a Banquet, was held in the ballroom of the hotel. This was well attended and was followed by a very enjoyable musical program.

One of the most interesting and inspiring meetings of the entire convention was the Breakfast for the Private Duty Section, held Thursday morning, at which time we had the pleasure of hearing Miss Mary Roberts. The main theme of her talk was "The Co-ordination of Activity," and she quoted from Miss Goodrich, "we must have unity in order to accomplish all we want to." Miss Roberts referred to her article in the July, 1934 issue of the *American Journal of Nursing*, on "Private Duty Nurses, Do Research and Studies Affect You and Your Work?" She reminded us of the value that the private duty nurse has already reaped from the study made by the Grading Committee, namely: The eight hour day. Yet how few of us are willing to co-operate with the Registries in making accurate reports when we come off cases as well as giving the value and service we might give if we were willing to fill more calls. She urged us that if research and study did mean so much to us to try to be better informed as to our tasks and to co-operate in everything we could. She closed by saying, "You have a wonderful opportunity and good tools at your disposal, won't you use them?"

Following the Breakfast, a symposium on "Relationships—Community and Nurse," was conducted by Paul L. Benjamin, Executive Secretary of the Buffalo Council of Social Agencies. The subject was dealt with from two angles: First, as seen by the Community; Second, as seen by the nurse. The community viewpoint was given by representatives of the patient, the physician and health officer, the hospital, the social service worker, and the clergy. They described the present trend in the care of the sick to be in the direction of the home rather than the institution. The nurse should not be only a skilled bedside nurse, but should be a companion, a teacher, and be herself the personification of everything she teaches.

The nurse's viewpoint was given by representatives of the private duty nurse, the nurse educator, the public health nurse, the man nurse and the Canadian nurse. The private duty nurse was important in the community as an interpreter of hospital service. The importance of every nurse being a teacher was again emphasized and the measure of success was to be determined by the existence of good working relation-

ships. The possibility of organizing a man nurses' section within the coming year was discussed. The Canadian nurse, as represented by Miss Elizabeth L. Smellie, concluded that there was too much haphazard planning, too much pressure, too little working with associated fields, and too much launching of inexperienced workers beyond supervision.

Mr. Benjamin in summarizing included in the necessary qualifications for a nurse that she be a mature, well-rounded individual, that the coming generation of nurses must exceed our standards, that the patient must be placed first and, always, that co-operation was essential, and, finally, that successful relationships boiled down to one's philosophy of life.

Although the main part of the convention program was completed, a special discussion was held on Friday for superintendents of nurses and faculties of school of nursing education, presided over by Miss Clara Quereau, Secretary of the State Board Nurse Examiners. The general theme of the discussion was what can be done *now* in the various areas of the state to begin reorganization of nursing education and to improve the practice of nursing.

The need of knowledge of the whole child was emphasized, which in turn would lead to an understanding of the adult. Parental education should be sustained throughout a hospital program.

Miss Agnes Gelinas of Skidmore College contributed some concrete suggestions for the selection of students. She proposed:

1. That the state be divided into areas.
2. That there be a committee on admissions composed of a director of school, physician members of faculty, and members from a neighboring university.
3. That students present records showing creditable completion of secondary schools, also recommendations from that school, and records showing range of interests.
4. That tests be given in the following:
Scholastic ability, intelligence, reading, English, arithmetic, mechanical ability, and health examination.
5. That students be informed of what a course in nursing actually consists; that she be told the requirements for admission and gradu-

tion, sequence of experience, and content and value of special courses.

6. If the student is still interested in becoming a nurse, that she be sent for two years to a college that has an acceptable curriculum with health as a major part of program and which includes hygiene, home nursing, and sciences.
7. That on completion of college she be reconsidered as an applicant for a hospital of her own choice, on the basis of the quality of her school work. If the student here decided that she is no longer interested in nursing, she can enter some other field where her science can be utilized.

Dr. Mills in determining the standards for the faculty and the attainment of these stated that the first prerequisite was a job analysis of duties of teachers of nurses. Upon these findings a curriculum for teachers of nurses could be built consisting of two years of college; two years of professional training, one year of graduate experience and one year of advanced study.

Miss Wolf began a discussion of the general content of the curriculum by an analysis of good nursing. This included expert bedside care, sufficient knowledge of household arts to meet emergencies, ability to observe and interpret both physical manifestations and environmental factors, knowledge of the principles of mental hygiene, promotion of health and prevention of disease, ability to teach measures of health, ability to co-operate with community resources, and ability to obtain economic security.

The general content must be developed in four sequences: The study primarily related to care of the sick; The sequence in relation to health and sickness in the community; That which related to psychological factors and mental health; and That which would build up character. The setting up of the curriculum would depend on the selection of students (with higher matriculation standards), a well-prepared faculty, teaching facilities which would provide for more science and laboratory experience, and which would include a generous and usable library. The whole program was to be built on a sound economic basis.

Respectfully submitted,

MARGARET E. WYATT.

THE AUGUST PARTY AT THE CLUB

August was a popular month for birthdays. There were nine in all and the party was held on the roof. It was a glorious evening, the day had been very warm but at sun-down the roof was delightfully cool and a fresh breeze sprung up. Miss Lawrence had hung Japanese lanterns in all directions, and in one corner a Japanese arch was erected. It was covered with red, and under it stood a small table also covered with red. At nine o'clock a small orchestra stationed at one end and played popular airs and some new ones. Soon a Ventriloquist appeared and after placing Black Sambo on his knee proceeded to carry on a side-splitting conversation. When Sambo retired a few pieces of plaster cleverly distributed on the man's fist gave "Grandma" an opportunity to continue the conversation. After more selections played by the orchestra there was some clog dancing. Then came delicious punch and cakes of all sorts served by the young people, and each member whose birthday was being celebrated received an individual birthday cake with a life candle in the middle. The attendance was about eighty. Bridge tables were set up for those who wished to play. Miss Lawrence certainly remembered everything.

LUCY O. GRAFTON.

DR. G. CANBY ROBINSON WILL TEACH MEDICINE IN CHINA

(Reprinted from the N. Y. Times)

Dr. G. Canby Robinson, who recently received a year's leave of absence as director of the New York Hospital and the Cornell Medical College has been appointed visiting Professor of Medicine at Peiping Union Medical College, Peiping, China, effective Dec. 1, it was announced yesterday. He will sail for China by way of Europe on the Deutschland, Nov. 1.

SEE PAGE 17 FOR ANNUAL BALLOT

LETTERS

August 15, 34.

Dear Miss Wyatt:

In order to complete your records in connection with the retiring of Miss Goodrich as Dean of Yale School of nursing, the following night letter was sent as directed by our Alumnae Association.

"The Alumnae Association of the New York Hospital Training School for Nurses, sends affectionate greetings to our fellow member Dean Annie Warburton Goodrich, whose professional career we have followed with great pride, whose idealism and vision have inspired us all and whom we devotedly admire."

signed MARGARET WYATT, Secretary
sent by Anna B. Duncan, Chairman.

Sent to,
Dean Annie Warburton Goodrich, L.L.D.
141 High Street,
New Haven, Conn.

* * * *

R.F.D. 1
Colchester, Conn.

My dear Miss Wyatt:—

May I beg you to express to the Alumnae Association of the New York Hospital in my behalf my keen appreciation of their beautiful message on the occasion of my retirement. The magnificent roses were a constant reminder of their kind thought. These tokens of affection and esteem from my colleagues have touched me deeply and I can find no words through which to express my gratitude.

Believe me,
My dear Miss Wyatt
Faithfully yours
ANNIE W. GOODRICH.

July 11th, 1934

June 24th, 1934

Miss Margaret Wyatt, R.N., Recording Secretary
Alumnae Assn. of the School for Nurses N.Y.H.

Dear Miss Wyatt:

Your letter of June 18th telling me of the action of the Alumnae in giving me a life membership, was a delightful surprise, and please extend to the association my sincere thanks. It gives me great pleasure to know that I may continue a member of an organization that I have been a part of for so many years.

I have been on the coast for twenty-six years and in the employ of only one hospital during that time. The first eighteen years as Director of the School of Nursing and the last eight years in charge of the Social Service Department but I work only three days a week.

I have always tried to live up to the standards and traditions of the N.Y.H. and do my share for the professional organizations, and it has been my privilege to serve my district three times as president, and the State Association twice. I hold no office at present except that of parliamentarian.

Again thanking you and the other members for their courtesy believe me.

Sincerely yours,

ANNE A. WILLIAMSON, R.N.

* * * *

October 9th, 1934.

Dear Miss Johnson:

Please accept my thanks for the copy of the News just received. I am greatly impressed that the name of the dear Miss Sutliffe should still head the list of Officers, and deeply appreciate the inclusion of my own.

Miss Sutliffe can tell you of our long association with the Hospital—mine beginning with the time of Miss Eliza Watson Brown, and still remaining by far the best association of a lifetime.

With kind remembrances to Miss Sutliffe, and again thanking you, I am

Very sincerely yours,

D. BRYSON DELAVAN.

Miss Myrtle A. Pelley, Raleigh Fitkin Memorial Hospital, Bremersdorp, Swaziland, South Africa, wrote recently:

"My dear Miss Bergstrom:

In reading my April copy of the New York Hospital Alumnae News, one Blue Plaid appeals to me. I almost devour the News and Annual Report each time they come. One gets so desperately lonely in these far off places.

Do send me a copy post haste of the Blue Plaid . . . Thank you very much.

Twelve years ago I came out here, remaining on without a furlough; the need is so great. I was in the class of 1917. Greetings to all the Alumnae.

Yours sincerely,

MYRTLE A. PELLEY."

That is a long way from home, isn't it? Perhaps this will inspire some of Miss Pelley's classmates to drop her a letter, a note, or a card. And perhaps the germ of the idea may be implanted in the minds of classmates of other graduates in far off places. Have YOU ever been far away from home and lonely? You know, just printed material does not take the place of really personal mail or newsy letters from people you know—especially someone who went through the same three years of training you did. WRITE THAT LETTER TODAY!

MISS ELLA M. PEARL DIES AFTER ILLNESS

(Reprinted from The Clinton Courier, Clinton, N. Y.)

Miss Ella Marenda Pearl died at her home on College Street, Saturday, after being in poor health for the last three months. She was 78 years of age.

Miss Pearl was born here, a daughter of the late Ralph and Esther Blair Pearl, February 28, 1856. She received her education at White Seminary, in this place and taught for a time in two local schools. She later entered the New York Hospital Training School for Nurses and graduated, doing private nursing for several years before returning to her home here where she had since resided.

She was a member of the former Universalist Church, of this village. Surviving are one sister, Miss Jennie A. Pearl, College Street, and several nieces and nephews.

WHAT IS THE SERVICE COMMITTEE?

It is an amalgamation of the old Emergency and Relief Committees of our Alumnae Association and its duties are to carry on the friendly relief work among the needy and sick of our membership.

In order to raise funds for this work, the Service Committee sponsored a delightful party at the nurses' residence of the New York Hospital on December 3rd, and the financial results were far beyond all expectations.

Dancing, Bridge and a "white elephant sale" constituted the Entertainment and refreshments were served in the students' lounge followed by a spirited auction of an original sketch by Miss Helen E. Hokinson, artist of the New Yorker.

Altho' all reports not complete at this date, the indications are the Fund will be increased by \$500.

To the splendid enthusiasm and team work of the Hospital group under the Captaincy of Miss V. Kribs and the Club group under Miss Louise Deacon, must go much of the credit for our success. However it is hard to stop there, because many of our graduates and friends living apart from these two groups responded most effectively to our appeal by letter.

Our sincere gratitude is extended to those of our Patronesses and Governors who signified their interest and approval of this service by letters and donations.

We would be lax indeed should we omit emphasizing the special courtesy of the nursing staff and their associates, whose cooperation was so essential to the success of the affair, which we hope to make an annual get-to-gether-party with a worthy object in view—namely to perpetuate the service to our nurses, in honor of Miss Irene H. Sutliffe, which she began and carried on until failing health necessitated her relinquishing it to others.

A friendly rivalry between the Hospital group under the captaincy of Miss V. Kribs and the Club group under Miss Louise Deacon, came out fairly even and the individual nurses who turned in the most money were Miss Nina Sinnott at the Club and Miss Kribs at the Hospital.

Our Patronesses were: Mrs. Cornelius Bliss, Mrs. Paul Dineen, Mrs. Walter Jennings, Mrs. Wilson Powell, Mrs. Eugene Pool, Mrs. Barklie McKee Henry, Mrs. Augustine J. Smith, Miss Irene H. Sutliffe and Miss Anna D. Wolf.

Just one more evidence that when the N.Y.H. nurses start to accomplish a worthwhile piece of work they finish it.

PERSONALS

Miss Elizabeth Bower has lately been appointed a representative of the Equitable Life Assurance Society and is now selling insurance and annuities as well as continuing her hourly nursing work.

The following notice is from "Agency Items" the company's official weekly of November 26th—

"Believing that hard work is one of the important requisites of life in the insurance business, Miss Elizabeth Bower of our Devitt agency made 73 calls during October. She secured 42 interviews and wrote five applications totaling \$22,315 of insurance.

This record is more highly commendable in view of the fact that Miss Bower joined The Equitable in July, 1934."

Miss Bower, because of her successful efforts in selling annuities during November, won a turkey which she presented to the Club.

Miss Lawrence very kindly arranged a staff luncheon party in Miss Bower's honor on Friday the 30th.

At The Hospital

Miss Ida T. Addy, Class of '33, is in charge of H 8.

Miss Vera M. Beach, Class of '23, has been appointed Supervisor in the Private Patients Pavilion. She was succeeded as Head Nurse on the 15th floor by Miss Ada Wyman, Class of '26.

Of the Class of 1934.

Miss Helen Bezé, Elizabeth Hilliard, and Pauline Newman, Class of '34, have just returned from the Sheppard & Enoch Pratt Hospital, Lawson, Maryland, where they took a Post Graduate Course of six months in Psychiatric Nursing. They, with Miss Janet Story, of the same class, have received appointments in the Payne Whitney Clinic. Of the remaining members of this year's class, 2 have married, 1 is doing Public Health work in the OPD, 2 are engaged in private duty, 2 plan to enter college, and 22 are on general staff duty at the Hospital; 1 is on an extended vacation.

Something very blue that is also very nice—the students of the Class of 1937 have donned their blueplaid uniforms and have begun work on the pavilions. And are they thrilled!

Miscellaneous—

The Library would appreciate American Journals of Nursing before 1910. Copies of the ALUMNAE NEWS prior to 1915 are particularly desired by the Reference Library, New York Hospital School of Nursing, 1320 York Avenue, New York City.

F. J. BERGSTROM, *Librarian.*

Miss Grafton had a very enjoyable motor trip through the White Mountains, and also visited the World's Fair in Chicago.

Our sympathy goes out to Miss Virginia Hunter and to Miss Bellinger in the loss of their brothers.

Miss Lydia E. Anderson is getting about again after a visit to the Infirmary with a sprained ankle. You see, practice does *not* make perfect; but of all the hundreds of subway steps Miss Anderson must have stepped on, only one was too much for her! She declined to recline very long, and has been attending classes with bandage, cane, subway and cab. 'Tis nice having her about again, and we were glad she came Monday.

—Oh, yes, she came to class in a wheel chair (like some other people, she insisted that she "worked all right from the waist up"). While two nurses looked on and held their breath, she permitted half a dozen eager Freshmen to wheel her back; we never did learn whether she was afraid of being bumped or not—but she arrived in her room safely. You see, she was their first *real* patient!

Peg Wyatt sure gets around these days; she is showing the new students the Hospital—in sections.

Jessie Warner, Class of 1928, has resigned and accepted a position at Mountainside Hospital, Montclair, New Jersey. She is working with Margaret De Witt in the O.R.

Hazel Wright was in town on one of her rare flying trips she makes from Florida—only this time she had been out West, and up North as well. On Wednesday evening, December 5th, Margaret Taylor, Margaret Wyatt, Lucy Jane MacDonald, Gertrude Wylie, Charlotte Schneider, Ursala MacDonald, Hazel Wright, Jessie Warner, and Jo Bergstrom talked it all over in the Alumnae Room and wished that more old friends were with us. A few more such evenings, by the way, will solve all the outstanding mysteries of training days!

Jo Bergstrom returned on duty full time in September after a leave of absence. She, too, gets around, is more comfortable and enjoying life more than ever before. She is most grateful to the members of the Alumnae Association for their lovely flowers, many kindnesses, and cheering messages this Spring and Summer.

Congratulations to Miss Mary Beard, R.N., Class of 1903, Assistant Director of the Rockefeller Foundation, who has been honored by the University of New Hampshire, with a degree of D.Litt. (Dr. of Humanities).

ALUMNAE ASSOCIATION
NEW YORK HOSPITAL TRAINING SCHOOL FOR NURSES
Election of Officers, Thursday, January 10, 1935

For President, Vote for 1	For Rec. Secy., Vote for 1	For Treasurer, Vote for 1
MARGARET TAYLOR	MARGARET E. WYATT	MARY F. HOLLAND
LUCY O. GRAFTON	ESTER ANDERSSON	MARTHA McCABE
For Vice-President, Vote for 1	For Cor. Secy., Vote for 1	For Directors, Vote for 3
CATHARINE B. HAY	MARTHA P. CATTLEAIN	VERNA C. SMITH
ELIZABETH PRICE	HATTIE L. WHITE	ANNE F. DWIGHT
		HELEN M. DAUM
		ELEANOR WHITTIER
		DOROTHY HOBART
		HAZEL EMMETT

N. B.—Mark your ballot with an **X** at the left of the name you wish to vote for or substitute the name of any other person. DO NOT sign your ballot. If vote is to be cast by mail, send same to the Chairman of Nominating Committee, M. M. Jouffret, 317 West 45th Street, New York City, not later than January 10, 1935.

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VOLUME 8

No. 2

The
ALUMNAE NEWS

APRIL, 1935

THE ALUMNAE ASSOCIATION OF THE
NEW YORK HOSPITAL TRAINING SCHOOL
FOR NURSES

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THE ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

VOL. 8

APRIL, 1935

No. 2

Published Quarterly: January, April, July and October. Sent free of charge to all members of the Association. To others: 15 cents a copy, 50 cents a year.

All contributions should be sent to the editor before the fifteenth day of the previous month.

ELIZABETH S. JOHNSON, *Editor*
2914 Broadway, New York
UNiversity 4-9231

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YEARLY REPORT OF THE OUTGOING PRESIDENT

A review of the year presents a picture of group activities and group accomplishments. The Chairmen of the various committees and their associates, the individual Alumnae members and Club residents, together with an interested and untiring Staff, have brought this Association to the close of 1934, undaunted of purpose and with ideals intact.

We are very proud of the honors that have been extended to Miss Annie W. Goodrich on her retirement as Dean of the School of Nursing of Yale University, and to Miss Katherine Sanborn on her retirement as Superintendent of the School of Nursing of St. Vincent's Hospital, New York City. These two members of our Association have made very valuable contributions to nursing education and to nursing service.

An all-absorbing project in our profession throughout the country this year has been "The 8 Hour Day for Nurses." The movement goes marching on, gathering momentum month by month, carrying the slogan, "Better care for the patient, better life for the nurse." Our own Hospital adopted the plan on an optional basis, effective October 15th, 1934, and the registrants have appointed a publicity committee to keep the 8 Hour Day in the minds of everyone connected with the Hospital, as an aid to having the plan become universal there.

Our Association has contributed to activities outside our own organization as follows:

To Nurses' House at Babylon—\$100.00. This was voted in recognition of the importance of this haven for convalescent nurses.

To Henry Street Settlement—\$100.00. A desire to have a part in providing care for the sick poor, as well as great pride that the founder of "Henry Street" is one of our graduates, prompted this gift.

To District No. 13 for the promotion of the 8 Hour Day for Nurses—\$50.00. This was voted to help carry on the publicity campaign which has already brought such good results.

District No. 13 is represented in the Federation of Women's Clubs, and we are glad to announce that one of our members, Miss Mathilde Jouffret, is the present delegate. Her reports cover a broad field, from Crime Prevention in the City of New York, to a sight-seeing trip in Philadelphia, with many important topics of the day in between.

Hospital

The meetings and social gatherings at the Hospital have made the Alumnae members feel more and more familiar with the new and very beautiful group of buildings over on the East River.

During the year, Mr. Wilson M. Powell was elected President of the Board of Governors of the Hospital to succeed the late Mr. Edward W. Sheldon; Mr. J. Augustine Smith succeeded the late Mr. G. Howard Wise as secretary of the Board of Governors, and Dr. Thomas Howell succeeded Mr. John Howard as Superintendent of the Hospital.

The Second Graduation Exercises there were held on March 7th, when 34 students were awarded their medals and diplomas. Dean Annie W. Goodrich made a most inspiring address to the Class, using as her title, the motto inscribed on our Hospital seal, "Go and Do Thou Likewise."

Club

Mr. Vincent Astor manifested his interest in our Club in a very practical manner in 1934. The reduction of \$125.00 per month in our rent has been continued; the defective heating system which caused us so much annoyance and expense last winter has been repaired; cracks in the outside walls through which moisture damaged the plaster inside, have been waterproofed; for all of this we have extended to Mr. Astor our hearty appreciation.

Club residents have been made more comfortable—

1st. By the closing of a restaurant next door. This was accomplished because of the keen understanding of our problems by the Realty Company that managed that property.

2nd. By the marked decrease of a very disturbing noise in a factory situated just back of the Club. This was brought about through the aid of several organizations and many personal contacts.

It was voted at the April meeting that we secure some of the colored tiles from the old Hospital to be used, perhaps in the foyer of a possible new Club, when our present lease expires April 1st, 1938. These were taken from the floor of Ward G, and are stored at the Club awaiting their next move.

The roof garden, getting a good start from the proceeds of a Bridge held in April, was a huge success last summer, continuing until it was killed by the frost in late November. We are fortunate in having had some snapshots taken of it in all its gaiety, which are being sold for the benefit of our 1935 garden.

The dollar and cent status of the Club is shown in the report of the Treasurer. It is gratifying that we could manage to do so much of the needed cleaning and painting, yes even to some green paint on our halls, and at the end of the year pay another \$500.00 on the money borrowed in 1931.

I may not close this report without a reference to those nurses whose early efforts made this Club possible. They had no money for their project. All they had was an idea and the will to carry it through. Under the intrepid leadership of our beloved Irene H. Sutliffe, they did carry through. Courage and resourcefulness, sacrifice and endeavor, wit and wisdom, were the means by which they splendidly succeeded, and we have this comfortable Club only because of their valiant beginnings. The tradition they handed down to us some 35 years ago is priceless, and today, we can do no less than carry on that tradition.

CLARA L. GREENE.

MISS WALD CELEBRATES HER BIRTHDAY IN THE NEW YORK HOSPITAL

"The hospital lively with cheery note; the door bell ringing all day with goodwill messages; flowers and greetings from the White House, Cabinet Ministers, Senator Wagner and other Officials, Secretary of the Treasury, the Governor of New York and many of the State Legislators sending their greetings. One of the nicest things of all, was the vase of Primroses which came from the Lions on the Public Library steps. 'A Million New York Children' sent their love and good wishes.

"Nothing surpasses the happiness and satisfaction in the hospital itself from the Faculty and the dear old friends I have known largely through nursing, some of whom I had not heard of for more than thirty years, including the Bishop in whose diocese Henry Street was located forty years ago.

"If the many individuals who sent flowers and gifts and telegrams do not personally hear from me, it is not lack of appreciation for even with the best effort in the world we cannot manage it.

"Messages came from Jerusalem, Mexico, and friends everywhere, among them Jane Adams; greetings from Colored people, Japanese, Chinese, and a multitude of the boys and girls who have grown up under the Wings of the Settlement."

Miss Wald is convalescing very nicely and sends best wishes to you all.

ELIZABETH VIOLA KRIBS.

A MESSAGE FOR MISS REUTINGER FROM HER STUDENTS

The closing of St. Mary's Hospital for Children not only marks a point of tragedy in the lives of many unfortunate families, but also strikes a note of sadness in those who had contact with its directing forces.

We, the former Students of St. Mary's, are happy to take this opportunity for making a small expression of a great deal of appreciation for our former Directress, Miss Anna L. Reutinger. As the problems of everyday living increase and the field of experience broadens, we have more and more come to realize the value of the high code of ethics, the self discipline, and the human understanding which are so impersonated in her own being. To her, nursing is an art to be cultivated, a profession to be followed. For this influence we are truly grateful and with the passing of time its value is ever increasing.

Her life stands out as a joy and inspiration to all who are fortunate enough to have contacted her influence.

A DATE TO KEEP

APRIL 10th, Wednesday Evening at 8:30
At the
Nurses' Residence, New York Hospital
1320 York Avenue, New York, N. Y.

The Attraction is a Play in Three Acts Entitled

HER SHOP

Written by
AIMEE and PHILIP STUART

Directed by
MISS FANNY BRADSHAW

(Niece of Otis Skinner)
A Director of the Little Theatre and
Dramatic Instructor at Spence School.

This affair is under the sponsorship of the *Students Loan and Scholarship Fund Committee*, and, as the name implies, the funds are to aid young students during their period of training to meet the incidental tuition fees, etc. Through Miss Wolf and Mr. Sargent, the assistant to the President of the hospital, the producing of this Play was presented to the Board of Governors, who were greatly interested, approving of

the aims of this committee and registering their approval by passing a resolution endorsing it and referring it to the Ladies' Committee of the Hospital.

Miss Wolf appointed a special committee under the Chairmanship of Miss V. Kribs and several meetings have been held and plans are under way to make it a success. Patrons and patronesses representing the heads of all Departments of the Hospital and College are being secured.

As the seating capacity of the Auditorium is limited, there will probably be a Pre-view of the Play on a night preceding the 10th, when the students of the Hospital and College may enjoy it at a cost of Fifty Cents.

Tickets for the Public performance will be \$1.00 and on sale at the Hospital and the N. Y. Hospital Club.

After the Play there will be a buffet supper served in the Nurses' Lounge at 25 cents per person.

Come one and all. Have a good time and help a cause which is worthy of your support.

FOR YOUR INFORMATION

Dear District and Alumnae Presidents:

The Board of Directors of the State Association has approved a program of public information which is described in the January Quarterly News.

Miss Leah Bradley, a trained publicity person, has been engaged on a part time basis to help in writing and placing articles in newspapers. She will also cover convention publicity.

Miss Bradley will assist district and alumnae publicity chairmen in preparing copy for their local papers if these chairmen will send her advance news items.

You can help the committee in several ways: first, if your association is outside the metropolitan area, won't you send to the Chairman of the State Committee on Public Information, Miss Emma Collins, 542 Carlton Avenue, Brooklyn, a copy of each of your local newspapers. Second, if you will send advance information on nursing and health activities in your community to Miss Collins, Miss Bradley will assist the publicity chairman of your association in writing articles for your local papers, which will tie-up this local news with the releases from the state committee. These releases will be sent out each month except during July

and August. Third, if you have an alumnae bulletin and would like an article for each issue from the Information Committee, send to Miss Collins a copy of your bulletin with the name and address of the editor and the dates when material will be due. Won't you add the state chairman to your mailing list?

Attached is a copy of the first newspaper release. The committee will appreciate any suggestions you will offer.

Sincerely yours,

EMILY J. HICKS, R.N.,
Executive Secretary.

Dear Editor:

The New York State Nurses' Association in view of the rapidly approaching peak of the year's illness and in connection with the association's program for developing good nursing facilities in every community will appreciate it if you will print in your columns the following open letter:

To the People of New York State:

Do you know how to find a good nurse if you should need one?

If your physician suggests calling a nurse and you need help in selecting one, call a professional nursing bureau or hospital registry. You will find these bureaus or registries in connection with hospitals that have registered schools of nursing or your State, County or District Nursing Associations.

Good nursing is one of the strongest allies of the doctor in hastening your return to health. What preparation should you look for in seeking a good nurse? She should be at least a graduate of a hospital that has a registered school of nursing and bear the added qualifications of having a license to practice in your community and of being recommended by a professional registry.

If you cannot afford to pay the regular nursing fees, ask your physician to take up the problem with your local professional registry which may be able to make some adjustment.

When the nurse finishes her engagement, tell the nursing bureau or registry what kind of service was given. Your comment will be helpful in developing good nursing in your community.

Sincerely yours,

(MRS.) ETHEL G. PRINCE, R.N.,
President.

INSTITUTE

February 13th, 14th and 15th, under the auspices of the N. Y. State League of Nursing Education and District 13, N. Y. State Nurses' Association. The first session was held at the Presbyterian Hospital. Dr. David Seegal spoke on "Some Recent Advances in Medical Therapeutics." He said, that Medical Research is no longer a one man job, and told of new methods of treatment, such as Ultra Light Radiation for Erysipelas, pumping air into the lungs for Pneumonia, etc.

Dr. Alvan L. Barach showed slides and spoke on "Oxygen Therapy," and we were shown the oxygen tents and chambers. Dr. Squire gave a moving picture of the action of a kidney, and later the new suction method was demonstrated. Second session took place in the Auditorium of the Nurses' Residence of the N. Y. Hospital. Miss Alta Dines, Director, Bureau of Educational Nursing, A.I.C.P., New York, subject was, "Public Health Nursing in the Light of Present-day Problems." Miss Dines said, that unemployment was a health hazard in lower paid groups. She also said, that if the bill before Congress at present for old age pensions, etc., goes through it would require thousands of nurses in the field, and there is a challenge to nurses to be ready for these positions. The best leaders are needed for this work. Miss Harriet Frost, R. N., Associate Director, School of Nursing and Director, Public Health Nursing, N. Y. Hospital was the next speaker and took for her subject, "Preparation of the Undergraduate Student for Broader Community Service." Miss Frost said, that Nurses should be trained and prepared to understand people—the chief difficulty is with the people not the germs. Lillian M. Gilbreth, Ph.D., Consulting Engineer, N. Y., told us about "The Techniques of Activity Analysis," she spoke about fatigue as it affects the nurse, and that we should learn to conserve time and labor. Dr. Gilbreth wrote a book called: "One Best Way." The morning session of February 14th was held at St. Vincent's Hospital. Dr. Anthony Rattino told us about "The Importance of Certain Laboratory Procedures, the Accuracy of which depends on the Careful Co-operation of the Nurse." The session at Willard Parker Hospital drew nearly four hundred people. Dr. Maurice Brodie's subject was, "Prophylaxis and Treatment of Acute Anterior Poliomyelitis."

Dr. Philip M. Stimson told us about, "Prophylaxis and Treatment of Diphtheria, Scarlet Fever, Pertussis and Measles."

There was a Demonstration of the Drinker Respirator, and a tour of the hospital.

MATHILDE M. JOUFFRET.

The Evening Sessions of the Institute

I attended the three evening sessions of the Institute as representative of our Alumnae Association and found each meeting very interesting and instructive.

On Wednesday, February 13th, the Rev. John LaFarge, associate editor of *America*, a Catholic review of the week, talked on the "Spiritual Values of Nursing." Father LaFarge urged us to think of our patients as human beings and not as cases alone, the soul has so much to do with bodily health; it would be sad indeed if our only motive of interest was mechanical. He advised the nurse not to be a seeker of a job from a practical view only, but to allow her work to bring out the noblest and best in her character, to consider patients as utilities toward society and to help in their social rehabilitation. Father LaFarge said the future of the Nursing Profession depends on spiritual growth and advised a clearer understanding of those whom we serve.

The Glee Club from Lincoln Hospital added to this program with several delightful musical numbers.

The evening meetings of the Institute were all held at the New York Academy of Medicine. On Thursday, February 14th, Miss Cassie Rogers presided and in spite of the awful weather, a large group gathered to hear Henry Pratt Fairchild, Professor of Sociology, New York University. His subject was "A Resumé of the Present Social and Economic Conditions, with some predictions for the immediate future." Dr. Fairchild presented a very concise picture of our country's present economic troubles and compared conditions with depressions of past times. He said periods of depressions recurred every twelve to fifteen years—that the 19th century was a unique period in human civilization, that due to the tremendous growth in population, expansion was demanded. Communities reached a culmination in plant building with huge demands for labor. Land, labor and capital had organized to produce wealth which resulted in overproduction. With a slowing-up in population, machinery cutting down labor—unemployment causing a huge decrease in buying—present economic conditions resulted. Dr. Fairchild spoke very highly of President Roosevelt, said that his deep sense of responsibility for the welfare of the average citizen of our country was a pronounced feature in the big step forward, but that he disagreed with many of the present policies. Dr. Fairchild expressed his horror at crop restriction and destruction, causing this scarcity to maintain high prices. He said the outpouring of public funds had piled up debts which our country never could repay, not a bright outlook surely. He said that inflation is bound to come, we cannot continue to borrow and all this calls for a complete reorganization of business.

On Friday evening, February 15th, Miss Claribel A. Wheeler, Executive Secretary, National League of Nursing Education presided. There were two speakers at this meeting. Miss Isabel M. Stewart, Professor of Nursing Education, Teachers' College, spoke on "The Implications of present Social and Economic Trends." Miss Stewart said that trends in modern life had led us to a high social scale which demanded a change in ideas and procedures. Miss Stewart feels that changes will be more rapid in the future and with the critical situations which face us, we need a revaluation of old programs and policies in nursing education. She advised us to analyze nursing—As a handmaiden of medicine, where does it belong? Are nurses over-educated? Has education an injurious effect on the nurse? Do nurses' minds react differently? Do we have to choose between education and service? Wouldn't service be better if education came first? Economic insecurity has caused a great many mental and emotional barriers which calls for much planning and personality adjusting. Miss Stewart said a new type of leadership was necessary to be carried on groupwise, not individually. That there are few outstanding leaders today and we need to get away from the dominance of the few—an exchange of ideas should take place in group discussions. Miss Stewart said the League is trying to solve the problem for the whole group of nurses and hoped the nurses would try to follow the new methods planned.

Miss Sophie C. Nelson, R.N., Director, Visiting Nurse Service, John Hancock Mutual Life Insurance Company of Boston, was the second speaker of the evening. Her subject was—"Nursing service to the Public." She said that nursing had been influenced by the social conditions of the day, that science had eradicated certain diseases which changed our service to the Public. In the few years prior to 1929—private nurses were demanded for minor illnesses, were asked to fit in an emergency as companion or housekeeper, were often just a luxury—pleasant to have around. Today nursing service is bought only to relieve illness and to promote health. Miss Wilson said the downward trend of our economic situation had taught us the value of money, had made us think of budgets and that measures for security had grown out of the depression.

Miss Cassie Rogers, President of District 13, announced at this last meeting that so many nurses were turned away from the program presented at Bellevue Hospital on the afternoon of February 15th, that the Bellevue authorities had volunteered to repeat the lectures and demonstrations on the afternoon of March 14th. The morning session at Willard Parker was also too crowded for all the nurses to attend, this in

itself speaks for the success of the Institute and I am sure the Committee must have felt well repaid for their untiring efforts.

ALICE M. HIMES.

PUPPET SHOW BENEFIT FOR FICTION LIBRARY

The show presented February 21, by the Yale Puppeteers of the "47 Workshop" was a huge success! It was a most enjoyable and amusing evening for those present (in spite of the rain) and for the Fiction Library Fund profitable. About one hundred dollars was realized. New books were purchased and the Library opened with tea on the afternoon of February 26th.

The Library is open from 5 to 9 P. M. on Tuesday, Thursday and Saturday.

FLORA J. BERGSTROM.

MARCH ALUMNAE MEETING

On alternate months the meetings of our Alumnae Association will be held in the Auditorium of the Nurses' Residence. On March 14th, the first meeting was held here and we thought it fitting for our Senior Students to present the program.

In Red Cross Uniform, Miss Ruth Hamilton opened the program with a short talk on the life and work of Miss Delano, whose birthday was observed this week. Miss Louise Woermke introduced those taking part. Miss Elizabeth Schaeffer gave three lovely piano selections and Miss Grace Taylor (with the help of the cat and the dog) recited an amusing poem. The program was closed with a song by Misses Louise Woermke, Mary Corpener, Sue Strong, Grace Taylor, Caroline Chase, and Ruth Hamilton. Miss Schaeffer who accompanied the singers, composed the words.

We merely echo the verbal expressions of appreciation of our members for the program presented.

Refreshments were served in our Alumnae Room which was made even lovelier by the fragrant and beautiful flowers sent by Miss Lillian Wald who is a patient in the Hospital.

It was particularly nice to have Miss Wolf with us; we hope she will come again, and often.

FLORA J. BERGSTROM.

Alumnae Meetings

Every other meeting of the Alumnae Association hereafter will be held at the New York Hospital—The April meeting at the Club House —The May one at the hospital, and the June one at the Club.

NOTICES

M. Eva Dunne

(Copied from Trained Nurse & Hospital Review,
January, 1935, "Who's Who, and Where.")

M. Eva Dunne, superintendent of nurses at the Buffalo General Hospital for the past ten years, and one of the best known authorities on nurse training in the state, assumed a similar position at the Allegheny General Hospital, Pittsburgh, Penna., on January 1st. For many years an active figure in the affairs of the New York State and American Nurses' Association, and in the National League of Nursing Education, Miss Dunne, a 1913 graduate of the New York Hospital School for Nurses, served as supervisor in Sloan Hospital for Women, New York City, until 1915, when, after a year of private duty nursing, she came to Buffalo General Hospital, serving as assistant superintendent from 1917 to 1924.

Correct Addresses, Please

Mrs. Mabel Detmold, District No. 13's Corresponding Secretary, has notified us that many nurses do not give their correct addresses to their Alumnae Associations. As the Nurses' addresses have to be sent to the A.N.A. by the District, endless checking up must be done to enable the nurses to receive their yearly A.N.A. cards, and needless to say this checking up is costly in time and money.

We would greatly appreciate it if you would cooperate with us by giving your correct addresses to Miss Mary F. Holland, 242 East 72nd St., New York, when you pay your Alumnae dues.

Thank you,

MARTHA P. CATTELAINE.

Commencement

Commencement will be held at the Residence on Wednesday, May 22. Baccalaureate Service will be held on the preceding Sunday.

SUNDAY AFTERNOON TEA

The usual Sunday afternoon Tea was given in the Club rooms, February 3rd, from 5 to 6:30 P. M. As on former occasions Miss Isabel Gordon provided bountifully and everybody had a pleasant time. The attendance was about eighty.

TEA FOR MISS GOWAN

On January 26, Miss Frances M. Gowan, Class 1901, left for California where she intends to take up a permanent residence. On Sunday, Jan. 13, a Tea party was given in her honor by a few of her friends; Misses Olive McDougal, Nettie Nudell, Anna B. Duncan, Marion Harris and Clara Greene. About sixty gathered to bid her Bon Voyage. The club rooms looked very pretty and there were flowers in profusion. Miss Gowan's going is very much to be regretted as she has lived at the club many years. Our best wishes go with her. Her address will be: 207½ E. Avenue 26, Los Angeles, Cal.

L. O. GRAFTON.

LETTERS

December 27th, 1934.

Miss Margaret Wyatt, R.N., Recording Secretary, Alumnae Association of School for Nurses, N. Y. H.

Dear Miss Wyatt:—

Your letter of Dec. 14th, telling of the wishes of the Alumnae to give me a life membership has made me very happy. It is nice to know that whatever happens I shall always be in touch with the dear old N. Y. Hospital and the Club with my many friends. I am very happy here with my family, but dear old N. Y. has a very large part of my heart. With many thanks to everyone.

Sincerely,

AGNES FLETCHER.

586 University Ave., Toronto, Canada.

My dear Miss Wyatt:

Thank you so much for sending in the check for \$100 for Nurses' House. Both Miss Dines and I are just thrilled about it and Miss Dines will send you a formal receipt.

Please express to all of the members of the Alumnae Association our most sincere appreciation for their generous gesture. This contribution will go a long way toward enabling our less fortunate nurses to enjoy the comforts of Nurses' House.

With all good wishes for a happy Christmas, believe me,

Yours cordially,

FLORENCE M. JOHNSON,
Director, Nursing Service.

The Henry Street Visiting Nurse Fund

December 26th, 1934.

My dear Miss Wyatt,

I want to thank you most cordially for the gift of \$100.00 which you have just sent from the Alumnae Association of the Training School for Nurses of the New York Hospital for the Visiting Nurse Service Fund. I know of your friendship for Henry Street and it is indeed encouraging to know that in these days of stress and economic hardship we can have the support and friendship of those who believe in the value of the services of the Visiting Nurse to the community.

With deep appreciation of your kindness, I am

Very sincerely yours,

J. H. PERKINS, *Chairman.*

PERSONALS

Congratulations are extended to Dr. Poole on his election as President of the Academy of Medicine.

There are 34 Hospitals in N. Y. C. where the nurses are on 8 hour duty.

Miss Lena Hubbard sailed March 13th by way of Panama Canal for a trip to California, returning by rail.

Miss Gertrude Wiley is Treasurer of the Sick Fund.

Miss Agnes Fletcher has been made a life member of the Alumnae.

Miss Martha McCabe who was desperately ill at the N. Y. H. has fully recovered.

Sympathy is extended to Miss Bethel Bain, Class of 1921, on the death of her mother.

Sympathy is extended to Mrs. Charles (Miss Harriet Collins), Class of 1897, in the loss of her husband, Col. Wm. S. Charles, of Hornell, N. Y. Col. Charles died February 12, 1935.

Miss Helen Rosenmuller's address is: 20 Parkside Drive, Point Look Out, Long Island.

Sympathy is extended to Miss Edith Boyd, Class 1902, on the death of her mother.

Our sympathy goes out to Miss Elizabeth Price in the loss of her nephew.

Miss Lydia E. Anderson has recovered from a cold. She's getting around now well as ever, and grand are the days she comes to see us.

Its handy having meetings at the Residence. Shall we have a contest of attendance of residents?

Will Rogers said that Mayor LaGuardia was having a time with his snow—that he tried to hire men to shovel it away, but they were all on relief!

Evelyn Phillips Gourley finally got in from the wilds of Jersey—she and hubby. They came with friends for the Puppet Show—and Lindy thinks the town has changed.

Helen Treat tore herself away from Elmira long enough to come down for State Board Exams.

Therese Sanman PLEASE communicate with Jo Bergstrom.

Have you been downtown lately? The old building is nearly just a foundation. Progress; passing of landmarks, sentiment, memories, facing forward, progress.

MARRIAGES

Miss Elizabeth Colgan, Class of 1925, was married to Mr. Luke O'Hearn, August 29th.

Miss Lillian B. Cheney, Class of 1932, to Mr. W. Swan.

Miss Lida Collins, Class of 1931, to Mr. Leonard Ames.

Miss Mary M. Miller, Class of 1931, to Mr. Joseph Farrell.

Miss Blanche T. Montague, Class of 1933, to Mr. Alfred B. Metsger.

Miss Margaret Sillman, Class of 1934, to Mr. G. Ferri.

Miss Virginia Slaven, Class of 1934, to Mr. Franklyn Alcott III.

D E A T H S

Miss Grace M. Cassidy, Class 1930, September 5, 1934.

Miss Annie M. Rykert, Class 1898, October 15, 1934.

Early in January at the N. Y. Hospital, Susan K. Ziegler, Class 1886.

On January 25, at her home in Syracuse, Josephine E. Tucker, Class 1892.

On February 3rd, at her home in Bronxville, Agnes Houston, Class 1895. Sympathy is extended to her brother and sister.

Miss Lottie Bushnell, Class of 1903, died, Thursday, March 14, 1935, at the home of her sister, Mrs. Frederick George, Watertown, N. Y.

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VOLUME 8

No. 3

The
ALUMNAE NEWS

JULY, 1935

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THE ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

VOL. 8

JULY, 1935

No. 3

Published Quarterly: January, April, July and October. Sent free of charge to all members of the Association. To others: 15 cents a copy, 50 cents a year.

All contributions should be sent to the editor before the fifteenth day of the previous month.

ELIZABETH S. JOHNSON, *Editor*
2914 Broadway, New York
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ADDRESS TO THE GRADUATING CLASS OF 1935

By HAVEN EMERSON, M.D.

As nearly as I can judge, just before 1870 there was a new and at that time unique instrument of diagnosis introduced into the New York Hospital. It was simple in appearance and construction, but too precious and of too uncertain a value to be trusted to other hands than those of the attending physician. By him it was but rarely used, and then, to give particular aid in a differential diagnosis of peculiar difficulty, to confirm a suspicion based on history or clinical examination of the patient, or perhaps as a last resort of skill, when at a loss to arrive at a probable diagnosis. On these occasions the instrument was taken from its place in the locked instrument case and one end of it was laid gently upon that part of the body to which pain or swelling directed attention.

This instrument I show you here as it came to my hands from a physician who served as intern on graduation, and for many years in the out-patient department.

It is an early type of the now familiar clinical thermometer.

Let me use this as a symbol of the process of evolution in the nursing profession. This little, simple, crudely used thermometer was trusted only to the chief of service, and today the kit-bag of the visiting nurse on prenatal service includes the stethoscope for counting the fetal heart beats, and for auscultatory observation of the blood pressure, and the tubes and reagents with which essential urinalysis may be made in the home.

The process of unloading began the moment the first intelligent woman stepped into a ward or sickroom where the physician had ruled in sole control. Since then the process has been continuous and the end is not in sight. Each established useful procedure capable of standardization and record which is involved in the process of diagnosis and treatment is presently taught to some nurse of exceptional skill, ambition or reliability, and by her or her sister is taught to others until all physicians expect all nurses to be mistresses of a new technique almost as soon as it appears in textbooks of medical practice.

With each relief from the accumulating complexities of his own procedures, the physician goes on to further levels of quantitative exactness, and achieves some freedom for imagination and inquiry. The physician's progress in advancing the border lines of knowledge depends in large measure upon the possibility of unloading upon his chief assistant profession all established procedures which demand the delicacy, accuracy, and certainty of observation, as well possessed by the nurse as by himself.

That infinite capacity for detail, the deftness of hand, the uniform ability in repetition of manoeuvres which characterize the woman, entitle her to be relied upon increasingly to take over from the physician and surgeon each technical stage and process in medical care.

Within the week I have heard leaders in our local medical councils discuss the likelihood of substantial improvement in the mass provision of treatment of syphilis by using the nurse's skill for the administration of the predetermined dose of arsenical, one specialist of note frankly challenging his medical assistants to show a record of consistent skill in intravenous medication equal to that of the nurse in his clinic.

There have been times when interprofessional rivalries, conflicts of ambition, authority, inequalities of economic interest and other less substantial excuses for controversy have been exaggerated to the point of threatening the service of the sick or the integrity of an institution.

The only rivalry possible among physicians and nurses will ever be that competition in advancement of art and science which will always distinguish professions from trades.

Prepare yourselves then for a permanent role in the steadily rising tide of requirements which will bear heavily on every ability and endurance you can muster.

And this can be said, it seems to me, with the best of spirit and intent, because there is no indication that the elder profession, which in the eyes of the law carries full responsibility for your own as well as the medical guardianship of the patient, inclines to take its ease at your expense. Any physician worthy of the name sees in the freedom from exacting routine which you take over, an opportunity to push on to new fields of observation.

Fifteen years ago there were distributed among the 300,000 American Indians four public health nurses and ninety matrons whose functions were almost as ambiguous and undetermined as their title. Today for almost the same number of Indians there are 96 public health nurses and not more than three matrons.

The shift from the untrained to the trained, from a sort of benevolent incompetence to a disciplined professional responsibility has been the chief determining factor which has moved the balance from death to life among the Indians.

At the present time the largest single tribe of self-sustaining Indians in the United States, the 40,000 Navajos, are not only surviving but are increasing in numbers at a faster rate than are the white people of our Nation. Nor is this to be attributed to a greater recklessness in productivity. Rather do we see this achievement in biology built upon a successful safe-guarding of life by ways introduced and taught by the

medical and nursing service of the Federal government. Truly, the first fair measure of human justice to these wards of our political system since we repudiated the just treaties of our forbears, has come by the translation into the practice of the Hogan and tepee those laws of right living and cleanliness which constitute the religion of modern sanitation. In maternal care, in control of the lives of infants, in protection against each preventable disease communicated from the sick to the well, it is the replacement of policing by teaching, by substituting for imposed authority desired education, that the progress of today is mostly made.

The visiting bedside nurse, the public health nurse, is the most successful instrument of society in the process of transfer from the laboratory, the hospital and library of those simple knowledges upon which the survival of communities, the family, the person so generally depend.

Matthew Arnold, when referring to British colonial policy, asked the question which modern sanitary practice seems in some measure to have answered. "When will we learn that what matters in our dealings with men is not the machinery we employ but the spirit by which we live." The public health nurse is a living token of that spirit by which we hope to warrant a place in history for the *quality* of contemporary civilization. She is the ubiquitous promoter of a scientific conviction that persons are more precious than property and that the right to health is among the first privileges of a self-determined order of society. Her function is to introduce into the actual daily conduct of lives and home living the practical experiences of medical research.

In the immediate suburbs of Los Angeles there accumulated as a sort of detritus, or terminal moraine of deposit, out of migration of peoples to the southwest, and its best advertised metropolis, a slum, a colony of neglect, a source of infection, focus for smallpox, for typhus and an assorted variety of sanitary hazards, the inevitable result of mass aggregation of a racial, cultural, economic group, inexperienced in congregate existence. Here were chiefly Mexicans, gentle, industrious, biddable, with devotion to their children, but dazed and baffled by the daily catastrophe of disease, the mounting toll of infant deaths. These people invited, persuaded or tempted by rumor or experience of profitable employment, brought with them customs, perhaps appropriate to the village life of scattered small communities, but certainly incompatible with the marginal existence of a sprawling immature, and in some respects, irresponsible city. The loss of their babies was two to three times as high as that of their employers or of the balance of the population, one in five of the newborn dying within the first year of life. With no uncertainty of purpose, and with confident prediction of results, the county health officer assigned a suitable group of public health nurses

to visit each home, shack, auto-shelter, tent or hut from which a birth report was received.

These nurses were sufficiently familiar with the Mexican patois to convey their friendly interest in the well-being of the mother and babe. Some were of Mexican origin, trained in local hospitals and but a generation removed from the very people they were now serving. The formality of their uniform lent prestige and authority. Their obvious competence and reasonableness in the performance of acts of cleanliness and order, with system, speed and deftness, won the generous admiration of the observant elders and the delighted curiosity of the swarming children. Without sacrificing any essential merit in indigenous customs such adjustments were introduced as were compatible with the resources of the simple households. Lessons were taught over and over again. Mothers compared notes as backyard gossips will, and discovered entire consistency in the teachings, and best of all, in results. Here was no haphazard hand-out of panaceas, no ballyhoo of salesmanship, no self-seeking for pennies or personal prestige, just a way of life offered by woman to woman. And in two years the blessing of understanding, the certain sequel of wisdom, came to this Mexican colony, and the infant mortality rate fell to the average experience of the white neighbors who, by the good fortune of their schooling and circumstances had benefited earlier from the same kind of instruction.

Whether it be Indian of pueblo or plains, Mexican or Jap, Alabama Negro, Porto Rican or Appalachian mountaineer speaking the language of Shakespeare, they welcome and learn from the visiting nurse, who has proved to be their most trustworthy interpreter of what is good in modern America. The ethics of the nurse are more consistent with Christian principles than were those of some of our almost mythical ancestors. (Tell the story of the two New Englanders who argued pro and con the humanities of the Pilgrim Fathers: "As soon as they got to shore they fell on their knees, and then rose and fell on the aborigines.")

In some of our great cities the health officer permits and in fact encourages the local community visiting nurse agency to respond to calls for service in cases of the acute communicable diseases of childhood. This is the custom in Boston, New York, Philadelphia and Detroit. In some others the visiting nurses are not all allowed or at least are not urged, to include measles and scarlet fever, diphtheria and whooping cough patients in their daily routine of visits. Chicago and Cleveland are in this category. While an entirely convincing conclusion is not easy to draw because of the complexity of factors involved, the evidence is very strong and to my mind sufficient. Where the visiting nurse shares in the practice and teaching of isolation of cases of communicable disease

by bedside care of the patient, and demonstration of aseptic medical technique, for what we call concurrent disinfection, the end results in terms of recovery of patients and protection of others in the home, are better than in cities where fear of nurse-carelessness and transmission of disease from home to home prevails. It would seem that the same entire faith in the consistent skill and technical adequacy of the attendant nurse which is quite automatic in the operating surgeon can and should be acquired by the health officer and family physician. In the experience of this city for some decades, and in regard to tens of thousands of contacts with cases of communicable diseases of wide variety, no single instance has occurred in which transfer of infection from the sick to the well can be properly attributed to any slip in the procedure or omission of an item from the series of precautions regularly observed by every field nurse on duty.

What they have learned under the alert and anxious eye of their supervisors, in laboratory, ward-sterilizing room, and in the operating room, is as a matter of fact and experience applied with unvarying detail, in tenement kitchen, in narrow sickroom, and under the gaping amazement of the blundering housewife.

Among the factors which have forced down the death rate and case mortality of every one of the acute infectious diseases of childhood during the past thirty years the spread of visiting nursing must have a generous share of credit.

Among the most serious of the financial and economic problems facing urban communities today is that of reconciling our ambition for adequate provision of skill and human consideration for every sick person, with the increasing costliness of the general hospital in all its incomparable complexity. Two resources offer hope of relief, appropriate distribution of patients among hospitals specializing in particular kinds of the sick, and such selection of hospital admissions that patients as well or better cared for at home will not be hospitalized. Some progress has been made in the past fifteen years in bearing in upon the minds of hospital trustees and directors that a hospital bed in a general hospital is not a universal unit of public utility, that it should be used only for that particular phase of disease or the processes of its determination and treatment which cannot as well or better be provided elsewhere. The general hospital is too costly and unproductive a plant for the 20 per cent of chronic and 10 per cent of convalescent patients who commonly occupy beds. We are beginning to provide facilities for chronics and convalescents elsewhere and the outlook is encouraging in this direction, but we still fall short of an entirely critical and scientific discrimination in acceptance of patients for hospital care, both in the municipal hospital

which cannot decline any sick applicant and in the voluntary hospital which is often under economic, social or even religious pressure which prevents consistent admission policy.

It appears to me that a major reason for our traditional and in some respects undiscriminating and extravagant use of general hospitals is that we have not assembled under suitable direction the necessary alternative facilities for care of the sick in their homes. For this we need organization of medical skills and responsibilities equivalent to that of the hospital staff, and available for domiciliary medical care, and associated with domiciliary nursing service which will carry such indispensable techniques and record of patient's progress into the home as will permit the physician to keep track of the course of the disease.

In Milwaukee and Minneapolis externe medical and nursing care of patients otherwise hospitalized has relieved their municipal hospitals of the overload which still characterizes most other large cities. The patient and the family meet with economy, yet adequately, the board and lodging cost of illness, the medical and nursing skills being brought as in the manner of good family practice of old, but with the added advantage of the great resources of the general hospital, its laboratories and personnel at its back.

For 135 years the Boston Dispensary has operated what is substantially an extramural hospital and as visiting nursing has grown the home nursing has closely approximated and in some respects surpassed the bedside care given to patients in hospital wards.

In a test series of normal maternity patients who would otherwise have been hospitalized for delivery care, the Community Health Association, the visiting nurse agency of Boston, in cooperation with the staff of the Boston City Hospital, showed a 70 per cent reduction in cost of public care for these patients as compared with the cost of a similar series accepted in the hospital itself with at least equal safety to the mother and babe.

The recovery rate of various common illnesses, notably the pneumonias of little children and infectious diseases of limited duration, is better under home care than when such patients are hospitalized, unless the home conditions present too serious a handicap.

The problem of hospital overcrowding and the almost intolerable burden of costs to the community of present hospitalization of the sick is intimately involved in the use of the visiting nurse as the adjunct of the family physician and hospital externe. This leads me to the opinion that even in the face of a considerable national under-employment of nurses, whether on seasonal or annual basis, the answer to the nurse's dilemma is not so much a great restriction in the number of nurses who

should be accepted and trained, but an enlargement of the imagination of the public as to the potential, practicable, desirable and economical uses to which nurses trained for institutional, bedside and public health services can be put.

Much of the sickness hospitalized today is identical in origin, nature and severity with what is tended with equal success at home, where the physician is competent and nursing skill equivalent to that in the hospital can be made available. When a patient leaves the hospital rarely does he or the family carry into the home an understanding which will be useful in similar situations in the future. The visiting nurse is drilled to make the household *participate* in the process of recovery, to take thought of possibilities of prevention, to acquire the skills of the nurse, and where possible to incorporate them into the folkways of the family in cleanliness, food selection and use, and in a hygienic way of living.

More visiting nurses mean less new hospital beds, and less expense for the sickness that does occur.

As a teacher of graduate nurses engaged in some form of field or institutional work, for the past twenty-three years in this city, I have been impressed with educational advance in the attainment of these students. Traditional and repetitive ideas smacking of the farmer's almanac and the family medical encyclopedia, have been replaced by rational and independent thought. The blight of a quasi military discipline which tended to develop subservience and inferiority complexes or a rather childish hero-worship of the medical big-wigs, no longer dominates the nurses' conduct or emotions.

Nurses no longer state with glib assurance that arterio-sclerosis and Bright's Disease can be prevented by avoiding red meat, or that scarlet fever is communicable as long as the desquamation continues, or that fumigation is a reliable method of preventing the spread of measles.

Nurses today have joined with other servants of the sciences who are not afraid to say they do not know when faced with a query outside of their experience. They are actively engaged as a profession in a meticulous self-criticism, which has carried them far on the road to administrative efficiency. I doubt if any of the most accountant-minded hospitals can show a more precise financial and functional accountability than do visiting nurse associations.

And another change of large importance has appeared with the steady advance of schools of nursing towards an academic status and institutional independence, and that is the tendency to develop problems and answers to them from original analysis of their own, not doctor's or health officer's experience. Why do some expectant mothers miss prenatal care? Are there insuperable obstacles to the removal of the tuber-

culous mother to hospital care? What is the reason that only one-third of the school children with defective vision are brought to correction? These and a multitude of similar questions on the borderlines of medicine, economics, sociology, and civil government are being faced independently by nurses who have, during their training in and after hospitals, been thrown into contact with honest and inquisitive minds, and on their own responsibility have had courage to add a bit to the substance of useful information.

The nursing profession has a quality best described in a word belonging to the language of the Shawnees and incorporated in the thought and philosophy of the surviving Indian tribes. *MESAWMEE* means "potency for life of a tribe." Under their legend of creation the Shawnee God was a woman who created the world and all that was in it. Each tribe in the Nation had its duty. There were five tribes concerned with life, government, religion, war and science and each tribe received from the divinity its *mesawmee*, or potency of life. The word *concern* as used by the Quakers, the *mission*, the *divine fire*, the sense of *permanence* or *indispensability* which secures continuity of effort and justifies self-sacrifice for common weal; these are part of the meaning of the *mesawmee* of the Shawnees. Nurses seem to me to have more nearly achieved this potency for life than have other trustees of the truths of biology and human necessity.

At the risk of over emphasizing the spiritual, the emotional, the almost religious fervor of some of the past and present leaders of the nursing profession, I am inclined to see in the place of the nurse as a teacher of family health and survival, an illustration of a homely bit of Hebrew affection which led to the saying that since God could not be everywhere he created mothers.

The trained nurse as we know her today, at her best as an emissary of the society of medical sciences in the emergencies, long trials and achievements of the homes, is entitled to a similar devotion.

As a member of an elder profession, as a sometime beneficiary of the skills of your sisters, as a citizen of this community, I welcome you and your successors with confidence in the contribution you are sure to make, and with a conviction that in your separate careers you will enjoy the happiness which comes from being prepared for an indispensable place in the work of the world.

GRADUATION OF THE CLASS OF 1935

The graduation of the Class of 1935 was held in the Auditorium of the N. Y. Hospital on Wednesday, May 22nd. The procession was led by forty of the Alumnae, members dating back to the Class of 1890.

The invocation was given by the Rev. Robert W. Anthony of the Fifth Avenue Presbyterian Church. Introductory remarks were made by Wilson M. Powell, President of the Society of the N. Y. Hospital. Address to the Class was given by Haven Emerson, M.D., Professor of the DeLamar Institute of Public Health, of the College of Physicians and Surgeons, Columbia University.

Afterward there was a delightful reception held in the Lounge and delicious refreshments served.

Attention is drawn to the fact that 19 of the Class are from New York State.

NAMES OF GRADUATING CLASS

BEATRICE ELEANOR BENSON	New Rochelle, N. Y.
DORIS LOUISE CASE	Sidney, N. Y.
MARY CAROLINE CHASE	New York, N. Y.
RITA CHRISTINE CHISHOLM	Peekskill, N. Y.
MARY MCRAE CORPENING	Rockingham, N. C.
MARY ELIZABETH DYER	New York, N. Y.
HELEN ELIZABETH ENRIGHT	Moira, N. Y.
AGNES FROST, A.B.	Cambridge, Mass.
CARMEN GILI	Brooklyn, N. Y.
MABEL HALLENBECK	New York, N. Y.
RUTH MARIE HAMILTON	Tuscaloosa, Ala.
MARGARET MARY HIGGINS	Bayonne, N. J.
LYDA SNOW HOWARD	Birmingham, Ala.
ELIZABETH HOWARD JENKINS	Tarboro, N. C.
FRANCES ELMYRA LINABURY	East Orange, N. J.
OLA MACPHERSON	Newtown, Conn.
MILDRED HINCHCLIFFE MAW, B.S.	Westmoreland, N. Y.
DOROTHY McMULLAN	New York, N. Y.
ELIZABETH MILLER	New York, N. Y.
ZOE ELIZABETH POTTS	Cooperstown, N. Y.
MARGARET LOUISE RAEZER	Lancaster, Pa.
EMILY ROGERS, A.B.	Roslyn, N. Y.
ELMA SUSSANAH ROHRBEK	Peekskill, N. Y.
NORMA ISABEL SANFORD	Mount Vernon, N. Y.
LOUISE MARIA SCHWARZ	Miami, Fla.
ELIZABETH HELEN SHAFFER, A.B.	Wheeling, W. Va.
GERTRUDE ADELYN SNYDER, B.S.	Auburn, N. Y.
SUSANNA MURRAY STRONG, B.S.	Chautauqua, N. Y.
GRACE MARIAN TAYLOR	Port Jervis, N. Y.
LOUISE CAROL WOERMKE	Elmira, N. Y.
JOSEPHINE MARIE ZIMMERMAN	Portland, Ore.

RECEPTION TO THE GRADUATING CLASS

A reception to the graduates of the Class of 1935 was given June 13th by the Alumnae. After the meeting we were delightfully entertained by Magicians, Mr. Rossini and his colleagues. At the close of the entertainment we repaired to the Roof Garden where delicious refreshments were served and a social hour was enjoyed by all.

"TRAINING SCHOOL FOR NURSES" VERSUS "SCHOOL OF NURSING"

With the development of the Profession of Nursing, the old idea of military training has been superseded by a broader conception of nursing education than that which is usually conveyed by the title of Training School for Nurses.

In keeping with this development all over the country, the more prominent schools of nursing are changing or have already changed the old name of "Training School for Nurses" to "School of Nursing."

To conform to this more progressive practice of to-day, your Alumnae Association would like an expression of opinion from all members and requests that you return your vote at your convenience, as final decision will be made at the October meeting of the Association.

Please send your reply to the undersigned.

ANNA B. DUNCAN,
Acting for the Board of Directors.

305 West 45th St.
New York, N. Y.

TEAR OFF AND MAIL

MISS ANNA B. DUNCAN,
Acting for the Board of Directors,
305 West 45th Street,
New York, N. Y.

DEAR MISS DUNCAN:

I do approve the changing of the old name of
do not "Training School for Nurses" to "School of Nursing."

SIGNED

ALUMNAE MEETING

The last meeting of the Alumnae for the summer was held at the Club on June 13th. A letter was read from Miss Margaret Taylor tendering her resignation as President of the Association. She stated her regret at not being able to continue her duties but was obliged to give them up because she was accepting a position out of town. Her resignation was accepted with regret.

MISS CATHERINE HAY BECOMES PRESIDENT OF THE ALUMNAE

Miss Catherine Hay who was Vice-President has taken the place made vacant by Miss Margaret Taylor, as President of the Alumnae, and she is welcomed most heartily by all. Miss Anna L. Reutinger was appointed to fill the place of Vice-President.

A WORK OF LOVE

It was so interesting to me to have a New York Hospital Graduate look me up when I came to Denver, nine years ago. Then when I found out what she was doing it seemed just right to find her doing such a splendid piece of work. I'd like to tell you about her.

Mrs. Emma Ewing, a graduate of the Class of 1890 is being mother to a ward of one hundred men, as a representative of a local chapter of the Eastern Star to which she belonged, who had turned to her for suggestion as to how they might make a contribution to the Army Hospital in Denver. She offered her services and for the past fourteen years has made two visits each week to Fitzsimmons General Hospital.

Each month a committee is appointed to take Mrs. Ewing out, but since her visits last from two to three hours because it may be that there are letters to be written, confidences to be heard or someone to comfort, she returns by street car—a ride of twelve miles from the hospital to her home. The chapter furnishes car fare and the members donate the birthday cakes.

Her work on the ward is largely of her own initiative. By requests to the members of the Eastern Star Chapter, she obtains cakes and each patient's birthday is remembered. 1880 cakes have been carried out to the boys during this period. Letters, telegrams and telephone messages are constantly being sent by her to relatives of the sick boys.

At Christmas time each patient is remembered with a gift and last year Mrs. Ewing made two hundred and fifty paper poinsettias, collected and painted tall jam or mayonnaise jars and took them out.

Right now she is making paper Jonquils and Easter Lilies to take out Good Friday. These help to make the Ward look cheerful and much less dreary.

Anytime of day or night when any of the men are dying or afraid they might be, or perhaps just discouraged, Mother Ewing, as they all call her, cheerfully and willingly goes to sit by their side, taking the place of a dear one until their fear has left them or a narcotic brings them sleep.

This past summer, through the efforts of Mrs. Ewing, homes were found for five children made homeless by the death of one of her boys. Positions were found for three widows of men she had attended. Sometimes the problem is to find a place for relatives to live that they may be near the sick one. No matter what the need may be, she is always able to help in some way.

The boys, in introducing her to their friends or relatives call her "The Mother of Five Hundred Boys."

The love and gratitude of the boys as well as the appreciation of the families for the care she gives them, and the frequent messages sent when the boys are critically ill, compensate her well for the long journeys out there and give her great happiness.

March 22, 1935.

ELIZABETH F. HARRIS.

MONOLOGUE — BASED ON THE LIFE OF FLORENCE NIGHTINGALE*

At the May Alumnae meeting held at the Residence, to commemorate the birth of Florence Nightingale, a monologue was presented by Miss Margaret Walker who gave an excellent and charming portrayal of eight important scenes in the life of Miss Nightingale from her twenty-eighth to her ninetieth year. Miss Walker is President of The Little Theatre, Central Branch, Y.W.C.A., an amateur theatrical group. She has appeared as the mother in "Seventeen," the drummer in "The Shepherd in the Distance," as Religion in the recent Y.W.C.A. pageant "The Seeker," and sang and danced in a musical review "Crazy Cruise." Miss Walker played the leading part in the amateur moving picture, "Burglers Prefer Mushrooms," made especially for presentation at the recent Hobby Show at the Port of Authority Building, N.Y.C., and has directed numerous one-act plays.

The monologue was not entirely original; it was arranged from material in two plays, four reference books, American Journal articles and pageants, and pamphlets and papers.

* Presented at the May Alumnae Meeting.

Credits and Thank You . . .

Miss Walker—for her time and gracious interest in our program.

Miss Lydia E. Anderson—checking script and her valuable suggestions regarding lines and scenes.

Miss Dora M. Cornielson, American Journal of Nursing Field Representative-Florence Nightingale Lamp.

Miss Maude Brawley, Residence Housekeeper,—stage and auditorium arrangement.

Miss Mary MacDermott, Social Director—furniture and fixtures.

Miss Margaret Wyatt, '27—afgan.

Mrs. Chase—making of cap and white gauntlets.

Miss Carolyn Chase, '35—making of collar and cuffs, messages, shopping, pressing costumes, assembling stage hands, and announcements between scenes.

Miss Elizabeth Miller, '35—design and making of fountain setting.

Miss Juanita Costa, '36—mimeographing programs and pledges.

Costume Mistress—Miss Anderson (guest).

Stage Hands—M. Corpeling, H. Enright, Z. Potts, Susan Strong, '35.

Stage Manager, Lights, Sound—F. J. Bergstrom, '27.

Lighting and makeup by Walker.

Script, Settings, Costumes by Bergstrom.

* * * *

A few evenings later the Senior class presented the same monologue for the School. One costume for several people, each taking one scene, presented a problem but, although every minute had to count, there was little nervousness and no confusion backstage. These students rehearsed, planned and presented it efficiently and successfully without outside help. They're good, these youngsters!

THE HOBBY SHOW

The date for the Hobby Show sponsored by the Committee on Eight Hours for Nurses has been set for Thursday and Friday, November 14 and 15 at the Biltmore Hotel. We feel that this will be a gala event so-o-o-o mark the date on your calendar NOW.

There are, of course, sportswomen in District 13 adept at golf, tennis, swimming, horsemanship, ad infinitum. There must be collectors, any number. Most of us do something in our odd moments; we want to know what hobbies the nurses in the New York Hospital Training School for Nurses Alumnae Association follow, for pleasure, or profit, or both.

The aims of the Show are to increase the funds on the work of the Committee on Eight Hours for Nurses, to further the publicity of that Committee, to show what opportunities there are for use of leisure time, what interests lie beyond our profession; what has been done and can be done.

Poster

The Hobby Show Committee is eager to obtain a poster advertising the show and is inviting student and graduate nurses of the district to submit ORIGINAL posters for use. The design should be either black and white or colored, not to exceed four colors; it should be suitable for reproduction—18 inches wide by 24 inches high. The nurses submitting the three best designs will receive full public acknowledgement and the Committee hopes to exhibit at the Hobby Show the ten best posters. All designs are submitted at the nurse's own risk and unused posters will be returned on request.

Designs must be submitted by July 29th to the Chairman of the Committee, 315 Lexington Avenue, New York City, attention Miss Frederica Farley.

Alumnae Representative

For further information communicate with Flora Jo Bergstrom, 1320 York Avenue, New York Hospital Nurses' Residence, New York City, Regent 4-6000, Ext. 523.

If you wish to exhibit your work, offer suggestions, or obtain information, please communicate with your representative.

Remember, it takes unity to put over something big and something good, and this will be both.

Hobbies For A Joyous Canter

Hobbies To Hitch To Your Economic Wagon

WHAT do your nurses do with their leisure time?

We heard of a nurse who as a student made herself generally unpopular by carving the weekly ward supply of soap into funny little gnome-like creatures with expressions all too often resembling the characteristic look of a patient . . . She collaborates now with a well-known doctor in a branch of psychiatric research. He talks and writes. She illustrates with her models. Vastly interesting. Creative. And remunerative.

Then, there was the nurse who had such good luck sketching and running up an odd frock for unimportant moments that she decided to extend her ability. She spent some leisure time at a school of dress design. Result: Park Avenue appearance on,—you know the income. She HAS been inveigled into practising her coutourier's art on some of her friends—for a small stipend. Fun, and limitless possibilities.

PERSONALS

The address of Miss G. F. Weber is 195 Claremont Ave., New York City.

Miss Marion Doane has returned to the United States from Turkey and is at 114 Alderson St., Charleston, W. Va. She was in the city and her friends enjoyed meeting her at the Alumnae meeting.

Miss Elizabeth Price has gone to her work at the Fresh Air Home, Southampton, L. I.

NEW YORK HOSPITAL NEWS

Mary Fremd became Assistant Supervisor of the Operating Room on March 1, 1935.

Jet Warner, '28, returned to the fold on March 23rd. It seems that the four trees in our Residence front yard are plenty for Jet. Welcome back.

Miss Myrtle A. Pelley, '17, who has been at Stegi, John Short Station, Swaziland, South Africa, is in the States on a furlough, and between other visits and lectures stopped in to see us.

Rita Chisholm and Elma Rohrbek continue their services at the New York Hospital as General Staff Nurses. They graduated in May and we certainly "take off our hats" to them both! Their training has been an uphill job interrupted by illness and setbacks. We admire their pluck and wish them success and happiness in this, their chosen work.

The Junior Senior Prom in May was a successful and enjoyable affair; their Japanese decorations colorful and attractive. (Who in the class of '26 will forget the snowball decorations of cotton for the Junior-Senior dance that year?)

The Junior class really tried hard to find violets for the graduates but it couldn't be done unless they paid someone to pick them, and then, of course, they couldn't be sure of them. Their choice of corn flowers and baby's breath tied with silver ribbon was a pleasing one. The corsages looked well, the baby's breath added a dainty touch to the blue—in keeping with our staunch blueplaid and frail organdy.

DEATHS

Mrs. Mary Rankin Holbrook, Class of 1901 passed away on May 21, 1935, at St. Barnabas House, Troy, N. Y. A letter of sympathy was sent to her family.

Miss Helen F. Mewhort, Class of 1898, passed away May 30, at the New York Hospital.

Miss Minnie Whitehouse died in January at Middletown, New York.

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ANNA B. DUNCAN, R.N., Manager
Graduate of New York Hospital School
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No. 706—Two-ply, Glenrock Poplin, pre-shrunk. Set-in belt, flare skirt \$2.98

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VOLUME 8

No. 4

The
ALUMNAE NEWS

OCTOBER, 1935

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NEW YORK HOSPITAL TRAINING SCHOOL
FOR NURSES

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NEW YORK HOSPITAL TRAINING SCHOOL

VOL. 8

OCTOBER, 1935

No. 4

Published Quarterly: January, April, July and October. Sent free of charge to all members of the Association. To others: 15 cents a copy, 50 cents a year.

All contributions should be sent to the editor before the fifteenth day of the previous month.

ELIZABETH S. JOHNSON, *Editor*

2914 Broadway, New York

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The idea of having a Hobby Show for Nurses which originated among the executives of The Committee for Eight Hours for Nurses about a year ago, is fast becoming a reality under the Chairmanship of Miss Mary MacDermott, Director of the Nurses' Residence, New York Hospital School of Nursing. The proceeds will be used by the Committee to further promote the eight hour day.

Poster

We print on this page a tiny black and white reproduction of the colorful poster used to advertise the show. It was designed by Miss G. Louise Suffern, a student nurse of Bellevue Hospital School of Nursing, and was chosen from a great many others. It will be seen everywhere in reproductions, both full size and reduced for seals, which may be purchased at a penny each.

The original poster, as well as the ten receiving honorable mention, will be on display at the Hobby Show. New York Hospital has four among them—one submitted by Miss Catherine B. Hay, two by Miss Ruth Johnson, Class of 1936, which have second and fourth place, and one submitted by Miss Margaret Mullins, Class of 1936, was acclaimed by the public to be the most artistic.

The work of the Poster Committee being completed, the group headed by Miss Fredericka Farley of the Red Cross, may well rest on its laurels. A splendid and interesting piece of work well done.

Booths

Other Committees, however, are still very busy. The Booths Committee, under the direction of Miss Geraldine Smith, has held meetings each Monday evening since the beginning of June and have regis-

tered many hobbies which demonstrate a wide range of interest and skill among nurses.

Hobbies should be registered with this Committee at 440 East 26th Street, New York City, any Monday between 8 and 10 P. M. Special appointments can be made (call Miss Smith at CAledonia 5-2543) or if your exhibit is too bulky to take in, Committee representatives will call to see it. Articles may be left in the care of the Committee if desired.

Adequate protection for exhibits is being planned and someone will be in attendance twenty-four hours a day. Cases for fragile or valuable material will be provided and all exhibits will be handled and exhibited with the utmost care.

ALL HOBBIES MUST BE REGISTERED NOT LATER THAN OCTOBER 15th. The work of selection for actual exhibition will then begin.

Visitors are welcome any Monday. You will find here a fascinating array of arts, crafts, handwork, and interests—"the like of which you never saw before!" Something new happens each evening; odd and amazing collections from all over the world find their way here, as did the African butterflies. The Committee offered to call to see these as it seemed to them that cases of mounted butterflies, if dead ones, would be too bulky to transport, and if alive, the butterflies might be difficult to handle, but the owner assured them it would be no trouble at all. She brought—a bowl of tropical goldfish!

Decoration

The Hobby Show is to be held in the Fountain Room and the Café Moderna. Colorful and attractive arrangement of booths is being planned under the direction of Mrs. Ann Metcalfe Estabrook. It is proposed to have booths devoted to special hobbies and to have them manned by the nurses whose hobbies are there. The exhibitor herself can best explain with enthusiasm.

Floor plans will be part of the souvenir handbook to be available and will help you find your way about with ease.

Program

A program of varied interest during the day will feature prominent speakers and artists. It will include a Fashion Show by Franklin Simon, a talk on Flower Arrangement and Gardens by Max Schling, and an address by Hughes Mearns. A musical melange, "Diversities," under the direction of Gerald Hanchett will be presented each evening at 8:30, and a Subscription Dance at 10:30 will conclude the Hobby Show on Friday.

"Diversities"

"Diversities" is being written by nurses and will be produced by nurses under the professional guidance of Gerald Hanchett with the Yale Puppeteers assisting. It will portray the arts and crafts, sports,

the dance, glee club and chorus work, musical instruments, dramas and other similar activities.

Miss Beatrice Ritter, Directress of Nursing at Flower Hospital, is Chairman of this Committee, and is anxious to organize talent for the performance. Miss Ritter plans to have at least two hundred people take part and promises that there will not be long, tiring rehearsals. All are nurses, and all are equally busy. Each group will rehearse and perfect its own part of the performance prior to a final assembled rehearsal in November.

If you are interested or have some special talent, please communicate with Miss Ritter at the earliest possible date.

The Committee would be glad to have each alumnae association responsible for one scene. If enough of our members are interested, of course we should like to do this.

Ticket Information

General Admission \$1.00

from Thursday 1 P.M. or Friday from 10 A.M.

includes admission to exhibits and afternoon programs

"Diversities" \$.50 extra charge

to be presented each evening at 8:30 P.M.

Reserved seats available at entrance \$.25

Combination ticket for General Admission and "Diversities" \$1.50

(It is all in one, and very convenient)

Subscription Dance \$3.00 per couple

Tickets by mail? Certainly, how many? They are available from: Catherine B. Hay, Chairman, N.Y.H. Alumnae Ticket Committee, 242

East 72nd Street, N. Y. C.

Alice Himes, 317 West 45th Street, N. Y. C.

Flora Jo Bergstrom, 1320 York Avenue, N. Y. C.

Do not send currency.

If every nurse would buy one ticket and persuade a friend to buy one (or more) the success of the Hobby Show would be insured.

Hobby Show Scrap Book

A scrap book on the Hobby Show is being prepared under the direction of Miss Catherine B. Hay and will be exhibited. Photographs or interesting articles pertaining to our nurses and hospital will be acceptable as well as material on the Hobby Show itself. The plan is to give each Alumnae Association in District No. 13 a page in the book.

Please send contributions of anything you have and suggestions to Miss Hay, Chairman of the Scrap Book Committee.

The Education Committee

This Committee, under Miss Maude Kelly, 440 East 26th Street, is working to attain some permanent result from this project. They are working to promote lasting interest by means of reciprocal contacts

between alumni, graduate staffs, and students. They hope to provide contacts between hospitals to discover what schools have to offer and to arrange for classes in dramatics, ballroom dancing, languages, arts and crafts, and riding and swimming.

This Committee believes that a visit to the Hobby Show will reveal to the nurse which activity she prefers.

Wanted by Hobbyists

Miss Abigail Grant, 132 East 45th Street, New York City, paper match box covers (torn or otherwise, she repairs them) for her Hobby Show collection. It is a colorful and interesting assortment, with no two alike. At present there are more than eight hundred, and Miss Grant hopes to have at least fifteen hundred to exhibit in November. Particularly desirable are covers from other states.

Miss Martha Russell, Fordham Hospital, Bronx, New York, someone to follow with her hobby, the study of trees, their "personality" and seasonal dress.

Miss Catherine Hay, 242 East 72nd Street, New York City, articles for the Scrap Book.

Miss Bernice Day, Bellevue Hospital, 416 East 26th Street, New York City, names of people interested in photography and kind of prints they have. Snow scenes wanted.

Miss F. Jo Bergstrom, 1320 York Avenue, New York City, book plates of all kinds. Duplicates will be appreciated.

Exhibits of the Members of Our Alumnae Association

In the early days of the Hobby Show there was some response from several members, but we have heard nothing further from them. If you have not done so, please submit your hobby to the Booths Committee or communicate with me.

Miss Catherine Hay has a collection of decorative discs used on the front of harness, and articles which belonged to Queen Victoria; Miss Elizabeth Johnson has her dancing dolls and a scrap book of materials dating as far back as 1795. It also contains samples of her probationer dresses and her first blue plaid uniform; Misses Gould and Garrett are interested in gardening; Miss Grant is showing her match box covers and a collection of more than two hundred elephants. Register *yours* today!

In Closing

It is hoped that the flush of excitement that mantles the cheek of the gay lady on the poster as she makes for the Hobby Show will provide interest and curiosity in all who behold her. District No. 13 hopes to welcome many visitors from out of town, and some plan whereby they may be made especially welcome is being developed. Will YOU be one of them?

FLORA JO BERGSTROM, *Alumnae Representative*
CATHERINE B. HAY and ALICE HIMES, *Assistants*
MILDRED HARRINGTON, *Hospital Representative*

AN HISTORIC LANDMARK PASSES

J. FRANCES COBBAN, R.N.

With the tearing down of the old New York Hospital buildings, from Fifteenth to Sixteenth Streets, close to Fifth Avenue, New York loses one of its historic landmarks, for this venerable pile of buildings was rich in the history of medicine and in its achievements in the care of the sick.

Although these familiar buildings were erected in 1877, the original New York Hospital, located on lower Broadway, had been caring for the sick, and serving as a bulwark against plague and epidemic in New York for more than a century, having received its charter from King George III in 1771.

The "new" location—Fifteenth to Sixteenth Streets—was at that time considered to be very much up town, and although real estate experts strongly urged building "in the country" (now midtown New York), Dr. W. H. Van Buren shocked all concerned by publicly announcing that that part of New York was rich in malaria!

All but the very recent graduate doctors and nurses will recall the old Van Buren mansion, opposite the hospital on Fifteenth Street, where the doctors (but not the nurses!) played tennis, and where Miss Irene Sutliffe made the hospital's first attempt at children's social service—one of the earliest beginnings of social service in New York.

In this hospital yellow fever was fought, and in 1898 free care was given to all soldiers of the Spanish American War who applied—most of them victims of typhoid fever.

When these buildings were erected they were new in more than one sense of the word. The architect demonstrated his idea that large buildings could be erected so that every room could receive plenty of light and fresh air. Also, the hospital was one of the first completely fireproof buildings in New York, the whole project being the forerunner of our modern sanitation laws for buildings.

The New York Hospital is the second oldest in the United States, and founded the first training school for nurses to be established in any private hospital, its one precedent being the city owned Bellevue Hospital.

During the serious poliomyelitis epidemic of some years ago, the New York Hospital, true to its pioneer traditions, made history once again by its remarkable work in checking the spread of this dread disease. Empty loft buildings were swiftly obtained, and within a few hours children were being rushed there for treatment. There were no elevators, but the staff, with Miss Sutliffe as superintendent, uncomplainingly toiled up the steep stairways day after day, month after month, in the serving of these afflicted children.

A long line of eminent physicians, surgeons and talented nurses have helped to make the New York Hospital one of the most historic of America's institutions, and many distinguished Americans have

served in official capacity. In the tearing down of the old buildings the hospital has not deserted New York, as it had already moved to its beautiful pile of white buildings that tower majestically over the East River, from Sixty-eighth to Seventy-first Streets.

It was with many a heartache that the former "family" of the N.Y.H. (as it was familiarly known to them), saw their beloved old buildings fall, brick upon brick. Indeed those venerable walls themselves seemed to protest, and presented a great problem to the wreckers. The hospital defrayed one-half the cost of the wrecking.

Who does not remember the great iron gates in the railing that guarded the special entrance on Sixteenth Street, reserved for the August Board of Governors, and between which gates, for many years, none other might pass? Eventually, as the population increased, these doors were opened to the public, and we saw Tom, Dick and Harry commit the sacrilege of nonchalantly tripping through those holy gates without so much as a glance!

Any number of graduate physicians and nurses have asked what became of "those iron gates." We can only say that several persons wanted them, but they were either too large or too heavy, and so they finally went the way of just ordinary gates.

The old hospital buildings have been replaced by a very modern apartment house which will be ready for occupancy by the middle of September. The property has been leased for twenty-one years to "Le Soleil Apartments," whose president, George W. McPherson, is the builder of the new project.

Strangely enough, the new apartment house suggests the historic buildings it has replaced. It comprises two separate structures, one on Fifteenth Street, and the other on Sixteenth Street, built around an immense garden court. The buildings, made of stucco over brick, will be only three stories high, which is truly a novelty in New York—especially when we consider the location and proximity to Fifth Avenue.

The new house (or rather "houses") will attract persons of refinement and lovers of a quiet neighborhood. The arrangement of the apartments is excellent, with full provision for housekeeping, and light and sunshine are everywhere. Much of the space allotted to the garden court could have been utilized for additional apartments, and the houses might have been built higher, but the object of the builder was to provide comfort and light for the residents. It looks as though he has attained this very laudable objective, so that, in time, he may be forgiven for having torn down the venerable New York Hospital.

As the old buildings began to come down, slowly and protestingly, many of the nurses hastened to the spot, and the builder was startled to see them down on hands and knees, pounding loudly and laboriously with hammer and chisel to wrench a few tiles from the floors they had so happily trod in days gone by. Some of the nurses cherish a single tile, representing perhaps an hour's labor, while others, who had perhaps more time, or greater spine and knee endurance, have secured enough tiles to make interesting souvenirs.

SAMPLERS

Blue Ribbon	Alisande Shand
Red Ribbon	<i>Public Health Nurse—Lenox Hill Hospital Alumnae</i>
White Ribbon	Marie S. Adolphus..... <i>Park West Hospital</i> Janet Hayes..... <i>Department of Health</i>

NEEDLEWORK

Blue Ribbon	Olga Olsen..... <i>Park West Hospital</i>
Red Ribbon	Helen Anne Raich..... <i>Beekman St. Hospital</i>
White Ribbon	Louise Brunn..... <i>Presbyterian Hospital</i>
Honorable Mention	Edna Ray..... <i>Polyclinic Hospital</i>
	Ruth Bates..... <i>St. Luke's Hospital</i>
	Margaret Wenning..... <i>Bellerue Hospital</i>

QUILTS

Blue Ribbon	Laura Hunt..... <i>Presbyterian Hospital</i>
Red Ribbon	Dorothy Conklin..... <i>Misericordia Hospital</i>
White Ribbon	Pauline Naegeley..... <i>East Harlem Nursing Service</i>
Honorable Mention	Edna F. Ray..... <i>Polyclinic Hospital</i>

KNITTING

Blue Ribbon	Betty Cohen..... <i>Bellevue Hospital</i>
Red Ribbon	Joan Scott..... <i>Polyclinic Hospital</i>
White Ribbon	A. E. Higgins..... <i>St. Mary's Hospital for Children</i>

CROCHETING

Blue Ribbon	Lucille Wexler..... <i>Beth Israel Hospital</i>
Red Ribbon	Emma A. Gibson..... <i>Bronx</i>
Honorable Mention	M. A. Weinberger..... <i>Sydenham Hospital</i>

RUGS

Blue Ribbon	Anna Hays..... <i>Polyclinic Hospital</i>
Red Ribbon	Anne Caccioppo..... <i>Bellevue Hospital</i>
White Ribbon	Edna Ray..... <i>Polyclinic Hospital</i>

WORSTED AFGHANS

Blue Ribbon	Marguerite L. Brown..... <i>Willard Parker Hospital</i>
Red Ribbon	Ada Lynch..... <i>City Hospital</i>
White Ribbon	Margaret Bruce..... <i>St. Luke's Hospital</i>

NATURAL HISTORY

Honorable Mention	Alice Fitzgerald..... <i>Polyclinic Hospital</i>
-------------------	--

A PATIENT'S EXPERIENCE IN THE HOSPITAL

"At 6 a.m. the Nurse came in to wash my face and hands. Shortly after, another nurse came to wash my arm for a 'Shot.' A third appeared to wash my abdomen for an operation. Later, the scrubwoman came in with pail and scrubbing brush. The patient raised up in bed and said: Now what are *you* going to wash? Yur transom, Miss." Then the patient fainted.

"I REMEMBER, I REMEMBER—"**AN INTERVIEW**

NAME—Irene H. Sutliffe. Class 1880.

WHY I ENTERED TRAINING—The Fifteenth Street, New York Hospital building was under construction and an article in Harper's magazine described it as "The most wonderful ever built." I was really not needed at home and this seemed the opportunity I had been seeking. On the impulse of a moment, I applied for entrance.

MY FIRST IMPRESSION—That this hospital building (costing *a million dollars*) was truly "The most wonderful ever built."

MY FIRST DAY DUTY—Was on Ward H, where I received my cap. It was all so very interesting.

MY FIRST NIGHT DUTY—It was during the hottest August I can remember. As I could not sleep, I never have been able to sleep in the daytime, I found night duty very difficult. It was nearly my undoing, but Miss Brown visited me when she learned of my fatigue and I was transferred to day duty.

MY MOST INTERESTING EXPERIENCE—I was in charge of Ward M. A patient, who had cancer of the liver, was not expected to live and I thought she should be told in order to make what provision she wished for the care of her large family of small children. Dr. Frank Markoe disagreed, but finally gave his permission on condition that I tell her. The patient not only would not believe that her condition was so serious, but left the hospital immediately against advice. I never knew what happened to her.

THE MOST EXASPERATING EXPERIENCE—Nothing like that ever happened to me.

THE NICEST THING THAT HAPPENED TO ME—Oh, so many nice things; I couldn't begin to tell you.

WHAT I WANTED TO DO IN NURSING—*When I entered training*—District nursing and church work.

When I completed training—To start all over again, I loved the hospital so, I didn't want to leave.

MY FIRST POSITION—Organization and Equipment of the Hamot Hospital, Erie, Pennsylvania.

the Society of Friends, and practiced in his life that unostentatious devotion to God, through service to mankind, so characteristic of the faith.

DISTRICT No. 13

The first issue of "District Notes" was distributed at the meeting on Tuesday. It includes much information about the district which will interest you, and gives the program for the coming year. Part of the program is as follows:

Parliamentary Law

October 21, at 7:30 P.M., the first of a series of lectures on Parliamentary Law will be given at the Central Club. Miss Emelyne Hilliard, of the Ballard School, Y.W.C.A., will conduct the class. Fee for the course \$5.00.

Public Speaking

If nurses who would like to take a course in Public Speakings notify Miss Clare Casey, 132 East 45th Street, the Program Committee is prepared to provide it. A class of thirty members is sufficient, and the cost to each would be \$7.50.

Oxygen Therapy

The demonstration will be repeated at the Hotel Pennsylvania October 9th. So many requests have come to the District for another lecture and demonstration by the Oxygen Therapy Service, Inc., that Mr. Barach, president of this company, has kindly consented to speak again. In December a lecture of Indications and Techniques of Oxygen Treatment is to be held.

"The District Office is your office," said Miss Casey, Executive Secretary of the District, in terminating her report.

WANTED BY THE LYDIA E. ANDERSON LIBRARY 1320 York Avenue, New York City

Copies of the *Alumnae News*, particularly early ones. We are trying very hard to complete our set from the very beginning for binding.

Commencement programs and announcements for our School, especially prior to 1914. These will also be bound.

Early books or any material of historical value about nursing, medicine, and the New York Hospital.

Copies of the Quarterly News of the New York State Nurses Association. Miss Hicks at headquarters is also trying to assemble a complete set for binding.

American Journals of Nursing, particularly prior to 1910. We also keep on hand recent issues of magazines for reference or exchange. Perhaps we have that copy you miss from your set.

ALUMNAE MEETINGS

The first Fall meeting will be held at the Nurses' Residence of the New York Hospital, Thursday, October 10th. An interesting program is being planned.

We are going to keep statistics for six months and see which place of meeting has the best attendance.

Not long ago I heard someone say, "The young ones start things, but it takes us older ones to finish them." And it seems too true, even in our Alumnae. Why not start the habit now; plan to meet your class mates and other graduates of our School.

LYING-IN-HOSPITAL

On Thursday, June 27, 1935, twenty of the former private duty nurses and staff nurses of the "old Lying In" held their fourth annual reunion at the Parkside, New York City. An enjoyable informal evening filled with reminiscences made us more than ever determined to continue our reunions. New York Hospital nurses who have been on the Lying In Staff or Registry are most welcome to join us.

F. J. B.

A TRIBUTE

DOROTHY RANDOLPH HAYWARD

(To Agnes Houston, Died February 3rd, 1935)

*How could I know last time I saw your face,
That soon you would be seeking Brighter Lands,
Where angel-beings wear the gentle trace
Of spirit—having lived as Heaven demands?*

*But now the Clay has lost that lovely light
Which comforts (like a Lamp beside a bed)
I will remember—since it shines so bright,
Your living Spirit, whence it now has fled!*

CHANGE OF ADDRESSES

Mrs. William G. Parsons (nee Miss Cruso), Class 1898, wishes to call attention to the fact that her name was spelled Truso in the Blue

Book. Her address now is: The Grassmere, Williamsburg, Ontario, Canada.

Mrs. Cary Camille Smead (nee Behiels), Class '25, is taking a Post Graduate Course at the Manhattan Eye, Ear, and Throat Hospital. Her permanent address is: 3630 Oxford Ave., Riverdale, New York City.

CLASS PICTURES

Something you've been wondering about—the class pictures of 1933 and 1934. They will be on the second floor of the Residence with the others by the time you next visit us in October. Of course it is too early for the 1935 picture, but it will be there, too.

PERSONALS FROM THE CLUB

The Misses Guinlock, Wright and Tingley spent the summer in Canada.

Miss Edith Weaver had a delightful holiday at Ocean City, N. J.

Miss Isabel Mullins spent the summer at her home, Charlottetown, Prince Edward Island.

Miss Fredricka Muller has recently returned from Aruba, Dutch West Indies, where she was engaged in hospital work.

Miss Jessie King has returned from the Colon Hospital, Cristobal, Canal Zone, where she has been for the past four years. We are very happy to have her with us at the Club.

Miss Margaret Lewis spent the month of July abroad.

Miss Armeda Colver has had a delightful vacation, motoring through Canada, New England States and the South, visiting many old friends.

Miss Dewar and Miss Elizabeth Hay spent many weeks in Scotland this summer.

Miss Juliette LaChat left New York in August for a trip to California through the Panama Canal.

Miss Bellinger had a very pleasant summer at Nantucket.

Miss Emma Powell and her sister Mrs. Price, spent several weeks in Europe this summer.

Miss Nettie Silva had a delightful trip to the Gaspé, Newfoundland, and Labrador. She had a very pleasant visit with Mrs. Patey, nee Helen Boucher, Class 1919, at St. Anthony.

Miss Tybjerg had a very pleasant holiday at Casco Bay, Maine.

Miss Burroughs spent part of her vacation at Nantucket with her niece.

Miss Bertha Sinnott had a pleasant trip abroad this summer.

Miss Jeanne Blackley spent the summer with her sisetr in Victoria, British Columbia, Canada.

Miss Dinehart spent part of the summer at Niagara Falls, N. Y.

Miss Ethel Fennemore visited friends in Canada during August and September.

Miss Helen Bates had a delightful trip to England, sailing both ways on the Europa.

We are happy to have the Misses Shannon, DeCou, Wilkinson, Colver, and Mrs. Labadie with us again at the Club.

PERSONALS FROM THE HOSPITAL

Summer's gone, vacations past—but they are lovely while they last! Miss Sarah Moore is spending the second half of her vacation at home in Pennsylvania. . . . Mary Fremd and Betty are on an enjoyable but most mysterious trip somewhere. . . . Lucy Jane MacDonald, '27, had a glorious holiday in Canada. . . . Jet Warner and Ruth Whitney, '28, also went to Canada. . . . Peg Wyatt, as usual, went to her home in South Carolina. . . . Helen Foley Dunning, '30, motored hither and yon, including the Pocono and Adirondack Mountains. . . . Marguerite McGrath, '30, and Frances McGrath, '34, visited the folks at home in Massachusetts. . . . Dorothea Hobart, '34, was welcomed by her home folks in Ohio. . . . Margaret Landes, '31, chose a hot time for a Texas vacation. . . . Jean Blampied, '31, rested in Chemung Valley and Elmira. . . . Miss Hannah Josephi is at her home in Oregon. . . . Miss Starr visited her home in Bethel, Connecticut. . . . Miss Barnum hers in Ontario. . . . Gladys Butcher Seubert much preferred home in Indian Neck, Connecticut, to the noisy city. . . . Beatrice Don found relaxation in Pennsylvania's mountains. . . . and Victoria Ibbotson spent three delightful weeks in Bermuda.

Ruth Hassler is welcomed back after a long illness, and a prolonged absence from New York City.

Julie Hawkes, '33, has resigned her position as assistant head nurse on Pavilion G 4 to enter Private Duty.

Emily Rogers, the first graduate of the new school, is doing general duty at the Hospital, and wears the Graduate Cap quite as though she had worn it always.

Eleanor Greenway has accepted a position as head nurse on H 5.

BIRTHS

Born, a daughter to Mr. and Mrs. Donald Eager (Mildred Kline, '22), April 2nd, 308 Arlington Ave., Syracuse, N. Y.

MARRIAGES

Mrs. Victoria Sands, nee Pearl Nash, Class 1908, was married to Mr. Arthur McClean Thompson, June 28, 1935, at Orivilla, Ontario. At home, Willington, Ontario, Canada.

Gertrude Wiley, Class of 1927, to Mr. Maxim Berthet, at St. George's Parish, Stuyvesant Square, June 29, 1935.

Ruth Gass, Class of 1931, to Mr. Brock.

Agnes Frost, Class of 1935, to Mr. Thomas J. O'Keefe, September 6, 1935.

SYMPATHY

Our deepest sympathy goes out to Miss Hannah Josephi, whose father passed away in August, and to Ruth Fowler Lobo, Class of 1927, who lost her husband this summer. Ruth has returned to New York after a long rest at her home in Scranton, Pennsylvania.

We extend our sympathy to Miss Ann MacIver in the loss of her mother.

DEATHS

We have learned that Mrs. E. C. Crawford, Class of 1896, the former Mrs. D. L. Diehl, has passed away. Further particulars unknown.

Just as we go to press, word has come that Mrs. L. T. Grusenick, nee Linda H. Thomas, died in the New York Hospital, the morning of September 21st.

SUMMARY OF BACTERIOLOGY

*Cheer up, you have two chances
One of getting the germ, and one of not.
And if you get the germ,
You still have two chances;
One of getting the disease, and one of not.
And if you get the disease,
You still have two chances,
One of dying, and one of not
And if you die; well—
You still have two chances.*

(Author not known. Found in a reference book)

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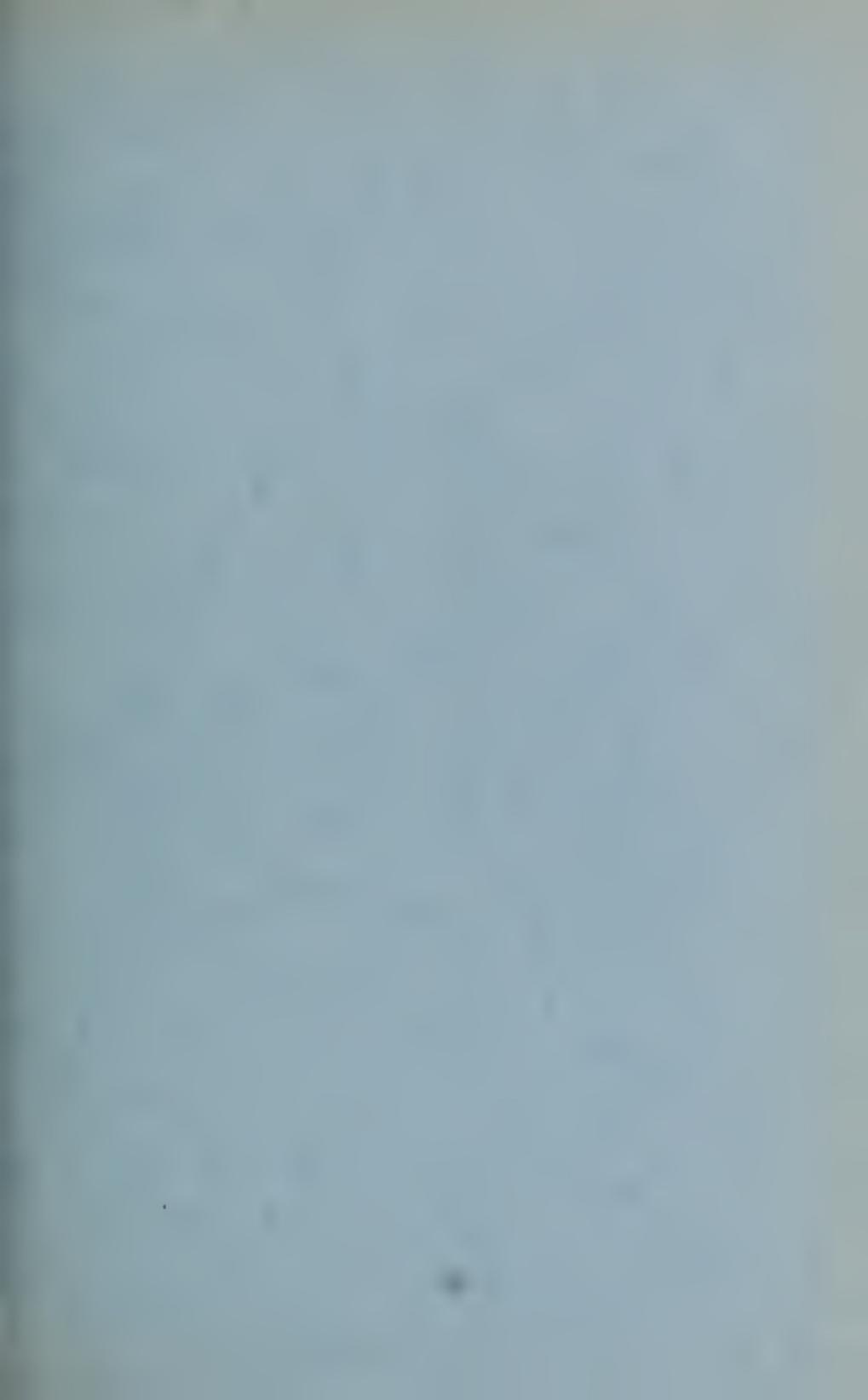
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VOLUME 9

No. 1

The
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JANUARY, 1936

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FOR NURSES

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NEW YORK HOSPITAL TRAINING SCHOOL

VOL. 9

JANUARY, 1936

No. 1

Published Quarterly: January, April, July and October. Sent free of charge to all members of the Association. To others: 15 cents a copy, 50 cents a year.

All contributions should be sent to the editor before the fifteenth day of the previous month.

ELIZABETH S. JOHNSON, *Editor*
2914 Broadway, New York
UNiversity 4-9231

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A VISIT TO INDIA

MARY BEARD

In one of the early chapters of the history of nursing we read that about fourteen centuries before Christ, two real personages whose names were Charaka and Susruta, about whom many myths have grown up, lived and practiced medicine and surgery in India. In these early times prevention of disease was more important than cure, and many modern methods of health promotion were practiced, such as inoculation against smallpox, massage, bathing at least once a day, teeth cleaned twice a day with a stick cut from tonic plants, the tongue cleaned with a scraper of metal, and the wearing of "clean apparel, perfumes and garlands" . . . which would be "productive of fame and longevity," would, it was said, "dispel distress and ill-luck and contribute to cheerfulness."

This period in Indian history shows a high degree of culture and strikingly modern methods of teaching health. It followed the migration of the so-called Aryan people who came through the northwestern passes from Asia Minor, travelling with their flocks from one grazing place to another, worshipping their "bright gods" and singing their beautiful hymns of the Vedic religion. They came through the mountain passes close to the great Himalayas which rise twenty thousand feet from the sea level and extend across India in two parallel ranges, between which is a deep unapproachable valley, inaccessible to man. From this valley rise the five sacred rivers of India, which break through the mountain wall both at the east and at the western borders of India. Southern India is in the tropics; the trade winds or monsoons laden with tropical heat blow across the country and, striking the high, snow-covered mountains, are driven south again, bearing the rain upon which depends the fertility of India.

The word "Aryan" means simply "of noble lineage." It is from this race that the Greek, Roman, and English races developed, so that our relation to these people in India is close. When they reached India they found many races already flourishing there.

Today the population of India is three hundred and fifty-three million, and will in 1941, at the present rate of increase, be four hundred million people. The Indian peoples speak two hundred and twenty-two vernaculars, with five fundamentally different root tongues. Their average income is about thirty-four dollars a year. There is enough food for one, not three, meals a day. Their expectation of life is twenty-three instead of fifty-six or -eight years as it is in England and America. For the rank and file of people, the conditions of living in India are those of the seventeenth century. Plague is endemic in some parts of India, cholera is constantly present, and when I was there, nine hundred people died of smallpox in Lahore in eight weeks. The water supply is inadequate and impure in many parts of the country and sanitation is almost nil.

One-sixth of all the human race live in the Indian village, so when I think of India, it is always the picture of the village that comes to my mind. There are no roads into the villages, which are reached by little, well-beaten, hard, gray footpaths. The houses are made of mud and the floors of cow-dung. The seeds and grains, staples of the daily food, are neatly arranged in jars along shelves around the top of the room. The houses are orderly and tidy. Dried cow-dung makes quite a good floor.

In the Punjab, which is the region up toward the northwestern frontier, the village woman is a person of great dignity and presence. There is an Indian proverb which describes the woman belonging to the caste of Jats;—"A Jat wife for me, all others are a waste of money," and again, "A Jat wife does not plow, dig or drive a cart, but she does everything else that needs to be done." Her dignity and wealth is shown by the width of her skirt. I saw one twenty yards around, of red woolen, and accordion plaited. On her ankles she may wear anklets, and on her head, if she belongs to the caste of Jats, she has the privilege of wearing a small cushion on which she balances two or three beautiful copper receptacles for drawing water from the common well. From the little cushion, shaped like a doughnut, dangle many small, colored cushions hanging about her face at different lengths. It is a beautiful sight to see her walking perfectly erect, swiftly and smoothly, across the countryside to the well, balancing her copper jars on her head. Once in two weeks she goes to the barber, who does her hair so neatly, so smoothly, and so elaborately that it remains exactly like that for another two weeks.

Sir John Megaw, Director General of the Indian Medical Service, invited the International Health Division to make a study of facilities for training health visitors and public health nurses in India. I spent five and a half months making this study, during which time I travelled from the Himalayas to Cape Comorin, and from the Northwestern Frontier to Burma on the East and Ceylon in the South, and visited one hundred and sixty-eight institutions. The caste system has imposed much suffering upon Indian women, but I found a group of young people crowding the doors of the colleges who are comparatively unhampered by traditions which have prevailed so long in India, and as these young Indian women are superior in many ways, one cannot feel that it is a hopeless task to develop modern public health nursing in this country which needs it so much.

Sir John Megaw, who has spent thirty-one years of his life in India, has made the statement that "India is a menace to the health of the world," and adds that he believes that this menace is fast passing from a state of emergency to a state of crisis. He also said, "There is every reason to believe that great improvement can be brought about by a well directed effort."

The hospitals, of which there are four thousand, four hundred and twenty-two, are many of them missionary hospitals, both American and English. I visited about fifty of these hospitals and spent a good deal of time with the President and other officers of the Trained Nurses' Association of India. There are at present seven schools for health visitors in India, and these are under the direction of the Indian Red Cross. Dr. Ruth Young of the Indian Red Cross, in charge of the maternity and infancy program, has general oversight of these schools. Following my visit to India in 1933, Dr. Young visited this country and Canada in 1934. Her knowledge of Indian conditions and her ability and enthusiasm will more than anything else help to bring about the changes necessary to develop good public health nursing.

I went to Dehra Ishmail Khan, a city in the Northwestern Frontier near the Khyber Pass and nearer still to the Kohart Pass, to visit a public health nurse, Louise E. McKenzie, who has been working with the poor people in this city for several years. I wish I could give you a picture of the thorough, devoted nursing done by Miss Louise E. McKenzie among these tribal people. In this part of India, families from the nomadic tribes on the other side of the passes come through and settle down for the winter, moving on again as the warm weather comes back. A gypsy camp in Maine or Minnesota more nearly suggests what we saw in Dehra Ishmail Khan than anything else I can think of, but this gives a very poor idea of the Northwestern Frontier settlements. One of Miss McKenzie's chief functions is to try to educate the ignorant barber midwife, known in India as a "dai." These pitiful untouchable people are many of them hopelessly dirty, ignorant and superstitious, and yet since they deliver most of the mothers in the villages, the English Medical Service has believed that it is necessary to try to regulate their practice.

I shall remember Miss McKenzie always, I think, for she is one of those splendid English nurses, with a genius for teaching these ignorant women, whose devotion to the people of India will make a permanent place for them in the history of nursing. Even though to teach them is like pouring water into a sieve while living conditions continue to be so bad in India, yet the people make so strong an appeal that one finds a good many women like Louise McKenzie scattered throughout the country, who have spent all the best working years of their life trying to help them. When that "well directed effort," suggested by Sir John, to change seventeenth century conditions into those of our day, begins to function, it will find this devoted group of women all ready to promote it.

NOTICE

Tea will not be served at the Club on the first Sunday in January, because of the Annual Alumnae Tea on Sunday, December 29th.

CHRISTMAS ACTIVITIES AT THE CLUB HEAR YE! HEAR YE!

The Christmas Bells are ringing out to you.

The Holiday Program at the Club

Join in somewhere, somehow, if it's only for Tea, and to say
"Merry Christmas and a Bright New Year to You."

Monday Evening, December 23rd

- 7:30 The Trimming of the Tree. Is anything more fun than helping to change a somber spruce into a glittering Christmas Tree? There will be something by way of Entertainment and Refreshments. "And will there be some old-time Carols" do you ask? Oh, yes indeed.

*

Christmas Day

- 9:30 There comes Santa Claus headed straight for our chimney. Whoa Dasher and Comet—steady Prancer & Blitzen. Can Santa ever get down with that big fat pack?
- 1:15 Turkey Dinner—Everything from Soup to Nuts for a dollar bill.
- 6:30 A Buffet Supper—and it's "on the house." One of the high spots of the Holidays with Miss Grafton to carve the bird.

*

Sunday, December 29th

- 5:00 to 7:00 P.M. Our Annual Holiday Tea. This is a real "get-together" occasion, so come and bring your friends.

*

New Year's Day

- 1:15 Special Holiday Dinner that will be well worth another dollar bill.

*

Teas

The teas given the first Sunday afternoon of each month from five-thirty to seven are greatly enjoyed. The attendance each afternoon has been over eighty. Miss Isabelle Gordon spares no pains to make them of the very best.

NURSES' HOBBY SHOW

A triumph in artistic display of exhibits and in entertaining presentation of talents was our Nurses' Hobby Show sponsored by the District Committee on Eight Hours for Nurses! Attendance at the show exceeded beyond measure the wildest dreams of the hardworking Committee. Because of the large crowds, it became necessary to present "Diversities" a second time on Thursday. Prominent lay people were enthusiastic in their praise of the whole setup.

Interesting and new contacts were made by many nurses. New and lasting friendships have developed from casual meeting and mutual interests. Opportunities have presented themselves as a result of work and skill demonstrated in the Show. A nurse whose poster did not win a prize, but was given honorable mention was given an order for drawings in the style she used on her poster; two handicraft exhibitors were offered positions as teachers of crafts; the winner of the grand prize, for bookbinding, was offered a position; two members of the "Diversities" cast were offered opportunities for engagements; New York University invited the District to participate in their Recreation Problems Conference and a booth will be manned by our nurses. This is but the beginning. The Education Committee, under the Chairmanship of Miss Maude Kelly, has collected and is now using a wealth of material on activities and crafts of all kinds. While the other Committees look backward on their work, this Committee is facing forward.

As we go to press it is too early to secure details as to the net returns, but the receipts from sales of tickets, programs, commercial booths, together with generous contributions of our interested friends all point to success financially as well as socially. We will tell you more about the outcome and about the program planned by the Education Committee at another time. Information is still available through your representative who appreciates the splendid help and cooperation of our Alumnae members. Souvenir Programs are available at the Central Club, 132 East 45th Street.

Exhibitors of the New York Hospital School of Nursing Alumnae Association included:

Jane Acheson, 1934
Margaret Bellinger, 1894
Ethel Fenemore
Catherine Hay, 1915
Marie A. Kraemer, 1920
Martha Russell, 1894

Anne M. Anderson, 1928
Flora Jo Bergstrom, 1927
Abigail Grant, 1917
Elizabeth Johnson, 1891
Ruth Kurts, 1934
Verna C. Smith, 1906

Prize Winning Exhibits

GRAND PRIZE Gold Ribbon—Mary E. Beyer, L. I. College Hospital
—Bookbinding.

FLOWERS

Blue Ribbon	Mrs. Hannah O'Brien
Red Ribbon	Mrs. A. Earle Higgins
White Ribbon	Mrs. Sykes
Honorable Mention	Sarah Oldham.....Roosevelt Hospital

PAINTINGS

Blue Ribbon	Anne M. Anderson.....New York Hospital
Red Ribbon	Josephine Prescott.....Teachers College
White Ribbon	Elizabeth Lancaster.....N. Y. Postgraduate Hospital
	Josephine Prescott.....Teachers College
	Louise Suffern.....Bellevue Hospital

WATERCOLORS

Blue Ribbon	Chellis Baker.....Mt. Sinai Hospital
Red Ribbon	Josephine Prescott.....Teachers College
White Ribbon	Louise Suffern.....Bellevue Hospital

SKETCHES

Blue Ribbon	Margaret J. Smith.....Presbyterian Hospital
Red Ribbon	Ruth Page.....Presbyterian Hospital
White Ribbon	Audrey Quinn.....Mt. Sinai Hospital

PHOTOGRAPHY

Blue Ribbon	A. M. Estabrook
Red Ribbon	Monica Thomas.....Mt. Vernon Hospital
White Ribbon	Bernice Day.....Bellevue Hospital
Honorable Mention	Monica Thomas.....Mt. Vernon Hospital

POTTERY

Blue Ribbon	Else Norden.....Home for Hebrew Infants
Red Ribbon	Doris Gibbs.....Mt. Sinai Alumnae
White Ribbon	Else Norden.....Home for Hebrew Infants
Honorable Mention	Jeanette RoyalBellevue Hospital

HANDICRAFT—METAL

Blue Ribbon	Madeline Arent.....Lawrence Hospital, Bronxville
Red Ribbon	Ethel Timberlike.....Beekman St. Hospital
White Ribbon	Bertha Davis.....Presbyterian Hospital
Honorable Mention	Doris Gibbs.....Mt. Sinai Alumnae

HANDICRAFT—WEAVING

Blue Ribbon	Anne Estabrook
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COLLECTIONS

Blue Ribbon	Old Snuff Boxes.....Mrs. Alice Fitzgerald, A.A.C.C.
Red Ribbon	Antique Boxes.....Ciole Hickman—Bellevue Hospital
White Ribbon	Earrings.....Isabelle Norkowicz—A.I.C.P.
Honorable Mention	Mexican Collection.....Louise Mackie—Bklyn. Hospital
	Greek Embroideries.....Lee Judy—Illinois Training School
	Oriental Collection.....Emily Schultz, Henry Street, V. N. S.
	African Collection.....Miss Morris

SAMPLERS

- Blue Ribbon
Red Ribbon
White Ribbon

Alisande Shand	
<i>Public Health Nurse—Lenox Hill Hospital Alumnae</i>	
Marie S. Adolphus.....	<i>Park West Hospital</i>

Janet Hayes.....*Department of Health*

NEEDLEWORK

- Blue Ribbon
Red Ribbon

White Ribbon
Honorable Mention

Olga Olsen.....	<i>Park West Hospital</i>
Helen Anne Raich.....	<i>Beekman St. Hospital</i>
Louise Brunp.....	<i>Presbyterian Hospital</i>
Edna Ray.....	<i>Polyclinic Hospital</i>
Ruth Bates.....	<i>St. Luke's Hospital</i>
Margaret Wenning.....	<i>Bellevue Hospital</i>

QUILTS

- Blue Ribbon
Red Ribbon
White Ribbon
Honorable Mention

Laura Hunt.....	<i>Presbyterian Hospital</i>
Dorothy Conklin.....	<i>Misericordia Hospital</i>
Pauline Naegeley.....	<i>East Harlem Nursing Service</i>
Edna F. Ray.....	<i>Polyclinic Hospital</i>

KNITTING

- Blue Ribbon
Red Ribbon
White Ribbon

Betty Cohen.....	<i>Bellevue Hospital</i>
Joan Scott.....	<i>Polyclinic Hospital</i>
A. E. Higgins.....	<i>St. Mary's Hospital for Children</i>

CROCHETING

- Blue Ribbon
Red Ribbon
Honorable Mention

Lucille Wexler.....	<i>Beth Israel Hospital</i>
Emma A. Gibson.....	<i>Bronx</i>
M. A. Weinberger.....	<i>Sydenham Hospital</i>

RUGS

- Blue Ribbon
Red Ribbon
White Ribbon

Anna Hays.....	<i>Polyclinic Hospital</i>
Anne Caccioppo.....	<i>Bellevue Hospital</i>
Edna Ray.....	<i>Polyclinic Hospital</i>

WORSTED AFGHANS

- Blue Ribbon
Red Ribbon
White Ribbon

Marguerite L. Brown.....	<i>Willard Parker Hospital</i>
Ada Lynch.....	<i>City Hospital</i>
Margaret Bruce.....	<i>St. Luke's Hospital</i>

NATURAL HISTORY

- Honorable Mention

Alice Fitzgerald.....	<i>Polyclinic Hospital</i>
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A PATIENT'S EXPERIENCE IN THE HOSPITAL

"At 6 a.m. the Nurse came in to wash my face and hands. Shortly after, another nurse came to wash my arm for a 'Shot.' A third appeared to wash my abdomen for an operation. Later, the scrubwoman came in with pail and scrubbing brush. The patient raised up in bed and said: Now what are *you* going to wash? Yur transom, Miss." Then the patient fainted.

"I REMEMBER, I REMEMBER—"**AN INTERVIEW**

NAME—Irene H. Sutliffe. Class 1880.

WHY I ENTERED TRAINING—The Fifteenth Street, New York Hospital building was under construction and an article in Harper's magazine described it as "The most wonderful ever built." I was really not needed at home and this seemed the opportunity I had been seeking. On the impulse of a moment, I applied for entrance.

MY FIRST IMPRESSION—That this hospital building (costing *a million dollars*) was truly "The most wonderful ever built."

MY FIRST DAY DUTY—Was on Ward H, where I received my cap. It was all so very interesting.

MY FIRST NIGHT DUTY—It was during the hottest August I can remember. As I could not sleep, I never have been able to sleep in the daytime, I found night duty very difficult. It was nearly my undoing, but Miss Brown visited me when she learned of my fatigue and I was transferred to day duty.

MY MOST INTERESTING EXPERIENCE—I was in charge of Ward M. A patient, who had cancer of the liver, was not expected to live and I thought she should be told in order to make what provision she wished for the care of her large family of small children. Dr. Frank Markoe disagreed, but finally gave his permission on condition that I tell her. The patient not only would not believe that her condition was so serious, but left the hospital immediately against advice. I never knew what happened to her.

THE MOST EXASPERATING EXPERIENCE—Nothing like that ever happened to me.

THE NICEST THING THAT HAPPENED TO ME—Oh, so many nice things; I couldn't begin to tell you.

WHAT I WANTED TO DO IN NURSING—*When I entered training*—District nursing and church work.

When I completed training—To start all over again, I loved the hospital so, I didn't want to leave.

MY FIRST POSITION—Organization and Equipment of the Hamot Hospital, Erie, Pennsylvania.

DISTRICT No. 13 NEWS

The total membership is now 6115.

At the September meeting of the District, 117 members were present.
At the November meeting, 325.

D ISTRICK

I nstitutes

S ocial events

T EAMWORK

R ecreation

I nterviews

C ourses

T OGETHER

A TTENDANCE

L IVELY INTEREST

U NITY

M eetings

N IGHTINGALE IDEALS

A musements

E nterprise

} United we stand; divided we fall.

} United we stand; divided we fall.

The District office is at your service—to secure membership blanks, to report missing A.N.A. cards, to secure copies of Nurse Practice Act, to send in your change of address.

The Institute

The Institute will be held at the Hotel Pennsylvania on January 8, 9, 10. Demonstration meetings will be at 99 Park Avenue and may be reached by special bus service from the hotel. Admission will be 25 cents each lecture with the provision that anyone attending the early morning session (10-11) may remain for the second hour (11-12) on the same ticket. The same will be true of the afternoon session. Admission to individual lectures will be 25 cents. The interesting outline of the program is available at the hospital and at the club.

January Meeting

A regular meeting of District No. 13 will be held on January 21 at Red Cross House. Miss Mary Roberts, Editor of the American Journal of Nursing will discuss "The Work of the Nursing Information Bureau."

January Private Duty Section Meeting

A regular meeting of District Private Duty Section will be held January 13. Dr. Sol Ginsburg, Psychiatrist will speak.

Health

When did *you* have your last complete health examination? District office has a folder with health service information.

NEWS OF THE HOSPITAL

Mary Holland attended the 9th Annual Friendship Dinner as a District representative . . . Ethel Lawson, '27, is at home for Christmas and has our best wishes for a very happy one . . . Ruth Fowler Lobo, '27, has accepted a position in the office of Dr. John Sutton . . . Marie Troup and F. Jo Bergstrom spent a most enjoyable evening with Miss Lydia Anderson and friend recently . . . Peg Wyatt spent Thanksgiving with Nancy Griffin Stone . . . Edith Jones Beierle occupied the Alumnae Room as a patient a few days . . . Janet Gordon has resigned her position as general staff nurse to enter private duty . . . W. Cantwell spent Thanksgiving weekend at her home in Roxburg, N. Y. . . . "Bo" Palmer has become "nurse" at McCreery's Store on 5th Avenue . . . Mary D. Fremd, Assistant Supervisor in the O.R., enjoyed a trip, a glorious trip, that mysterious trip, to Haiti, Curocas, D.W.I., and South America . . . Jean Blampied did a nice piece of work as "Miss Top Hat" in the Hobby Show Diversities . . . Rita Chisholm is going to live at her home and do private duty . . . Marguerite McGrath spent a weekend in Worcester, Massachusetts, in November . . . Gertrude Tomlinson resigned her position at the hospital to enter private duty again . . . A staff member asks us to say, "We appreciated all the hard bumps she helped us over and that we miss her" . . . At the December 4 N.Y.L.N.E. meeting Miss Anna D. Wolf reviewed briefly the work accomplished by the Curriculum Committee of the National League preparatory to the formation of Study Groups . . . Margaret Wyatt will talk on and demonstrate new nursing techniques at the coming District Institute (Wednesday, January 8, 1:30-2:30 P.M.) . . . New members of the Alumnae of the class of 1935 are E. Rogers, L. Schwartz, M. Maw, S. Strong, M. Corpening, H. Enright, M. Raezer, B. Benson, D. McMullen, B. Schaefer-Atkins; they will act as hostesses at the December 12th meeting of the Alumnae Association.

The House Committee

Invites you to join the group at the hospital and to participate in the entertainments and activities at the Hospital Residence.

The Lydia E. Anderson Library

Invites you to come and read or study.

Wanted

for the Lydia E. Anderson Library
1320 York Avenue, N. Y. C.

The following copies of the I.C.N.:

Vol. 2—No. 2 and No. 3

Vol. 3—Nos. 2, 3, 4 and index

Vol. 4—Nos. 1, 3, 5, 6 and index

Vol. 7—No. 1

The following books out of print: ("A library never refuses a gift; it finds some use for everything.")

- Annual report of the USPH Service for 1933
Adams Democracy and Social Ethics
Baker—Child Health
Berdoe—Origin and Growth of Healing Art
Bourne—The Abdomen in Labor
Cowan—Textbook on Bandaging
Davidson—American Red Cross in the Great War
Key—War, Peace, and the Future
McCann—Making of Character
Myers—History of Past Ethics
Nightingale—Notes on Nursing
Saleeby—Surgery and Society
Sherman—Shaping Men and Women
Stokes—The Third Great Plague
Tawney—The Aquititive Society
Thrasher—The Gang
Torley—History of Nursing in the British Empire
University of Chicago—Handbook of Libraries
Zabriski—1st Edition—Obstetrics

Ward H—from the Desk

Whenever I look up, a broad smile greets my eye; I don't know why he always smiles, there's no special reason why. But as I sit here working, trying day by day to help others in their daily trials, they're helping me some way. How often just a tiny smile helps someone else along, over some rough place in life which is not a "grand sweet song!" There he sits amid his pillows, propped up in his bed; he is ill, and so am I, but we're both just goin' ahead. (There's nothing sentimental to prompt this little verse, for he's a colored patient, and I am just his nurse.)

On Ward H

Love? Ah, yes, we must own, when in the sick room it is shown so plainly. There are two, lovers in their youth; of love never did they doubt the truth. Their courting days were spent in bliss, their marriage—must it end in this separation? As he lies there, scarce awake, on her quiet face is traced anguish and heartache. She tries bravely to retain the tears as she reviews their companionship—so perfect through the years. She bows her white head close to his—perhaps this may be his one last kiss. How can she do without him if he goes away—yet, suffering so, how can she bid him stay?

ALUMNAE ASSOCIATION MEETINGS

Thursday, January 9 at the Club

Thursday, February 13, at the Hospital

Thursday, March 12, at the Club

What kind of programs would YOU like? Send your suggestions to FJB please.

DO YOU KNOW THAT*

"Turkey," an abbreviation for turkey-cock and turkey-hen, was so called from the mistaken idea that it came from Turkey? That the turkey of South America was domesticated by the people of Mexico and Peru; and was introduced into Europe by the Spaniards soon after the discovery of America? That most probably the earliest domesticated turkeys were taken to North America by colonists from Europe, and by 1865 the original Mexican stock was known in England as the Cambridge bronze; there were also Black Norfolks, Whites, and Fawns (buffs). The size of the American Bronze, imported when the demand was great for a large bird, is now unsuited to small incomes and families of today, and the older European varieties have again come into their own.

*Reprinted from the Hospital Bulletin

PERSONALS

Marian H. Wilson enjoyed a Bus trip to Minneapolis, to visit her sister.

Miss Elizabeth Price has returned to the Club from her summer at the Fresh Air Home in Southampton.

Miss Elizabeth Richmond has returned to the Club for the winter.

Miss Lillian Mackay, class 1917, visited friends at the Club recently.

Dr. Anna Young is stopping at the Club for an indefinite time.

Marjorie Weismiller has gone to New Paltz to spend the Christmas holidays with her parents.

Miss Ella Rogers has recently returned to the Club from California, where she has been for the past year.

Cora Long is spending the winter at the Club.

Theresa Carpenter is visiting her brother at Hague, N. Y.

Helen Bates expects to be at her home in Granby, Conn., for the Holidays.

Sympathy

Our deepest sympathy is extended to Miss Ada Anderberg in the loss of her mother.

A FIRST-YEAR RECORD OF NOTE

(WE NOTE WITH INTEREST THE FOLLOWING NEWS ITEM WHICH APPEARS IN THE NOVEMBER 11 ISSUE OF "EQUITABLE AGENCY ITEMS."—CONGRATULATIONS.—ED.)

On October 1, Elizabeth Bower (Devitt Agency, New York) completed a first-year record which should be an inspiration to all new agents. In spite of the fact that she spent three months in Maine this summer, her earnings over the entire period averaged \$50.35 each week! These commissions came from the volume she built up—\$177,000 on fifty lives. Each interview, her records show, paid her \$8.86; and each call, \$5.45.

Part of Miss Bower's success is undoubtedly due to the close check she has kept on her work. She knows the value of making every hour count, and has the enthusiasm and the ability to see that it *does* count.

Among her clients are Vincent Astor; Dr. Herbert Gasser, newly appointed director of the Rockefeller Foundation; John W. Green, manager of The Breakers, Palm Beach; The Mount Kineo, at Kineo, Maine; and Briarcliff Lodge, Briarcliff Manor, N. Y.

DEATHS

Mrs. Wm. S. Charles (nee Harriet Collins), Class of 1897. Wife of Col. Wm. S. Charles, died May 25th, just three months after her husband.



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ALUMNAE ASSOCIATION
NEW YORK HOSPITAL TRAINING SCHOOL FOR NURSES
Election of Officers, Thursday, January 9, 1936

For President, Vote for 1	For Rec. Secy., Vote for 1	For Treasurer, Vote for 1
CATHERINE HAY	ADA WYMAN	MARY F. HOLLAND
MAUD FERGUSON	HARRIET L. WHITE	MARION WILSON
For Vice-President, Vote for 1	For Cor. Secy., Vote for 1	For Directors, Vote for 2
MARGARET E. WYATT	MARTHA P. CATTELAIN	OLIVE C. McDougall
ELIA DANAHER	LUCY GRAFTON	MARGUERITE PLOW
		FRANCES E. NELSON
		SARAI W. A. LABADIE

N. B.—Mark your ballot with an **X** at the left of the name you wish to vote for or substitute the name of any other person. DO NOT sign your ballot. If vote is to be cast by mail, send same to the Chairman of Nominating Committee, R. L. Deacon, 317 West 45th Street, New York City, not later than January 9, 1936.

DO NOT SIGN YOUR NAME

Enclose Card.

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White

\$6



New York, 36 W. 36th St.
Brooklyn, 322 Livingston
St. and 838 Flatbush Avenue.
Fordham, 2474 Morris Ave. New Rochelle, 545
North East Orange, 29 Washington Place

At this season of the year

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Promoting the action of the skin and lessening the tension in the chest, Antiphlogistine serves to relieve the pain, loosen the cough and shorten the duration of the acute symptoms.

Its timely application may help to prevent or to overcome pulmonary congestion and lessen the danger of complicating secondary lobar pneumonia and bronco-pneumonia.

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No. 596—Double wear, two-ply pre-shrunk Guilford Poplin White Parade Model Princess back, flare skirt \$3.98

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No. 706—Two-ply pre-shrunk Glenrock Poplin, set-in belt, flare skirt. \$2.98

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1501 Guilford Ave., Baltimore, Md.

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Address _____

VOLUME 9

No. 2

The
ALUMNAE NEWS

APRIL, 1936

THE ALUMNAE ASSOCIATION OF THE
NEW YORK HOSPITAL TRAINING SCHOOL
FOR NURSES

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IRENE H. SUTLIFFE

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REgent 4 - 7526

Vice-President

MARGARET E. WYATT, R.N., B.A.....1320 York Ave., N. Y. C.
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LOngacre 5 - 3160

Treasurer

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THE ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

VOL. 9

APRIL, 1936

No. 2

Published Quarterly: January, April, July and October. Sent free of charge to all members of the Association. To others: 15 cents a copy, 50 cents a year.

All contributions should be sent to the editor before the fifteenth day of the previous month.

FRANCES J. COBBAN, R. N., *Editor*

33 Central Park West
SUquehanna 7-5200

Associates

FLORA BERGSTROM
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ALICE HIMES
ELIZABETH PRICE

CHARLES C. MORCHAND, *Advertising Manager*
30 Rockefeller Plaza at 49 Street CIRCLE 7-7706

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In Memoriam

It is with deep regret that we announce the passing of Miss Elizabeth Johnson, '92, who had served faithfully as Editor of THE ALUMNAE NEWS for the past five years. She was an inspiration to all who worked with her, and only those who were closely associated with her can fully realize the amount of time and energy that she so cheerfully gave, as Editor, in order that news of our profession might reach the many members of our big family.

—Editor

A TRIBUTE TO MISS ELIZABETH JOHNSON

When I first met Miss Johnson, in 1931, it was soon after she had become Editor of our ALUMNAE NEWS. She was brimming over with enthusiasm for her new responsibility and asked me to contribute an article. I had little time for any extra activity, but who could resist Miss Johnson's ardor? I answered "Yes" before I could even think of saying "No." The next time I saw her was in St. Luke's home where she spent her last years. During my visit I persuaded her to talk a little about herself.

"Just think! I have been a nurse for forty years! When I was in training there was only one nurse on duty at night for each floor and the two wards and the only time we sat down was when we wrote up the forty-two charts. Since I left the hospital I have always been busy."

Her walls were covered with photographs of young women and lovely babies, all of them patients she had cared for since graduation. She told me of her fondness for the Home she was staying in, and of her good fortune in having been able to obtain a room there.

"But," she added modestly, "that was on account of my cousin, the Bishop of Colorado. One has to have recommendations, you see."

I looked at Miss Johnson's bright, warm eyes and snowy hair, and then I looked at the photographs on the walls, and I could not help thinking that she had many times the worth of a bishop's recommendation in her favor.

She showed me her marionette-like paper dolls of which she had sold 300 since she first began to make them. She said:

"Don't you remember the little theater I had at the hospital fair in 1915? I played them from morning to night and made \$50 for the Pension Fund."

Miss Johnson had a superabundance of energy and enthusiasm, and used her abilities in serving others. She always seemed to know the right word to say to those who needed her. Her favorite activity was our ALUMNAE NEWS, and Mr. Charles Morschand—the publisher—more than once commented on how precise and prompt Miss Johnson was about all of her work. I have visited her when she was down in Miss Kirchhoff's room getting the NEWS ready to go to press. Miss Kirchhoff used to help with the typewriting and Miss Johnson was briskly sorting, arranging and marking the various items.

Then came that last day when we went to the services in the chapel of St. Luke's Home. Some of Miss Johnson's special protegees were there. Someone said to them, "You have lost your friend," and they answered:

"Yes, a *real* friend."

—*Ester Anderson*

* * * * *

In St. Luke's Home lived another nurse—not a graduate of N. Y. H., but a close friend of Miss Johnson, who, by her faithful assistance in typewriting copy for the News has a claim upon our gratitude. Miss Kirchhoff has asked if she might contribute a few lines in testimony of her regard for Miss Johnson. We are only too glad to have an opportunity to thank Miss Kirchhoff for her valuable services in assisting Miss Johnson in her work as Editor of THE ALUMNAE NEWS.

* * * * *

Appreciation

Early in January, 1936, Miss Johnson went to the New York Hospital for treatment for colitis, from which she had suffered for some time. We had not thought it serious, and because of the very stormy weather did not at once visit her. This we shall remember with lasting regret, for within four days she had gone forever from our sight. Even now it does not seem possible that her bright and helpful presence has left us.

Miss Johnson was a most capable woman, but, much more than that, was ready at all times to be of service to anybody, in any way that offered. To her friends she was the spirit of loyalty and devotion.

She had the true nurse's instinct, and lived in reality what Saint Ignatius prayed for: "She gave and did not count the cost; fought and heeded not the wounds; toiled without seeking rest, and labored without asking any reward save that of doing God's will."

We believe she has her reward and has found peace and rest at the last.

Annie E. Kirchhoff, R. N.

* * * * *

Interested and Busy to the Last

I want to express my regret at the passing of our Editor, Miss Johnson, and to say just a word about working with her.

I had a long evening with her in her room at the time the Hobby Show material was being published. She had hoped to put on a Mother Goose Pageant for the Alumnae Service Fund, and had asked me to help with the back stage work. Towards the end of November we were both much more limited as to activities and I suggested that we drop it because "there was no telling what might happen to either of us by the end of January."

One morning in January Miss Johnson called me from the Alumnae Sick Room and asked for something to read. She wanted the material for a Mother Goose pageant which I had kept on file. She seemed a little drowsy, but said she would look it over. She died the same night.

So you see one of her last thoughts was for the Alumnae and its work.

Flora Jo Bergstrom

WHAT DOES OUR ALUMNAE ASSOCIATION MEAN TO US?

The first nurses' alumnae association in America was born soon after a memorable convention of Superintendents of Training Schools held at the Chicago World's Fair, in 1893, and from that day there began a great movement which soon spread throughout the entire country and made itself known over the entire world.

One of the objects of this notable gathering was to elevate the nurses' calling to the level of a "profession", where it now stands, but it was generally understood by eminent authorities that a "profession" recognizes the necessity for post graduate study. So well was this understood that, shortly after that memorable gathering in Chicago, Teachers' College (Columbia University, New York) announced that it was prepared to give certain courses to graduate nurses, and it is very edifying and inspiring to read that, at about the same time, various alumnae associations throughout the country arranged for post graduate courses on topics related to nursing and given by prominent lecturers in their respective cities.

So that, from that great day, when the first nurses' alumnae association came into being, it has been fully realized that an alumnae association can be a great force in the professional, cultural and personal development of its members.

You and I have many more opportunities for development than those inspired women of fifty years ago, and many of these opportunities are within the reach of all branches of the nursing profession.

The influence of our alumnae will be felt by our graduates only in so far as we *will* that influence to be felt. But with the will must go our own physical presence at alumnae meetings. An organization cannot be kept alive and powerful by absent treatment. Our "Alumnae" represents the expression of the will of its individual members, and if we will to stay home instead of attending meetings, we cannot expect our Alumnae Association to flourish and bear much fruit.

People will not take an active interest in us if we are only negatively interested in ourselves. These are the days of *positive* action—*positive* health—*positive* endeavor in every kind of way.

Don't let us stay home and wonder what is going on at the meeting, but let us go to the alumnae meetings and help to do something *constructive*.

There are persons whose idea of health is so negative that they think they are in good health as long as they are not actually sick in bed. If they are in a horizontal position, they are sick; if they are perpendicular, they are well! We are afraid some of us are in a horizontal position (probably reading a book) when others are present at meetings.

Have you paid your alumnae dues?

Alumnae dues are payable on January 1, every year. Members are asked to pay their dues without waiting to be billed. Have you ever stopped to think of the enormous amount of time our long-suffering Treasurer has spent, year after year, prodding tardy members to pay

their dues? We are not being asked for a donation. We are only asked to pay our dues to the organization which works for us, plans for us, thinks for us, probably prays for us, worries over our troubles, sympathizes when we are sick. It is *your* organization.

Our Treasurer goes home at night, after a long day's work, and, when she would like to relax and read, see a friend, or go to bed, she must sit behind a veritable mountain of bills which she must somehow or other address, seal, stamp and mail to us. Let us remember the years of work Miss Holland has cheerfully given to our alumnae, the hundreds of meetings she, as Treasurer, has attended while we were in bed or at the movies, and let us pay our dues every year on the first of January without giving her the trouble of reminding us.

Any contrary minded?

We hope we hear silence.

A NURSING SERVICE FOR NURSES *

Carolyn E. Gray, R. N.

*An Interesting Account of a Work in Which Two
N. Y. H. Nurses Are Engaged*

The friendly, efficient, sympathetic, but unobtrusive nursing service of the New York Chapter of the American Red Cross is unique. It exists to serve nurses, primarily those who are away from home, who are without close friends, or who need a type of service not readily provided by other agencies. Its charming and hospitable offices are in the beautiful chapter building at 315 Lexington Avenue, New York City, which was made possible by a generous bequest.

It is estimated that there are more than 400 sick nurses in New York at all times. A pertinent question is, "How are they cared for and by whom?" Many of them, of course, through the normal channels of the institutions with which they are affiliated. But New York, center of some of America's earliest schools of nursing, has many older nurses. During the depression some of them lost the savings of a lifetime; others, because of low incomes and lack of a Harmon Association or other opportunities for building up annuities in their earning years, have but meager incomes. Upon such, illness falls as the ultimate tragedy. Then too, among the younger group there are many who are far from their own homes and others to whom, as one of their number put it, "Home is wherever we hang our hats."

This nursing service is widely known, not only throughout New York, but throughout the world. Superintendents of nurses call upon it for assistance in solving such problems as finding suitable accommodations for convalescent students or graduates. Nurses still in the heyday of their practice refer their less fortunate friends to Florence M. Johnson and her staff, secure in the knowledge that any personal problem of any nurse will receive a sympathetic hearing and that a wise solution will be found. Probably no other nursing office in the world has dealt with so many intricate and unusual personal problems.

* Reprinted from the *American Journal of Nursing*, Vol. XXXV, No. 11, November 1935.

Working with Miss Johnson are Miss Catherine Hay (New York Hospital), Frances E. Bell, and Annie M. Thomas. These three nurses are assigned generous portions of the city as districts for which they are responsible and calls are assigned accordingly. It is obvious that they cannot do bedside nursing, but they make every effort to see that medical and nursing care are provided and render all the other services that the best and most intelligent friend could give in time of need. I use the word "intelligent" advisedly for these nurses have an extraordinary and exhaustive knowledge of the resources of the city and of the service each and every agency for human help and betterment can render. They know the hospitals intimately and have a working knowledge of their personnel that is very helpful. They know which sanatoria have beds for nurses and which "homes" may have vacancies. They know where the endowed beds for nurses are located, which hospitals make concessions in their rates, and which alumnae associations can be depended upon to help the graduates of the school. Moreover, their attitude always is, "What is the best that can be done for *this* nurse?" No problem is considered insoluble and no effort is too great to find the solution. Faith, knowledge, and ingenuity such as theirs does seem to enable them to tap unexpected resources.

The services which these Red Cross nurses render may be listed as follows:

For those not sick in hospitals

1. To see they have necessary care, such as doctor's advice, suitable diet, et cetera.
2. To arrange for admission and transportation to hospitals.
3. To relieve loneliness for those away from home.

For those sick in hospitals

1. To report conditions to members of family and friends.
2. In critical illness to keep in close touch with the case.
3. To attend to the laundry.
4. To give up rental of room and arrange for storage of things if illness is prolonged.
5. To accompany home on discharge from hospital.

For those needing treatment at clinics or doctors' offices

1. To arrange for x-rays and prompt dispensary examination.
2. To remain during minor operations and see that the patient gets safely home.

* * * * *

This work has never become stereotyped. Each individual's problems are studied as if they were the most important problems in the world and as if the patient were a relative needing help. This explains their plan of keeping secrets, *secret*.

Those who know Miss Johnson and her staff understand why this is so. She is one of the most capable and best-loved nurses in New York. A graduate of Smith College and of the New York Hospital School of Nursing, Miss Johnson's professional experience includes a long period in charge of the medical department of Cornell Clinic,

work with the Association for Improving the Condition of the Poor, and as Director of the Social Service Department of Harlem Hospital. Miss Johnson resigned her Harlem position to become an instructor in the Department of Nursing and Health at Teachers' College. It was here that the writer first came to know her; her reputation among the students was that she could always be counted on to help them out of difficulties and without blaming them for getting into them!

She was called from Teachers College to the Atlantic Division of the American Red Cross in early 1918. This position called for idealism and administrative ability of a high order, as well as courage and an understanding tolerance toward people of many minds. The Division had previously organized the work incident to the mobilization, equipment, and the embarkation of nurses for overseas service. Miss Johnson won the love and admiration of many of the 10,000 for whom she was responsible because of the personal quality of her interest in their welfare. In all parts of this country are overseas nurses who remember her as the friend who saw "Our Unit" off and welcomed it home. In many other countries, too, there are nurses who were welcomed to our shores by Miss Johnson and were bidden Godspeed when their periods of study and observation were over.

The return of nurses from war service meant a new set of problems, of adjustment, of placement, and some of long continued illness. How heroically and constructively she measured up to this task is part of another story.

When the Atlantic Division was reabsorbed by the National Red Cross Headquarters, Miss Johnson became Director of the Nursing Service of the New York Chapter of the American Red Cross. In this capacity she has fostered the nursing and social service for nurses which I am trying to describe, has carried the detailed work of secretary of the Local Committee on Red Cross Nursing Service, and has participated cooperatively in many of the other activities of the Chapter.

One of the qualities of successful leadership is the selection of co-workers with sufficient likemindedness to share the leader's enthusiasm for the service and capable of carrying on and cooperating happily. The nursing staff of the New York chapter is an outstanding example of just this. All three are graduates of schools of nursing in New York City. All are energetic women of ripe experience. Each of them saw overseas service in the Great War.

Miss Thomas, the senior in service, has a rich background of private duty and hospital social service. Miss Hay's experience has been in various types of public health nursing; Miss Bell's, institutional and public health nursing. The latter two were members of Miss Johnson's staff in the Atlantic Division in the postwar years. The service has had much assistance from volunteers, both lay and professional. One modest nurse volunteer has for years given a many-sided devotion and service to the sick and lonely which is beyond price.

The Red Cross chapter not only provides the office space and pays the salaries of the nurses. It contributes each year to the upkeep of

Nurses' House at Babylon, Long Island, and thus has a voice in its management and is able to have nurses entertained during convalescence at reasonable rates.

No other Red Cross chapter has as yet established a service comparable to this. Is it, perhaps, because the sympathetic imagination and social service experience of a Miss Johnson has not been available? But we must remember that in the last analysis what the Red Cross is able to do depends upon the support which it receives from folk like you and me. Certainly every graduate nurse should be an enrolled Red Cross nurse and both students and graduates should renew their membership at every annual Roll Call.

Miss Johnson and her staff have a special *social service fund* which they use to meet the financial emergencies which have been especially numerous and pressing during the years of depression. This fund exists by the grace of friends and many nurses who in their time of need have been benefited by it. But much of the time it is like the widow's cruse of oil, too near the vanishing point for comfort or efficiency. Surely the years of the depression have been a long test and nurses, in and around New York especially, might mark the return of better times by contributing to this fund which is so necessary.

New York seems a peculiarly fitting place in which to have developed such a service. A complete history of this gracious service, of which this is but a sketch, must one day be written, for some day we may hope that other cities will duplicate it. In the meantime, the latchstring is always out at this "nursing service for nurses."

THE CLASS OF 1936 PRESENTS—*THE BLUE PLAID*

In 1934 the first edition of *The Blue Plaid* was issued. The second edition will be ready for distribution the first week of June, 1936, but the supply is limited, so reserve your copy now.

The cover will be made of the dear old blue plaid of our uniform, and will have on it a gold seal, making it even more New York Hospital in appearance than was the very attractive blue and silver of the previous edition. It will contain photographs, snapshots, group picture of administrative and student bodies which were taken in various corners of the Residence (clever thought of Miss Costa, for we have pictures serving a double purpose). There will be students' pages with gossip of training days and news of administration and school activities, and the feature will be "Our Twins". You know, since Misses Irene and Ida Sutliffe entered, no twins have been in our school until this class. These girls, Elizabeth and Katherine, bear the well known name of "Halsted", though they trace no relationship to our Dr. William Halsted. It was Elizabeth who won the contest naming the Year Book *The Blue Plaid*, and who is the present assistant business manager.

The editors and managers and other staff members have worked very hard, (as who doesn't on any publication?) and we know that

their book will be complimentary to their effort. They have a way of turning out a grand result when they start anything—these youngsters. Assure them of your support by your subscriptions!

A Committee will again be our guests at the April Alumnae meeting to take subscriptions during our social hour and meet members who could not be present on that terribly snowy night in February.

Orders may be given at any time to Miss Himes, at the Club, or Miss Bergstrom, at the Hospital Nurses' Residence.

Mail orders may be sent to Miss Alice Himes, 317 West 45th Street, New York City; Miss Ruth Johnston, Business Manager, or Miss Flora Jo Bergstrom, 1320 York Avenue, New York City.

A deposit of one dollar is required, with balance due on delivery, or the two dollars may be paid in full.

THE WEARERS OF THE BLUE PLAID

They come, as the blue and the white of the sea,

Wave after wave, young women who be

As gay with life's laughter, hopes fair and high,

As careless of age as you were, or I

Yet some hear a call—whence does it come?

"Do I travel afar? Is it here? Where is home?

The future is calling—Strong of heart and of nerve.

I will climb and will conquer; above all, I will serve.

How fortunate they who, flushed with their youth,

Serving and loving, learn of the truth

That life is made up of evening and morning,

Of giving and taking, and babies aborning.

Each learns, on the way, though spirits be bold,

Life's story may not for the asking be told.

They ever walk onwards, where others have trod;

Their feet sometimes know they are on hallowed sod.

Who shall tell of the wind where it blows,

Or the river that flows to the sea, where it goes?

Not all did great deeds, and none fought with steel,

But they spoke the words that the lowly can feel.

Our lives to our neighbors all have meant,

For good or ill, an argument,

But each, as she journeys, hears from the skies:

"Now go thy way, and do likewise."

—F. J. C.

OVERHEARD AT THE HOSPITAL

" . . . and you should have eight hours of sleep."

"Well, I get eight hours of sleep each night . . . almost."

Peg Wyatt took the joy out of life by insisting upon trying on her gown just before giving a recent demonstration. The sleeves were firmly sewed together! Suppose she had *not* tried it on! But Peg always practices what she preaches.

DOCTOR HITZROT APPRECIATED

The Medical and Executive Staffs of the Manhattan General Hospital invited many friends of Dr. James Morley Hitzrot to a dinner in his honor on January 23rd, 1936, at the Hotel Pierre, Fifth Avenue, New York.

Judging from the number who attended, as well as the excellent addresses delivered by Dr. C. S. Lowsley, Dr. Charles E. Farr, Dr. Pol N. Coryllos and others, those of us who had the privilege of working with Dr. Hitzrot at the old New York Hospital, and later, at the Manhattan General, will agree that this testimonial function was well deserved and delightfully planned.

Dr. Pol Coryllos, as spokesman for the Board of Directors of the Manhattan General, paid great tribute to Dr. Hitzrot's splendid service since his affiliation with that hospital, where his colleagues and associates worked so harmoniously that larger quarters were needed. This resulted in the taking over of the ~~Manhattan Maternity~~ Building on Second Avenue at Seventeenth Street and remodelling it to suit the needs of a general hospital. In this connection comes the great compliment paid Dr. Hitzrot, for Dr. Coryllos announced that an operating amphitheatre, with the most modern equipment, was being built and would be named for Dr. Hitzrot.

Lying -

Dr. Preston A. Wade proved a most pleasing toastmaster, taking a wicked delight in turning the tables on the honored guest, under whom he had interned at the old hospital. He frankly advised the guests that it was his intention to do so, and that there was nothing Dr. Hitzrot could do about it but "take it". He was not to be disappointed, for Dr. Hitzrot *did* take it with a keen sense of humor throughout the entire evening's program.

In replying, Dr. Hitzrot stated that, "if he deserved all the nice things that were said about him, it was due to three reasons:

First, a good mother; second, an understanding wife, and third, a definite object in life."

In referring to his earlier days, Dr. Hitzrot paid high tribute to his Chief—the late Dr. Lewis A. Stimson—to Miss M. H. Jordan, formerly Directress of the New York Hospital School of Nursing, and to Miss Isabelle J. Walton, formerly in charge of the Out Patient Department. Dr. Hitzrot said that the subtle manner in which Miss Walton managed to get things done in the way she thought they should be done, without appearing to boss the job, together with her unfailing humor, were a marvel to those who had the good fortune to serve with and under her.

The New York Hospital School of Nursing was represented by the following graduates:

The Misses Lydia E. Anderson, Minnie H. Jordan, Mary Beard, Anna L. Reutinger, Sarah E. Moore, Elsie Davies, Catherine Hay, Anna B. Duncan, Nina G. Sinnott, Estelle M. Arthur, Lucy H. Calhoun, Alice F. Monte, V. Ibbitson, M. L. Sheldon, Thelma Suharoff, and Mrs. Van Wagener.

—Anna B. Duncan

164 YEARS AGO*

A meeting of the Board of Governors of the New York Hospital was held at Brocks' Tavern on Monday, the 6th, January, 1772.

"Mr. Hicks having procured a proper Seal for this Corporation, which he produced to the Board at their last meeting, it is ordered that the Treasurer repay Mr. Hicks the cost of the same, and that the Seal be lodged with the President for the time being.

That the Treasurer pay Mr. Watts 6/6d being so much advanced by him to Mr. Charles Merse for engrossing the Charter of this Constitution.

That Mr. Axtell, Mr. Smith, Mr. Ph. Livingston, Mr. Clarkson, Mr. Lott, Mr. Beekman and Mr. Bowne be a Committee to wait on Governor Tryon on Wednesday next, to Request His Excellency that He will be favourably pleased to recommend this Charity to the General Assembly at their next Session and to request their Aid and Assistance towards the support and maintenance of the Hospital — That if called upon by the Governor, Council and Assembly, or either of them, they attend, and in general do and transact such business as may be judged necessary and beneficial to this institution, and to make their Reports accordingly."

THE FIRST PATIENTS

On July 12, 1776, the lower part of the Island of Manhattan was tense. Shore batteries had been installed along the North and East Rivers, fortifications had been thrown up, not the least of these being the redoubts and counter-scarsps surrounding the New York Hospital.

His Majesty's fleet had anchored in the harbor and a clash was inevitable. In the afternoon of that day, three ships slipped their cable and sailed up the North River. The shore batteries and the forts opened fire at once, but the gunnery was so unskillful that the progress of the flotilla was not checked.

The British firing was not effective and it appeared that the Colonists would emerge unscathed, when there occurred one of those cruel accidents so common in warfare.

A gun was loaded, but as its bore had not been properly cleaned after the preceding salvo, the charge burst prematurely, scattering death and havoc among the gunners.

The wounded were evacuated to the New York Hospital close by, and thus became its first patients, an honor which they probably did not appreciate.

Contemporary letters tell of the fortification of the Hospital and the engagement with the British fleet.

That the Society of the New York Hospital has survived in substantially its original form through the long years from 1771 to the present day, may well be considered remarkable.

Through all the period of the War the Governors kept in touch with each other, met whenever possible, clung to their purpose. War or no war, there would one day be a Hospital in New York.

Solomon Browne, M.D. to Miss Sally Browne
General Hospital, New York

Dear Sister Sally;

July 13, 1776.

I suppose you will have heard before this reaches you, that Ye Fleet has arrived here, and lies in fair view of Ye City.

Yester-Afternoon two Ships and three tenders came to sail, and stood towards Ye City. They had not got fairly within Shot before our Forts and Batteries began to fire at them; and what was mortifying, they kept steadily along seemingly regardless of our constant fire, till they got almost abreast of our Works; then gave us a few passing Broadsides, and with a fine Breeze, sailed stately up North River, I believe unhurt by us.

But, shocking to tell, we had six fine fellows killed & 4 or 5 wounded at our Grand Battery, thro' mere Carelessness or Ignorance. For, neglecting to swab Ye Cannon at all, or doing it improperly, the Cartridges took fire, and Ye fatal Accidents ensued.

The Wounded were brought to Ye Hospital. . . .

I think our situation as much exposed as any in the City".

"New York Hospital Bulletin".

Earliest history of N. Y. Hospital, discovered by the late Mr. Crane.

**WANTED BY THE LYDIA E. ANDERSON LIBRARY
1320 York Avenue**

The 1917 issue of the *Standard Curriculum for Schools of Nursing*, published by the N.L.N.E. We shall be glad to purchase it. Copies of the *American Journal of Nursing*, prior to 1911. Copies of the *Alumnae News* prior to 1908. Copies of the Reports of the New York League of Nursing Education, early and recent. Copies of Reports of the Grading Committee. Copies of the Horner Report. Copies of Class Books. We have on hand the 1929 and 1930 publications of "The Chart", but no evidence of earlier class books, and we know that some of the classes did have them. Historical material relating to medicine and nursing in the New York Hospital. Current newspaper clippings for our scrap book; also snap shots.

**THE COMMITTEE ON PUBLIC HEALTH, DISTRICT No. 13
New York State Nurses' Association**

This new Committee, under the Chairmanship of Miss Lily Harman, has been appointed "to be responsible for promoting and arranging Health Consultation Service of the Association."

It shall keep association members in touch with the latest developments in Public Health. It shall promote and arrange for Membership in the three cents a day hospital service plan."

Mrs. Louise Lincoln, NYH 1934, is Chairman of the Alumnae Committee on Public Health, and our representative to the District. She will gladly give information to anyone desiring it.

The Committee emphasizes the importance of periodical health examination and will give the names of two physicians who will give complete physical examination at a nominal fee. The District Office, 132 East 45th Street, New York City, care of Miss Clare Casey, Executive Secretary, maintains a file of useful and interesting information regarding Public Health and is building up information about the three cents a day hospital service plan. The file is available to all members for reference.

A GIFT

A copy of "Harper's Magazine", dated July, 1878, containing a contemporary account of the New York Hospital, was presented to the Society of the New York Hospital by Miss Marie L. Troup on January 26th, 1935. It was obtained from a dealer in old books near Broadway and Eighth Street, New York City.

Children's White Plains Branch of N. Y. H. Closes

Owing to the present economic situation, the Hospital has temporarily closed its *Convalescent Hospital for Children* (originally known as "Campbell Cottages") in White Plains, N. Y.

A HOSPITAL LAMENT

We could live with perfect ease, but for the *keys*—the nurses as they rush about, their starched aprons standing out, all have *keys*; in fact one needs but to sneeze to rattle *keys*. Through the door we cannot squeeze without *keys*. People come and people go, each one hurries away so—with her *keys*! 'Twould be nice if we could please forget the *keys*! One can roast and one can freeze, but one needs *keys*. Going outside for a walk, coming inside just to talk, requires *keys*. The very music box can tease, for even it possesses *keys*!

DO YOU KNOW?

That the Old Rocker is distinctly an American invention? There is one style of chair that is distinctly American—the rocker—asserts a writer in the *Cleveland Plain Dealer*. For a long time furniture men credited Benjamin Franklin with having invented it, until some one unearthed a bill for "rebottoming a rocking chair" thirteen years prior to the existence of the Franklin chair.

The rocker was introduced into Europe from the United States in 1840.

Curiously enough rockers were quite the thing in theater boxes seventy-five years ago. Lincoln was seated in a rocker the night he was assassinated at Ford's theater. This style of rocker was thereafter copied and known as the "Lincoln rocker."

While the rocker has gone out of style, more or less, the Colonial rocker is still being manufactured.

Speaking of chairs, it seems that each interne of the New York Hospital, on completion of his term of service, is presented with a desk chair on the back of which is carved a facsimile of the Hospital Seal.

* * * * *

And did you know that dogs have *mumps*? You don't believe it, but they do! Read this, and believe:

"Oshkosh, Wis., March 4 (Associated Press)—A new version of the faithful dog was portrayed by "Bing", a fox terrier, today.

"Viola Kippa, the dog's eleven-year-old owner, developed mumps, and betook herself to bed. Bing followed her. He now has swollen jowls and nearly closed eyes which physicians say indicate that he has loyally contracted the ailment."

—*New York Herald Tribune*, March 5, 1936.

* * * * *

And did you know that the kind of collar a physician wears may signify something of importance? A physician recently remarked to us that he likes to wear a high, stiff collar, because it "gives him something to strain against".

Well, during this long depression, we don't seem to have felt the need of a particularly high stiff collar. Some of us haven't had any collars at all!

* * * * *

And did you know that there are approximately 100 varieties of gainful occupation for which nurses are eligible? Many of them require special training, but it shows us how the nursing profession is marching on.

IMPORTANCE OF HAVING A HOBBY

Fully realizing the tremendous importance of having a variety of interests in life, and the need for mental, as well as physical recreation, we asked one or two of our nurses what their hobbies mean to them. Here is what Miss Verna Smith, a veteran stamp collector, tells us.

And mind you, it was only a very short time ago that we, ourselves, thought we could never be in the least interested in collecting stamps. Miss Smith spent a week with us, up in the woods, in our log cabin, and has quite changed our mind.

"From a *personal* point of view, my hobby is a great friend and companion. It takes me completely out of myself after a hard, trying day. It sometimes has almost the effect of a little vacation.

From a *social* standpoint, I find that my interest in stamps opens up wide avenues of access to new acquaintances, and each new acquaintance means a new experience—something new to think about. I may *begin* a conversation about stamps, but I always *end* in learning many interesting things about my new acquaintance. Sometimes it leads to valued friendships.

Every time a new stamp is issued it marks an event or epoch in history—possibly a great achievement by air or sea, or some great invention or discovery. I find that I want to learn more about these people and their country, and I am constantly adding, in a fascinating way, to my knowledge of history, geography, noted people and events.

That is what collecting stamps does to me—and for me.

—Verna C. Smith

I REMEMBER

When I trained in the Hospital it was vastly different from the one *you* knew, although it was in the same building.

We had no nurses' home, and no Private Patients' Building. The junior nurses lived in houses across the street, and when we became seniors we were promoted to living in the hospital, three in a room, under the solarium. When the Hospital built a real Nurses' Home, and we saw you young people coming to a single bedroom, with a living room for *every two nurses* we certainly did envy you. All New York envied you!

The Van Buren place, across the street, which we all know so well, used to be called an "estate", and they had a cow and chickens. Almost adjoining the Van Buren place, and on the corner of Fifth Avenue and Fifteenth Street, was the old Union Club. We used to see the men drive up in carriages, and we used to look over and see them in the dining room, feasting on luscious big dinners.

There was no Private Building, in those days, and the few private rooms were off the main corridor, all the way from the children's ward to Mr. Ludlam's office. Of course all of these rooms faced the courtyard, and all the private patients used to complain about the noisy wagons and the clattering of horses' hoofs in the yard. So you see there were noises in New York, even in those good days.

I'll never forget the bazaar we had for one of the "Funds" (Sick Fund, or furniture for the "Club" — I forget which). I went as a fortune teller. (Do you remember how I used to read everybody's palms?) I made great preparations for my booth at the bazaar, and had the use of that little room at the top of the little narrow stairway off the corridor in the Nurses' Home. I got all kinds of Persian wraps and rugs, and bedecked myself and that little room until you would never have recognized it—or me!

I charged two dollars to tell a fortune, and how those two dollars did roll in! Lots of people had no idea who I was.

Well, along came *Dr. Hartley*, as innocent as could be. I looked very solemn and knowing, and then told him everything I had ever heard about him! It was marvellous to see that great surgeon look blank! The man who was called "The Wizard" all over the continent looked as amazed as a little child.

When I finished he rose and gave me several times the two dollars asked, and went down the stairs in a kind of daze. The news spread like wildfire, all over the bazaar, but not a soul would give him the slightest inkling as to my identity. Every few minutes he would come and stand at the foot of the little stairway and look up at me, and I would give him a kind of high sign with an oriental gesture, and he would walk slowly away, looking more puzzled than ever.

Exchange those old days for the new? In some ways, yes, but in others, not for all the two dollars in New York!

—Elizabeth Price

SCHOOL OF NURSING

Through the generosity of a friend of the New York Hospital School of Nursing, a scholarship Aid and Loan Fund was established in 1933, to give financial aid to students.

This fund has been augmented by contributions procured by thorough activities of the New York Hospital Nursing Staff and the New York Hospital School of Nursing Alumnae Association, and by contributions from other sources. The committee administering the fund is making every effort to increase it so as to meet the demands of students seeking financial assistance so they may continue their courses of study.

One of the projects by which the committee hopes to make money is to sell china, attractively decorated with a border and the New York Hospital seal in blue, which should be of great interest to all New York Hospital people. At present only a few pieces are shown but orders will be taken for pieces as desired.

Mrs. Paul A. Dineen, Chairman of the Gift Shop of the New York Hospital, has kindly offered to display and sell the china at the Gift Shop. Even a small purchase will mean a contribution to the Scholarship Aid and Loan Fund, and will be far reaching, because this fund makes it possible for many young women to continue their work with less mental and physical strain.

Since the establishment of the fund eight students have been given aid on the basis of a rating of B or better in nursing practice and in class work.

A series of meetings on *Community Health Resources* is being held in the auditorium of the Nurses' Residence. It was planned especially for the graduate staff but is open to students and to any others who are interested.

NOTICES AND ANNOUNCEMENTS

Alumnae Association

The Alumnae Association will hold its next four meetings on the following dates:

- | | |
|---------------|-----------------|
| March 12..... | at the Club |
| April 9 | at the Hospital |
| May 14 | at the Club |
| June 11..... | at the Hospital |

Baccalaureate Services will be held at the Nurses' Residence
May 31, 1936, at 5 o'clock.

All graduates of the N. Y. H. are invited to attend.

Commencement Exercises will be held at the Residence
June 3, 1936, at 4 o'clock.

Graduates wishing to attend in class groups (in uniform) will assemble at a place in the Residence to be designated by the Information Desk.

* * * * *

The February Meeting

Someone has suggested that a "verbal medal" be bestowed upon those members who ventured out in the blizzard on the night of February 13th to attend the Alumnae meeting at the Hospital. Well, we enjoyed it, and quite a few members were present.

The Class of 1936 were gracious hostesses. It was nice to become acquainted with them, and as we looked at the familiar blue plaid it almost seemed as if we were beginning all over again.

At the close of the meeting little blue and white pin trays were sold, the proceeds to go to the Students Scholarship Aid and Loan Fund. We also had an opportunity to place orders for the Year Book of 1936. This is only the second annual publication of *The Blue Plaid*. (Last year's issue seems to have forgotten all about its birthday!) Some day these early annuals will be precious in the history of our alumnae.

Among student nurses present were Elsie Bohnel, class president; Jaunita Costa, editor of *The Blue Plaid*; Ruth Johnston, business manager of *The Blue Plaid*, and Elizabeth Halstead, assistant business manager, who, by the way, won the contest in naming the original Year Book.

Congratulations, Miss Halstead! You could not have chosen a more appropriate, more endearing name.

Miss Johnson, who made the attractive poster, gave an account of the work done by the Class of 1936 on their Book, and had a sample copy for our inspection.

Delightful refreshments were served by our hostesses in the Alumnae Room.

The Board of Governors approved the recommendation of the Executive Director that Dr. R. R. Hannan be appointed Superintendent of the New York Hospital. Dr. Hannan assumed his duties in February, 1936.

Among recent visitors to the Hospital was Mr. Jean Walter, architect of the French Government, which is planning new hospitals, among them a 5,000-bed hospital for the City of Lille. This will include 2,000 beds for old people, to study the diseases of the aged.

—N. Y. H. Bulletin

A letter was received from Mr. Augustine J. Smith, member of the New York Hospital Board of Governors, thanking the Nurses' Alumnae Association for flowers sent to him during his illness.

. . . Again congratulations to Miss Lillian D. Wald, graduate of N. Y. H. and founder of Henry Street Settlement, who has very recently received, *in absentia*, the gold medal for distinguished service to the City of New York, awarded annually (by vote) by pupils of the Abraham Lincoln High School, Coney Island, N. Y. Miss Wald received by far the highest vote.

The medal was received for her by Paul W. Kellogg, editor of *Survey*. More than 1500 persons attended the exercises, which were presided over by Dr. Gabriel R. Mason, principal of the school. Raymond V. Ingersoll, borough president of Brooklyn, who has known Miss Wald for thirty-five years, reviewed her career.

A telegram from Miss Wald read as follows:

"I, for one, have faith that when you give suitable education and direction to students they will find a road to right living and lasting happiness. I am convinced that the broad straight road to happiness, friendship and good engagement of life is assured by service to the many."

MARRIAGES

Mrs. Ruth Lobo (1927) to Mr. Joseph L. Gasteiger, on Saturday, January 11th, 1936, at Armonk, New York.

Miss Elizabeth H. Shaffer (1935) to Mr. Stanley S. Atkins, on October 28th, 1935, at Forest Hills, New York.

NEWS FROM THE HOSPITAL

Miss Elizabeth V. Kribs, 1915, has resigned as head nurse in the Private Pavilion. At present she is taking a four months' course in Henry Street Settlement. . . . Miss Mildred Harrington, 1931, spent the week-end of Washington's Birthday at her home in the Catskill Mountains. . . . Miss Frances McGrath, 1934, recent winner of riding trophies, was obliged to take refuge in the Infirmary because of a

throw from her horse. We wonder whether she received a trophy for this! . . . Miss Marguerite Kilpatrick, 1931, has returned to New York to do private duty. . . . Miss Louise Parente, 1931, is spending part of the winter in Florida. . . . Miss Jet Warner, 1928, is relieving in the Private Operating Room. . . . Miss Ferne Eller, 1934, is now on the staff of the 79th Street Branch of the Visiting Nurse Service. N. Y. H. is well represented there; others on the staff are Ruth Smith, Bernetta Pohl, Harriet Calloway, 1934, 1934, and 1933, respectively. . . . Miss Betty Buchanan left on Saturday to begin her work as general staff nurse at the Meadowbrook Hospital, Hempstead, L. I., where two other classmates, Sylvia Dickey and Alice Margot (1934) are employed as assistant head nurses. . . . Miss Rita Chisholm and Miss Ruth Kurtz (1934) are enjoying private duty nursing immensely. . . . Miss Vivian Brophy, 1934, received a beautiful diamond ring in February. (Doesn't this mean something, Miss Brophy?) . . . We seem to hear the faint tinkle of wedding bells in the distance for Miss Grace Shillo, 1934, who is doing private duty at Manhattan General Hospital. . . . Miss Janet Story, 1934, is very happily "at home" in Rochester, N. Y. . . . Miss Flora J. Bergstrom has been elected Vice-President of the Little Theatre (Y.W.C.A.) for the term 1935-1936.

NEWS FROM OTHER GRADUATES

Miss Lena Hubbard is Night Supervisor at the Club. . . . Miss Anna L. Reutinger is in California. . . . Miss Eleanor McPhedran, '06, has resigned her position in the Alberta Sanitarium, Calgary, Alta. . . . Miss Ada Penchoen has returned from her home in Montserrat, B. W. I., where her property suffered from last year's earthquakes. She has resumed her former position at the Florence Crittenton Home, New York City. . . . We have all sympathized with Mrs. Hosking, who has been a patient in the Hospital for many weeks, following a serious fracture of the lower bones of the leg. We went, personally, to see her several times, and were greatly impressed by her courage and cheerfulness. . . . Miss Elizabeth Price and Miss Belle Seely have been patients in the Hospital. . . . Miss Mary F. Holland is Treasurer of the New York Counties Registered Nurses' Association. . . . There must be a great many of our graduates who are doing and seeing interesting things, attending lectures, hearing addresses made by prominent men and women, making things, acquiring or inheriting something precious, discovering or inventing something, or perhaps planning to become a celebrity. . . . Won't you please let us hear from you? We all want to know what the rest of the family are doing. . . . We have just learned that Miss Bertha Sinnott has gone deeply into Town Hall lectures, this winter, and has found them fascinating and uplifting. Perhaps she will tell us just what these lectures have done for her. . . . If there is anything you think you ought to know, and don't, just call the Library. They know everything! . . . Miss Ethel Robinson and Miss Mabel Tom are on their way home, on furlough, from Union Medical College, Peiping, China. They expect to spend the month of May in New York.

IN MEMORIAM

It is with regret that we learned of the death of Mrs. Kitty Lanier Pool, wife of Dr. Eugene H. Pool, President of the New York Academy of Medicine, and for many years attending surgeon at the New York Hospital. Mrs. Pool had been ill in the Hospital for some time.

Funeral services were held at the Episcopal Church of St. John, of Lattingtown, Locust Valley, L. I. The Rev. Samuel Drury, Headmaster of St. Paul's School, Concord, N. H. officiated.

Flowers were sent by Nurses' Alumnae Association and the Private Duty Section.

A card of appreciation received from Dr. Pool and the Misses Mary and Kathleen Harriman, thanking the Nurses' Alumnae Association and the nursing staff of the Private Pavilion for their flowers and expression of sympathy.

* * * * *

Miss Josephi's many friends offer sincere sympathy with her in the death of her nephew, Lt. John Helms, a graduate of West Point, who lost his life while on duty as an airplane pilot in Government service in California. Lt. Helms was buried with military honors in Arlington.

* * * * *

We learned with regret of the death of Henry W. Crane, for forty-two years Secretary to the Board of Governors of the New York Hospital. Mr. Crane had retired from active service some years ago, but, always interested in the affairs of the Hospital, he spent much time in the preparation of a "History of the New York Hospital." He also discovered some rare old letters and records relating to the earliest beginnings of the Hospital, some of which appear in this issue of *The News*.

Friends and classmates of Mrs. Marie Lucille Heddens, (Lucille Lucas, 1916), wife of Dr. Vernon O. Heddens, will be grieved to hear of her death at her home in Pasadena, Calif., on February 10, 1936.

* * * * *

Sympathy is extended to Miss Helen Bates on the passing of her father at Christmas time; and to Miss Andeburg on the loss of both her mother and sister.

* * * * *

We learn, with regret, of the death of Jean Buckingham (1907), wife of Prof. J. H. White, 75 Browning Avenue, Toronto, on February 8th.

* * * * *

Miss Eleanor Dinehart (1895) died suddenly, at the Club House, on March 11th.

What Do Women Need Most?

Someone has answered this question as follows:- To age 14 good parents and health, until 40 good looks, from 40 to 60, personality, and from 60 ON . . .

— C A S H —

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No. 3

The
ALUMNAE NEWS

JULY, 1936

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THE ALUMNAE NEWS

NEW YORK HOSPITAL SCHOOL OF NURSING

VOL. 9

JULY, 1936

No. 3

Published Quarterly: January, April, July and October. Sent free of charge to all members of the Association. To others: 15 cents a copy, 50 cents a year.

All contributions should be sent to the editor before the fifteenth day of the previous month.

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EDITORIAL

Graduation day was (as it should be) heart warming and inspiring. Faces are always an interesting study, and when we looked into the eyes of the new graduates, as they came down the aisle, we saw much that we had wanted to see—youth, intelligence and expectation. Later in life that look of expectation will give place to one of experience, and that, too, will be written on the countenance; but just now it is expectation.

What do these new graduates expect of life? Freedom from trouble and anxiety? A smooth, wide path? That would not be *living*. No one has really lived who has not walked hard ways and felt a heavy burden on the back, or on the mind. No one has ever been guaranteed a future free of trouble or responsibility. Life cannot sign such a contract.

If once we recognize this law of life we are well on the way to contentment, and we are free to develop a pleasing personality, which is one of the greatest assets in the nursing profession. No one can develop the best that is within her as long as she is fettered by the bonds of discontent, and while personality is one of the greatest things in life, nowhere does it count so heavily as in the nursing profession.

As we look back upon our own student days we recall how we used to study and discuss the personalities of our classmates—probably because we sensed the important part personality was to play in our future.

Even in those young days some of us were a little discouraged because we had not the winning personality of this or that classmate, and some of us distressed ourselves trying to be exactly like them. No one can ever be, feel or think exactly as does her neighbor. It takes generation upon generation to make an individual, and no one can inherit exactly what the ancestors of someone else have handed down to *her*. That is biologically impossible. But we *can*—and *must*, if we are going to be happy—develop the best that is in us, and not try to develop what is not there! The sea of life is strewn with the wreckage of people who have tried to be someone else, and failed. They *had* to fail! They forgot to develop what they really had.

So we hope these young graduates, with expectation in their hearts and in their eyes, will keep before them the picture of those women who have made, and are making so fine a thing of our profession, and will remember that they themselves, of their own free will, have chosen a profession that has *service* rather than *money* for its goal: and we ask these new graduates of the N. Y. H. to remember the beautiful motto which was chosen for us long ago, and for which we have always been grateful:

"Go and do thou likewise."

It was good to see a number of our graduates in uniform at the graduation exercises, but how inspiring it would have been if we had seen 100 of our alumnae in uniform!

On graduation day in our colleges, the procession of graduates, in cap and gown, is a very inspiring sight indeed. Graduates travel from far and near to march in that procession. It is *their* college. Cannot we, also, come from far and near to represent our School of Nursing on graduation day?

Will you be there, next year?

GRADUATION EXERCISES

The Graduation Exercises of the class of 1936 of the School of Nursing of the New York Hospital, took place in the auditorium of the Nurses' Residence on June 6.

Mr. Augustine J. Smith, Secretary of the New York Hospital, made the address of welcome and presented the diplomas to the graduating class. Few, indeed, of our graduates, are not aware of the deep interest Mr. Smith has taken in our hospital, and in our nurses, for many years.

In his address to the graduating class Mr. Smith called their attention to the opportunities they will have to represent their profession and their hospital with dignity, and asked them to be ever watchfully loyal to their country.

Mr. Smith announced that the stained glass Seal of the New York Hospital, which has recently been placed in the auditorium of the Nurses' Residence, was formerly over the door of the Sixteenth Street entrance of the old New York Hospital.

Mr. Smith also thanked the graduating class for a copy of the Year Book which they had presented to him.

The graduation address was made by Miss Isabelle Stewart, of the Department of Nursing Education of Teachers College. We are so fortunate as to be able to print excerpts from Miss Stewart's address in this issue of the "News."

The invocation and closing prayer were made by the Reverend Edward Garesché, S. J.

The Baccalaureate Sermon was preached by the Reverend Francis Urbano, Rector of St. John's Church, Far Rockaway, who chose for his topic, "Service." The congregation took part in responsive reading from that chapter in the Bible which tells of the incident of the Good Samaritan.

*Excerpts from Address Made by Miss Isabelle Stewart to the
Graduating Class.*

This is the month of graduation exercises when all over the country tens of thousands of young people are being advised by their elders how to grasp the opportunities and as far as possible escape the hazards of life in a modern world. These addresses vary a good deal, but there is one note that they all strike, and that is the note of *change*—change

now and more change in the future. According to some the outlook is distinctly ominous; others are quite optimistic. All agree, however, that young people now graduating from high schools, colleges, nursing and other professional schools must be prepared to adjust not only to new conditions of life today, but to a rapid succession of social and economic changes in the future . . .

The nursing activity is probably the oldest health service of any, and next to the actual function of creating life, it is, if we interpret it literally, most essential in race survival . . .

It would not be profitable, at this time, to enter into a discussion of whether the nurse of today traces her professional pedigree back to Eve, the first mother, or the first medicine man. Oliver Wendell Holmes called Florence Nightingale "the noblest daughter of Hippocrates," but it must be remembered that the Father of Medicine was a good deal of a nurse himself, and had a lot to say about bed-making, barley broths, hot and cold applications and the like. My own belief is that the functions of the nurse are better understood if, instead of thinking of her as an offshoot of medicine, we think of her as specializing and professionalizing the health functions, and, to some extent, the educational functions of the mother.

Many people are predicting that, as the emphasis in health work shifts from the curative to the preventive side, nurses will multiply proportionately. We can be sure of one thing, and that is that society will, in the long run, look after its own interests. If any group fails to respond to the demands society makes on it, or if its services prove uneconomical, or inefficient, some other group will be called in to do its job, or its functions will be divided, and two or more groups will be employed to do what one did before. This applies to medicine, dentistry and all the other specialties, as well as to nursing . . .

The survival of the nursing profession and its development in the future will depend, therefore, on the way in which it meets the changing needs of society, and this depends on the ability of the individual nurse and the nursing group to adjust to the new type of society that is emerging, and its new demands . . .

It is easy enough to say that the nurse should adjust herself to the changing moods of society, but she will have to be a "quick change artist" if she is to keep up with the dizzy pace predicted in the years ahead.

What part does the nurse play in this confusing and badly dislocated world? Is she spinning around in the swift currents, or, like Martha, so busy and troubled with the practical routines of the household that she does not even sense the transforming changes that have entered into our common life? . . .

Significant as are the changes in medical practice, they are far less revolutionary than those which have come with the public health movement. Many of us remember the time when every available nurse in the community was pressed into service in the recurring epidemics of typhoid which filled the wards of our hospitals from June to Novem-

ber. This disease has now been reduced 90 per cent or more, and the nurses who fought the old foe at the bedside are now out on the scouting line keeping it and other infectious diseases at bay.

Although health nursing is gaining on sick nursing, there will still be need for both clinical and preventive work for many years to come. With our high maternal death rate, and the rising tide of heart disease, cancer and diseases of the central nervous system, with the infant death rate still far above the irreducible medium, there is no prospect of any large number of nurses being relieved from duty either at the bedside or on the scouting line . . .

Important as all other preventive measures are, . . . it is now generally agreed that the greatest agency in the prevention of disease is education . . .

It is not the nurses' general information which is scrutinized, tested and weighed in the balance by this sophisticated and critical generation. When the trained nurse was something of a novelty the public stood more or less in awe of her and of her special knowledge and skill. Now almost everyone has learned to read a thermometer, put on a bandage, make a square cornered bed and count calories. We shall have to carry a more elaborate bag of technical tricks if we expect to impress patients and their families as did the trained nurse of a generation ago.

Changes in nursing education are bound to come . . . Before very long you will be asking, as your sisters have asked before you: "What is the matter with the young women coming into nursing, these days?" . . . Of course they are not the same. Would it be a good thing for society if the same type should be repeated, generation after generation? The essential thing is, after all, that the nurses fit the requirements of the age in which they live, and adjust as fully as possible to its needs. At the same time we must try to carry on to future generations of nurses the best of the nursing heritage of the past, integrating the old culture with the new knowledge and experience, which is the special contribution of our own day and age.

I do not need to tell you (because you have studied nursing history) the immense debt we owe to those who have preceded us in this field of work. You, in this school, have a specially rich heritage in the great traditions of your hospital and the distinguished contribution of your alumnae. You have been fortunate, also, in your teachers, in the beautiful surroundings in which you have lived these three years, and the cultural opportunities offered by this great city of New York. Because of all these things we expect more of you than of those less fortunate.

Many people, looking on from the outside, do not understand what we find so attractive in this field of service, and some of them still think that ability and education are excess assets, and possibly even encumbrances in this vocation . . .

Don't let anyone give you an inferiority complex about nursing. The fact that this calling attracts and holds such able and distinguished women as your own Irene Sutliffe, Annie Goodrich, Mary Beard, Lillian Wald, Lydia Anderson and Minnie Jordan, not to mention out-

standing women from other schools, such as Adelaide Nutting, Lavinia Dock, Mary Gardiner and Clara Noyes, is proof that there are big possibilities and rich satisfactions inherent in it, even though we have never been able to realize all of them . . .

Florence Nightingale, looking forward at the end of her life, and backward at the great achievements of her own generation, said:

"We are still on the threshold of nursing." We would have to say the same thing today. The more experience we gain, the more progress we can make.

HYMN OF THE SCHOOL OF NURSING

Who is thy neighbor? He whom thou
Hast power to aid or bless;
Whose aching heart or burning brow
Thy soothing hand may press.

Thy neighbor? 'Tis the fainting poor,
Whose eye with want is dim;
O enter thou his humble door,
With aid and peace for him.

Thy neighbor? He who drinks the cup
When sorrow drowns the brim;
With words of high, sustaining hope
Go thou and comfort him.

Thy neighbor? Pass no mourner by.
Perhaps thou canst redeem
A breaking heart from misery.
Go, share thy lot with him.

TRIP TO CALIFORNIA

We have just received a most interesting letter from Miss Grace Roberts, who has recently returned from a delightful and absolutely non-professional trip to California. Miss Roberts knows the value of mental recreation, and has a gift for grasping each opportunity that passes by.

Graduated from the White Plains Hospital, which affiliated with the New York Hospital, Miss Roberts was for several years on the staff of Campbell Cottages—the New York Hospital's convalescent hospital for children in White Plains—so that her many friends will enjoy reading of her trip.

"One evening, late in the fall, I came home to my room and found a surprise package—a beautiful new suitcase. Now what could I do with a new suitcase except go travelling with it? My sister—on sabbatical leave—and a friend had just decided to take a trip to California, and as I gazed upon the new suitcase the idea of accompanying them suddenly occurred to me, and quite as suddenly completely overcame me.

Within a few days we found ourselves out to sea aboard the *S. S. Pennsylvania*, of the Panama Pacific Line. We watched the pilot leave and saw the beautiful sky line of New York fade. For the next few hours we were very busy making arrangements for our places in the dining room, getting our deck chairs placed, and learning where we were to go when the bugle would sound for life-boat drill. And so ended our first day. It was vastly different from that memorable night when our darkened ship crept out of the bay and into the ocean, on our way to "Over There." Each day the air became more and more balmy, and passengers who had come on board attired in the latest fall styles were soon seen in slacks, shorts, halters and what not, sunning themselves on the deck after a swim. We had only one really rough day during the entire eighteen-day cruise, and that was when high winds blew on our third day out. We afterwards heard that hurricanes had swept the Bermudas.

Our first shore day was spent in Havana. The lovely harbor and picturesque city, with Morro Castle always in the background, seemed an ideal setting for the luxury and ease of tropical life. We had a gay sight-seeing trip, taking in Columbus Cathedral, the Maine Monument, gardens, huge tobacco factories, the National Hotel, the shopping center (including some modern department stores), and handsome residences.

The Capitol (the most beautiful building of its kind in Latin America) was built at a cost of \$16,000,000, not including the cost of the great, diamond inlay in the center of the floor at the spot that is the center of the city. The beautiful gem was a gift, but the guide was rather hazy as to some of the details concerning it, which we thought a pity. Many of the buildings showed damage done during the country's revolutions. It is a most charming place!

Our next thrill was passing through the Panama Canal. Everybody rose early and it was exciting to see the boat slowly rise from lock to lock. The shores seemed very close on both sides. It is a far cry from the days of dread disease and the great sacrifices made by brave men in order that the Canal might be built and the land fit for man to live in. On both sides we saw tropical vegetation, velvety grass, green trees and little native dwellings. The government and army buildings, with landscaped gardens, are beautiful.

We made a short stay at Panama and were soon out on the Pacific. The summer heat was a new experience, but the beautiful sunsets were worth it.

The ship's entertainment committee kept the passengers busy with concerts, deck games, moving pictures, carnivals and masquerades. The intensely interesting thing about it all was that we met people from all over the world, and when these carnivals and concerts and dinner parties were over it seemed a little sad to think that we might not meet again.

Speaking of masquerades—not one of our party of three had had the foresight to provide masquerade costumes, and as the day for the dance

neared we were a little gloomy and humiliated. "Oh well," said my philosophical sister, "of course we *could* go as judges. Then we should not need to dress up."

"Oh certainly," I replied. "You two go as judges and I'll stay home and mind the ship."

Would you believe it, on the evening of the masquerade, as we were all three sitting in our stateroom, there was a knock at the door. My sister opened it, and to my utter amazement a young ship's officer, saluting smartly, said:

"Now, Mrs. Davis, we are ready for the judges." And before my very eyes my sister and our friend sailed out of the stateroom with their chins up, and went out to be judges!

We spent a day in San Diego. The harbor is an important naval base and we were greatly interested in seeing the warships and airplane carriers. We saw orchards of citrus fruits and learned something of how this part of the country is irrigated. To pass through the Mexican border we actually had to go through a gate and pay a head tax. We also went to Old Town and Ramona's marriage place, but a fellow passenger spoiled it all by saying that Ramona had been married "all over California!" We visited Los Angeles and Hollywood and saw many of the celebrated actors and the big studios. We were up early to see the Golden Gate, and to me it was too beautiful to describe. We stopped at "No Man's Land" (Y.W.C.A.). Hardly were we settled in our rooms when word was sent up that a man was calling to see "one of our party." We drew lots to see which of us it was to be, and I was the lucky one. I hurriedly dressed in my very best clothes, while the others looked on enviously. I felt that it was only fair that the fates should make it up to me after what had happened at the masquerade, so I went downstairs very majestically, anticipating at least a prince, and found it was a messenger boy with some letters that had been forwarded to us!

We spent a half day at Stanford University and visited Chinatown, and often met friends from the ship. Before long we were in Yosemite Park, but I am as powerless to describe its beauty as I was speechless while I was there. One of our bus rides took us to the land of the big trees. Some of them are 3,000 years old—the oldest living things! We walked through corridors cut through the trees and rode through the famous "Tunnel Tree" in the sightseeing bus, and through a tunnel built through a mile of solid rock.

Regretfully we turned away from the giant redwoods, the mountains and valleys, the deer and the foxes, and returned to Los Angeles. We soon found ourselves in Pasadena, and had (or tried to have) dinner at the Merry-Go-Round, where a moving lunch room on tracks travels slowly all around the room. We saw people putting their hands into this traveling dining room but were too green to know just what they were doing. My sister snatched at something and found she had a bottle of catsup and a pile of bread, while I, to my confusion, discovered that I had snatched only a table napkin and four spoons! After the traveling dining room had gone around some fifteen times, we got a little bite to eat.

We visited art galleries and libraries, orchards and parks, and at last reluctantly left California for Arizona. But when we came face to face with the Grand Canyon we were so overcome by its magnitude and vast beauty that we were absolutely speechless. I have no words that will tell, even in the smallest way, the overwhelming grandeur of that place. We greatly enjoyed a lecture on the canyons by a geologist. We visited the Hopi Indians and the Indian watch tower.

Before we realized it the train was whirling us to Chicago and New York. The hum of the wheels on the track sang of home and family. It was good to see them all again, but now that I am home I am wondering when I shall find another new suitcase on my bed."

—Grace Roberts

THE MAY MEETING

At the May meeting of the Alumnae Association the recently proposed changes in the By-Laws were voted upon.

Immediately after the meeting (which was held at the Club) the members entertained the graduating class. Miss Anna Wolf was present with her new eligibles for the Alumnae Association, and a very enjoyable evening was spent.

NEWS OF OUR ALUMNAE

In honor of Miss Lydia E. Anderson (recently retired), a contribution was made to the Endowment Fund of the Florence Nightingale Foundation of Bedford College, University of London. Contributions were made by the Alumnae Association, the Service Fund, the Second and Third Year Classes and by private individuals. The Alumnae Association also sent a travelling clock and flowers to Miss Anderson who was leaving for California. . . Miss Verna Smith expects to sail on the "Queen Mary" July 8, for England, to visit friends in Sussex and to do considerable motoring through England. Frankly, we envy her! . . Among those in the graduation procession was Miss Myrtle Pelley (1917) who was here from South Africa, on a visit. We hope to hear from Miss Pelley concerning her work in Swaziland and we are glad she took part in the graduation day procession . . . Mrs. Elizabeth F. Harris, (Elizabeth Feagles, 1920) of Denver, Col., has been appointed to the State Board of Nurse Examiners. Her term of office expires April, 1941. . . Mrs. Henry Dunnin (H. S. Foley, 1930) is enjoying an early vacation which includes a motor trip to Atlantic City and St. John's, N. B. . . Miss Winifred Cantwell (1930) spent three days at her home in Roxbury, N. Y. where she made a charming bridesmaid at her sister's wedding. Mrs. Franklin Olcott (Virginia Slaven) has completed a P. G. course in psychiatry and is on the staff of the psychiatric department in Payne Whitney Building. . . Mrs. Edward Hickman (Dorothy Koster, 1930) is now the proud mother of a lovely little daughter. . . Jean Dumas (1930) was recently in New York. . . Ruth Whitney is in Florida. . . Miss Jet Warren expects to spend the entire summer at her home in

Canada. . . Miss Fezer has taken an extended leave of absence to visit her family in Germany. . . Miss Emmet is welcomed back to the hospital staff which she has rejoined to succeed Miss Beach as Supervisor of the Private Patients' Building of which Miss Moffat is head. . . Miss Ethel Robinson (Peking, China) has been visiting the Hospital, and was also in uniform in the graduation procession. . . Miss Creighton and Miss O'Geran have been taking care of Miss Sutliffe during her illness. . . Miss Helen Keannelly has been a patient in the Nurses' Room. . . Miss Bergstrom has been elected editor of the "Little Theatre News," a paper published monthly by the amateur theatrical group of the Y.W.C.A. . . Miss Edith C. Drake has moved to Franklin, N. J. . . We know our Alumnae will be glad (and proud) to hear that Martha P. Cattelain (1925) has received her Master's Degree from the School of Applied Social Sciences, of Western Reserve University, Cleveland, Ohio. Miss Cattelain received her diploma on June 10, 1936.

In our April issue we asked for news of any of our graduates who are doing interesting things that we ought to know, and we hope, in each issue, to be able to pass on some real news. Two very lively items have been received which we are sure will be of great interest to our members.

News comes of an honor bestowed upon Mrs. Evea L. Fisher, (Evea Pennington, 1916) who received a Silver Jubilee Medal from Their Majesties the late King George and Queen Mary of England, in recognition of her splendid services in the Victorian Order of Nurses, in Canada.

The presentation was made on May 6th, 1935, by the Mayor of Dundas, Ontario.

We have very recently been told of a thrilling incident in which Miss Helen O. Morgan (1925) plays a prominent part. It is like an old fashioned fairy tale, only this one happens to be *true*, and is vouched for by Miss Morgan's sister, Miss Evelyn Morgan (1927) and by the Denver "Post."

Miss Helen Morgan enjoys the distinction of being president of a mining company known as the "Record Milling Company," in Colorado.

A few years ago Miss Morgan became private nurse to the late W. A. Ellis, a general contracting agent of New York City. As his health failed to improve, and he was losing his eyesight, Mr. Ellis was ordered by his physicians to Colorado. As his eyesight was almost gone, Mr. Ellis retained Miss Morgan's services, and they went to Colorado where Mr. Ellis engaged a suite in a hotel.

One day Mr. Ellis recalled a claim his father had patented away back in 1879. It was really only *part* of a claim and had long ago been passed by as useless by hundreds of prospectors.

Mr. Ellis mentioned the incident to Miss Morgan who immediately began to make inquiries about the abandoned little claim. It seemed wise to do anything that would be of interest to the sick man.

Miss Morgan became his eyes, old documents were unearthed and records searched, and then Mr. Ellis decided to have a shaft sunk

in the barren little claim. His sick room became his office—and a very busy one—and from there he directed the entire digging, tunneling and developing of the mine.

And a mine it proved to be! Literally millions of dollars worth of gold were dug from it, and with rapidly failing health Mr. Ellis found compensation and pleasure in his last days.

Miss Morgan's services played an important part in this thrilling experience, and with the death of Mr. Ellis the presidency of the company went to her. A good nurse and a fine business woman!

We should also like very much to hear from the nurses who can give us hints on improvised equipment. Don't *plan* to do it, but please do it *now*. Many nurses need what you know.

I REMEMBER

One delightful experience that many of us recall, (and with affection, too) and which the younger nurses have completely missed, is dear old "Hudson Street!" I just can't say the "House of Relief," because did any of us *ever* give it its baptismal name? It was always just "Hudson Street."

Isn't it a *pity* that the younger nurses never knew it, and can never have that experience in their lives? They don't even *know* about it! They have not even *heard* of that part of the N.Y.H.!

Even before my day they used to tell us of the terrible sunstroke summers when they used to have to lay the poor fellows in a row, on the floor, and sprinkle them with the hose, to cool them off before it was too late. How *wet* those nurses must have been towards the end of that performance!

But of course, in my own day, I remember a very great deal, and, wild as it was, it was the most delightful thing in my entire training. I wonder if there is a single doctor or nurse who would say anything different!

I never knew so many things, and so many *kinds* of things could happen in so short a time! Those three months held a world of experience, and how sad we were when our time was up!

I remember the poor Chinese victims of those awful Tong wars, and the ever arriving longshoremen after a fight, or a drowning; and the poor girls that tried poison! And will you ever forget the awful Saturday night stabbings, and the poor fellows who would fall off a dray, have a bad injury, and get up most dreadful D.T.'s?

Dr. Stimson used to tell us that he had been all over the world, but that there was not, in all creation, such emergency work as was done at Hudson Street. I can quite believe it.

Do you remember the horror of the doctors over those awful cotton-hook wounds? Every so often I see a wagon piled high with enormous burlap bags of rags, or papers, like the old bags of cotton, and every time I see the driver hurl that great hook into a bag, and drag it to some other place on the load, I remember how those terrible hooks sometimes clawed the other driver, and then the poor victim was rushed to "Hudson Street," and we flew from the dinner table to the

operating room. I remember once, when you had charge of the operating room, you said you had hardly had a bite to eat for a week!

Speaking of eating, I'll never forget little Miss A., who had stayed awfully late, one night, and, for some reason or other had had no dinner. On the way home, on the "L," whom should she see, sitting beside her, but Dr. B.! He must have got on when she did. You know what a dour fellow he was. Well, after having sat beside little Miss A. for a long time, without saying a single word, he turned to her and said, in his drawling, grumbling voice:

"Have you had any dinner?"

Instantly she sat up straight. Dinner with Dr. B.! How they would all stare when she told them, in the morning! And how tired and hungry she was, and what a good dinner it would be!"

"Oh no, doctor B.!" she exclaimed, "*I haven't!*"

"Neither have I," he growled, and went on looking at nothing.

But what impressed me, and is more conspicuous in my memory than perhaps any other one thing, was the tremendous amount of responsibility that was laid on the nurses. It couldn't be helped, of course. It was Hudson Street. Now, as I look back on it all, I just can't see how young nurses could take so much responsibility, and work so fast, and face such awful things, and have everything come out all right—as it did.

There can never be anything like it again. I am so glad I had that wonderful experience! I am grateful that my training included our dear old Hudson Street.

—Anne F. Dwight

Mrs. Dwight was director of social service of the Vanderbilt Clinic for ten or fifteen years. When the Medical Center was erected, at 168th Street, under the management of Presbyterian Hospital, Vanderbilt Clinic became part of the new group of buildings, and Mrs. Dwight assistant director of social service, a post which she still retains.

NOTICES AND ANNOUNCEMENTS

A gift of \$3,000,000 from the General Education Board, founded by John D. Rockefeller, will build a new hospital for the treatment of cancer and allied diseases. The building will be the first modern cancer institute in North America. It will be twelve stories high, with a capacity of 200 beds, and will be erected on the Sixty-seventh and Sixty-eighth Street blocks, opposite the New York Hospital. As part of the recent Alumni Day program at the hospital, which was attended by a very large number of physicians and surgeons, Dr. Lewis A. Conner made a most interesting address on the "History of the New York Hospital." Some 2,000 nurses, in uniform, attended the Florence Nightingale Memorial Service in the Episcopal Cathedral of St. John, on May 10, Bishop Manning presiding. At the invitation of Dr. Charles Farr, (N.Y.H.) President of the New York County Medical Society, District No. 13 presented a program on nursing problems at the Society's meeting, May 25, at the New York Academy

of Medicine . . . The Joint Committee on Institutional Hours for Nurses is making earnest effort to shorten the working day for nurses in local hospitals. The Committee favors a forty-eight hour week for these nurses, and resolutions to that effect will be sent to the Board of Aldermen . . . About \$6,000 was contributed, through the Nursing Service, for relief work among flood victims. Upwards of \$1,000 of this sum was contributed by individual nurses. Many nurses volunteered for service in the flood areas . . . The former staff and Private Duty nurses of the "old" Lying-In Hospital will hold their fifth Annual Reunion at the Theresa Grant Restaurant, 290 Park Avenue, on June 25 . . . The New York Hospital nurses' pin (medal) now bears the inscription *School of Nursing* which is now the official name of the training school . . . There will be no meeting of the Alumnae Association during the summer months. The next meeting will be held on October 8, at the Club.

NEWS FROM THE HOSPITAL

The graduating class of 1936 is the last class which will include student nurses who were transferred from St. Mary's Hospital for Children when that institution closed . . . The freshman class were hostesses at the June Alumnae meeting and presented a very enjoyable program. The Year Book (known affectionately by all as "The Blue Plaid") was distributed to those who had ordered copies. If you have not yet ordered your copy there is not much time to be lost . . . At the Carnival recently given at the Residence, Miss Jean Blampied sang very pleasingly, and repeated, by request, her Hobby Show song hit—"Top Hat" . . . Miss Bergstrom (Librarian) is glad she likes olives. She recently won a camera by choosing the lucky name, "olives" in a contest. She and Miss Wyatt continue to keep an eye on one another. They began training at the same time, roomed together, as probationers and now have adjoining offices in the Educational Department.

DISTRICT NUMBER 13

District No. 13 is to be hostess to the nurses from various districts in New York State during the annual convention to be held at the Hotel Pennsylvania, October 12-16.

District No. 13 has also been chosen to sponsor the Tenth Annual Friendship Dinner to be given at the American Woman's Clubhouse in November. At that dinner tribute, in the form of the American Woman's Association's Award, is paid to that woman who, in the opinion of the jury, has made an outstanding contribution to her particular profession during the year.

It is expected that 1,150 women will attend the dinner, which is to be held at the A.W.A. Clubhouse on November 16. Reservations should be made early. Communicate with Miss Casey, at District headquarters.

District No. 13 probably has the largest active membership of any constituent part of the American Nurses' Association.

Miss Clare M. Casey, Executive Secretary of District No. 13, reports that Nurses' House, at Babylon, is in urgent need of funds, and that Cobble Court has ideas as to ways in which nurses may help relieve this pressing need.

The Committee to Study Community Nursing Resources now has the assistance of two W.P.A. investigators who are visiting registries with a view to obtaining information which will aid the Committee in its survey of the nursing supply and demand.

In Memoriam

In the April issue of the "News" we reported that Miss Belle Seely was ill in the New York Hospital. We regret to add that Miss Seely did not recover, but died in the hospital on March 18, and was buried in Warwick, N. Y.

Our more distant nurses, who may not always see our local newspapers, will regret to learn of the death of Miss Clara D. Noyes, National Director of the Red Cross Nursing Service, in Washington, on June 6th. Miss Noyes was a graduate of Johns Hopkins School of Nursing, and before the War served as Superintendent of Nurses of Bellevue Hospital and of Johns Hopkins Hospital. Her loss will be keenly felt in the nursing world.

CHANGE OF ADDRESSES

The editor of the "News" calls attention to an error in her address as given in the present Annual Report. The correct address is Frances J. Cobban, 33 Central Park West, New York.

The address of Miss H. O. Morgan ('25) should be Hotel *Cory*, (not Hotel *Gary*), Denver Col.

SHOULD THE REGISTRY BE SELF-SUPPORTING?

The following statement, being of vital importance to all, each member should read carefully and vote on the proposed change in our Certificate of Incorporation and immediately mail the ballot provided below to the Committee appointed by the Alumnae Association to secure the consensus of opinion on this proposal.

As our Club contract ends in a little more than a year, and should the Board of Directors advise against a continuance of our present Club house, the question arises, just how much financial responsibility, if any, can our Alumnae assume in the maintenance of a Registry for the 183 Registrants now using it.

All will agree that while our Club has been an activity of very vital interest for many years, filling a great need during that period, there are

elements of uncertainty today, which should enter into our consideration as to whether or not our Association is justified or wise in carrying on such a responsibility at the end of our present lease.

A dip into the history of our Club shows that 35 to 40 years ago there was a definite need for such a place, as there were no small apartments of one, two and three rooms where the young graduates could plan to live together in groups, making their own homes wholly apart from any plan savoring of institutional life. There was a time when reputable places were hard to find. This fact was recognized by those in touch with young graduates and led to the idea of planning for some sort of Club life.

Today conditions are changed and the same need is less pressing.

WHY? 1. Many nurses graduating today are absorbed into the Hospital personnel.

2. Those not so absorbed prefer living in up-to-date apartments in groups.

3. An almost negligible percentage of new graduates come to the Club to live.

4. The number of nurses actually engaged in private duty work, who live at the Club, becomes more and more uncertain each year, and a smaller number are able to assume yearly leases.

Those of our membership who have served on the Board of Directors from time to time are well aware that each year the meeting of our liabilities to the Astor Estate becomes a matter of serious concern. As it is, we have been fortunate in securing rebates in rent during the depression, but this all means that as a group, we find ourselves to be a *Poor Risk* from the viewpoint of real estate interests.

While it is to be understood that any Registry, no matter where located should always remain under the direction of our Alumnae, the question on which you are asked to vote, is: *Do you feel that the Association should protect itself against possible financial liability of maintaining a Registry?*

As the Certification of Incorporation reads, *we are liable*, and in the past have been able to meet this liability by drawing on the funds of the Club. A conservative estimate of this amount would be about \$100 per month.

Therefore, in order to so protect our Association as a whole, it is proposed to change our Certificate of Incorporation by eliminating "object (C)" pertaining to the objects for which we were originally incorporated, to read.

"That the particular objects for which said corporation is to be formed are as follows:

(A) the mutual benefit of its members, (B) their improvement in professional work, and (C) to assist financially or otherwise any nursing organization or project tending towards and pertaining to the betterment of the profession of nursing."

The registrants at a recent meeting expressed their approval and desire to make the Registry self-supporting.

Voting Yes to the above amendment does not necessarily mean we never will have any sort of Club House, but it does mean that each member is protected from a possible increase in Alumnae Dues should any project contemplated in the future by a minority group fail to meet its obligations, and also, our Association, as a whole, will not be legally held responsible for any deficit.

Signed by Committee:

Miss M. H. Jordan	Miss Sarah Moore
Miss M. F. Holland	Miss Catherine B. Hay
Miss M. E. Wyatt	Miss M. Jouffret
Miss E. Fenemore	Miss A. B. Duncan, <i>Chairman</i>

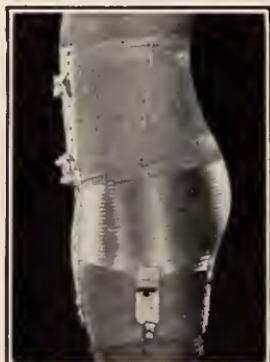
DETACHABLE BALLOT

I do approve the proposed amendment.
 I do not

Please sign and mail to

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NEW YORK CITY

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VOLUME 9

No. 4

The
ALUMNAE NEWS

OCTOBER, 1936

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NEW YORK HOSPITAL SCHOOL OF NURSING

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NEW YORK HOSPITAL SCHOOL OF NURSING

VOL. 9

OCTOBER, 1936

No. 4

Published Quarterly: January, April, July and October. Sent free of charge to all members of the Association. To others: 15 cents a copy, 50 cents a year.

All contributions should be sent to the editor before the fifteenth day of the previous month.

FRANCES J. COBBAN, R. N., *Editor*

33 Central Park West
SUquehanna 7-5200

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EDITORIAL

RECENTLY we were asked for a definition of "personality." Without consulting a dictionary we might perhaps say that it is the effect made upon others by what we do, what we say, our manner of saying it, our tone of voice and the expression on our faces.

Many of us overlook the need for a pleasing and helpful personality, and quite forget the distress which the other kind often causes. We forget that we *have* a personality, and that we are affecting others, favorably or unfavorably, every day of our lives!

This is very important when we are well, but when we are sick, or in trouble, it is the doctor, nurse or friend with a pleasing and helpful personality that we want.

The glory of the Caesars might well be called the *personality* of the Caesars, because the glory of those days was built upon the personality of the Caesars.

Columbus founded a world on his *faith*, and his faith gave him a personality that drew men to him and prevented mutiny on his ships when hope was almost gone. Battles have been won, nations conquered and empires built by the power of personality. Churches are filled and great national movements go sweeping on by the power of personality.

The same is true in private life. The mother with a strong, sweet personality never loses the love of her children. The teacher with fine personality is remembered by her pupils long after their hair has turned white. The medical lecturer can inspire his students so that they seek only the highest levels of character and service.

But, coming closer to home, we are keenly interested in the personality of the *nurse*. She may be the most capable nurse in the world, but, lacking a pleasing personality, what effect does she have on the nurses under her supervision, or, if she be a private nurse, on her patient? Does her patient watch the clock until she comes on duty, or does she, perhaps, watch the clock *until she goes*? Does the patient give a sigh of contentment as the nurse opens the door and comes smiling into the room? Does the patient feel that her difficulties seem less burdensome, her physical troubles more bearable, and that all's right with the world when the nurse is there? If so, then that nurse has a pleasing, satisfying personality, and is probably happy in her own private life.

That kind of nurse is not thinking of herself. She has *forgotten* herself. She is giving herself to her patient—spending herself kindly.

She labors not grudgingly but wholeheartedly and happily. She makes her patient feel that she is glad to be with her.

A nurse needs more than professional training. She may measure out medications by the drop, fold sheets by the inch and time pulses by the second, but personality cannot be measured by the teaspoonful or the yard. The measure of personality is the distance one human heart reaches out to another.

Sir Walter Scott said: "Give yourself freely," and Huxley said: "It may not take much of a man to be a Christian, but *it takes all there is of him.*" It takes all there is of us to be good nurses—all round women, as well as trained nurses.

Back of all of these things—the discovery of continents, the conquering of nations, the ennobling of great professions—lies the power that makes these things possible. That power is *faith*. Columbus had faith. Florence Nightingale had faith. Great army generals and politicians, not understanding her vision, did everything they could to obstruct the work of this gentle, but great woman; but her faith burned so deeply that they finally bowed their heads and yielded. Her faith gave her power, because *faith is power*.

Have you faith? Have you convictions? If not, go and get some, and after you get them, *use* them. You cannot get along, or be happy, without them.

No literature, no poetry, has ever been written about the *brain*, but much has been written about the human emotions, faith and personality. Through faith men have done wondrous things—and always will.

We know of a tiny lad whose father had assured him that his bedroom, during the dark hours, was still his own room, and that he was quite as safe there, at night, as in the day time, and that it would not be necessary for him to call his father or mother. After a few minutes of being alone in the dark, the little fellow called:

"Daddy, are you looking my way?"

"Yes, son," answered his father, "I'm looking your way." The little fellow smiled, turned over and went to sleep.

There are a great many eyes "looking your way." What do they see?

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Once a person's application is accepted at the age of 65 or less, he may continue as a subscriber indefinitely.

What This Costs You

The annual subscription rate is payable at 90 cents a month, \$2.60 every three months, \$5.10 every six months, or \$10.00 annually in advance. Monthly payments of 90 cents are accepted only by means of payroll deduction with the cooperation of the employer. Other payments may be made direct by each subscriber to the Associated Hospital Service upon written notice. An initial payment must accompany each application, except when payroll deduction method is used.

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Your doctor's decision that you need treatment in a hospital is all that is necessary to receive such service. The benefits are available immediately in cases of accident or emergency illness.

Hospital maternity service is available only to those who have been members for ten months.

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The Plan has been established on the principle of cooperation. Experience shows that enrollment of subscribers singly is, in effect, contrary to that principle. Accordingly, group enrollment is necessary to successful operation of the Plan. A fund is created from the regular and equal payments of subscription charges by subscribers, and is used for the sole purpose of paying their hospital bills.

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Semi-private accommodation (2 to 4 beds in a room—not a ward).

General nursing care.

Necessary X-rays and laboratory examinations for bed patients requiring hospital care.

Use of operating room.

Use of delivery room (after you have been a member 10 months).

Routine medications and dressings.

General anesthesia (when such service is applied by salaried employee of the hospital).

All other customary routine medication and hospital service.

A credit on the daily room and board cost of a single room, if one is desired. All other services listed are included at no added cost.

These services will be rendered for any illness or injury except those named below, and will be exactly the same as you would pay for if you were not a subscriber. Hospital maternity service will be provided 10 months after the date of enrollment.

Service Not Included

The cost of your physicians' and surgeons' services is not included, nor the cost of special private nurses.

The benefits do not include hospital service for pulmonary tuberculosis, venereal diseases, hospital care provided for under the Workman's Compensation Law, quarantinable diseases, or mental disorders.

Vacationists or Travelers

On your vacation or travel outside the 50-mile radius of New York you will be entitled to benefits in case of accident or emergency illness.

For Further Information

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THE PAINFUL FOOT

EARL E. VANDERWERKER, M.D.

ALL the jokes about "fallen arches" which we hear over the radio, never fail to bring a laugh, but, to one who has endured a painful foot over a period of time, this is not too funny and the reaction is more likely to be a groan.

With orthopaedic (Greek deriv. meaning "straight child") surgeons, painful feet constitute a fair percentage of the bone and joint lesions about which they are consulted. The chiropodist or podiatrist (Greek deriv. "pod" meaning foot) see a much larger percentage and they afford much relief in simple cases.

In this rambling talk about troublesome feet, such conditions as weak foot, flat foot, foot strain, bunions (*hallux valgus*), hammer toes, plantar warts, painful heels, etc., will be touched upon in a general rather than a scientific manner. Conditions and defects resulting from disease such as infections, infantile paralysis, etc., will not be considered.

A child just beginning to walk may show evidence of weak foot, with a pronated flaccid foot and a complaint of discomfort. This is the *congenital* type of *weak foot* and very often this structural weakness is hereditary. These feet are helped by home manipulation and alteration in the shoes, (such as raising the inner border) and usually some sort of arch support is built inside the shoe. When the children are just beginning to walk, a firm felt arch lift may be used and later this can be changed to a moulded leather arch lift.

This same weakness may persist in adult life, and we often see the pronated, weak feet with low arches and a tendency to thrust the weight down on the inner border of the feet rather than in the more proper way—the outer border. These feet tire very easily, the patient lacks spring in his gait and dislikes standing or walking, exceedingly. The treatment for this consists in toughening up the muscles with exercises and by the use of foot braces. The type of foot support, or brace, that is used depends upon what is indicated in each individual case. Metal braces, such as the Whitman brace, are used for corrective purposes; or one may recommend a removable moulded leather arch lift, which is usually more easily tolerated. In severe cases, which have become arthritic, the inner border of the sole and heel of the shoe is raised to throw some of the weight on the outer side of the foot, and a moulded felt or sponge rubber support is used, since these sensitive feet tolerate this alteration much better.

Acute foot strain need not necessarily mean injury to the arch, but, if it is not relieved, the arch itself may "break down" later. Acute foot strain usually results from overwork, long standing in a new job, or it may occur when a patient begins to walk after a long illness. These feet are painful, develop muscle spasm, and are very sensitive to any

manipulation. In the acute stage, baking, massage and strapping with adhesive tape, give the most relief. Later the proper type of support can be furnished. In the latter stages of untreated painful feet, arthritic changes may develop in the small bones of the foot, and the foot becomes rigid. When this occurs, manipulation under anaesthesia is indicated.

We have one type of foot strain and weak foot which is caused by "short heel cords" or contracted calf muscles. This foot has the upward pull at the heel of the calf muscle and the upward thrust of the floor on the fore part of the foot and the arch naturally gives way. These people walk much better with high heels than they do with low heels and it is much more common in women than in men. I do not advise the low heels for these patients, unless they are willing to carry out heel cord stretching exercises to give them power to dorsiflex the foot beyond right angles.

Persistent aching feet has a general systemic effect, which is unpleasant. The patient becomes irritable, easily exhausted, may develop pains up the legs and in a certain percentage there follows low back pain.

Many patients are hesitant about wearing foot braces or supports in their shoes. They have been led to believe by shoe advertisers, in subtle words, that there is a stigma attached to foot supports. There is no more disgrace in wearing an arch lift, when necessary, than there is in wearing glasses for eye defects.

The *high arched foot*, or *pes cavus*, also is subject to trouble in a different way, as well as the low arched foot. Increased prominence over the dorsum of the foot is an invitation to irritation from tightly laced shoes, and the downward tilt of the metatarsal bone at the ball of the foot produces prominent metatarsal heads with neuralgia-like metatarsalgia, and sometimes callouses, hammer toes and corns. Shifting the weight by means of pads and alterations in the shoes is usually sufficient to relieve this condition.

Metatarsalgia, literally meaning "pain in the metatarsal region," is sometimes present when the metatarsal arch is quite well developed. This may be due to too thin soled shoes, or from lack of fleshy padding over the ball of the foot. Occasionally pressure on the nerves between the metatarsal heads may give a fourth toe neuralgia, which is called "*Morton's toe*." In these cases patients get relief by removing their shoe, rubbing their foot and stretching their toes. They often find they must do this in the midst of a theatrical performance or even at their host's dinner table! Metatarsalgia is treated by toe exercises, properly fitting shoes and metatarsal supports. Each foot presents a problem of its own and usually can be relieved by one or a combination of these means.

The question of *shoes* is always an important one, and in the case of women a very difficult one to handle. After adolescence, men are

usually perfectly satisfied to wear a well shaped shoe with a firm sole, and once they have acquired the habit of comfort, they will not tolerate tight or ill fitting shoes. With children, nearly all of our stores are fortunate in having men who are trained to fit them carefully and well, and the children's shoe models are universally satisfactory. The question of style plays such an important part in women's shoes that it is asking too much for the average woman, having no foot trouble, to seek a shoe that is sensible, or the so called "orthopedic" shoe. The human foot will tolerate a remarkable amount of abuse without complaint, and this explains the ability of so many thousands of girls, whom we see on our city streets, to get about happily and with agility wearing high heeled, thin soled, pointed shoes. The majority can "get away with it," and an occasional one will suffer for it, and if the complaint is severe enough they will adjust themselves to non-stylish, better fitting shoes.

There is no more expressive word in our language than "*bunions*." To me it suggests deformity and pain. A bunion is an enlargement about the first metatarsal head, usually with callous and some inflammation on the mesial side, where the shoe rubs. X-ray of a bunion will show bony irregularity and extra bone production over the metatarsal head itself. Often with it there is a deviation of the big toe, in varying degrees, toward the one next to it. This is called "*hallux valgus*" and is encouraged by the too short and pointed shoe. Bunions have a very high percentage of cures and relief by operative means. The operation that most of us use, is of the simple type,—that is, removal of the bursa and the excess bone over the metatarsal head and straightening the toe. If proper shoes are worn for a time after that, usually the danger of recurrence is slight. It is a very rare thing to see a stiff toe, following a well done and well thought out operation for bunions. This may answer the question which dozens of patients ask me each year.

Painful callouses over the toes and between the toes are commonly called "*corns*." This condition is almost invariably caused by shoe irritation and leather friction. This persistent irritation over the toe is followed by tiny spur formation on the phalangeal joint edge, which is very painful and must be removed before the corn will entirely disappear. Often there is *hammer toe* and *claw toes* associated with this. The hammer toe can be corrected operatively by wedging this joint in a very simple manner and at the same time the little sharp projections which favor the continuance of corns, can be smoothed off. Sometimes with claw toes, a simple subcutaneous tenotomy, or cutting of the extensor tendon of the clawed toe, will restore the balance of muscle power about the toes and corns and hammer toe tendencies will disappear. All of these call for surgical intervention, after they are well formed; and could have been prevented by proper fitting shoes. Surgery about the feet is usually dreaded, but that so far mentioned

is really quite simple, and the results have been almost invariably satisfactory to the patient as well as the doctor.

Painful heels may be a result of inflammation of the bursae between the soft parts and the bone, on the walking surface of the heel. If this irritation is continuous, a *spur* formation may form there. Usually a simple rubber pad under the heel, when this is first noticed will take care of the condition. Bony spurs may form on the posterior portion of the heel at the insertion of the tendon achilles. These may take the form of callous and appearance of a bunion at the back of the heel. Removal of the irritating cause, such as the rough rim of the upper part of the heel cup; or, if this is persistent over a period of time, actual surgical removal will give very satisfactory results.

The small multiple callouses which form about the ball of the foot (metatarsal region) should be closely inspected for a hard, tiny, dark, central core. These are "*plantar warts*," or papillomata. If they happen to grow beneath a prominent joint (and they usually do) they cause a great deal of discomfort, similar to metatarsalgia. These plantar warts persist until they are "killed off" by X-ray, or caustics, or by removal by surgery. In the meantime, pads or arch lifts, distributing the weight to the other parts of the foot, give relief until the warts can be properly treated.

Excessive perspiration of the feet is a source of great annoyance and embarrassment. One must search for a possible glandular disturbance, for this. Local treatment, such as soaking the feet in mild astringents, and use of an astringent powder and frequent bathing, is helpful.

Routine foot exercises are usually carried out with enthusiasm by the patient for a week or so, but beyond that time they become bore-some, and just when the patient should be getting good results from developing his leg and foot muscles, he gives up the exercise! It is, therefore, much better to recommend to patients that they walk whenever possible and when they can do it with comfort. If part of the trip to and from their work can be made by walking, this is an excellent thing, because it becomes routine, and at the same time helps to stretch and develop the leg and foot muscles. Country hiking and mountain climbing have become very popular these late years, and the results of this healthful exercise show in the diminishing number of foot complaints in the autumn after vacation.

Let us not "kick our dogs around" but treat them with all the attention and respect given more highly esteemed members of our body, and in the "long run," it will pay.

(Dr. VanDerwerker is Orthopedic Surgeon at the Hospital for Ruptured and Crippled. He is consultant at various other institutions and is remembered by many of our alumnae in connection with his work in the orthopedic department of the N. Y. H.)

Dr. VanDerwerker confided to the Editor that it is more difficult to write a simple article like this than it would be to write a scientific article. We believe anything he tells us. Ed.)

I REMEMBER

YOU can imagine with what love I look back on my days in the dear old New York Hospital, and the happy twenty nine years I spent there!

After all these years I still hear from many of my old patients, and that, to me, is a rich reward for anything I may ever have done for anybody.

The strangest thing happened a few months ago. My very first private patient went into a gift shop in New York to buy a birthday card for me, and happened to speak of me by name. A woman who stood next to her turned and said:

"I beg your pardon, but I heard you say 'Miss Walton,' and I have not heard that name in forty two years! When I was a little girl I was a patient in the New York Hospital, and there was a junior nurse there named Miss Walton whom I loved dearly."

My friend replied:

"I was her first private patient, and we are still the dearest of friends, and I am just sending her a birthday card." The other woman said:

"Oh would you give me Miss Walton's address? May I, too send her a card?" Which she did—and again at Christmas and Easter! She will never know the joy this surprise gave me.

As a graduate I was Chief Nurse on the Floating Hospital, maintained by St. John's Guild. What a wonderful work they did! I was on the Boat for four summers, and I wish I could tell you of the many families who came to us, year after year. I still hear from many of them—after all these years!

One day there was a darling little baby born on the Boat, and when we landed she and her mother were taken to Bellevue Hospital. I went in to see them at seven o'clock, the next morning, on my way to the Boat.

One morning, several years later, a very attractive looking woman, with a little girl, came into the O. P. D., in our hospital, and exclaimed:

"Oh Miss Walton dear, I've found you at last! This is my little girl who was born on the Floating Hospital."

I laughingly said to one of the O. P. D. doctors:

"This child had a narrow escape. The newspapers said she ought to be named after *me*, but I expect she ran off and chose a fine name of her own."

The mother smiled and said:

"Oh no. That's exactly the name she *did* get. She's little Isabelle Walton come to see you."

Years later, this charming baby—now grown to young womanhood, had the offer of a good position but could not have it without a birth certificate—and she did not possess one. I sent her over to the Ninth Avenue house in which I knew they had been living when she was born. It so happened that the very housekeeper was there who had gone to the church with her when she was baptized, so they went over to the church, obtained a copy of the certificate, and she was given the job.

Of course an infant like the Editor cannot remember, but I was for almost three years in the Army Nursing Service as a Spanish-American War nurse. I did field work at Fort Hamilton, Long Island, and remained there for another year as Chief Nurse at the Army Hospital. Later I was transferred to Governors Island Army Hospital, and then was sent to the School of Instruction, in Washington, where I taught practical nursing to the men of the Hospital Corps. I assure you it was most interesting work.

But my next, and very great change was to return to the dear old New York Hospital in charge of the Out Patient Department where I remained for *twenty six happy years!* Over and over again patients came to us whom I had had in each of every one of my former positions. Truly the world is small! I still hear from many of them. It sometimes seems incredible that so many of them, and from such varied sources, should one day have come my way again.

I never want to lose my contacts with my former positions and patients. None but me will ever know how those dear people have helped to enrich my life!

I can't help mentioning what a personal joy it was to Miss Jordan and me to compile the Hospital Scrap Book. It was a labor of love, if ever there was one. How very deeply we both appreciated the help given this undertaking by the many graduates who contributed such splendid pictures and clippings!

Of course, as we all know, the Scrap Book is kept in the Alumnae Room at the Hospital. I received a letter telling me that the visiting superintendent of a hospital looked through the Book several times, was greatly impressed by it and said it would be a fine thing for other hospitals to imitate.

Yes, life is very interesting, and I am grateful for my years in our beloved hospital.

—ISABELLE J. WALTON

(Yes, life is very interesting to Miss Walton, because she has made it so. She has got out of life just what we all get, and that is just what we put into it. We doubt if any member of the nursing profession has ever reached farther into the hearts and lives of her patients than Isabelle Walton.

We have not asked Miss Walton's permission to publish the following, but as it is, after all, a distinctive point in the history and memory of our nurses, we are going to publish it and ask her permission afterwards.

Possibly Miss Walton was the forerunner of the modern Student Loan Fund. At any rate we know that, many years ago, she started a private loan fund of her own and lent money to many needy student nurses. To their credit be it said that not one of these nurses defaulted in eventually repaying Miss Walton. (Ed.)

NEWS OF OUR ALUMNAE

Miss Bertha Lemkuhl has resigned her position as Director of the School of Nursing of the Fifth Avenue Hospital, a position which she had held for twelve years. Miss Lemkuhl is vacationing in New England . . . Friends of Miss Ethel Byrd ('26) will be pleased to learn that she has been given a four months' scholarship at Peabody College, Nashville, Tenn. In order to take advantage of the scholarship, Miss Byrd resigned her position as supervisor of the Tuberculosis Division of the Department of Health of Memphis. After having completed her term at Peabody, Miss Byrd will be engaged in organizing Public Health units in Tennessee. She will be greatly missed by her co-workers in Memphis. Miss Byrd's sister, Miss Helen Byrd, ('29) is on the staff of the Department of Health in Memphis . . . News is asked of the whereabouts and doings of the members of the classes from 1920 to 1926. Many of the classes are completely without knowledge of a large number of their classmates, and we are making earnest efforts to obtain news of them. Please send in news of yourself and your classmates before the next issue of the "News." . . . Class of 1934 may communicate with Miss Isabel Donnelly or Miss Ferne Eller, at the Hospital, and the class of 1927 may communicate with Miss F. J. Bergstrom, Librarian, at the Nurses' Residence, or communicate with the Corresponding Secretary or the Editor . . . Many nurses have expressed the wish that there might be some way of their having news of their classmates, so the "Alumnae News" is opening its doors wide to the postman. Lost or distant classmates, please write—and promptly.

NEWS FROM THE HOSPITAL

Miss Margaret Landes is now the wife of Dr. Richard Mann.

Miss Hazel Emmet has returned from an extended visit to Canada.

The Misses Marguerite and Frances McGrath spent their vacation in Massachusetts.

Mrs. Henry Dunning (Helen S. Foley, 1930) has accepted a position in the clinic which has been opened for the care of the maids and orderlies.

Miss Winifred Cantwell spent her vacation in the Catskills.

Miss Mary D. Fremd vacationed in Florida.

A very charming book plate has been designed for and accepted by the Lydia E. Anderson Library. The most prominent symbol in the plate is the Seal of the New York Hospital, which is surrounded by a number of well known and highly appropriate symbols. Surmounting the entire field is the Florence Nightingale Lamp, and on an escutcheon beneath the Seal is the name of Lydia E. Anderson.

This beautiful contribution is the work of Dr. Bronson S. Ray, resident surgeon, who is greatly to be congratulated upon having designed so beautiful and symbolic a book plate.

NOTICES AND ANNOUNCEMENTS

THE CORRECT NAME

Both the New York Hospital and Cornell University Medical College are in danger of being injured by popularization of the term "Cornell Medical Centre."

There is no such institution as "Cornell Medical Center" . . . Each institution should be referred to by its proper name.

DESIGNATION OF BLOOMINGDALE HOSPITAL

On May 18, 1936, the Board of Governors, on recommendation of the Committee of Bloomingdale Hospital, ordered that the use of the name "Bloomingdale Hospital" be discontinued, and the institution be known officially as "The New York Hospital—Westchester Division."

DR. THOMAS HOWELL

Dr. Thomas Howell, who, at his own request, retired as Superintendent of the New York Hospital on July 1st, after twenty years of distinguished service to the Hospital, accepted the position of Superintendent of the Overlook Hospital of Summit, New Jersey.

—N. Y. H. BULLETIN

Friends of Major Julia Stimson have learned, with regret, of the death of her father, in July.

Classmates and friends of Mrs. Stanley D. Banks (Josephine Stokes, 1928) are notified of the sad loss of Mrs. Banks' oldest son, Stanley, on May 25th.

Guest Night at the Nurses' Residence will be on *Tuesdays*, instead of *Thursdays*, as formerly, in order to avoid conflicting with the Alumnae meetings held at the Residence.

The House Committee wishes to extend to the New York Hospital Alumnae Association a cordial invitation to become members and enjoy the interesting programs sponsored by this Committee during the year.

The House Committee is planning to have open house on Tuesday evenings when the Nutrition Department will have a special guest night in the dining room where all members of the Committee will be welcome. After the dinner there will be a program of entertainment arranged by the House Committee.

Annual membership is one dollar. Members will be notified monthly concerning the type of program to be given.

Communications may be sent to the director—Miss Mary MacDermott, Nurses' Residence.

DISTRICT No. 13 WILL BE HOSTESS TO NEW YORK STATE NURSES AT ANNUAL CONVENTION

*October 12—16
Hotel Pennsylvania*

The theme of the New York State Nurses Convention, October 12-16, at Hotel Pennsylvania, is to be "MENTAL HEALTH AND SOCIAL HYGIENE." Dr. C. E. A. Winslow of Yale University will introduce this topic at the opening general session, Tuesday morning. Effie J. Taylor, Dean of Yale School of Nursing, will be the second speaker at this session.

The topic "*Mental Health*" will be discussed at the second general session Wednesday afternoon by Dr. Ira S. Wile, Psychiatrist of Mt. Sinai Hospital, Dr. Jay P. Nash of New York University and Miss Helen Cabot Latham of Bellevue Nursery School.

The third general session Thursday afternoon will be devoted to the subject of "*Social Hygiene*" with Dr. Walter Clarke, of City Department of Health, Bailey Burritt, Director of A. I. C. P., and Mrs. Morris of Community Health Association of Boston as the speakers.

The *Private duty nurses* will hold their first meeting Tuesday afternoon when Dr. Rowena Rippin, psychologist, will speak on "How to Occupy Children's Time When They Are Ill or Convalescent." The following morning they will hear Dr. Ernst P. Boas of Mt. Sinai Hospital discuss "Social and Medical Aspects of Nursing the Chronically Ill" and A. C. Donahue, Superintendent of Nurses at Montefiore Hospital present "Psychological Aspects of Nursing the Chronically Ill." At the luncheon meeting of the Private Duty Section, Mary Roberts, Editor of American Journal of Nursing, will tell of "Private Duty in a Changing Society."

The *Men Nurses* have now achieved sufficient members to form a section and their section will present an interesting program Thursday morning in the amphitheatre of Bellevue Psychiatric Hospital, when Dr. George Cashman will discuss "Nursing of the Prostatic Patient." Later in the morning, Miss Maude Kelly will demonstrate ward teaching methods on a pediatric service.

The *State League of Nursing Education* will conduct a symposium on "What Changes Should Be Made in Our Teaching" at a Thursday morning session and at a luncheon following, President Henry Moore of Skidmore College will address the group on "Preparing the Nurse for the New Social Order."

The *State Organization for Public Health Nursing* is arranging for a program on "Social Security." Among the speakers on this subject will be Miss Marion Sheahan of State Dept. of Health and Miss A. Grant.

A very entertaining program of three days is being planned for *student nurses* attending the Convention; topics to be discussed are

"Mental Health of Student Nurses," "Assigned Study Periods," Psychiatric Supervision of Student-Behavior Problems.

Mr. Ernst Swift's address on "World Aspects of the Red Cross" will be heard by *Red Cross Nurses* at their dinner Tuesday evening.

School Nurses will hear addresses on "Para-Nasal Sinus Infection" and "Random Remarks on Otology," at their luncheon Thursday noon. The State Service will hold a breakfast Wednesday morning and Registrars will listen to Miss Lulu St. Clair discuss "Nursing Councils" at their Thursday luncheon.

Interesting Points about the Nurses October Convention

Sessions open at 9 A. M. and close at 4 P. M. every day.

There will be no evening meetings except

Advisory Council Dinner	Monday evening
Red Cross Dinner	Tuesday 6—8 P. M.
General Banquet	Thursday evening

The Arrangements Committee is planning interesting sightseeing tours for the out-of-town delegates. There will be "An evening at Rockefeller Center" which will include a visit to "Gardens of the Nations," Museum of Science and Industry (where the Transparent Woman will be seen) NBC Studios and the Observation for \$1.10. The Service Committee Gift Shop will contain many attractive articles made by handicapped nurses. All contributions will be gratefully received. It is hoped that local nurses will send homemade candy and cakes to be sold at this booth for the benefit of less fortunate nurses.

Send all donations to Miss Catherine Hay, Service Committee, Central Club for Nurses, 132 East 45th Street, New York City.

A surprising feature of the Convention will be the many exhibits of both educational and commercial nature. There will be a first aid booth under the direction of N. Y. Industrial Nurses Club. There will be a booth devoted to display of lovely flowers. Some hobbies will be shown, as will be a few motion pictures of practical interest. District No. 13 hopes some of the nurses will offer their services. For instance, two or three will be needed, daily, in the Information Booth.

Some more News

District No. 13 will be Hostess at Annual Friendship Dinner November 16th at American Woman's Club House, 353 W. 57th St.

District No. 13 is the sponsor club making arrangements for the 10th Annual Friendship Dinner given by the business and professional women of New York. This event will be held at the A.W.A. Club House, Monday, November 16, when the A.W.A. Award will be presented to a woman who has made an outstanding contribution in

her chosen field of endeavor during the past year. A scholarship will be awarded to the nurse selected by a special Committee to further her nursing education in the field of Administration, Teaching or Public Health Nursing. Nurses interested in making application for this award may secure application blanks from District No. 13 office, 132 East 45th Street.

Tickets to dinner are \$3.50 per person. Make your reservations early.



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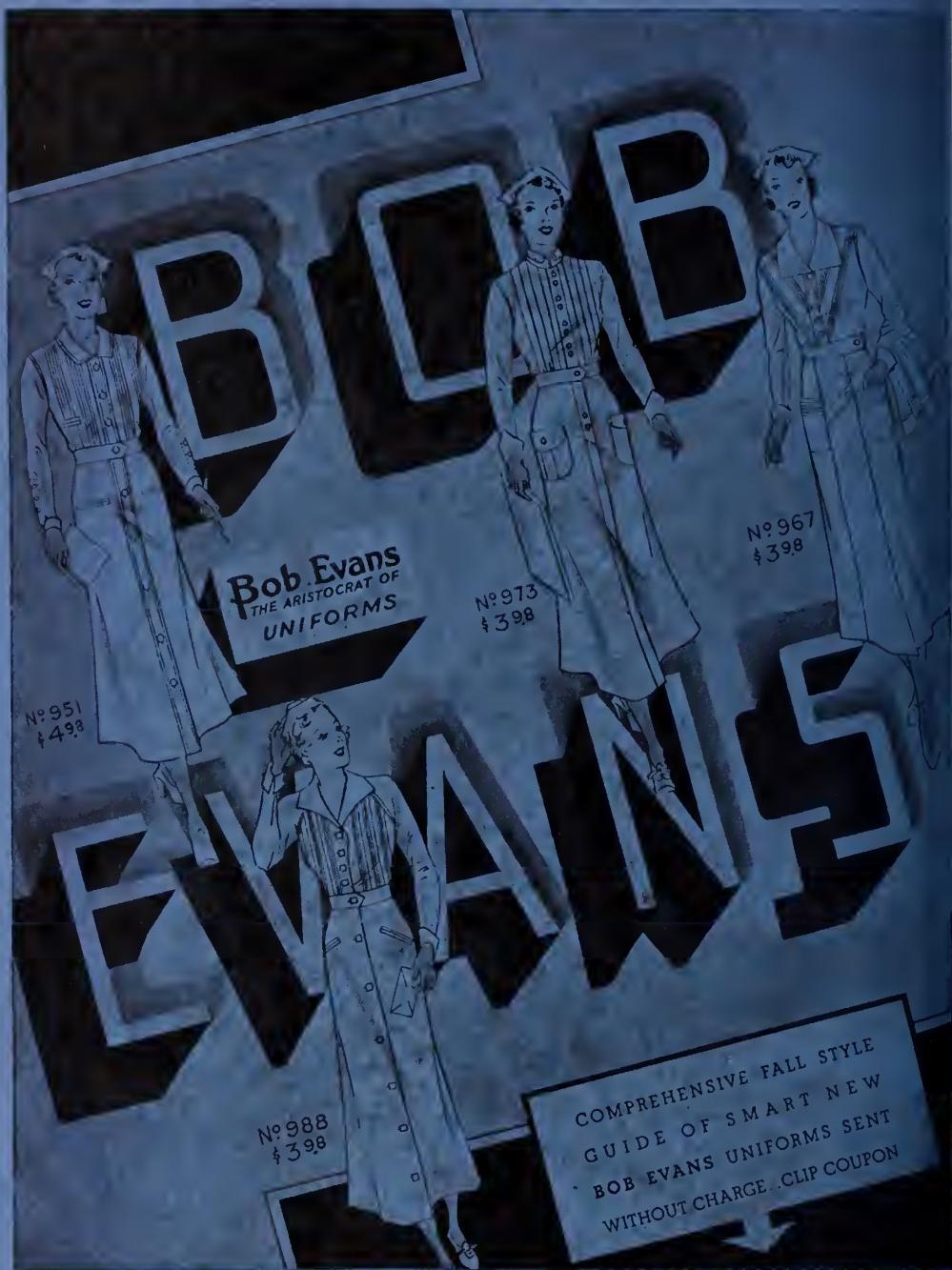
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VOLUME 10

No. 1

The
ALUMNAE NEWS

JANUARY, 1937

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NEW YORK HOSPITAL SCHOOL OF NURSING

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Jersey City

THE ALUMNAE NEWS

NEW YORK HOSPITAL SCHOOL OF NURSING

VOL. 10

JANUARY, 1937

No. 1

Published Quarterly: January, April, July and October. Sent free of charge to all members of the Association. To others: 15 cents a copy, 50 cents a year.

All contributions should be sent to the editor before the first day of the month previous to month of issuance.

FRANCES J. COBBAN, R. N., *Editor*

33 Central Park West

SUsquehanna 7-5200

Associates

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EDITORIAL



THEY say that it is a wise physician who takes the trouble to find out what kind of books his patients read, and knows what kind of books to prescribe for them.

This is equally important for the nurse, as she sees her patient much more constantly and intimately than does the physician. This makes it important for the nurse to keep herself well informed on the subject of books.

Under the old twelve hour duty plan this was difficult to do, but under the eight hour plan the nurse can really live, and she has time and energy to take part in what is going on in the world in which she lives. There is something more in life than just bathing and rubbing. The nurse is, and should be, in a position to contribute a great deal to her patient's mental and emotional life, but if the nurse, when off duty, has no time or strength to do anything but get into bed and groan—well, that is not a very uplifting contribution to her patient's convalescence.

To be on this earth is not enough. We want to *live*, as well as serve.

About 400 years ago the average length of life was only 21 years. By the beginning of the present century it had reached 48 years for white men. Now the average length of life is 59 years for men and a little longer for women.

The added years of life are due to improved sanitation, health education, higher standard of living, labor saving inventions in the home and advances made in the practice of medicine, surgery and nursing.

But in order to enjoy the number of years allotted to us we must not only be able to tell others how to live but have an opportunity to live that way ourselves. Under the eight hour plan the nurse ought to be able to lead a better balanced life both mentally and physically. Her working years are lengthened and are less devastating to her physical and nervous makeup. It is a more even, normal life, and leaves room for the enjoyment of life.

Girl babies begin to talk at an earlier age than boys, which shows that women were meant to be conversationalists; but what is the good in being a good "talker" if you are too tired to talk?

So while we are living let us *live!*



NEW YORK STATE CONVENTION

FOLLOWING are excerpts from the report submitted to the Alumnae Association by Pauline H. Wills, official delegate to the joint convention of the New York State Nurses Association, the New York State Organization for Public Health and the New York State League of Nursing Education which took place at the Hotel Pennsylvania, October 12 to 16, 1936. . . .

At the opening General Session Dr. C. A. Winslow, Professor of Public Health, Yale School of Medicine, and Miss Effie J. Taylor, Dean of Yale School of Nursing, spoke on Mental Health and Social Hygiene. . . .

Mr. Phelps Phelps spoke of the work he had done to make known to the public the Eight Hour Duty Plan for nurses. . . .

A telegram was read announcing that, for the first time in history, a registered nurse was running for the State Assembly. It was a pleasure to know that this nurse was Mrs. Margaret Rogers, (N.Y.H.) and the announcement was received with applause. . . .

Reports from 14 districts were read. The Male Nurses Section was given recognition for the first time. Seven districts made no reports. The chief topics for discussion were eight hour duty and salary adjustments. District 7 adopted eight hour duty universally, after one year's trial. All reported gains in eight hour duty. . . .

The State League of Nursing Education met, with Miss Young, Presbyterian Hospital, presiding. Miss Susan Brandeis, of the Board of Regents, introduced the topic "How Can the Proposed Program of Nursing Education Be Financed?", which was followed by an interesting discussion as to the sources from which financial aid for such a program might be obtained, and what tuition fee the student nurse, under this arrangement, should pay. No detailed information could be given at present.

Dr. Estelle Ford Warner, Washington, D. C., represented the State Organization for Public Health. Among other interesting points Dr. Ford informed the convention that \$3,000,000 will be given for maternal and child health, and \$8,000,000 for child welfare. The number of public health nurses has increased from 10,000 to 60,000.

At another session of the State League of Nursing Education, Miss Anna D. Wolf presiding, addresses were made by Dr. Marion Leonard and Mrs. Anna Musgrave on What Changes Should Be Made in Methods and Principles of Teaching in Nursing Education. . . .

A splendid pageant showing the evolution of nursing from its beginning by men of the Church in France up to the probationer of the present day was of great interest to the audience. . . .

At the final meeting there was a brief discussion of the proposed Nurse Practice Bill, but owing to lack of time no action was taken. The Bill goes before the Legislature in January, and should be of interest to all alumnae associations.

(WE ARE SURE THAT ALL OF OUR MEMBERS ARE INDEBTED TO MISS WILLS FOR HER CLEAR AND INTERESTING ACCOUNT OF THE ACTIVITIES OF THE CONVENTION. ED.)

ITEMS OF INTEREST**MEDICAL SERVICE IN THE FAR NORTH***From Canada Week by Week*

Medical care for the native inhabitants of Canada's Far North is provided by the Canadian Government, and for thousands of miles along the arctic coast of the Dominion, in fair weather and in foul, medical officers in the service of the government bring their healing art to the aid of the Eskimo citizens, while inland, Indians, half-breeds and indigent whites are also given medical aid. Winter and summer patrols of hundreds of miles are not unusual, and nearly every mode of transportation known to the North country, such as airplanes, steam-boat, motor boat, canoe, and dogsled has been used to extend this service. Eight doctors are employed in the work, and their efforts to prevent serious illness among the Northern natives are bearing fruit.

* * * *

Florence Nightingale's "Notes on Nursing," published in 1859, has had an enormous sale, and is still, after all these years, a standard work and an immortal classic. It was one of the first text books written on nursing and is one of the best books ever written on domestic sanitation.

* * * *

Are you a subscriber to the American Journal of Nursing? If not you are missing something very important. Club rates for graduates, in groups of ten, mean a saving of 50 cents on each subscription.

Back issues of the Journal are always welcome at the Library.

* * * *

The first trained nurses in the Navy were a group of women employed at the Naval Hospital in Norfolk, Va., in 1898 to care for the sick and wounded of the Spanish American War. These nurses were neither enrolled nor enlisted—nor were they sure of being paid for their services.

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ARMY NURSE CORPS ALWAYS READY

●

Major Julia Catherine Stimson Is Its Efficient Head

Washington, D. C.

Reprinted from New York Sun

While huge petitions against war are being organized by pacifist societies, one national woman's organization at least is so efficiently prepared that, should the United States become involved in war, it could swing into action at a moment's notice. This organization is the Army Nurse Corps, under the direction of Major Julia Catherine Stimson.

Major Stimson, by the way, is the only woman entitled to hold bona fide rank in the U. S. Army. Tall and trim in her uniform, efficient and forceful in manner and methods, this head of the Army Nurse Corps, a division of the office of the Army Surgeon General, is clear and positive in her statement that her nurses are organized for immediate work in the event of war.

Always Ready

She explained, "We are always ready, completely organized. We have 627 officers who are scattered at various army posts, medical centers and in China, the Philippines and Hawaii. Our reserve force, which is the Red Cross Nursing Service, has more than 62,000 nurses enrolled."

Major Stimson has always been a strong advocate of maintaining nursing on a professional basis. The Army Nurse Corps, she believes, offers a woman a career in the profession. There is no civil service. Nurses are selected on two major points; their qualifications and their physical condition. There are always many candidates for admission to the corps; last year over half of the 500 candidates were rejected because of physical defects.

Must Be Free

Marriage is a disqualification for the corps. If a nurse marries she must resign, and each year many resign for this reason. The nurses, Major Stimson explained, must be free to go anywhere at any time. Foreign assignments are voluntary, and there is always a long waiting list for these posts.

Part of the work of the Nurse Corps is the keeping of records of more than 40,000 nurses. "Of these, 25,000 are epitomized histories of nurses who served in the medical department. Then there are 1,500 who were contract nurses in the Spanish-American war. The greatest number in the corps at any one time was 12,480 in November, 1918."

These great records have to be consulted many times a day. A complete record of the courses of the graduates of the Army School of Nursing must be kept and tabulated for State boards of nurse examiners, when they enter universities for post graduate work.

(MAJOR STIMSON GRADUATED FROM THE N.Y.H. IN 1908, AND BESIDES HER HOSPITAL DIPLOMA HOLDS THE DEGREES OF B.S., M.A., D.Sc., ED.)

ALUMNAE MEETINGS

- January 14at the Hospital
February 11at the Club
March 11at the Hospital
-

FRIENDSHIP DINNER

The Tenth Annual Friendship Dinner was held at the American Woman's Association Clubhouse, New York, on November 16th.

Guests of Honor

Miss Fannie Hurst, Mrs. Ogden Reid, Miss Margaret Cuthbert, Mrs. Alfred Hess, Miss Maud Wetmore, Miss Mary V. Andress, Mrs. F. Louis Slade, Miss Mary Rehan and Miss Ida Tarbell.

Featured on the Program

Dean Annie Goodrich, Dean Gildersleeve, Miss Natalie Couch, Mrs. Harriet B. Milligan, Miss Mary M. McBride and Mrs. Dorothea Brande.

This Friendship Dinner marks ten years of inter-club integration through the Central Committee on Friendship dinners. Forty two leading women's clubs cooperated. The proceeds of the dinner go to a scholarship fund to enable a registered nurse to continue her education in the field of nursing.

Miss Anna D. Wolf is on the Scholarship Committee.

The award for 1936 was made to Miss Nora Camden, assistant supervisor of the Henry Street Visiting Nurse Association.

BRIDGE AND DANCE

A bridge and dance will be held at the Residence of the New York Hospital School of Nursing, 1320 York Avenue, on Friday, January 22, 1937, at 8:30 P. M., for the benefit of the New York Hospital Graduate Nurses' Registry. Dancing begins at 9:00 o'clock.

Tickets \$1.00 each, including both bridge and dancing. The tickets may be obtained from Miss Verna Smith, 17th floor, Private Patients Pavilion, or Miss Isabel Mullen, 317 West 45th Street.

VACANCY IN THE REGISTRY

There is a vacancy for a part time assistant in the Registry at the Club. Information may be had from Miss Alice Himes, Registrar. Application may be sent to the Board of Directors, in care of Miss Verna Smith, Secretary, 405 East 72nd Street.

I REMEMBER

THIS is a page out of the New York Hospital's own memories, and for this delightful glimpse into the past of the hospital we love so well we are indebted to Dr. Lewis A. Conner who made a most interesting and enjoyable address to the Alumnae Association at the November meeting, in the auditorium of the hospital. If we in any way misquote Dr. Conner, we ask his pardon.

Dr. Conner took us back to a May afternoon in 1769, when the Colonies were at war with England, and Trinity Church was already sixty to seventy years old.

This May meeting was a notable assembly, and was attended by the Governor and many other important men as well as many citizens, to celebrate the graduation of the medical students. Just two students were graduated.

At that time there was only one general hospital in all the English speaking colonies. That was in Pennsylvania.

At this important meeting Dr. Bard pleaded for a general hospital. Subscriptions were asked for and were given by all kinds of citizens that afternoon, but as it was realized that much more money was needed, an appeal for help was sent to King George. The King approved of the petition and the charter was granted June 17, 1771.

The Seal of the Charter was the present Seal. An interesting thing about it is that the silver die used for the Seal of the Charter disappeared during the war and was not rediscovered for 100 years! It is still in use in the hospital.

It was difficult to raise enough money in the colony, and curious means were resorted to. The Legislature was petitioned for help. Dr. Jones was sent to England to ask for money. (Dr. Conner naively remarked that, just as we asked England for financial help, now the order is reversed and the other side of the Atlantic now borrows from us!) Dr. Fothergill, who was trying hard to avert war, was appointed governor, and had considerable success in raising money. The Earl of Stirling gave 600 tickets for the Delaware Lottery! The President of the Board had the citizens canvassed to find out if they would be willing to have their chimneys swept by volunteers, the proceeds to go to the hospital building fund.

Dr. Jones got plans for the hospital in England and they were accepted. When the hospital was almost finished it burned down by fire. Undaunted, the citizens started all over again, and the new hospital was finished by 1776—just in time to be taken over by the Continental Army in the war which had finally broken out.

During the early days of the hospital a dissecting room was unheard of, as were also means of finding something to *dissect*, and when it was discovered that the medical students had a dead body in their possession there was a town riot and the students had to be put into jail, for protection! The riot spread until, finally, the militia were called out. Several persons were killed.

It has often been said—and truly—that the history of the New York Hospital is really the history of New York City for the following 100 years.

In those days there were outbreaks of yellow fever—no fewer than 13 between 1791 and 1837! One-tenth of the population died of this dread disease. There were epidemics of some kind almost every year—especially in the '40's, when immigration began.

In 1834 cholera swept the city, and there were 3400 deaths in four months! This would be a dreadfully large number even now, with our enormous population.

In 1916 there was the epidemic of poliomyelitis. The New York Hospital opened a special hospital for these afflicted children in East 59th Street.

During many years the New York Hospital was the great teaching centre for physicians and students for the entire East.

NEWS OF OUR ALUMNAE

Testimonial to Miss Anne A. Williamson

Forty years of service as a professional nurse today were recognized in a testimonial scroll honoring Miss Anne A. Williamson, now a social service worker for the California hospital.

The scroll and a gift of 125 silver dollars were presented to Miss Williamson at a testimonial dinner, presided over by R. E. Heerman, superintendent of the hospital, and attended by prominent leaders in the medical and nursing professions.

Graduated from the New York Hospital School of Nursing on Nov. 6, 1896, Miss Williamson joined the California hospital staff as night supervisor in 1907. A year later she became superintendent of nurses, and in 1925 became a social service worker for the hospital.

She is past president of the California State Nurses association and at one time was personal nurse to the late Rudyard Kipling, famous British author.

* * * *

In our October issue a request was made for news of our more distant nurses. Up to the moment of going to press, no word of any nurse has been received by the Editor.

* * * *

Miss Armeda Colver returned to the Club in the autumn after a long motor trip covering the Gaspé, Quebec, through the New England states to the Smoky Mountains.

The Editor, also, was in Quebec, Ste. Anne de Beaupré, Montreal, Toronto and the Berkshires, but never quite caught up with Miss Colver.

* * * *

Dr. Annie Young is spending the winter at the Club.

Miss Bertha Lemkuhl has been stopping at the Club for several weeks.

Miss Catherine Moore was welcomed back to the Club after a long absence.



Christmas Celebration



IF we have not the Christmas spirit we are poor indeed. If we have it we are princes.

So come, princes and princesses, and fill the Clubhouse with the spirit of Christmas during that happy season. Come as often as you can, and bring joy with you. There is no substitute for happiness, and there is no substitute for that imperishable thing—the spirit of Christmas.

So with joy in your hearts and voices, come—every one of you—and sing and laugh, and wish one another a Merry Christmas, and, like Tiny Tim, say:

"God bless us, every one."

PROGRAM OF GOOD WILL



December 23, 1936

- 7:30 P.M. Trimming of the Christmas tree in the Club Room. All residents more than welcome, if they come to assist. Santa Claus is watching, you know. He will know whether we help or not.
- 8:30 P.M. Christmas Entertainment, (Details as yet a secret) and Christmas carols. (Even if you don't know the words you can make beautiful sounds and look wise.)
- Refreshments.

Christmas Day

- 9:30 A.M. Sir Santa Claus—one person who can always be counted on to be present. We hear his whiskers are very attractive, this year.
- 1:15 P.M. Turkey dinner—\$1.00.
- 6:30 P.M. Buffet supper. No charge. (Wouldn't it be a good joke on the budget if we could eat something by 6:30, after all?)

New Year's Day

- 1:15 P.M. Special Holiday Dinner—\$1.00.
Come and start the New Year with us. Remember—there are no friends like old friends!
- Where old friends are it's always home.

NOTICE!

Because of our Annual Holiday Tea on Sunday, December 27th, the regular monthly Tea, which would come on January 3rd, will be omitted. The next Tea date to mark on your calendar will be Sunday, February 7th, 1937.

*Once again, O blessed time,
Thankful hearts embrace thee!
If we lost thy festal chime,
What could e'er replace thee?*

*Change will darken many a day,
Many a bond will sever,
Many a joy will pass away,
But the Great Joy never!*

In Memoriam

WE REGRET TO ANNOUNCE THE DEATH OF:

Miss Agnes Fletcher (1899), at Toronto, June 19.

Mrs. Mary Cameron Gordon, (1888), September 9. Mrs. Gordon was interred in San Gabriel's Cemetery, Altadena, Calif.

Mrs. Mason Lee, (Mabel Kidney), at the home of her sister, Mrs. George M. Hendry, Toronto, October 7, 1936.

Mrs. S. T. Jameson, (Kate Van Wie, 1881), November 19, at her home, Athens-On-Hudson, N. Y.

Mrs. Oscar H. Davis (Bertha Webster, 1906), at Toronto, December 6th, after a lingering illness.

Mrs. W. E. Nichol (Mary B. MacDonald, 1929), after a long illness, at her home in Ottawa, on November 27.

Miss Helen Kenneally, at the Club, October 6th.

Miss Kenneally had lived at the Club for years and had lately been on the Club staff. The Club residents will remember her willingness to help, her cheerful spirit and gentle ways. Miss Kenneally's health had been failing for some time and had given much anxiety to her many friends, but she made a brave attempt to go on working, and her courage went with her to the very end. Her friendly presence will be greatly missed at the Club.

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VOLUME 10

No. 2

The
ALUMNAE NEWS

APRIL, 1937

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NEW YORK HOSPITAL SCHOOL OF NURSING

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THE ALUMNAE NEWS

NEW YORK HOSPITAL SCHOOL OF NURSING

VOL. 10

APRIL, 1937

No. 2

Published Quarterly: January, April, July and October. Sent free of charge to all members of the Association. To others: 15 cents a copy, 50 cents a year.

All contributions should be sent to the editor before the first day of the month previous to month of issuance.

FRANCES J. COBBAN, R. N., *Editor*

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IRENE H. SUTLIFFE

In Memoriam *

IT IS with deep sorrow that the "Bulletin" records the death, on December 30, 1936, of Miss Irene H. Sutliffe, Director Emeritus of the School of Nursing of the Society of New York Hospital.

Miss Sutliffe graduated from the then styled Nurses Training School of this Hospital in 1880. After graduation she organized the School for Nurses at the Long Island College Hospital of Brooklyn and the Hamot Hospital in Erie, Pennsylvania. Returning to the scene of her studies, she was appointed Director of the Training School for Nurses of the Society of the New York Hospital. This was in 1886, only six short years after her graduation.

Outstanding in her field from the very start, she may be well described as a pioneer in the world of nursing education on which she leaves a profound effect. As early as 1893, when nursing education was, at least when compared with present methods, more or less haphazard, she was instrumental in organizing the Society of Superintendents of Schools of Nursing during the World's Columbian Exposition at Chicago. At the same time she was elected Honorary Vice-Chairman of

*Reprinted from *New York Hospital "Bulletin"*

the Nursing Section of the International Congress of Charities and Correction. When the Spanish-American War broke out in 1898, Miss Sutliffe was granted leave of absence by the Board of Governors of the Society of the New York Hospital to answer the call of the Red Cross for which organization she established the necessary nursing service at Camp Black, Hempstead, Long Island.

In 1902, failing health forced Miss Sutliffe to retire from active work and she was duly pensioned by the Board of Governors, which status she maintained until her death. Her retirement was not complete, however, as her advice and deep knowledge were always at the service of this Hospital and of her profession. The infantile paralysis epidemic in 1916 brought her into active service again when she supervised an emergency branch maintained by the New York Hospital.

Much of the present status of the profession of nursing is due to Miss Sutliffe. She numbered among her pupils Miss Lillian D. Wald, founder of the Henry Street Visiting Nurse Service, Miss Minnie H. Jordan and Miss Annie W. Goodrich, first Dean of the School of Nursing of Yale University. The "Bulletin" feels greatly privileged to be able to quote the following tribute paid by Miss Goodrich to her friend and teacher.

Within a century a new profession has been inextricably woven into the social fabric of many, if not every country, of the globe, and in none more constructively or comprehensively than the United States.

To the world at large the heroic figure of Florence Nightingale symbolizes the Mother of Nursing, for to this ardent and gifted woman it is indebted for bringing into organized existence and effective service the contribution of its womanhood throughout the ages.

Responding to her call in country after country, women have come forward who, through unremitting labor, have laid the foundations for this new and essential social expression.

Neither through pen or brush can history portray the personalities through whose vision and devotion an educational program, modern in conception, was achieved and its social usefulness rapidly and convincingly demonstrated.

The name of Irene H. Sutliffe may pass into oblivion but the social philosophy, the professional zeal and the keen insight of this frail but intrepid woman will have an enduring influence upon generations of nurses.

The distinguishing title of Directress of the Training School for Nurses of the Society of the New York Hospital in no wise conveys the service demanded or the responsibilities imposed during Miss Sutliffe's many years of office.

The number of her graduates assigned to important posts bears full testimony to the breadth and soundness of her interpretation as teacher, nurse, social worker and administrator. Her rare beauty of character will be a sacred memory to those who knew her. The contribution of her dynamic force is her immeasurable gift to humanity.

AN APPRECIATION OF IRENE H. SUTLIFFE

*Director Emeritus of the
NEW YORK HOSPITAL SCHOOL OF NURSING
1932 - 1936*

It has been the privilege of those of us in residence under this roof for the past four years, to have in our midst one who made a very special place for herself in our hearts, as a place was so graciously and generously made for her in our home by the Governors of our hospital. Having earned a respite from her years of labor she came to pass her years of leisure with us at a time when the school was entering upon a new chapter in its already illustrious history.

Between the Director Emeritus of the school which she herself had so wisely guided and the present Director, a relationship of remarkable understanding and sympathy was established, which was reflected throughout the entire group. To her the students and young nurses in the residence were a constant source of joy and interest; to them she was the embodiment of the spirit of nursing which will ever be associated with her memory. Making no demands, yet giving and receiving always the most affectionate and gracious consideration, she came and went amongst us with characteristic independence, ever active in the interests of the hospital and school, the alumnae and the sick nurses, and in her church and civic duties.

During her long months of illness she received the most exquisite and loving care by graduates of her own school—such care as she herself had spent a lifetime in providing for others. It is comforting to her friends to realize that, in spite of indomitable will and ceaseless energy, her last days held no restlessness of spirit, but rather a great serenity, in which she slipped quietly away.

**RESOLUTIONS OF THE FACULTY AND STAFF OF
THE NEW YORK HOSPITAL SCHOOL OF NURSING**

Whereas the school has lost in the death of Irene H. Sutliffe its beloved and honored director emeritus, who was also its directress for sixteen years; and

Whereas the nursing profession at large has lost a distinguished leader, and a pioneer in nursing education and service; and

Whereas the residents of our home have lost a valued friend, and a stimulating and enriching influence;

Be it Resolved that this expression of our appreciation and keen sense of loss be recorded in our minutes, and that a copy of the same be sent to Miss Sutliffe's family with our sincere sympathy for them in their personal sorrow, and also to the Alumnae Association.

(Signed) ANNA D. WOLF

*Director of the School of Nursing
and Director of the Nursing Service*

January 11, 1937

EDITORIAL—IRENE SUTLIFFE



ON New Year's Eve, 1936, there passed from our midst one of the great women of our profession—Irene Sutliffe, class of 1880. Miss Sutliffe was known to many of us as Superintendent of Nurses of the Training School for Nurses of the New York Hospital, and, more recently, as Superintendent Emeritus of the School of Nursing, but was equally well known, in other capacities, to thousands of women in the nursing world, in many parts of the country.

Proper tribute to Miss Sutliffe will be paid in due time, and in an appropriate manner, but we cannot refrain from saying a few words of our own, by way of sending a message to our more distant nurses who knew and loved her.

With the building of the new hospital Miss Sutliffe, whose health was failing, was invited to make her home in the Nurses' Residence, where a very attractive apartment was placed at her disposal. Surrounded by every kindness, Miss Sutliffe maintained her keen interest in the nurses (even the brand new ones) to the very last. Being Miss Sutliffe, she could not have done otherwise.

Realizing that her frail little body was steadily weakening, her great concern was the fear that she might become helpless and a burden, but, straightening her tired little back to its best height, she would say, with characteristic courage:

"Well, whatever comes, I must face it. I must be ready to do whatever is asked of me."

That was Miss Sutliffe's watchword throughout her lifetime. The more difficult the challenge, the more eagerly she accepted it, and all who knew her marvelled at the courage, and the greatness of soul that dwelt in so small a body!

At the last it was (and very fittingly) Miss Sutliffe's own graduates who ministered to her, and as she neared the last she would put out her hand to her nurse, as though in welcome.

Eighty six years nobly spent! Surely she could have had few regrets! How many of us, looking back, and seeing the years pass in review, could say that we have little to regret?

Miss Sutliffe was buried from St. James' Protestant Episcopal Church, in New York. Many executives of our Hospital were present, also Dean Goodrich, Major Stimson, Miss Ellison and a host of nurses, not only from our own hospital, but also many who had trained in other hospitals under the capable women who had received their own training under Miss Sutliffe. The guard of honor were Red Cross nurses in uniform.

Miss Sutliffe left us on New Year's Eve, and entered her new life to hear welcoming voices say:

"Happy New Year, Miss Sutliffe!"

In Memoriam

MARY D. FREMD

The members of the Nursing staff of the New York Hospital feel deeply the loss of our good friend and associate, Mary D. Fremd (1930), and wish to express to her fellow alumnae our sympathy. Through our knowledge of Miss Fremd's personality, loyal qualities, capabilities and promise, we realize something of the measure of her loss to our profession. She endeared herself to us as a friend, and won our admiration and respect by the full measure of service which she gave, and the responsibilities which she so gallantly carried.

ANNOUNCEMENTS CONCERNING THE 60th ANNIVERSARY CELEBRATION FOR THE SCHOOL OF NURSING



OUR letter to the alumnae in December announced the plans of the School of Nursing for the celebration of its sixtieth anniversary by having an Alumnae Reunion Day on Thursday, June 10th, the day following Commencement.

We have had a very encouraging response to the questionnaire enclosed with that letter and hope that the following more detailed information will inspire others who have not yet responded to do so, and to signify their intention of returning.

Our program is to be centered around the curriculum as offered in our school today. Efforts will be made to show the correlation and integration of the theoretical aspects of nursing with nursing practice.

All of the clinical departments will participate by planning demonstrations of special nursing procedures and exhibits to show the student program as well as to review some of the more recent developments in certain lines of therapy. Classes may be visited if desired.

We are very anxious to have an exhibit of historical material pertaining to the school since its organization in 1877.

No doubt many of the alumnae have articles which would make interesting additions to such an exhibit. If so we would very much appreciate your willingness to loan them to us for the occasion.

If you find you have anything, such as the original catalogue you received in making application to the school, the first cap, photographs or other school treasures which you feel might be of interest, and if you are willing to loan them, please send them to Miss Catherine Hay, chairman of the Alumnae Exhibit, 1320 York Avenue.

Tours through the various departments of the hospital will be planned, at which time you will have an opportunity of observing student practice, special equipment and the general plan of the building.

The alumnae are all invited to be our guests at luncheon which is being planned so that classmates may sit together, giving an opportunity to renew old associations.

The final features of the day will be the Alumnae Meeting which are being planned in each of the clinical departments, so that you may be refreshed after your afternoon's observation.

Be sure to put the following events, with dates and hours, on your calendar:

Vesper Services, Sunday, June 6th: 5:00 P.M.—
Auditorium, Nurses' Residence, 1320 York Ave.

Graduation Exercises, Wednesday, June 9th, 4:00
P.M.—Auditorium, Nurses' Residence,
1320 York Avenue.

Alumnae Day, Thursday, June 10th—Headquarters,
Nurses' Residence, 1320 York Avenue
Registrations 8:30 to 9:30 A.M.—Lobby.
Opening convocation 9:30 A.M.—Auditorium.
Exhibits, Demonstrations, visits through hospital
and classes throughout day.
Luncheon 1:00 P.M.—Nurses' Residence.

Tea 4:00 to 6:00 P.M. in clinical departments.

Alumnae Meeting, Thursday, June 10th, 8:30 P.M.
Place of meeting to be announced later.

"All luncheon reservations should be in by May 15th.

You may obtain your luncheon tickets at the time of registration, on June 10th."

The Hospital will really be yours for the day, and it is earnestly hoped that every alumna who can possibly do so will return, not just for Alumnae Day but for all the Commencement activities, and help celebrate this truly memorable occasion.

HELEN M. DAUM

*Chairman of School Committee for
60th Anniversary Celebration*

Of course we all know that milk, containing Vitamin D, can now be had, at about the ordinary price and with unchanged flavor.

Speaking of vitamins, potatoes, cooked a second time, contain no vitamins.

ADDRESSES UNKNOWN

Graduates of the New York Hospital Training School for Nurses

Year	Name	Married Name
1887 (Miss)	L. P. Adgate.....	Mrs. E. Beckwith
1915 "	Annie M. Avery.....	Mrs. Jack Hemsley
1920 "	Ida Armstrong	
1880 (Mrs.)	A. S. Burd	
1883 (Miss)	E. S. Barker.....	Mrs. Hunter
1883 "	C. M. Burt.....	Mrs. Joseph Bell
1890 "	M. E. Brown.....	Mrs. J. Lynn Browning
1885 "	M. D. Cochrane	
1907 "	H. Colchester.....	Mrs. Louis A. Drefuss
1912 "	C. S. Cains.....	Mrs. Paul Hansen
1881 "	Mrs. F. N. Davies.....	Mrs. Catto
1908 "	M. Devereaus	
1883 "	C. Edmonston	
1879 "	M. E. Gillette.....	Mrs. O. N. Smith
1880 "	E. H. Gray	
1883 "	M. J. Garvin	
1886 "	C. Griffin	
1887 "	L. Gaylord.....	Mrs. Frank Jones
1888 "	G. A. Goodhart.....	Mrs. F. Uhlenhaut, Jr.
1900 "	G. Gates.....	Mrs. C. G. Teft
1882 "	E. Hurd	
1883 "	M. Himrod	
1884 "	M. A. Hutchinson	
1889 "	L. A. Hollister.....	Mrs. Wilson Potter
1890 "	M. G. Harris	
1889 "	C. M. Harned	
1908 "	E. B. Halsey.....	Mrs. A. H. Land
1912 "	R. M. Hellberg.....	Mrs. K. Leudahl
1914 "	Margaret Harris	
1916 "	Josephte Haycock.....	Mrs. Thorne
1890 "	A. Hugo.....	Mrs. R. A. White
1894 "	M. Morice	
1896 "	F. L. Morris.....	Mrs. Arthur H. Wilson
1899 "	L. L. Munroe.....	Mrs. J. L. Fearing
1909 "	M. L. Millan	
1913 "	Nan P. Morgan	
1882 "	I. Newell	
1890 "	S. M. Nelson.....	Mrs. Robert A. Frey
1878 (Mrs.)	E. G. O'Neill	
1886 (Miss)	F. G. Pryce-Jones	
1896 "	I. H. Peet.....	Mrs. Edward Gardner
1909 "	M. M. Pugh	
1917 "	Isobel Ponton.....	Mrs. Pickens
1888 "	I. Ross.....	Mrs. Samuel Hodge
1894 (Mrs.)	J. L. Robertson	
1910 (Miss)	M. E. Roberts	

Year	Name	Married Name
1891	" M. Shalter	
1898	" E. S. Stannard.....	Mrs. R. Oscar Mead
1909	" G. E. Sayers.....	Mrs. Woodward
1912	" Margaret E. Shields	
1915	" Delphine Smith.....	Mrs. Herbert B. Collins
1916	" Dorothy Salmon	
1918	" Marion Simmonds.....	Mrs. J. R. Howard
1881	" E. F. Thorpe.....	Mrs. J. F. Durall
1884	" A. Tietjen.....	Mrs. E. W. Schade
1887	" E. M. Thompson	
1885	" E. Van Zellar	
1905	" A. G. Warren.....	Mrs. H. F. Diegnan
1886	" L. W. Westcott	
1886	" M. C. Wilbur.....	Mrs. H. G. Brown
1914	" Marian West.....	Mrs. C. W. Holland

ADDRESSES INCORRECT

Year	Name	Married Name	Returned From This Address
1918	(Miss) Edith Williams—	Mrs. Robert J. Anderson	
			610 West 116th St., New York City
1920	" Ida Armstrong—		971 Barton St., E. Hamilton, Ontario, Canada
1881	" Hattie Du Bois—	Mrs. G. M. Bache	21 Fountain Place, New Rochelle, N. Y.
1907	"	—Mrs. Elizabeth Bennett	766 Broad Street, Meridan, Connecticut
1903	" Jessie B. Cardic—	Mrs. Lionel Bent	12 Bedford Gardens House, Campden Hills
			Kensington M-8, London, England
1890	" Emma Bowe—		179 North 5th St., Newark, N. J.
1887	" Mary K. Browne—		Cork, Ireland
1913	" Anna M. Stanton—	Mrs. Lewis S. Burchard	270 Convent Avenue, New York City
1894	" Charlotte Cady—		Sag Harbor, New York
1914	" Alice M. Boehm—	Mrs. H. C. Chant	182 Eglinton Avenue, E., Toronto, Canada
			Alfred, New York
1888	" Charlotte T. Clarke—		Madoc, Ontario, Canada
1917	" Lola Coe—		725 Lexington Avenue, New York City
1911	" Mary A. J. Cramer—		930-86th Street, Woodhaven, New York
1900	" Helen E. Reilley—		104 Chestnut Street, Winnipeg, Canada
1910	" Ethel M. Abernethy—	Mrs. Robert J. Davis	36 East 35th Street, New York City
1881	" E. M. Briggs—	Mrs. G. T. Elliott	Celestine Marks—Mrs. Morris J. Elsing
1904	"		Warren, Arizona, Box 702
1914		Mrs. Daniel Emrie	
			150 West 106th St., New York City
1918	" Emily Fentress—		52 Lefton Building, New York City
1900	" Florence Giddings—		Herring, Pennsylvania
1914	" Violet G. Wilson—	Mrs. Marling Gordon	General Delivery, Ottawa, Canada
1917	" Evelyn B. Milette—	Mrs. Gerald Griffith	4266 Western Avenue, Westmount, Canada
1889	" Mary Hall—		Alice Plantation, Bolalvasta, Georgia

<i>Year</i>	<i>Name</i>	<i>Married Name</i>	<i>Returned From This Address</i>
1905 "	Mary A. Harding—	Mrs. E. E. Hartmann	675 West End Avenue, New York City
1920 "	Elizabeth Feagles—	Mrs. J. F. Harris	Denver, Colorado
1907 "	E. L. Hornibrook—	Mrs. A. T. Hill	419 Avondale Road, West Palm Beach, Florida
1892 "	Alice Hinchliff	c/o Mrs. Dalton, 939 Second Street, Peekskill, New York	
1906 "	Maude Hunt	Somerset Black, Winnipeg, Canada	
1918 "	Minnie Moore—	Mrs. Arthur Hutchinson	317 West 45th Street, New York City
1925 "	Wilhelmina Stevenson—	Mrs. H. C. Kiel	43-40—42nd Street, Long Island City, New York
1923 "	Ruth Landes—		208 West 23rd Street, New York City
1918 "	Emma C. Avant—	Mrs. William Lake	343 Seventh Avenue, Inglenook, Birmingham, Alabama
1904 "	Harriet Leach—		220 Dundas Street, Toronto, Canada
1906 "	Ellen Lee—		2 Strong Place, Boston, Massachusetts
1912 "	Edna J. Beal—	Mrs. G. C. Lightbourne	1408 North Broadway, Santa Anna, California
1903 "	Mary McFadden—		Lanes End, East Williston, New York
1907 "	Helen Maher—		505 Pearl Street, New York City
1895 "	H. W. Montague—	Mrs. H. S. Mathewson	403 Federal Building, Providence, R. I.
1904 "	Margaret McMurray, Mrs. R. S. Mitchell		Weyburn, Canada
1902 "	Bethel Moore—		342 Avenue Road, Toronto, Canada
1924 "	Elta B. Farnham—	Mrs. James Morris	37-53—83rd Street, Jackson Heights, New York
1921 "	Fredericka Muller—		105 East 15th Street, New York City
1933 "	Christine Nelson		258 West 11th Street, New York
1917 "	Hope Arnold—	Mrs. Richard Phillips	125 Colina D. Mexico, D. F.
1897 "	Sarah Plumb—	co / Morgan Harges & Company, Paris, France	
1882 "		Mrs. Juliette Lee	756 D. Avenue, Coronado, California
1925 "	Mabel Miller—	Mrs. Earl Price	Bartonsville, Pennsylvania
1903 "	Mary Whitman—	Mrs. Charles Ridgway	50 Hanover Road, Mountain Lakes, N. J.
1928 "	Helen Rowley—		201 West 16th Street, N. Y. C.
1921 "	Kathryn Ryan—		363 East 30th Street, N. Y. C.
1904 "	Leta Sewell—		1513 Wilshire Boulevard, Los Angeles, Cal.
1908 "	Margaret Devereaux—	Mrs. Margaret Shea	Emergency Hospital, Washington, D. C.
1905 "	Florence E. Fraser—	Mrs. E. K. Scheftel	20 Avenue Henri Machn, Paris, France
1932 "	Mary Snead—		126 Ropers Avenue, Brooklyn, New York
1924 "	Emily L. Dunn—	Mrs. Emily Spaulding	90 Blackmore Avenue, Eden Park, Providence, R. I.
1915 "	Isabel Sutherland—		217 Main Street, North Hamilton, Canada
1913 "	Jessie Parsche—	Mrs. T. C. Trask	1013 Prospect Place
1887 "	Melissa Page—	Mrs. J. C. Tregear	15328 Wildmere Ave., Detroit, Michigan
1891 "	Hope Turner—		Hilo, Hawaii
1924 "	Martina Van Deth		Avenue des Touristes II Stockel, Les Bruxelles, Belgique
1907 "	Grace M. Smiley—	Mrs. John Vogelson	8009 Crefeldt St., Chestnut Hill, Philadelphia, Pennsylvania
1908 "	Sarah F. Raymond—	Mrs. E. L. Wakelee	1667 Nelson Ave., West Bronx, New York
1905 "	Caroline H. Weller—		73 MacDonald Ave., Toronto, Canada

Year	Name	Married Name	Returned From This Address
1921	"	Helen Hunt—Mrs. Donald Whitmer	135 Church Street, Boonton, New Jersey
1915	"	Constance Higgins—Mrs. A. Williamson	39 Fifth Avenue, New York
1895	"	Estelle C. Nourse—Mrs. Charles Willson	Ridgefield, New Jersey
1904	"	Pauline C. Woodruff—	37 Walnut Street, Newark, N. J.
1881	"	Anna Van Vraken—Mrs. A. Wright	1502 Reid Street, Los Angeles, California
1916	"	Louise Wright—	313 East 57th Street, New York City
1921	"	Constance L. Meserve—Mrs. Harry F. Young	Cornwall & York Drive, De Witt, New York
1903	"	Caroline H. Weller—Mrs. C. A. Quipp	73 Macdonell Avenue, Toronto, Canada

We wish to reach these alumnae for our 60th anniversary. Please help by sending information concerning their present location to

SARAH E. MOORE

1320 York Avenue, New York, New York

NEWS FROM THE HOSPITAL



At a meeting of the Board of Governors of the New York Hospital, January 5, 1937, Mr. Henry G. Barbey was elected President of the Board.

The year book of Cornell Medical College bears the appropriate title "The Samaritan."

May, 1937, marks the sixtieth anniversary of the founding of the New York Hospital School of Nursing—another important milestone in the history of the school and of the nursing profession.

Miss Anna D. Wolf, Director of the School of Nursing, and the Advisory Committee of the Alumnae Association are giving much time and thought to the best ways of celebrating this event and of making the celebration a success. Let us all do our part by being present, and let us cooperate in every way to make the occasion memorable and worthy of our hospital.

*Now the soft hour of evening comes;
The stars, like little lamps,
Look out to see the night;
And all the whole world o'er
Men's thoughts turn, homing.*

F. J. C.

* * *

Let us turn our footsteps-homing-for our birthday. It will be a long time before there will be another anniversary celebration!

Be sure to buy some of the little souvenir pins and ash trays at the Birthday Party. They are white, with the Seal of the Hospital in blue.

Is It You?

Our recently retired treasurer, Miss Mary Holland, left, as a last word, this message:

"Do, please be good to the new treasurer."

In other words, your alumnae dues are payable each January. Let us send them without obliging a busy treasurer, after a hard day's work, to waste time, energy, stationery and postage to write and remind us to do our own work! We are supposed to send in our dues automatically, each January.

If you change your address or go away for the summer, do, please, leave your forwarding address for your "Alumnae News." There is great loss of time and postage in unnecessary readdressing.

* * *

Wanted By the Lydia Anderson Library

Graduation Exercises Programs for 1888 through 1921. Also for 1923, 1928, 1932, 1933 and 1935.

Annual Reports of the Alumnae Association for 1911, 1916, 1920, 1921, 1926 and 1931.

These are badly needed in order to complete these for binding.

* * *

Thank You

The Library extends its thanks to the friends who have sent useful books and reference material for the Library. Among recent gifts are; a picture of "The Doctor," From Miss Bellinger, as well as many books. Contribution of books from the late Miss Kenneally. Miss Martha Russell presented a copy of the late Dr. Lewis Stimson's "Memoirs of the Civil War." Miss Marie Kramer presented her precious Class Book —the first, and probably the only one in the School. Miss Sutliffe presented the Library with many Annual Reports, and Commencement Programs dating as far back as 1886.

PROVISIONS OF THE ALUMNAE ROOM

Some thirty years ago the Governors of the New York Hospital set aside a two-bed room in the private patients' pavilion for sick alumnae which arrangement continues in the present hospital.

This courtesy of the hospital is extended only to those alumnae who are self-supporting women in nursing and closely allied services. It is not given to those suffering from chronic or contagious illnesses or needing obstetrical care.

The pavilion rate is charged for blood transfusions, x-rays, special drugs, and other services requiring an actual cash outlay by the hospital. Special nursing services should be paid for by the patient although the hospital provides meals for the special nurse.

It is understood that only doctors who have the privilege of admitting patients to the New York Hospital may attend the nurses who occupy this room.

Reservations for rooms should be made through Miss Moffatt, who is in charge of the private patients' pavilion. Her office is F-171, telephone, REgent 4-6000, Extension 524, Post Office address, 525 East 68th Street, New York City.

Appointments for ambulatory cases requiring examination and/or treatment, subject to the pavilion rate are arranged through Miss Moore whose office is G-101, REgent 4-6000, Extension 7320, Post Office address, 525 East 68th Street, New York City.

ANNA D. WOLF

*Director of the School of Nursing
and Director of the Nursing Service.*

March 3, 1937

NEWS OF OUR ALUMNAE

Miss Myrtle Pelley (South Africa) is taking a course in midwifery in Edinburgh. Her hours are from 7:30 A.M. to 9:00 P.M., with two hours off for lectures. Apparently there is no elevator which Miss Pelley may use, and as the building is five stories high, and has twenty eight steps to each floor—well, we think we are pretty well off.

Miss Pelley is a member of the National League for Nursing Education, American Red Cross, American Association of Nurses and the South Africa Trained Nurses Association.

Mrs. A. German Dingwall (Josephine Campbell, 1931) has completed a post graduate course in obstetrics at the Woman's Hospital, New York, and a course in midwifery at the Lohenstein Clinic. At present she is a staff supervisor at the Maternity Center Association, New York.

Miss Ruth Stewart (1927) is now Mrs. H. W. Huson, lives at East Moriches, Long Island, and has two daughters.

Miss Flora J. Bergstrom (our new treasurer) directed a group of handicapped boys in a series of Washington's Birthday tableaux at the Institute For the Crippled and Disabled.

Evelyn Snedeker (1936) has received the degree of B.S. from Temple University, Philadelphia.

Several members of the class of 1936 have taken positions in the Hospital: the Misses Ruth Johnson (whose posters you will recall) Junatia Costa, business manager for the 1936 "Blue Plaid,"—Mullins (whose posters and illustrations did so much for the Hobby Show Scrap Book), Bickford, Stone, Bonnell, Sholl, Jones, Rice, Tate, Snedeker, Swezy, Ray Fletcher, Linton, Beale, Knight, Posers, Haines and the Halsted Twins.

Miss Ruth Kurtz (1934) has a position in the Pasadena Hospital, California.

Do you ever visit the Second Floor in the Residence and look at yourself, in your class picture? One of our graduates, gazing upon herself as she was, once upon a time, was overheard to say:

"My goodness! Why, I had *no waist line at all!*"

Have you ordered your copy of the "Blue Plaid" (year book) for 1937? If not you are going to be sadly disappointed later on, when it will be too late to get one. This is a very special year. The cost is \$2.50, and \$1.00 must accompany each order. Mail orders will be received by Miss Alice Himes, 317 West 45th Street, or by the librarian, Miss F. J. Bergstrom, at the Residence, 1320 York Avenue.

Miss Margaret Mahoney (1922) is one of the very few who responded to a widespread request for news of our distant graduates. She is superintendent of the San Mateo Preventorium for Children. Her address is 515 Poplar Avenue, San Mateo, Calif. Miss Mahoney expects to make the long trek "home" for our birthday party, in May.

* * *

Let Us Have Your News

Please let us have all items for publication as early as possible, as it is difficult to write, type, interview and telephone at the last minute. Send all items to the editor as soon as you learn of them. The dead line is a few days previous to the beginning of the month preceding the publication of the "Alumnae News." For instance, the July issue will leave the publisher's hands considerably *before* July, so that last minute news should be in the editor's hands a few days *before the first of June*. This applies to each issue of the "News."

* * *

Major Stimson Asks Corrections of Reprint

In the January issue of the "Alumnae News" we published a reprint from an item which had appeared in the New York Sun. Major Stimson asks that it be corrected. The errors were made by the "Sun" reporter—not by the "News" as ours was merely a reprint from the item in the "Sun."

Excerpts from letter from Major Stimson to the editor of the "Alumnae News":

" . . . First, I am not the only woman entitled to hold bona fide rank in the U. S. Army. All of the members of the Army Nurse Corps have relative rank beginning with that of Second Lieutenant. There is only one Major because there is only one Superintendent. The Assistant Superintendents are Captains and Chief Nurses are First Lieutenants,—all by Act of Congress in 1920.

I have not worn a uniform for about ten years, so that was a fine guess about being 'tall and trim in her uniform'.

Then in the quoted sentence about records the figure 12480 is incorrect and should be '21480 in November, 1918'.

The young man (reporter) was given the enclosed reprint about records . . ."

IMPORTANT NOTICE!



At its meeting held on February 4th, the Board of Directors decided to make a change in the schedule of the meetings of the Alumnae Association. As the ones held at the Club seem to have a better attendance it was decided that certain meetings be designated to be held there, and the others to be held at the hospital. In particular, it wishes to have the Annual Meeting and the May meeting at the Club, and would like to have the members informed through the "Alumnae News."

March	Hospital	November	Club
April	Club	December	Hospital
May	Club	January	Club
June	Hospital	February	Hospital
October	Hospital		

This schedule is to take effect immediately.

JEANNETTE F. ROBERT,
Sec. to the Board.

I REMEMBER



THE class hat! It was a stunning hat—very alluring to the feminine eye. Its charm lay in the fact that it was becoming to *anybody*—at least anybody of the class of—. When a young nurse received a special invitation she simply rushed up to the owner of the hat and implored her to lend it for the evening. These loans became so frequent that the owner seldom had an opportunity to wear it herself.

One evening an excited little nurse flew to the owner of this greatly-to-be-desired hat and begged for it for the evening. To her amazement she learned that there *wasn't* any hat! It had been sold to a friend outside. The young nurse retreated backwards, her eyes big with horror. Then she flew down the corridor and broke the staggering news to her classmates. An indignation meeting was held and the outraged nurses marched, in a body, to the room of the late owner of the hat.

"You can't sell that hat!"

"But I did! It's sold, I tell you!"

"You *can't* sell it! That's a class hat! It's really ours, now. You go and buy that hat back, right away!"

Believe it or not, she did!

Ed.

MARRIAGES

Miss Bernetta Pohl (1934), to Mr. James Blatt, February 12, 1937.

Miss Eugenie Barnfield (1915), to Mr. Albert Sperling, January 20, 1937.

Miss Margaret Vining (1936) has announced her engagement to Mr. Malcolm Duncan. (We think there'll be a wee bit o' heather at that wedding).

DEATHS

Miss Irene H. Sutliffe (1880), December, 1936.

Miss Alice Kyle (1898).

Mrs. Ray Johnston (Elizabeth A. Baldwin, 1911).

Miss Belle Seely (1911).

Miss Mary D. Fremd (1930).

Miss Julia Hawkes (1934).

Miss Virginia Riddell (1934).

What are "HOMING" dollars?

→ they are the ones you save over a period of years that finally come home to roost in a monthly annuity check.

→ Ask Elizabeth Bower to explain in detail this means of gaining enjoyment —ease—security at retirement.

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SCHOOL OF NURSING

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ALUMNAE REUNION DAY

Thursday, June 10th, 1937

at

Nurses' Residence
1320 York Avenue, N. Y. C.

•

Renew Old Associations

*In the treatment of
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*and similar
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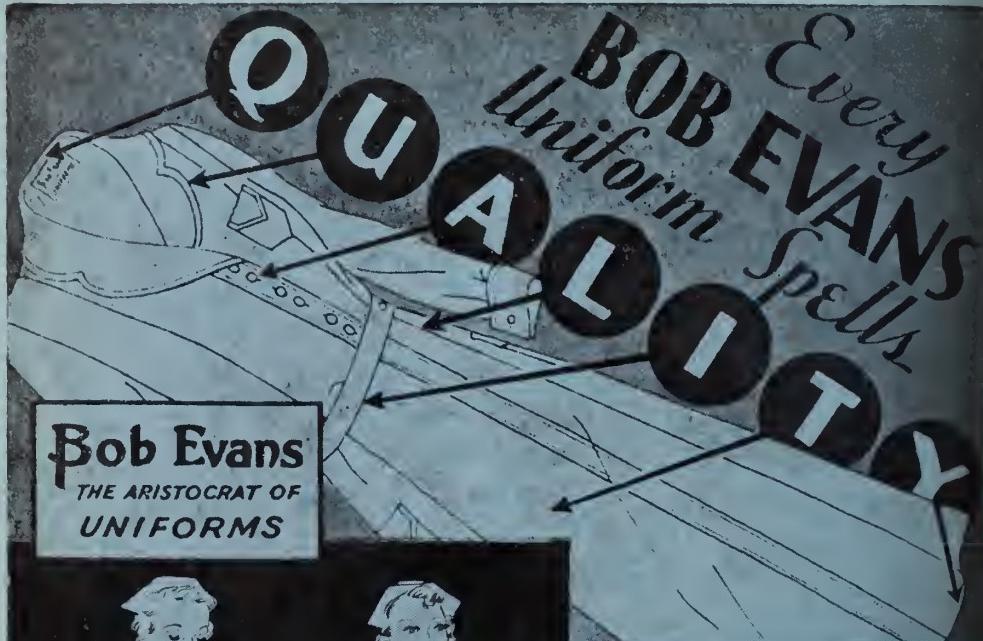
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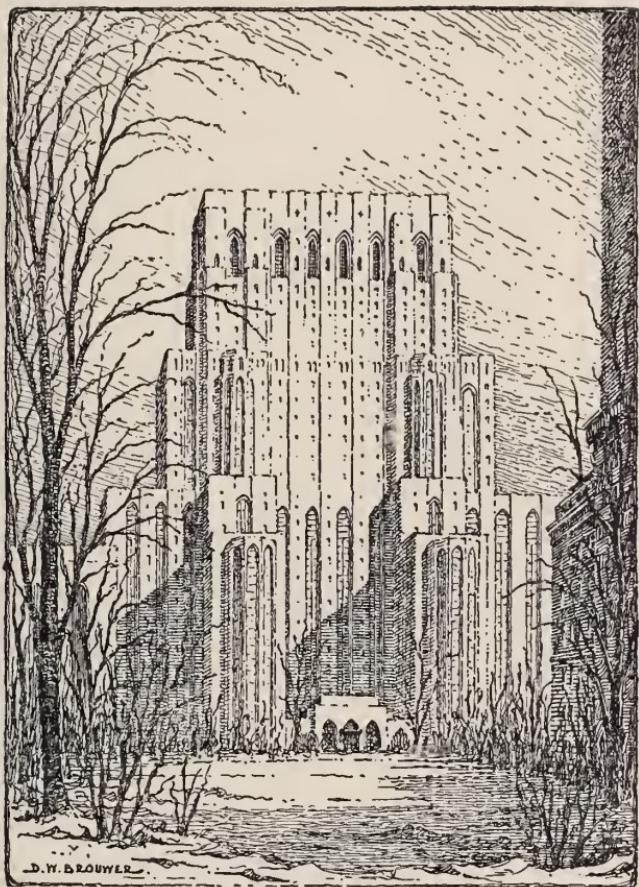
No. 220—Durable, pre-shrunk Duro-Shan
poplin. Side button. Flared skirt with set-
in-belt and side pleat. Sizes 12 to 42. \$3.50

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THE NEW YORK HOSPITAL
SCHOOL OF NURSING



1877 — 1937

CONVOCATION

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*Director of the School of Nursing and
Director of the Nursing Service, New York Hospital*

Welcome—HENRY G. BARBEY

*President of the Board of Governors,
The Society of the New York Hospital*

MURRAY SARGENT

*Administrator-in-Chief,
The Society of the New York Hospital*

HENRICUS J. STANDER, M.D.

President of the Medical Board, New York Hospital.

Response—HAZEL EMMETT, R.N.

*President, Alumnae Association,
New York Hospital School of Nursing*

ANNIE W. GOODRICH, R.N., M.A., D.Sc., L.L.D.,

*Superintendent of the Training School,
New York Hospital, 1902-1907*

Greetings—MINNIE H. JORDAN, R.N.

Directress of Nurses, New York Hospital 1916-1931

Immediately after Convocation there will be a presentation of "The Making of a Nurse," a cinema portraying various episodes in the life of our student nurses produced by The Harmon Foundation in cooperation with The New York Hospital School of Nursing.

EVENTS OF THE DAY

ALL EVENTS UNLESS OTHERWISE SPECIFIED
WILL TAKE PLACE IN THE NURSES RESIDENCE

8:30 A.M.—Registration—Lobby

9:30 A.M.—Convocation—Auditorium

10:30 A.M.—Cinema: The Making of a Nurse—Auditorium

11:30 A.M.-4:00 P.M.—Exhibits—Second Floor

School—Educational Practices of Today,
Rooms 206-207-210-235.

Alumnae—Mementos of the School, Room 200.

Visit to the Hospital—Register for this at the
“Hospital Visit” Booths.

A trip through the hospital is planned to give those interested an opportunity of seeing typical units in each department.

1:00 P.M.—Luncheon—Seating will be by classes.

Your ticket will indicate Room and Table number.
Dining Room in the Basement.
Lounges on the Main Floor.

2:00-3:00 P.M.—Classes—Each limited to fifteen visitors.

Register at "Hospital Visit" Booths.

Neuro surgery following Trauma, Fracture of Skull and Spine, Room F-639.

DR. BRONSON RAY, *Associate in Surgery.*

Psychiatric Nursing—Symptomatology and Terminology
Room P-004.

LAURA FITZSIMMONS, R.N.,

Instructor and Supervisor Psychiatric Nursing.

4:30-5:30 P.M.—Pediatric Nursing—Child Hygiene, Room M-007

ETHEL M. SYKES, R.N., *Instructor and Supervisor
Pediatric Nursing Service.*

4:00-6:00 P.M.—Tea—Lounges.

9:00 A.M. - 6:00 P.M. — Students Booth — Entrance to Alumnae Room.

Nursing Procedure Manuals, The Blue Plaid and various souvenirs may be purchased here—for the benefit of Student Loan Fund.

8:30 P.M.—Alumnae Meeting—Auditorium.

Business Meeting.

Demonstration of Physical Education and Recreational activities by students.

SCHEDULE OF EXHIBITS OF EDUCATIONAL PRACTICE

A survey of the school curriculum with representative exhibits from the departments showing various aspects of the course of study.

I. Preclinical Period—Nurses Residence Room 235.

This period of six months includes instruction in the biological and social sciences as related to nursing as well as class room instruction and supervised practice in nursing procedures.

1. Exhibits of Equipment of Nursing Procedures:

- | | |
|------------------------|--------------------------|
| (a) Patients Unit | (g) Steam Inhalation |
| (b) Charting | (h) Hypodermoclysis |
| (c) Enemas | (i) Intravenous Infusion |
| (d) Murphy Drip | (j) Apical Heart Beat |
| (e) Catheterization | (k) Blood Pressure |
| (f) Vaginal Irrigation | |

2. Exhibits from Science Instruction:

Note books from Anatomy, Bacteriology, Chemistry and Pathology.

II. Medical and Surgical Nursing—Nurses Residence Room 235.

Practice in this department is assigned as follows:

First year: Twelve consecutive weeks medical nursing.
 Twelve consecutive weeks surgical nursing.

Second year: Four consecutive weeks tuberculosis or communicable disease.
 Eight consecutive weeks operating room.
 Four consecutive weeks diet therapy.

Third year: Seven consecutive weeks medical nursing.
 Two consecutive weeks nutrition clinic.
 Five consecutive weeks surgical nursing.
 Four consecutive weeks urological nursing.
 One month nursing of private patients.

1. Exhibits of Equipment for Nursing Procedures include:

- (a) Administration of medicine.
- (f) Isolation unit with oxygen tent.
- (b) Dressing carriage.
- (g) Table from operating room.
- (c) Post operative care
- (h) Urological procedures.
- (d) Eye, ear, nose and throat procedures.
- (i) Ward management.
- (e) Transfusions
- (j) Nutrition clinic.

2. Exhibits from Organized Teaching:

- (a) Materia Medica exhibit.
- (d) Pavilion instruction sheets.
- (e) Morning reports.
- (b) Case Studies.
- (f) Experience sheets from
- (c) Nutrition Studies.
- operating room.

Notebooks from medicine.

Report of out-patient conference.

Report on senior seminar.

III. Obstetrical and Gynecological Nursing—Nurses Residence Room 206.

A term of sixteen consecutive weeks in the second year including the following practice:

Four weeks ante and post partum care.

Four weeks delivery and labor room.

Two weeks nursery.

Four weeks out-patient department.

Two weeks gynecological nursing.

1. Exhibits of Equipment for Nursing Care:

- (a) Perineal care
- (d) Bassinette.
- (b) Breast binder and T binder.
- (e) Infant isolation unit.
- (c) Overbed heater for newborn.
- (f) Collection of urine specimens.

2. Exhibits from Organized Teaching:
 - (a) Students manual. (b) Family studies.
3. Illustrations:
 - (a) Pictures of delivery room drapes and tables for repair of episiotomies.
 - (b) Organization and plan of nursing service and educational program in the Woman's Clinic (Mimeo-graphed sheets).

IV. Pediatric Nursing—Nurses Residence Room 207.

One term of sixteen consecutive weeks in the second year including the following practice:

Four weeks sick infants.

Two weeks formula laboratory and sick infants.

Two weeks out patient department.

Six weeks medical children, play teacher, diet kitchen.

Two weeks nursery school.

1. Exhibit of Equipment for Nursing Procedures:
 - (a) The care of the premature infant.
 - (b) The care of infant with eczema.
 - (c) Equipment of special interest such as clothing, restraint, etc.
2. Exhibits of Educational Aspects of Child Nursing:
 - (a) Student-made play materials of negligible cost.
 - (b) Worthwhile play materials and books from Five and Ten Cent Store for parent teaching.
 - (c) Contributions from the carpentry shop.
 - (d) Articles made by the children under guidance of "play teacher."
 - (e) Natural science experiences in the hospital.
 - (f) Social science experiences in the hospital.
 - (g) Correlated experiences in out-patient department.

3. Exhibits of Organized Teaching:

1. Students written work:
 - (a) Study syllabus.
 - (b) Case studies.
 - (c) Development chart.
 - (d) Family studies out-patient department.
 - (e) Nutrition studies.
2. Cuttings from current readings of interest in pediatrics.
3. Program of instruction.

V. Psychiatric Nursing—Nurses Residence Room 206.

One term of fifteen consecutive weeks in the third year including the following practice:

Four weeks admission floor.
Two weeks occupational therapy.
Two weeks physiotherapy.
Two weeks out patient department.
Two weeks convalescent patient care.
Three weeks acute patient care.

1. Exhibit of Equipment for Nursing Procedures:

- | | |
|-------------------------|---------------------------|
| (a) Warm wet pack. | (d) Occupational therapy. |
| (b) Gavage. | (e) Physiotherapy. |
| (c) Prolonged tub bath. | (f) Hydrotherapy. |

2. Exhibits of Organized Teaching:

- | |
|--|
| (a) Objective of psychiatric nursing program in terms of student activities. |
| (b) Syllabi of courses. |
| (c) Student manual. |
| (d) Patient's chart. |
| (e) Special therapy chart. |
| (f) Case study and symptomatology record. |
| (g) Special studies and illustrative material. |

3. Student Experience in Therapeutic Social Activities:

- | | |
|-------------|----------------------------|
| (a) Teas. | (d) Illustrative lectures. |
| (b) Dances. | (e) Puppet shows. |
| (c) Cinema. | (f) Group games. |

4. Photographs of units in Payne Whitney Clinic and Westchester Division.

—NOTES—



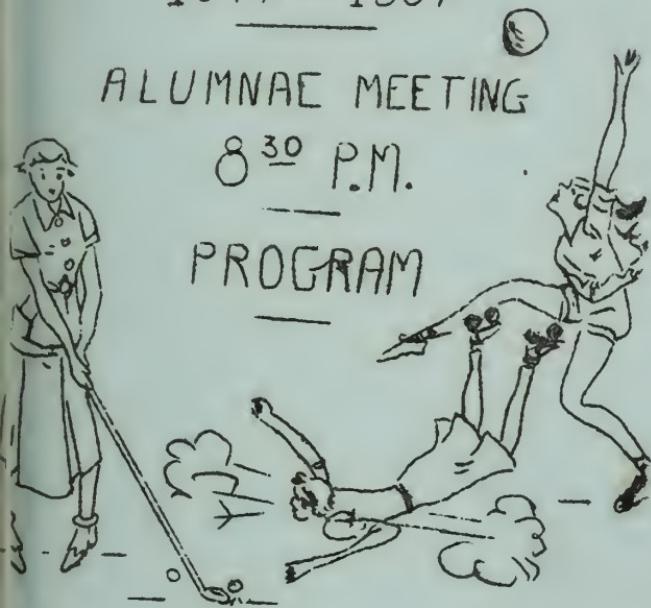
NEW YORK HOSPITAL
SCHOOL OF NURSING

1877 - 1937

ALUMNAE MEETING

8³⁰ P.M.

PROGRAM



PHYSICAL EDUCATION PROGRAM

ARRANGED BY THE CLASS OF

1939

JUNE 9th, 1937

"NAPOLEON" a Danish Folk Dance

by the entire Freshman Class

I TUMBLING AND STUNTS

by Freshman Students

II FENCING

by Freshman Students

V VOLLEY BALL

by Freshman Students

BADMINTON

by the Badminton Club

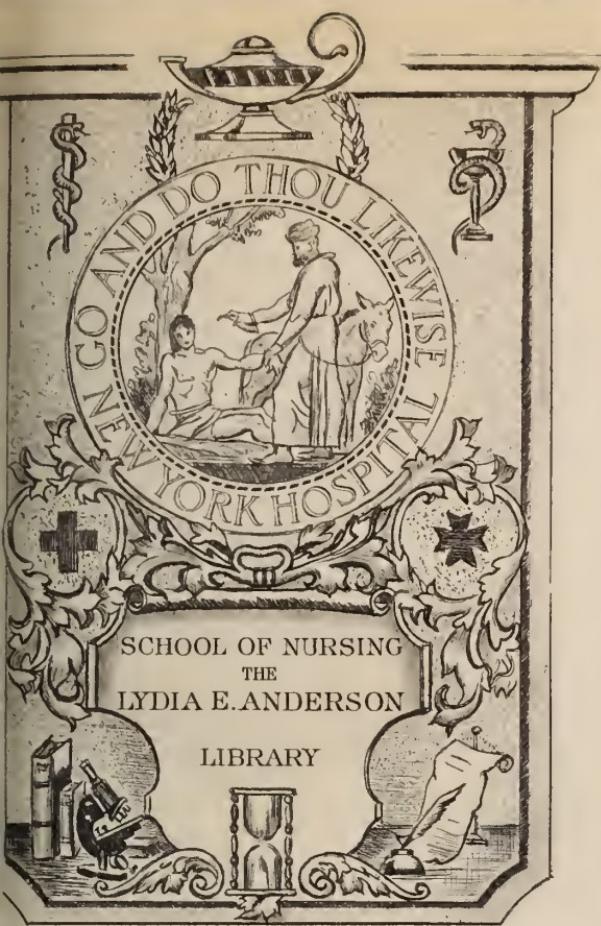
"SPORTS PARADE"

by the Juniors

The Sports Parade is representative of those sports in which we take an active and interested part.

"WALTZ CLOG"

by the Freshman Students.



LYDIA E. ANDERSON LIBRARY

BOOK PLATE

A Book Plate for the library of a school of nursing in a modern university hospital has a wide field of symbolism to draw from and by the same token it should depict the many important relationships of nursing. In this plate there is represented present day nursing, its heritage, its interest and relation to learning past and present, its close union to medicine in general and in this instance its alliance to the New York Hospital in particular. There are two principal central figures, and these grouped with the other lesser figures in the plate go to form three closely knit but distinct groups of symbol.

One of the principal figures is the seal and symbol of the New York Hospital derived from the original charter in the Reign of George III (1771 A. D.). Here liberty has been taken in stylizing the figures from the usual poorly proportioned stenciled ones. The other principal figure is the escutcheon which contains the name of Lydia E. Anderson for whom the library is named.

Surmounting the seal at the topmost position on the plate is the Florence Nightingale lamp - world wide symbol of nursing. In the uppermost part of the panel on one side is the symbol of medicine, the staff and snake of Aesculapius, father of the healing art. On the opposite side is the cup and snake of Hygeia, daughter and valued assistant of Aesculapius. Thus the four uppermost figures, - the seal, lamp, the staff-snake and the cup-snake - form a group centrally joined by the laurel wreath, itself representing high honor and merit.

In the upper corners of the escutcheon are the Cross of Malta, emblem of the Knights of St. John and the Geneva Cross, identified thruout the world with the Red Cross. These are included in the heraldric design surmounting the escutcheon and in a sense the hospital seal could be pictured as a crest.

In the lowermost part of the panel, on one side, are books and a microscope, symbols of present day teaching and learning, separated by Time (the hour-glass) from the opposite figures, the laborious quill and scroll, symbols of ancient learning, and these figures, together with the escutcheon, form a third main group representing the library embodying present and past learning.

NEW YORK HOSPITAL SCHOOL OF NURSING
REFERENCE LIBRARY

VOLUME 10

No. 3

The
ALUMNAE NEWS

JULY, 1937

THE ALUMNAE ASSOCIATION OF THE
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THE ALUMNAE NEWS

NEW YORK HOSPITAL SCHOOL OF NURSING

VOL. 10

JULY, 1937

No. 3

Published Quarterly: January, April, July and October. Sent free of charge to all members of the Association. To others: 15 cents a copy, 50 cents a year.

All contributions should be sent to the editor before the first day of the month previous to month of issuance.

FRANCES J. COBBAN, R. N., *Editor*

33 Central Park West

SUsquehanna 7-5200

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OUR SIXTIETH BIRTHDAY

WE HAVE just witnessed—and had the honor of taking part in—the celebration of the Sixtieth Anniversary of the founding of the School of Nursing of the New York Hospital. Only those who were present can realize the beautiful manner in which the significance of this memorable occasion was brought home to us.

Miss Wolf presided over the meeting. The Hospital was represented by Dr. H. J. Stander, President of the Medical Board of Governors of the New York Hospital; Mr. Henry G. Barbey, President of the Hospital, and Mr. Murray Sargent, Administrator in Chief.

Addresses were also made by Miss Goodrich, Miss Minnie Jordan and Miss Hazel Emmett.

It was very fitting that Miss Goodrich should have been with us on this great occasion, for is not the present School of Nursing very much that thing she had dreamed of, and for the realization of which she had so valiantly struggled for years? May it not be that this School is, in part, the glowing harvest of those rich seeds which Miss Goodrich so confidently sowed?

The blue skies, the river flowing swiftly at high tide, the white summer clouds that seemed to have come to rest on the tops of the lofty white buildings—even Nature herself seemed to bend over and bless this happy occasion.

They came from all parts of the continent—those graduates of the N.Y.H.—to find old friends and to renew their loyalty to their alma mater. It was an impressive sight, and the only note of regret was for those who could not be present. The host of letters from all over the world—from nurses working in foreign lands and from others whose homes are far away—made us realize how far flung is the influence of our Hospital.

Probably not one nurse present did not voice her deep regret that our beloved Miss Sutliffe was not with us; but we believe she *was!* Certainly she was kept in mind when Miss Goodrich read excerpts from many letters received from faithful graduates who gladly sent their contributions to the Sutliffe Memorial Fund.

Convocation Day was busily filled by addresses, an interesting moving picture showing the widespread activities of the Hospital, a delightful luncheon, fascinating, escorted tours of the hospital, high tea in the charming and most spacious lounges in the Nurses' Residence, the meeting of the Alumnae Association, an exhibition of sports activities given by the freshmen, the spirited auctioning off of a N. Y. H. doll—and more refreshments!

Perhaps only those who have had administrative responsibilities, and those who have served on committees, can have an approximate idea of the magnitude of this undertaking and its endless detailed work and preparation.

The mezzanine in the Residence was a very popular spot, and endless groups of graduates were to be seen there exclaiming delightedly over the exhibits which hard working alumnae had prepared for us. There were funny old back-breaking beds which amused and horrified us. (Yes, other hospitals had them, too.) The Alumnae's most fascinating Scrap Book which can never be put into words, old equipment, handwork and interesting maps and charts.

The graduates studied with great interest a large chart which had been hung on the wall and which showed, in detail, the various developments and upward strides which had been made by the New York Hospital since the day of its birth in 1771. Little did that group of British-Americans who sailed across the ocean to beg for financial and moral support from King George III, and who came home across the stormy seas with money, royal consent and the first Seal of the New York Hospital—little did they dream that their hospital was to become so great a power for good, and that we, in 1937, should be celebrating our sixtieth birthday under such perfect conditions and amid such beautiful surroundings! Perhaps they—like Miss Sutliffe—saw it all! Who knows?

There were graduates who looked eagerly for classmates whom they had never seen since their day of graduation—so great was the distance between their homes—and we heard frequent cries of joy and saw the long lost flying into one another's arms. It was a day enriched by memories which we lived again under the lofty but hospitable roof of the N. Y. H.

Among the modern, colorful touches was a very interesting display of toys and playthings for sick and convalescent children made by the student nurses as part of their practical projects. Being familiar with these things we know how much time and thought went into the making of these playthings. They had been planned from the points of view of material, weight, durability, economy, the age of the child, as well as considering the type of illness and the stage of convalescence he had reached. Don't think the attractiveness of the toy had been overlooked, because that was one of the most striking things about this exhibit.

Probably nothing was overlooked in the entire beautiful birthday party. Miss Wolf proved herself to be as able a hostess as a hospital administrator, but she modestly showered all the praise on her splendid committee.

To Miss Wolf and her enthusiastic, untiring committee, thanks and congratulations. It was a wonderful day. We shall not forget it!

GRADUATION EXERCISES

The Vesper Service was held in the Auditorium on Sunday, June 6. The address was made by Rev. P. B. Robison, Knox School, Coopers-town, N. Y., and closed with the hymn "Abide With Me."

The Graduation Exercises were held in the Auditorium on June 10. The program was as follows:

Processional

Invocation

HUGH A. MORAN, Ph.D.
Presbyterian University Pastor
Cornell University

Salutation

HENRY G. BARBEY
President of the Society of the
New York Hospital

"Glimpsing the Years"

ANNIE W. GOODRICH, Sc.D.
Dean Emeritus of the School of Nursing
Yale University

Address

LIVINGSTON FARRAND, M.D., L.L.D.
President of Cornell University

Presentation of Diplomas and Badges
MR. BARBEY

Benediction

Recessional

Tea Served in the Lounge

SCHOOL HYMN

1. Who is thy neighbor? He whom thou
Hast power to aid or bless;
Whose aching heart or burning brow
Thy soothing hand may press.
2. Thy neighbor? 'Tis the fainting poor,
Whose eye with want is dim;
O enter thou his humble door,
With aid and peace for him.
3. Thy neighbor? He who drinks the cup
When sorrow drowns the brim;
With words of high, sustaining hope,
Go thou and comfort him.
4. Thy neighbor? Pass no mourner by;
Perhaps thou canst redeem
A breaking heart from misery;
Go, share thy lot with him. Amen.

GLIMPING THE YEARS

HISTORY is revealing, however much or little of the story concealed in its pages can be exhumed, as it never fails to throw upon the canvas the diurnal lights and shadows that the inevitable concomitants of the creative urge.

As we stand musing before the portrait of Dr. Valentine Seaman a sense of reverence steals over us for this man who visioned, as did St. Vincent dePaul three centuries before, and Florence Nightingale nearly half a century after, a great social need and the means through which that need should be met. His way in the new world was naturally different from theirs, yet not so very different, "He was in the habit," so the report reads, "of giving regular instruction to the nurses by lectures and otherwise, and those of them who were meritorious were encouraged to remain in the service."

That was in 1800 or thereabouts. What happened in the intervening years, a life time, three score years and ten, we do not know, but better service for the patients, we surmise, than was rendered during the twenty-five years that antedated Dr. Seaman's service.

Then came the moving from the quaint old institution with its spacious surroundings to the more constricted but elegant, and, for those days, highly modern building, on Sixteenth Street in 1877 on May 1 with a training school for nurses decreed under conditions, in part, as follows:

"There shall be a training-school for nurses consisting of a teacher and twenty-four pupils, twelve of whom shall enter at once, and twelve at the commencement of each year hereafter.

"The duties of the teacher shall be defined by the Superintendent, under the direction of the Visiting Committee.

"They (the students) shall be between twenty and thirty years of age, shall express a desire and determination to pursue the profession of nursing, and shall be so circumstanced as to make such course of life desirable.

"The service shall be such as shall be prescribed by the Superintendent; but shall include, besides the regular service in the wards, assistance in cookery and washing, and in the Dispensary Department, and each member of the class shall perform the duties common to all.

"The time of service shall be two years, and at the end of the time diplomas under the seal of the Hospital shall be issued to such member as the Visiting Committee shall deem to be entitled thereto."

We are informed that the nursing care of the patients was rendered at that time by six women nurses under the direction of a matron, Miss Susan Verplanck, that she resigned that July and was succeeded by Miss Juliet E. Marchand, also appointed as matron, who organized the school. Concerning this accomplishment the annual report to the

legislature for the year 1877 speaks favorably, stating that the nineteen already enrolled students formed an exceptionally efficient force.

Perhaps only those who have experienced the toil, the discouragement, even despair attendant upon the development of new projects will grasp, in the brief statement of tenure of office, its implications—"on March 25, 1878, Miss Jane A. Sangster was appointed principal of the school succeeding Miss Marchand, resigned." Miss Sangster was succeeded on January, 1879, by Miss Eliza Watson Brown. Of the background, the education, general or professional of Miss Brown, I am unable to speak, but of her qualifications for the post there can be little question. Her request for graduate nurses' service, since the students' health was breaking and the patients were not receiving adequate care; for maid service to relieve the pressure of household duties that interfered with the practice of nursing; her request for a systemized course of lectures, (twelve hours I believe I recall correctly), comprised the course prepared by doctors Draper and Markoe, the medical representatives on the Conference Committee; her establishment of an experience in obstetrics; her request for commencement exercises upon completion of the course, and last, but not least, of the reasons, for thus judging of her ability was the fact that she was the instructor of Zilpha Whitaker, the Sutliffe twins, and others.

I have mentioned the Conference Committee. Shortly after the school was organized, the Board of Governors appears to have placed the direction of the school under a committee so designated charged with "questions affecting the medical department and school of nursing." In effect this held the school as a separate unit jointly concerned with the education of the student nurse and the care of the patients. To this Committee the Principal of the school reported directly.

Of Miss Zilpha Whitaker, who succeeded Miss Brown as principal of the school on September 5, 1882, we know through her application blank that she was a native of New York state, born on October 20, 1851, and that she was educated at the Jamestown Union and Collegiate Institute. No better picture of Miss Whitaker could be found than the following report which I cannot forbear to read:

The following reports were received from the Principal of the Training School.

New York, Dec. 30, 1882

To the Conference Committee

Gentlemen:

I respectfully submit to you the monthly report of the Training School for December, and the yearly report for the same.

The Committee already know the difficulty that we experience in getting into our school such women as approach the high standard of excellence which we aim at for our nurses. I have found somewhat to my surprise, that our Training School is comparatively little known, and I beg leave to suggest to the Committee one or two things that, in my estimation, would help to bring it into public notice and so bring to us more and better applicants for admission.

I find that there has been for at least two years no mention of the Training School, except its expenses, in the Yearly Report of the Hospital. I believe a report of the School, containing some account of its establishment, and subsequent history, separately bound for general distribution would aid us materially.

Also I would ask the permission of the Committee to have upon the graduation of our spring class, Commencement Exercises, as is customary in other schools. Should the Committee approve of the plan will they take such steps or authorize me to do so, as may be necessary for its accomplishment. While I am aware that the matter of the enlargement of the Training School, and consequent necessity for further accommodations for the nurses, is a hackneyed subject, I venture to point out the serious defects of our present system of nursing, only to be remedied by an increase of our number. At the present time four Male Wards that are during the day under the charge of the Training School, at night are left to the care of orderlies who are sometimes incapable of giving to very sick patients the care they require. The nurses would find it an assistance to their practical lessons on the examination of the urine, to have a book of reference on the subject "Tyson's Practical Guide to Examination of Urine" the price \$1.50, would answer the purpose well.

ZILPHA E. WHITAKER

This last request was referred to a member of the medical staff who advised against it.

It is of interest to find that included in the lecture schedule of December 30, 1882 was a course in the Cooking School of Miss Parloa, a pioneer in the field of dietetics. An affiliation with a hospital on Wards Island for obstetrical experience was also secured and a two months' course authorized.

To the full support of the Conference Committee of both Miss Brown's and Miss Whitaker's efforts to develop a professional course in nursing the minutes bear full testimony. There was, however, evident dissatisfaction with the separation of the school from the hospital through the inevitable difficulties involved in joint responsibility and after a brief period of untiring effort Miss Whitaker abdicated and with her abdication the Conference Committee, so essential in the educational development of the program of the students, after a brief struggle, abdicated too, and the project they had designated as a School of Nursing became in a full sense a service unit of the hospital. For many years the nursing service of this 180 bed hospital was rendered by the student body under the direction of two graduates, the directress of the school by day and often by night, and a night supervisor. The provisions of the change in administration read in part as follows:

"That the office of the Principal of the Training School be abolished.

"The school to be recognized as a department of Hospital work under the direct supervision of the Superintendent of the Hospital.

"A supervising Nurse to be selected and to be employed on the recommendation of the Conference Committee, in the same way as prevails with other Hospital employees.

"The Superintendent to have charge of all preliminary business relating to the admission of pupils up to the point of actual admission.

"The duties of the Supervising Nurse to relate to the instruction of the nurses. All that bears in any way on this duty shall be in her hands. She shall not make arrangements for instruction involving the Hospital with parties outside. All such engagements must be made officially by the Superintendent. She to have direct supervision of the Nurses: to be responsible for their good behavior and subordination; to assign them to duty in the wards and to rooms in the dormitory, making such changes in these respects as the situation may demand."

Then came Irene H. Sutliffe but as directress not as supervising nurse, frail of physique, indomitable of spirit, keen of intellect, a power behind the throne. Many chapters would be required for the history of the growth and development during those sixteen years of office, years that saw the organization of the Alumnae Association, of the Nurses Club and the Sick Fund. No graduates were ever more generous in their response to calls for projects national and international.

While fully exemplifying the force of example, Miss Sutliffe's influence must also be attributed to the rare discernment of character that guided her in the selection of material, in the imposing of responsibility, and in dealing with arising problems. Judgment and justice rarely failed to direct her decisions. The contribution of her graduates in every branch of nursing, institutional, educational, public health and private duty will ever hold the school in honor. Forced by ill health in 1901 to retire, the burden of office was ably carried by her young assistant, Ida Nudel, until the appointment of a graduate of the class of 1892 as Superintendent of the Training School.

Changes in accord with the leading schools in the country were again made possible by the appointment by the Board of Governors of a Training School Committee to which the head of the school was directly responsible. Only through the unfailing interest and understanding of that Committee would it have been possible to develop a preliminary course, establish scholarships and make other changes in accord with the advancing demands in nursing education. To Mr. Augustine Smith, the one member of that Committee still with us, and his associates, the school owes a greater debt than these few words by any means convey.

Was the pace too rapid? It would seem so, but not alone in this school. At a crowded meeting in the Academy of Medicine in 1904, the over education of the nurse was discussed with vigor by Dr. Gilman Thompson of the Presbyterian Hospital and Mr. Ludlam, Superintendent of the New York Hospital, nursing being represented by Mary Samuel, N. Y. H. 1893, and at that time Superintendent of Nurses

at Roosevelt Hospital. Here originated that contentious term "the overtrained nurse" with which the nursing profession was to wrestle for many years. Again abdication and again change of authority and of title with the course reduced to two years, since, in the opinion of seven of the medical authorities, "unnecessary instruction exists." There was, however, one differing opinion. He said as follows:

"I see no reason to object to the use of that small portion of their time (one or two hours a week) in the acquisition of general or special information which, while it may have no close relation to their training yet at least shows them where knowledge may be needed and how it may be obtained. I have no sympathy with the 'drink deep or taste not' theory. Is our own knowledge, or that of anyone, so full and complete on any subject, that nothing can be added to it? No, let the nurses look over the wall and see the vast fields that lie beyond, it is more likely to make them humble than conceited." (Who it was, I don't know. I wish I did—God bless him!)

A provision at that time of importance and somewhat offsetting the reduction of the length of the course, was the authorization of graduate head nurses on the recommendation of the Medical Staff. Always two steps forward and one step back. During a brief interim the nursing service was under the direction of Lottie Bushnell, N. Y., 1903, previously assistant superintendent of nurses and to whose ability, loyalty and untiring service no adequate tribute can be paid. Adelaide Henderson, N. Y., 1892, took office as Directress of Nurses on March, 1907, and gave the school and hospital devoted service until her untimely death November 24, 1914. Miss Henderson developed during this period a greatly needed course in Institutional Management for graduate nurses. The beautiful work for convalescent children at Campbell Cottage was established under the able direction of Alice Ellison, N. Y., 1905, was a notable achievement of 1907. At this time also Miss Sutliffe organized the Social Service Department that was to become through her efforts and the later Director Miss Josephi, and her associates so important a branch of community service. That the abolishment of the Training School Committee was again considered and determined upon is too historically significant not to mention. Miss Henderson's deep regret concerning this decision was voiced in a letter to the Visiting Committee.

Minnie Jordan, N. Y. H., 1902, entered upon her duties as Directress of Nurses March 1, 1916, a period fraught with difficulties, for shortly after her installation came the demand of the World War for nurses necessitating the release of graduates and leaving her to face with a diminished staff and most devastating epidemic, the influenza of 1918, this country has ever seen. There were further handicaps; the nurses residence originally one of the most comfortable and attractive then built, became inadequate for a service that had increased from 180 to 300 beds; the deterioration of buildings and equipment soon to be abandoned also presented problems. Despite all these difficulties

under her able and courageous administration the education of the students went steadily forward. The course was again lengthened to three years, experience provided in contagious and mental diseases through affiliations with the Willard Parker and Bloomingdale Hospitals and experience in social service through elective courses in the Social Service Department of New York.

In 1927 through the interest and assistance of Mr. Sheldon the school celebrated its 50th anniversary. In Miss Anderson's interesting historical sketch read at the impressive service in the Cathedral of St. John the Divine she gave the following statistics:

"A few statistics show that of all of the 1,211 graduates, 142 have died; 441 have married or retired, 10 have become physicians; and there are now 450 engaged in active nursing service. Of the latter number 50% are serving in private duty, 28% in public health and allied work, 20% hold institutional positions. Thus have the graduates of this School of Nursing contributed their share to the life of the half-century."

Today, ten years later 232 graduates have been added to the roll and 133 have left us. The total number of graduates being 1,443.

With the completion of this truly magnificent structure, the New York-Cornell Medical Center, great changes have come to the School. How can we express our gratitude to those who have made available such richness of experience, such quality of instruction, such beauty of environment and there is further cause for gratitude. Never before in the history of nursing was an Alumnae Association privileged to advise, through its representatives, the plan of the residence and the program of the school and with the means required for expert study and advice at their disposal. I refer to the Organization Committee of which Mary Beard was chairman. While to determine the general policies and advice concerning the administration of the school the Board of Governors has again appointed a Committee designated as the Council of Nursing on which its representatives of the factors involved. How those who through the years have come and gone, who have loved the work, the patients, the fussy internes, the kindly staff, the very tiles of the old wards, would gaze astounded and rejoice at this advancement. Yet how timely, how demanded is it all. How worthy of those men and women of the past.

Could we recall in its entirety the social contribution of every nurse whose name is inscribed in the annals of the school, soldiers known and unknown, what a story would be revealed of human suffering and human effort that finds its consummation in the social structure of today. Can anyone in touch with this nursing group, our leader, Anna Wolf, her Associates and the students that today render the demanded service, doubt that the spirit of nursing is an enduring dynamic force?

It has been said I quote "when the natural sciences were breaking away from the scholastic tradition a group of Englishmen formed themselves into an Invisible College, which in Boyle's words 'value no knowledge save as it hath a tendency to use.' Speaking of their project which later became the Royal Society, Spratt, Bishop of

Rochester, its first historian said 'and from this Institution and Assembly it had been enough if no other advantages had come but this, that by this means there was a race of young men provided against the next age.'

Unwittingly Julia Marchand, Jane Sangster, Eliza Brown, Zilpha Whitaker and their students were charter members of an invisible college that within a half century was to merge into a society of internationally recognized usefulness, a usefulness of immeasurably greater influence on the coming generation than is generally, is perhaps by none, fully grasped if its members are equipped with the knowledge now available and the greater knowledge of which tomorrow gives promise. The very tragedies of the hour demand such equipment. Yet history forbids despair; often frustration, sometimes defeat but as inevitable as the rising of the sun, is the steady advancement of human understanding, not through emotional response, but through the guiding eye of science in the unremitting search for the reason of things. Today this school stands on the threshold of the greatest of power houses—the University, a threshold other schools have already crossed. By virtue of past accomplishments and present status it is her right, by reason of service to be rendered to future generations it is imperative, that this door be opened.

TRIBUTE TO MISS LEMKUHL

The following is an excerpt which we have gleaned from the 1936-1937 Bulletin of the Fifth Avenue Hospital where Miss Bertha Lemkuhl, recently resigned, served for twelve years, in her capacity of Directress of Nurses:

"Through her unfailing dignity and humanity at all times she taught us the things Florence Nightingale died for—tenderness, compassion, dignity and a pride in our chosen profession . . . She knew all the very ill patients in the hospital, and was never too busy, nor was the hour too early for her to escort a stretcher to or from the operating room when one of 'her girls' needed her. We hope that she may somehow know how we feel at her absence."

The innocent bystander who attempts to aid a person injured in an automobile or other accident was warned today by members of the American College of Surgeons that the best thing he can do is to do nothing.

Unless an injured person is in imminent danger of further injury he or she is best left exactly in the position and on the spot where injured until a physician or surgeon arrives, since attempts to aid generally result in complicating the injury, the surgeons declared.

LETTERS RE: SUTLIFFE MEMORIAL FUND

Excerpts from letters received in response to a request for contributions to a fund in memory of

MISS IRENE H. SUTLIFFE

"My contribution, though small, is given with the greatest respect for one who gave so much of her life for and to others."

"It is a pleasure to send the enclosed check as my small part in the memorial to Miss Sutliffe. She was a wonderful woman."

"I certainly approve such a serviceable memorial to our dear Miss Sutliffe. What would be more appropriate to her life of service? Could anything please her more?"

"I hope we may be able to do something worthy of Miss Sutliffe."

"Please find enclosed a check in loving memory of Miss Sutliffe. She will be greatly missed, as she was an inspiration to all nurses, and very dear to many."

"I wish I could give more, as I think the cause deserves a large and generous response."

"I am enclosing a contribution to the memorial to Miss Sutliffe. We all loved her, and I feel assured she would approve of this splendid plan."

"I feel it a privilege to share in a small way towards so worthy a cause. With the passing of Miss Sutliffe, our life-long counsellor and friend, we know and feel our loss. Her untiring spirit and noble inspiration to carry on and travel hopefully, which was so much a part of her own daily life, shall always leave its far reaching influence and example, and cannot help to enlighten *our* burdens and cheer us on."

* * *

"I have received the notice from the committee of the memorial proposed to commemorate Miss Sutliffe's life, and respond with pleasure only regretting I can do so little. Sewing on buttons is not a lucrative job. I am sure a scholarship for nurses of our School is one that would please Miss Sutliffe; in fact I have heard of it as a dream of hers, and it seems particularly nice for New York Hospital nurses to carry it out."

* * *

"Here is my small contribution, which I wish were larger, but it is given gladly, and I hope we may be able to raise a substantial sum which will truly be a help in aiding the nurses and keeping Miss Sutliffe's name in memory."

* * *

From Mrs. Clara Weeks Shaw

"The enclosed check represents, *literally*, my only available funds. I wish it were larger, but I am amazed that it has any size at all. It is my latest, and probably the last, payment on account of sales of my old 'Textbook of Nursing', and why anybody should want to buy that at this date, passes my comprehension!"

"I very gladly contribute it to Miss Sutliffe's Memorial. She was my loyal friend for more than half a century. Now that she has gone, I fancy that I am the oldest surviving alumna.

"I am sorry not to be able to attend the great anniversary celebration. I shall think of you all with affectionate remembrances."

* * *

"Letter received about memorial for our dear Miss Sutliffe. Am indeed sorry that I cannot be one of the number to give.

"My son gives me a small allowance, and I have no other source of income.

"My next birthday will be 81, so my earning days are over.

"Have much pleasure in my work at Fitzsimmon's Camp. Began my seventeenth year May 20 as chairman for Eastern Star Chapter. My compensation is *love* and *gratitude* from the men and their families, which makes me very happy.

"*Oh how I would like to see the new Hospital!*"

* * *

From Miss Lillian D. Wald

"Here is my additional contribution, which but lightly expresses my sense of indebtedness and affection for Miss Sutliffe and the great influence she had, not only on me but on our contemporaries.

"When you present it will you tell Miss Wolf that I think of her and am glad that someone so thoughtful, so mature in social judgment, carries on for Miss Sutliffe?"

* * *

A Gift from the Gift Shop

March 10th, 1937

Miss Hazel Emmett
President New York Hospital
Nurses Alumnae Association

Dear Miss Emmett:

In appreciation of the fine spirit of cooperation manifested by the nurses on duty at the Hospital, the Hospital Gift Shop Committee has voted to give 2% of the net earnings for the year 1937 to the Alumnae Association, for them to use as they see fit.

It is the feeling of the Committee that the nurses have contributed to a great extent to the success of The Gift Shop.

Would you be good enough to convey this message to the Alumnae? With best wishes to you and to the Association, I am,

For the Committee,
ISABEL DINEEN, *Chairman*

CHANGE OF ADDRESS

Please note that, until further notice, Major Julia Stimson's address will be 25 Claremont Avenue, New York City.

I REMEMBER

A funny little woman was brought into the ward on a stretcher just as the patients were settling down for the night. She was sick, and she knew it. She was going to have a big operation, in the morning, and she knew that, too. She did not know if she would recover or not. She had never been in a hospital before. She had never been anywhere outside of New York City. She had never even seen a piece of fruit grow on a tree. This was her first thrill!

As the stretcher neared her bed the new patient suddenly became very important in her own eyes. This was her first—and it might be her last—opportunity for publicity. Beckoning to the night nurse she asked that she be wheeled all around the ward, so that she might "meet all the ladies". In vain the astonished nurse tried to refuse. The little woman would not take no for answer, so she was wheeled slowly around the ward, turning her head from left to right, as she lay on the stretcher, bowing majestically to each patient. To her that stretcher was a state coach and she on her way to her palace.

"The ward" did not recover from their astonishment all night.

BIRTHDAY HONORS

To commemorate our Sixtieth Birthday the Alumnae Association has presented to Miss Wolf a cheque to be used by her, at her discretion, for the School of Nursing.

Also, the Alumnae Association, in commemoration of this important day, is presenting a waiver to graduates who had been dropped from the Alumnae Association when payment of dues ceased.

The Alumnae Association wishes, through the "Alumnae News", to inform these graduates that they may be reinstated in the Association if their dues for 1937 are paid by August 15, 1937.

This is too good an opportunity to lose.

NEWS OF OUR ALUMNAE

THE Ellison Table—now catalogued and sold as the standard bathing table for babies—was designed by Miss Alice C. Ellison (1905).

Few of our alumnae living in or near New York are not familiar with Miss Ellison's great contribution to the service of the New York Hospital in her capacity of Superintendent of the Convalescent Hospital for Children, in White Plains—a position which she so ably held for twenty-five years, and from which she retired a few years ago, owing to ill health.

It was Miss Ellison's privilege to have started this department of our Hospital's service—a service which the highest of medical authorities rated as "second to none". A member of the New York Hospital Board of Governors characterized Miss Ellison's contribution as "a noble work, nobly done". For her distinguished service she was made a member of The Society of the New York Hospital.

Miss Ellison was ably succeeded by Miss Marie Troup.

Everyone will be glad to know that Miss Reutinger is back at her post as Superintendent of Nurses and Director of School for Nurses at St. Mary's Hospital for Children which had been closed for two years.

The hospital has made a change and is now functioning as a convalescent hospital for children, and conducts a school for the training of children's nurses who would be competent in the practical work of the nursery and capable of caring for both the physical and mental welfare of babies and children.

More Haste More Hospital

Two of our graduates recently suffered painful injuries while on their way to hospital duty. In trying to reach the approaching bus, both nurses fell. One, Miss Rough, fractured her ankle, while the other, Miss O'Geran, fractured her arm, and has endured a very painful time in the hospital.

Anyway, those buses are such deadly things to ride that we wonder we are not all injured every time we get in one—or try to get out!

ITEMS OF INTEREST

Those of us who are not on a reducing diet will find the following list of N. Y. H. dining rooms of interest:

East Dining Room, Garden Dining Room, College Dining Room, O. P. D. Lunch Room, Guest Dining Room, Staff Dining Room and Nurses' Residence.

Surely no one need go hungry in this institution!

Hospital Mail Service

The problem of properly conducting all phases of the mail service of the hospital is comparable to the carrying out of such activities for a town of three thousand inhabitants.

An analysis of the work performed is illuminating. The average day brings to the Hospital over five thousand incoming letters which are accompanied by four sacks of miscellaneous mail.

It is obvious that, to handle accurately such a distribution, a meticulously accurate index of personnel and patients must be kept. The Patients' File alone contains some eight hundred names and requires an average of *more than one hundred changes each day!*

It is equally obvious that a similar amount of mail must leave the hospital. An average of about one hundred tube system carriers assist in this function. (A tube system also sends messages throughout the hospital.)

No place for a lazy man.

* * *

Are you going away for the summer? Do you expect your Alumnae News to be forwarded? If so, have you left your forwarding address? A tremendous loss of time, waste of energy and postage is the annual result of our going off without leaving instructions as to the forwarding of the "News".

* * *

You would hardly believe that, after all that has been said on this painful subject, there are still graduates who do not pay their alumnae dues! We recently heard of a Buffalo physician who was so lax in sending in his dues that somebody just "up and spoke out". In his haste the physician snatched up a piece of wood and made out a "cheque" on it and sent it to his alumni. Perhaps that is what is wrong with our silent alumnae. Perhaps they can't find the right kind of wood. Maybe the longsuffering treasurer will have to resort to *dynamite!*

Nursing Bureau Opens Service at Hour Rates

The Nursing Bureau of Manhattan and Bronx, Inc., 149 East Fortieth Street, recently opened an hourly service for patients requiring short periods of skilled nursing.

"The new service," it was said, "puts skilled registered nurses' services at the disposal of the apartment dweller and others on an hourly basis. Compared with the full-time nurse, it is nursing on an à la carte basis, the patient paying for what he gets, the hourly nurse promptly departing after the services ordered are performed."

"This reduction in cost of nursing to the patient of moderate means or to others requiring only a brief or periodical care is being welcomed by large groups of the urban white collar class."

Miss Alice E. Snyder, R.N., director of the bureau, said the new service was in response to a long felt demand.

DEATHS

It is with deep regret that we announce the sudden death of Dr. Rollin Hills at Bay Ridge, Long Island, March 14, 1937.

Many of us will recall Dr. Hills' days when he was a friendly young interne in the New York Hospital. Dr. Hills married Charlotte Jouffret (1908) who, with two sons, survives him.

* * *

The class of 1906 will learn with regret of the death of Mrs. Andrew Lutz (Anna Keator) at her home in Roxbury, N. Y., in 1936.

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VOLUME 10

No. 4

The
ALUMNAE NEWS

OCTOBER, 1937

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THE ALUMNAE NEWS

NEW YORK HOSPITAL SCHOOL OF NURSING

VOL. 10

OCTOBER, 1937

No. 4

Published Quarterly: January, April, July and October. Sent free of charge to all members of the Association. To others: 15 cents a copy, 50 cents a year.

All contributions should be sent to the editor before the first day of the month previous to month of issuance.

FRANCES J. COBBAN, R. N., *Editor*

33 Central Park West

SUsquehanna 7-5200

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EDITORIAL

ARE YOU satisfied? If not, everybody knows it. It is in our manner, our enthusiasm (or lack of it), and our story is written on our faces. We can't hide it!

Some of us think that the world owes us something it has not given us; or there is something wrong with our profession; or we are misunderstood.

As a rule the world gives us back just what we have given to the world. As for our profession, probably none is so well suited to women as the nursing profession, because it is a womanly profession and because it is so broad that, whatever our special abilities, there is room and opportunity for them. The nursing profession is not overcrowded—by the right kind.

Often the trouble is that we have done nothing to develop our special abilities, or even our personality, and so we have lost our enthusiasm. We cannot blame life, or our profession for that. If we do not like our profession, we can hardly expect it to like us. If we don't like people we cannot expect people to like us, and if we don't make an effort to make friends, we need not be surprised if (especially as we grow older) we find ourselves with very few. When we are young perhaps we don't take these things seriously enough, and as the years pass we cannot find what we wanted.

In the morning the flowers blossomed
All about my feet;
I did not stop to pick them.
I scarcely knew them sweet.

Now in the dusky twilight,
Seeking with wistful care,
Not many I discover,
And very few are fair.

Back in those happy days in our Children's Hospital in White Plains, we had a nice little boy, badly crippled with osteomyelitis. He had been there a long time, and we loved him.

At that time one of the leading New York newspapers was running a children's letter contest, and any child whose letter was accepted received the munificent sum of one dollar. We urged Jimmy to enter the contest, but the very suggestion almost startled him out of his senses. Jimmy was not a literary young man. He was one of a very large family of very poor people. Not one of them had ever had a Christmas present . . . until Jimmy came to us.

Then one day, Jimmy asked for writing paper, and said that, after all, he "guessed he would write that letter". This is what he wrote:

"I am only a little boy, and I live in a hospital out in the country. It is a lovely place and we have everything. We learn everything and have a fine school and we give plays for Washington and the Forth of

July and we dress up for Holloween and some of the boys that are not lame can play baseball. We have candy and a nice "libary" and a hole lot of food and all you want, and candy and ice cream, and we have supper out in the woods and I go in the ottomobeel coss I can't walk much. Christmas is the best thing you ever saw and we even get fine presents without having to buy them. On Wednesdays, after supper we have plays and the kids get it up themselves and do we laugh. We have reel coss chooms for the plays and I just guess we have good times but the funny thing I can't see is this thing I am going to tell you about.

The boys have everything here and yet all they want to do is to walk on my crutches. Are all writing to the Santa claws here for their Christmas present but the only present I would ever ask for would be just to be able to walk like other people. Isent it a funny thing that some people can never get satisfied, I think so."

Jimmy's dollar bill came—by return mail.

Jimmy was a philosopher. Let us learn from him not to borrow crutches, but to walk with confidence on our own opportunities. Look for the best in our work, and in our friends, and we will be amazed at the interesting things we will discover about them.

Then—and not until then—shall we "get satisfied".

F. J. C.

THE NATIONAL LEAGUE OF NURSING EDUCATION*

THE National League of Nursing Education is a membership association composed of nurses engaged in various forms of advisory, executive, or teaching positions in schools of nursing, hospitals, public health agencies, and government nursing services. It is chiefly concerned with the preparation of nurses for the various branches of nursing in which the profession is engaged, and in the promotion of better nursing service to the public.

The League, the oldest of the national nursing organizations in the United States, was founded in Chicago in 1893 at the time of the World's Fair, under the name of the American Society of Superintendents of Training Schools for Nurses. In 1912 the name was changed to The National League of Nursing Education.

The organization has a membership of more than 4,100 nurses.

Because of the growing needs of the profession and the interdependence of the American Nurses' Association and the National League of Nursing Education, both organizations voted in 1932 to make the League the Department of Education of the American Nurses' Association. The League has been greatly strengthened by this connection, and without any change in its organization and autonomy it

has functioned in this capacity since that time. The Executive Secretary of the National League of Nursing Education thus acts as the Educational Secretary of the American Nurses' Association.

Functions

The functions of the League, as adopted at the 1933 Convention, are:

- A. Major functions
 1. To set up standards of organization for national, state, and local leagues
 2. To set up standards for a good school of nursing
 3. To assume responsibility for curricula:
 - a. In undergraduate education
 - b. In postgraduate education (except for special courses for public health nurses)
 4. To assume responsibility for carrying on the work begun by the Committee on the Grading of Nursing Schools
 5. To set up standards and plans of organization for nursing services in hospitals providing clinical services for the teaching of student nurses in order that there may be coordination of educational and service programs
 6. To assume leadership in setting up standards for nursing service in hospitals without schools in order that more uniform methods of organization and staff education may prevail and in order that good standards of health education of patients may be established in caring for the sick in all types of hospitals
 7. To make studies and render advisory service where needed
 8. To accept responsibility for prevocational guidance in relation to nurses, and a degree of responsibility for vocational guidance for nurses who desire to enter fields in which their professional preparation shall be of definite value
 9. To assume responsibilities for leadership in the definition of policies regarding methods of training and supervision of subsidiary groups
- B. Functions of the League as Education Department of the American Nurses' Association
 1. The N.L.N.E. accepts responsibility for advisory service to state boards of nurse examiners on all educational matters such as:
 - a. Entrance requirements and examinations
 - b. Curricula
 - c. Inspection of schools
 - d. Examinations for registration
 - e. Records
 2. The N.L.N.E. accepts responsibility for advisory service on educational problems referred by the A.N.A., and for conference on problems of organization, administration, and service having educational implications
 3. The N.L.N.E. recommends that, for the purpose of better coordinating and furthering the work of the League in the states, the state leagues of nursing education function as de-

partments of education of the state nurses' associations; and to facilitate the attainment of this purpose, the state leagues continue their present organization and autonomy, and the relationship constitutes a functional and not an organic connection.

4. The N.L.N.E. assumes responsibility in the publicity program of the A.N.A. for:
 - a. Suggesting educational material which may be publicized by the A.N.A.
 - b. Passing upon publicity having educational implications
 - c. Cooperating in joint projects

C. Functions in cooperation with other groups

1. To work with the American Social Hygiene Association on a study of ways in which social hygiene can be incorporated in the basic course in nursing.
2. To work with the N.O.P.H.N. and the American Association of Hospital Social Workers in studying how the social aspects of nursing care can be incorporated into the basic course.
3. To work with the A.N.A., the National Committee for Mental Hygiene, and the American Psychiatric Association in studying how to include mental hygiene in the curriculum.
4. To work on a study of subsidiary workers with the A.N.A. and the N.O.P.H.N.
5. To work with N.O.P.H.N. to incorporate the principles of public health and public health nursing into the basic course.
6. To work with the American Hospital Association and appropriate medical groups concerned with the education of nurses and the organization of nursing services in hospitals.

Past Accomplishments of the League

1. It has established central headquarters so that assistance may be given to state leagues, schools of nursing, and to individual members.

2. The Committee on Education has made many valuable contributions to the profession. It was through the early efforts of the Committee that courses in nursing education were established at Teachers' College, Columbia University.

Other noteworthy contributions of this Committee have been the publication of *A Curriculum for Schools of Nursing; Nursing School Faculty—Duties, Preparation and Qualification of its Members; The Out-patient Department in the Education of the Nurse*; and several excellent curriculum studies.

The name of the Committee was changed to the Committee on Curriculum at the 1935 Convention because it was felt that the main function of this Committee in the future will be focussed especially on curriculum problems.

3. Through its Publications Committee, certain publications such as special studies, reprints, photographs of nursing leaders, slides, and other material of interest to the profession are made available.

4. The Committee for the Study of Nursing Education in Colleges and Universities has set up tentative standards for schools of nursing planning to make connections with institutions of higher learning.

5. Through the influence of the National League of Nursing Education, hours of duty for student nurses have been shortened and their working and living conditions have been improved.

6. Through the efforts of the League, studies in nursing education have been instituted, the most notable of which was the study made by the Committee on the Grading of Nursing Schools, which the League, in connection with the other national organizations, assisted financially during the eight years of the study.

7. It publishes and keeps up to date a *List of Schools of Nursing Meeting Minimum Requirements Set by Law*.

8. It has encouraged the organization of institutes and extension courses as means of giving additional preparation to nurses engaged in teaching and administrative positions.

9. Although the *American Journal of Nursing* is the property of the American Nurses' Association, it was originally conceived by the League, and its pages have constantly included articles and studies prepared by the League. It, of course, serves as the official magazine of both organizations.

Present Major Activities of the League

Activities of the National League of Nursing Education are carried on through the Headquarters office, through the work of its committees, through its functions as the Department of Education of the American Nurses' Association, and in cooperation with other organizations.

A. Advisory service

Assistance given on problems of nursing education through correspondence, interviews, and conferences.

B. Department of Studies

The Department of Studies was established by the League in 1932. Two types of studies have been carried on by the Department: (1) Studies concerned with some special aspect in nursing; and (2) studies dealing with particular community situations. In the first grouping are such projects as the nursing activity analysis; in the second grouping surveys requested by state groups (state associations and boards of nurse examiners), and individual institutions.

C. Work through committees

1. Studying curriculum requirements and problems in relation to various levels and types of nursing schools, and making recommendations based upon such studies for the improvement of schools.

2. Formulation of guiding principles for a good school of nursing. This work is under the direction of the Committee on Standards.

3. Preparation, in cooperation with the American Hospital Association, of a manual on the essentials for a good hospital nursing service.

4. Through the Committee on State Board Problems, an attempt is being made to bring about more uniform standards in state board requirements regulating schools of nursing.

5. A survey of facilities in state mental hospitals to determine the facilities for undergraduate and postgraduate courses in psychiatric nursing is being made through a special committee which is cooperating with the American Psychiatric Association.

D. Publications

The League has a long list of publications which is constantly changing to meet the needs of its members. These publications include:

- A Curriculum for Schools of Nursing* (Committee on Curriculum)
An Activity Analysis of Nursing—Johns and Pfefferkorn
List of Schools of Nursing Meeting Minimum Requirements Set by Law in the Various States
Nurses, Patients, and Pocketbooks—May Ayres Burgess
Nursing School Faculty—Duties, Preparation and Qualifications (Education Committee)
Nursing Schools—Today and Tomorrow (Final Report of the Committee on the Grading of Nursing Schools)
Study on the Use of the Graduate Nurse for Bedside Nursing in the Hospital (Department of Studies)
The Story of the National League of Nursing Education—Munson and Stevens
Records for Schools of Nursing (Committee on Records)
Other studies, reprints of general articles, slides, photographs, etc.

How The League Is Supported

The League derives its income from dues, sale of publications, and from contributions.

When Does It Hold Meetings?

The League holds an annual convention. It meets biennially in even years with the American Nurses' Association and the National Organization for Public Health Nursing.

Why the League Needs You

The work of the League is promoted and made possible by the dues which are paid by its members and by the contributions which they make in serving as officers and members of important committees and in making studies which contribute to the general knowledge of nursing education. The League is, therefore, only as strong as its membership. In order to carry forward its various projects, it needs the whole-hearted interest, intelligent cooperation, and financial support of every nurse engaged in any phase of nursing education, both in hospitals and in public health agencies.

Why You Need the League

1. Because the problems of nursing education affect every nurse
2. To insure for you the proper professional status which you need when you are engaged in teaching or supervisory work. Up-to-date principals investigate the status of applicants for positions, because they

want professionally-minded and well-informed women on their faculties. League membership should be a matter of professional pride.

3. To keep you in close touch with what is going on in nursing education today through local and state leagues and through the National League.

4. To make possible meetings with groups who are doing similar work in other parts of the country, through state and national conventions.

5. To give you an opportunity to make some contribution to your profession by holding office, by taking an active part in committee work, or by contributing to nursing literature.

6. To enable you to receive the Annual Proceedings of the League, to which every member is entitled and which is worth the price of the annual national dues.

Membership

You are eligible for *full active membership* if you are graduated from an accredited school of nursing connected with a hospital having a daily average of 30 patients. You must have had a course in theory and practice covering not less than two years. You must be registered in one or more states and be a member in good standing of the American Nurses' Association. When you make application you must be engaged in an advisory, executive, or teaching position, in an educational, preventive, or government nursing service.

Junior active membership is a type of active membership designed for some of the younger members of the profession, such as nurses holding the position of assistant supervisor, assistant instructor, head nurse, or assistant head nurse. Such membership is limited to a period of two years, after which one becomes a full active member.

An *associate member* is one who meets the general requirements for admission except as to position. She may be a student enrolled in a course in a college or university, or she may be holding a position in a foreign country.

A *sustaining member* is a full active member who pays the regular dues for sustaining membership. Sustaining members receive certain publications and reprints in addition to the Proceedings.

How To Become A Member

If there is a local league in the town or city in which you reside, you may join that, and thus automatically become a member of the state league and the National League. If there is no local league in the community, you may directly join the state league. A few states have no state leagues, in which case you can enter the National League directly. The membership is individual in all cases. All active National League members have the privilege of voting.

Applications may be secured from the secretary or chairman of the Committee on Eligibility of your local or state league. If you live in a state without a state league, write to National Headquarters, 50 West 50 Street, New York, N. Y., for an application blank.

The National Dues

National dues per year are as follows:

Active members.....	\$3.00
Junior Active.....	2.00
Associate	2.00
Sustaining	8.00

This does not include state and local dues in states which have state leagues. Usually \$2.00 additional should be added for active membership and \$1.00 additional for junior active and associate membership. However, not all state leagues have the same dues.

OPPORTUNITIES IN THE FIELD OF NURSING

Director of School of Nursing	Administrator of an Orphanage
Supervisor of Nursing Department	Community Nurse in Small Town
Professor of Nursing in College	School Nurse
Nurse Instructor in School	Camp Nurse
Anesthetist	Nurse in Day Nursery
Assistant to Surgeon	Mental Hygiene Supervisor
Diathermist	Quarantine Officer
Psychologist	Sanitary Inspector
Dietitian	Health Teacher in Normal School
Hospital Clerk	Prevention of Blindness Worker
Social Worker	Maternity Nurse
Head Nurse in Ward	Tuberculosis Nurse
Visiting Nurse Teacher	Cardiac Nurse
State Supervisor	Hourly Nurse
Special Nurse	Nurse in Professional Organization
Nurse in Boarding School	Work
Nurse in Hotel	Publicity Worker
Nurse in Prison	Editor
Nurse in Department Stores	Transport Nurse
American Red Cross	Clinic Nurse
Hospital Housekeeper	Field Representative
Hydrotherapist	Army Nurse
Masseuse	Navy Nurse
X-Ray Technician	. . . And Some Others!

Salt, or sodium chloride, which is the most used of all seasonings, is a necessary part of the diet of all people who depend upon other foods than meat in their daily diet. Many of us, however, use far more salt than is necessary for our needs. This is not always harmful, although any one who is inclined toward excess weight will do well to avoid an over supply which may be held in solution with water in the tissues.

In certain abnormal conditions, however, a salt-free diet may be ordered by the physician.

DR. FARRAND HAILS NURSE AS TEACHER*

The growing importance of the nurse as an educator was stressed recently by Dr. Livingston Farrand, retiring president of Cornell University, in an address at the sixtieth graduation exercises of the New York Hospital School of Nursing, York Avenue and Seventieth Street.

"There is nothing in the history of science so dramatic as the discoveries of medicine in the last half century," he said. "With this has come a change in point of view—the prevention of disease is now seen as far more important than its treatment or cure.

"This means that every professional group must play its part. The nurse has an indispensable role because much of the success of preventive campaigns depends on education.

"The nursing profession has come in the past twenty-five years to be an integral part of everything which has to do with the advance of human welfare.

"There is a tendency in all professions to think of itself as separate and with distinctive aim, but it is becoming increasingly evident that no activity can so separate itself in the world of today. The nurse is no longer simply a bedside nurse or a public nurse. She is now allied with the other groups concerned in medicine."

Dr. Farrand urged the graduates to be not merely attendants to the sick, but to have as "broad conceptions as possible of the functions and opportunities" of the profession of nursing.

* Reprinted from *The New York Times*, June, 1937.

EXCERPTS FROM A LETTER FROM DR. DELAVAN

"How can I sufficiently thank you for sending me your kind letter of July 31st, and the July issue of the "Alumnae News"? The latter I read slowly yesterday evening. The address of Miss Goodrich enabled me to live over again, most vividly, one of the most interesting chapters of my own existence. Among other priceless memories was the name of the first trained nurse who ever personally ministered to me—Miss Clara Weeks, now Mrs. Shaw. Then there was Miss Eliza Watson Brown, Miss Irene Sutliffe, Miss Lillian D. Wald—all of whom stand among the most blessed memories of a long lifetime. I doubt if there are many—if any—now living who have such keen and lovely recollections of these three great names of the New York Hospital School of Nursing.

I did not realize the intention of raising a Fund commemorative of Miss Irene Sutliffe, or would have been more than glad to add my own testimony to that of the others so well expressed in the "News" in a very short description of those ladies as they were, for the memory of those of the present day.

With regard to the "Memorial" you are trying to make, I heartily wish that I could be generous to some purpose. However, I hope that the

small check herein enclosed may suggest my interest in the object which is far deeper than my ability.

Again thanking you for your letter, and for the copy of the "Alumnae News", the content of which is more interesting to me than perhaps to any other of its readers, believe me

Most sincerely yours,

(Signed) D. BRYSON DELAVAN, M.D."

PUBLIC HEALTH MANUAL*

In the belief that at no time—in periods of economic stress or prosperity—will public health service exert the force for health it should without active citizen support and that membership on a public health board or committee is the most practical method of giving such support, the New York State Organization for Public Health Nursing is issuing a manual for citizen groups associated with public health services.

The manual, which contains suggestions from representatives of lay committees throughout the state, was prepared by the education committee of the organization under the chairmanship of Mrs. Cynthia Sweet, executive secretary of the Dutchess County Health Association. It was edited by Mrs. Walter J. Drew of Schenectady, a member of the education committee and chairman of the lay committee of the State Organization for Public Health Nursing, and has received the approval of Miss Marion W. Sheahan, Director of Nurses of the State Department of Health.

To those who would organize citizen groups the manual offers comprehensive advice.

* Released by the New York State Organization for Public Health Nursing, Albany, N. Y.

I REMEMBER

Some years ago the Hospital maintained a Rest House for convalescent women on its beautiful and vast Bloomingdale Estate in White Plains. None of us probationers knew anything at all about White Plains. We did not know that Washington's troops had fought there during the Revolutionary War, and that, when planning for the battle, he had looked down from the hills, and, pointing to the fields white with daisies, had said:

"It will be over there, on those white plains."

We did not know that, on this great estate the N.Y.H. maintained (as it still does) one of the finest of hospitals for the mentally sick. So naturally we did not know about the little house for convalescent women. But we do know of two young probationers who *did* learn about that house.

It seems that, now and again, a patient would be referred by an attending-physician for a period of convalescence in White Plains, and

the office of the Hospital would be duly notified and the necessary papers made out.

Well at the time of which we speak there was in training a freshman with saucy black curls, and eyes to match. A very busy little person she was—enthusiastic and willing. We can still see her steadily tripping up and down the ward, with a pleasant word for everybody.

One day our head nurse came to (Shall we call her "Curly Locks"?) and, after a few words, we saw her nod brightly and trip out of the ward with her usual quick step. After that she seemed to have vanished from the face of the earth! Quite a long time passed, and then the puzzled head nurse came and asked us if we had any idea as to where "Curly Locks" had gone. Naturally we had not.

A little before sundown the wanderer returned—pleasant and sparkling, as usual. Not so the head nurse who asked, severely:

"Miss . . . , will you please explain *where* you have been, all this time?"

Curly Locks looked at her in astonishment.

"Why Miss . . . , I had to go all over the hospital, and even then I couldn't get any. The nurses said they could lend you some sheets, but they couldn't spare any pillow slips until the laundry came up, so I kept on going everywhere to try to get them".

The head nurse stared.

"Miss . . . what on earth are you talking about?"

"Why Miss . . . I understood you to ask me to get you some plain white slips, and the nurses . . . "

"Miss . . . , will you please listen to me? I *asked* you to get me some *White Plains slips!*"

And that was the day when Curly Locks and the editor of the "News" learned all about White Plains. Little did we dream that, later, when the beautiful Convalescent Hospital for Children should be built on that very site, we should both spend some of our happiest years on the staff there.

Curly Locks is now married to one of the editors of a big Canadian newspaper, so she doesn't have to worry about who wants to convalesce or who doesn't; or whether they want to go up to White Plains, or whether they just don't care *where* they go; or whether they have any slips or not.

Isn't that so, Curly Locks?

ITEMS OF INTEREST

Little Old Ladies

Campaign Is Begun to Give Them Motor Rides

A share-the-car movement for the purpose of obtaining automobiles with which to take old ladies from institutions for occasional motor trips has been begun by America's Good Will Union.

The object is to have all car owners lend their automobiles for an hour or two each week so that "little old ladies" may take trips away from their institutions.

Miss Cora E. Simpson, General Secretary of the Nurses' Association of China, Nanking, China, writes:

"We are trying to get a National Library for our new Headquarters, and books in English along any nursing lines would be most acceptable. Some times authors like to autograph and send a copy to us and as a librarian you might meet some such. Sometimes publishers have books for review and then do not need them and they are also very useful to us over here, and would also go into our library. This is just for your information, as you seem interested. I have a friend who is a librarian who has secured several valuable books for us in this way with no cost to herself at all."

If you have any material you wish to pass along to Miss Simpson for their library, we are sure it will be used and appreciated.

Incidentally, this organization publishes an interesting outline of the History of Chinese Nursing with English translation. Complete files for 1936-1937 are in the School of Nursing Library in the Residence.

* * *

Whole World Alert In Health Education

Biologist, Back from Tour, Says Every Country
Has Taken Up Fight Against Disease

Every country in the world is pushing health education to teach its people to conserve their mental and physical health, according to Professor C. E. Turner, teacher of biology and public health at Massachusetts Institute of Technology. He has just returned from a round-the-world tour of twenty-five countries to speak before a meeting of the American Dietetic Association at Boston.

"Java has in operation one of the best-adapted pieces of general health education for the adult population found anywhere in the world," he declared. Siam's new government is vigorously working to make the school children more healthy, he added. And in India the leaders in health and education are eager for progressive improvement in their health program.

Throughout Europe, Professor Turner found the same tendency to push health education in the schools, so that the children might acquire habits and knowledge that would enable them to ward off preventive diseases. In the Far East he found China and Japan using standard American materials on health education, translated into their own languages.

Stressing the importance of proper diet in resisting or overcoming infections, and in preventing diseases, Professor Turner said that nutritionists in America might well feel proud of the contribution which their profession had made in aid of health education. American leadership in the field of health education is considerable, he said, and no field of health teaching has more importance for the world's people than nutrition.

Change of Address

On and after 15th June 1937, the Headquarters address of the International Council of Nurses and of the International Nursing Review will be 51, Palace Street, London, S. W. 1, NOT 14 Quai Gustave Ador, Geneva, Switzerland, as formerly.

The annual subscription to the International Nursing Review will be at the rate of eight shillings (English currency). (Nursing and other professional journals are asked to announce this.)

* * *

Call U. S. Matriarchy

Big Financial Interest Held by Women, Says H. U. Nelson

The United States, declares Herbert U. Nelson, secretary of the National Association of Real Estate Boards, is, in an economic sense, virtually a matriarchy. In no other nation known to history, he points out, have women owned or controlled so much of the wealth as in this country, and the tendency is growing.

"A recent estimate, probably as accurate as can be made," says Mr. Nelson, "indicates that women hold title to 40 per cent of all the real estate in America. They are the beneficiaries of 80 per cent of the \$65,000,000 life insurance policies. They own 65 per cent of all the savings accounts, and 48 per cent of the stock of all railroad corporations, and 44 per cent of the stock of all public utility companies.

"In selling and developing real estate—not only in respect to homes—and in the selling and financing of real estate, the preferences of women, it is being realized, must be given a very considerable, and sometimes a controlling weight."

NEWS OF OUR ALUMNAE

Miss Hazel Emmett has accepted the position of Director of Nursing at Manhattan Eye and Ear Hospital. She will be succeeded by Miss D. Hobart.

Miss Catherine Hay, Miss Mary Holland, Miss Ada Wyman and Miss M. Plow were among those who attended the Coronation Exercises in London, in May.

Miss Elizabeth Price has appealed to us most earnestly for help, and this is her trouble:

Miss Price informs us that she receives a deluge of letters and cards asking if she still holds her summer position in charge of the Home for Crippled Children. Miss Price informs us that she has not sufficient time (or post cards) to write to all of these persons who thirst for information concerning her summer doings, but she wants to inform the entire universe, in a single reply, that she has still the same position—and intends to keep it indefinitely.

(Now would someone else like to ask where Miss Price is going to be next summer?)

The Residence Librarian (no other than F. J. Bergstrom) has removed from her former private residence to a new one. She had an idea,

from something the landlord said, that she *might* be moving, but when she came home, one day, and saw the walls of her home being torn out, she decided that it might be a good idea to move, after all. (We wonder if that is what some people call "clairvoyance.")

The Editor saw the Dionne Quintuplets, this summer, and could not tell one from another. But then, neither can anybody else. We understand their parents have the same trouble.

Mrs. Ewing Is Veterans' Good Angel*

By RUTH MCCABE

A brisk, firm step echoes down the corridor of the wards at Fitzsimons General hospital. A cheery, "Hello, boys," greets the patients and heralds another visit of Mrs. Emma Ewing, 80, who for seventeen years has been a weekly caller at the hospital, taking cheer and birthday cakes to the men whose health has been impaired by war.

Few have been as faithful and untiring as Mrs. Ewing, who, as a representative of Temple chapter No. 96 of the Order of Eastern Star, has personally delivered 3,075 birthday cakes to the men.

The birthdays are of great importance to Mother Ewing, if they are someone's else. Her own interests her not at all. Years have been very kind to her and she will celebrate her eighty-first next December. Her energy and vitality belie this fact.

Mrs. Ewing is a graduate of the New York Hospital Nurses' Training school. Her two boys tried to enlist when the World war began, but they were not accepted. Both, however, did their part in American Red Cross and Liberty loan drives, and Mrs. Ewing carried on at home with as much enthusiasm and patriotism as though she had a dozen boys in service.

When the war ended and the work of rehabilitating broken bodies, discouraged spirits and diseased minds was undertaken by the government Mrs. Ewing, then 60, found a niche into which she was equipped to fit. The patients at Fitzsimons hospital were lonely and discouraged and the American Red Cross unit at the hospital asked organizations to aid in entertaining the boys and thereby building up their lowered morale.

The Order of the Eastern Star volunteered to do its bit and Mrs. Ewing was one of the group appointed on the committee to visit the hospital. She loved the work and, with exception of a few weeks when illness or inclement weather has proved a hindrance, she has visited the hospital every week for seventeen years.

Birthdays are important occasions at the hospital and never one arrives without the cake brought by Mrs. Ewing for an important place in the celebration.

The cakes are baked by members of the Temple chapter on the request of Mrs. Ewing and a member of the group drives her to the hospital to deliver the cakes. She also arranges entertainments for the patients in the wards under her care and spreads cheer and sympathy to the men.

* Mrs. Ewing, Class 1890.

NOTICE CONCERNING WAIVER

We are very happy to announce that, to date, 26 of our graduates have taken advantage of the Birthday Offer to reinstate graduates who, for one reason or another, had lapsed from membership in the Alumnae Association. We understand that others are on the way "home"—and welcome, indeed, are they!

The following are excerpts from a few of the many enthusiastic letters received from those returning to the fold:

"As I do not know just what my Alumnae Association dues should be, I am enclosing a check for \$10.00. Will you kindly deduct my dues and place the balance in the Irene Sutliffe Fund?"

"Such a nice Waiver!"

"It is a privilege which I greatly appreciate . . ."

"I (among many others, I hope) am taking advantage of the Waiver the Alumnae Association has so kindly offered us on this memorable occasion."

"I think this is the nicest thing that has ever happened to me!"

"It was with real joy that I read in the Alumnae News that graduates might be reinstated . . . Believe me, mine will never lapse again!"

"This is too good an opportunity to miss. I promise never to lapse again! Thank you so much!"

All we can say is, Welcome Home!

Outstanding *regular* dues for 1937 are past due, and should be paid *immediately!*

The next annual dues are, as always, payable to the treasurer on January 1. No notification of dues payable is sent to members. Please do not wait for someone to notify you, as that is the duty of no one. It is our duty to pay our own dues on the first of each year. It is nobody's duty to notify us.

In Memoriam

EMMA LOUISE WARR

St. Louis, April 20 (AP).—Miss Emma Louise Warr, whose pioneer work in the development of the nursing profession here earned her the title, "the Florence Nightingale of St. Louis," died yesterday of pneumonia. She was ninety years old. Miss Warr came here from the East in 1883 to become the first superintendent of the St. Louis Training School for Nurses, a position she held for twenty-six years, until her retirement in 1909. Miss Warr was an alumna of the N.Y.H.

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VOLUME 11

No. 1

The
ALUMNAE NEWS

JANUARY, 1938

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NEW YORK HOSPITAL SCHOOL OF NURSING

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Election of Officers, Thursday, January 13, 1938

ALUMNAE ASSOCIATION

NEW YORK HOSPITAL SCHOOL OF NURSING .

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MAJOR JULIA C. STIMSON, B.S., M.A., D.Sc., R.N.—1908	LOUISE A. LINCOLN, R.N.—1934	F. JOSEPHINE BERGSTROM, R.N.—1927
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		ELIZABETH BURROUGHS, R. N.—1905
		ELIZABETH BICKFORD, B.A., R.N.—1936

N. B.—Mark your ballot with an X at the left of the name you wish to vote for, or substitute the name of any other person. DO NOT sign your ballot. If vote is to be cast by mail, send same to the Chairman of Nominating Committee, Sarah E. Moore, 1320 York Avenue, New York, N. Y., to arrive not later than January 13, 1938.

DO NOT SIGN YOUR NAME
Enclose card

THE ALUMNAE NEWS

NEW YORK HOSPITAL SCHOOL OF NURSING

VOL. 11

JANUARY, 1938

No. 1

Published Quarterly: January, April, July and October. Sent free of charge to all members of the Association. To others: 15 cents a copy, 50 cents a year.

All contributions should be sent to the editor before the first day of the month previous to month of issuance.

FRANCES J. COBBAN, R. N., *Editor*

33 Central Park West

SUsquehanna 7-5200

Associates

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EDITORIALS

"Go Thou and Do Likewise"

THE STUDENT in our School of Nursing today receives, during her three years of training, 1,023 hours of class and laboratory work—all of it during the daytime. Contrast this with the hours which you and I put in, practically all of our classes having been held at night! How greatly has the lot of the nurse improved! How Florence Nightingale and her brave women would stare if they could see the privileges, equipment, housing, meals and training of the nurse of today—to say nothing of her post-graduate opportunities!

The underlying principle—the life stream—of the nursing profession is *service*. It was of the ideal of service that our profession was born, and it must, by its very nature, be, to a great extent, service to the poor and needy. The public must never be allowed to suffer. The nursing profession will live, as a profession, just so long as we live up to the ideals and the struggles of those who worked without ceasing, and sacrificed so much, in order that we might reach a higher level of service and be ranked among the professions.

Shall any of us attempt to lower the ideals set up for us by that long line of heroic women? When we forget our responsibility to the poor and the needy, we forget our very profession—the finest public service ever undertaken by women!

If ever we allow an insidious outside influence to persuade us that our profession is not good enough for us, in that moment we become unworthy of our profession. It is not so much "Is my profession good enough for me?" It is rather, "Am I good enough for my profession?" This is especially true since our profession has accomplished so much to make the nurse's life nearer normal—and we are still progressing.

When we forget the ideal on which our profession was founded, and the noble women who made it possible, we have forgotten everything that counts. Without that memory our profession is a dead thing. Remembering the past, which of us is willing to fail the future? Those great women have held out to us the torch of service, enthusiasm and faithfulness. We must never turn our heads the other way, "lest we forget."

And to the New York Hospital nurse there is an everlasting call to service, to faithfulness and to remembrance in the beautiful Seal so wisely chosen by the founders of our beloved hospital. Its message will endure as long as this world lasts, and none, remembering it, could ever be found wanting.

"Go thou and do likewise."

F.J.C.

CHRISTMAS

WE HAVE just passed our Thanksgiving Day, and are looking forward, with a warm rush of feeling, to Christmas. It is peculiarly appropriate that Christmas should so closely follow our Thanksgiving Day. With the exception of, to a certain extent, our neighbor, Canada, the United States is the *only country* that makes a great national celebration of Thanksgiving. It is one of the greatest of American institutions, and has been steadily growing in importance since the first proclamation of Thanksgiving was signed by Abraham Lincoln in 1863.

I know a family of affluence who, on Thanksgiving, just before the great feast begins, place four grains of corn at each plate, to remind them that, during days of privation, when this country was an infant, four grains of corn were sometimes a whole day's rations!

We are thankful for friends, for families, for homes, for our special social, religious and educational opportunities. We are thankful for our national resources, for climate, for food—yes, and for our four grains of corn.

It is very fitting that Christmas should follow Thanksgiving, and that, out of the fulness of our hearts, we should want to give. Thankful people, throughout the ages, have always shown their thankfulness by giving. When we think, we thank, and when we are thankful we give.

And so, at Christmas time, we look about for the means with which to do something for someone. It is the one day in the year which we set aside for genuine unselfishness—the one day when we boldly make some sacrifice in order that others may be made happy.

A little child once told me that Christmas is "the day when you see how much you can get!" Unfortunately, this is sometimes only too true. Which of us has not heard that cold-blooded question: "What did you get for Christmas?" It should be, "What did you *do* for someone else, at Christmas?" Receiving fills the bureau drawers, but giving fills our souls with happiness. If we haven't any money, let us give ourselves, our time—our four grains of corn.

The really pathetic thing about Christmas is that, in many instances, it is the only day in the year when we really put ourselves out for others. All the rest of the year we seem to take leave of absence, with full pay. Let us remember our neighbor even many days after Christmas, and let us remember to share our four grains of corn.

REPORT ON THE CONVENTION OF THE NEW YORK STATE NURSES' ASSOCIATION

•

THE 36th Annual Convention of the New York State Nurses' Association was held this year at Lake Placid, September 27-30. One of the guest speakers, Miss Mary E. Bliss who is Assistant Director of the American Nurses' Headquarters office expressed thoughts similar to those which everyone present must have had when she said, "I think you as a group are to be congratulated on having such a setting for your meetings. I think that you could obtain almost as much inspiration from the beauty of the scenery as from the program that I have had the pleasure of listening to."

Three measures of major importance were presented to the House of Delegates for discussion and a vote. These resulted in the following:

1. An amendment to the By-laws to provide for biennial rather than annual State Conventions.
2. Amendments to the By-laws: (a) creating a Grievance Committee consisting of five members appointed by the president, each residing in separate districts. The duties of this committee shall be to receive complaints in writing against District Associations, resident members of Alumnae Associations, or individual members of the association. The complainant and respondent will then be notified in writing to appear before this committee which will hear the facts and submit its findings to the Board of Directors. (b) The Board was granted the power to suspend, expel, or otherwise discipline the respondent upon consideration of the findings of the Grievance Committee.
3. Approval by the House of Delegates of proposed revisions of the Nurse Practice Bill which was defeated in Albany last March. These revisions include a clearer definition of nursing which states more clearly the limits wherein the graduate professional nurses and the proposed nursing aides may practice under their respective licenses.

Dr. Laurens Hickock Seeley, whose topic was "The Spirit and Skill of the Nurse" expressed the opinion "that as far as there is any dogma undergirding the skill and spirit of nursing I believe it to be this: "Human need dictates the deed." "The spirit of the nurses is attacked by the usual forces which infect the souls of all of us, but there are special conditions which belong peculiarly to the nurse. To begin with she deals frequently with people who are at a disadvantage. The broker or the boxer, for instance, deals with equals; but the nurse has patients, people who lack health and sometimes capacity of body or mind. Where there is disadvantage, the nurse may be compelled to endure caprice, petulance and snobbery. Most difficult of all is the

patient who yields entirely to weakness and incapacity and shows not the slightest determination. There are those gathered here this evening who have met such difficulties and have carried through their duty to their patient without anyone about them aware of their inner conflicts, of their moments of despair or of the mysterious sources of rest and refreshment which they have quietly found. I believe that nurses who carry on through irritation, conflict, disappointment, regardless of money, pleasure or convenience because for them there is one supreme law that 'Human Need dictates the Deed' will be found to be artists in the realm of the spirit and in skill."

Miss Bliss suggested the following list of books which all nurses should read:

- "Nursing and Nursing Education In the United States" 1923.
- "Nurses, Patients, and Pocketbooks" 1928.
- "Nursing Schools Today and Tomorrow" 1934.
- "Cook's Life of Florence Nightingale"
- "History of Nursing" (Dock and Nutting)
- "The Social and Ethical Significance of Nursing" Anne W. Goodrich
- "American Journal of Nursing"

Miss Bliss added however, that "reading is not enough. Physiology teaches us what happens if our food is not digested. But what happens if we have no capacity for mental digestion? The danger of such a situation was noted by a man who died over 400 years before the Christian era—Confucius, the Chinese philosopher. He said, 'Learning without thought is labor lost—thought without learning is perilous'."

In concluding her message Miss Bliss outlined a program which she suggested for not only leaders but for the rank and file of the army of nursing—adding that while no army ever won a campaign without leadership it was equally true that no leader ever won a battle without an army of support. The four points are as follows:

"1. First, we face the necessity of preserving the fundamentals and ideals which are the very foundation of our calling. The goal of all our efforts should be the healing of the sick.

"2. Second, we must so build on the foundations that the ideals will be not merely preserved but will grow and develop to meet changing conditions in community needs.

"3. Third, to accomplish the above, the standards of nursing should be so guarded and guided and raised in such a way that the finding of the Grading Committee in 1934 shall never be true again.

"4. We must not be blind to the fact that even if we can accomplish these three things, we still have no certainty or even likelihood that we shall obtain the young women of education, ability and character who are necessary, unless the profession offers them a life in which they will be able to grow and develop not only the art of nursing but their personalities, and an income which will enable them to provide for their age as well as the reasonable comforts of life. Most of us

know that nursing offers great satisfactions, but we also know that it is arduous work involving physical, mental and emotional strain to a degree found in very few callings. To do justice to the patients and the work the nurse requires a healthy mind and a healthy body. Few human beings will be able to retain these for long in the face of extremely long hours of duty with their inevitable fatigue, or in the cramped and repressed life which they entail, or in the ever present sense of financial insecurity in the event of loss of health or approaching age. Young women of intelligence, education and outstanding personalities are not going to be attracted to bedside nursing while these conditions exist. For, whether we regret or approve the change, perpetual self sacrifice and immolation are no longer generally regarded as a virtue or even as a healthy mental condition and we might as well recognize the fact. So, a fourth item on our program should be concerned with bringing about better living and working conditions for nurses. . . ."

In closing may I take this opportunity to again thank the Executive Committee and the Alumnae Association for the opportunity of having been your delegate to this convention, and to suggest for our motto the thought which Dr. Seeley expressed so well—"Human Need Dictates the Deed."

Jeannette F. Robert



The Christmas Party



WOULD you believe it, the Christmas Party is here again! Coming? Of course you are. If you can, please come and help before the party—not as an ornament, but as a worker. The ornaments are supposed to be on the tree. Here is the program:

Thursday, December 23—8:00 P.M.—Christmas Party

Saturday, December 25—1:15 P.M.—Christmas Dinner

Saturday, December 25—6:00 P.M.—Buffet Supper

Saturday, January 1—1:15 P.M.—New Year's Dinner

Note Sunday, January 9—5:00 P.M.—Holiday Tea

It's a family party, you know. You wouldn't fail your family at Christmas, would you? The date for the Holiday Tea has been set as above hoping that members of the family who must leave town at Christmas will be back by that date.

I REMEMBER

Down in the dear old hospital on Fifteenth Street was a certain head nurse. She was always immaculate, ran a splendid ward, and was a marvel in all the arts of practical work. (Remember, this was in the days when certain members of the graduating class were selected to have charge of wards and floors).

Anyone who paced (or, in those days, *raced*) those lovely tiled wards soon learned that, if she happened to be in Miss _____'s ward she could never spare herself for a single instant, where practical work was concerned. There was a driving force and an all-seeing eye from which there was no escape. "Perfection or Nothing" was her motto, and to her credit be it said that, in all the years that followed, in the fine positions which she held, she lived up to that motto herself.

But for some reason or other, there was one outstanding crime for which there was no forgiveness, and that was to fracture a butter crock! My mind could not fathom the reason, but from the day when I learned that this was the "perfect crime", I knew that I was doomed to break a butter crock! It was foreordained. Every time I looked at a butter crock my veins grew cold, and I invented every excuse for not giving the patients butter.

Of course it happened. I shall never forget the crash, and the swift appearance of Miss _____. She knew the sound! For several days she gave me very understanding looks, and I realized how low I had fallen. On my afternoon off I rushed around to Fourteenth Street and lugged home an enormous butter crock. Miss _____ and I were soon on good terms again, but, for some reason or other, I never seemed to think the patients should want butter.

ANONYMOUS

BOOK REVIEW

Miss Louise Zabriskie, Field Director of The Maternity Center Association, N.Y.H. published in October, *Nurses' Handbook of Obstetrics*. It is a revised fifth edition of her first book, published in 1929.

The text is interesting, clear and concise, and minutely informative. There are nearly four hundred illustrations. Combining facts, keen observation, and rich experience—and with the cooperation of leading obstetricians and maternity hospitals—Miss Zabriskie has produced a definite textbook in her field. To the public health nurse, and especially to the lone worker in isolated areas, this book will be an invaluable guide.

ESTER ANDERSSON

ITEMS OF INTEREST**Change of Editor**

Please note. Beginning with the next issue of "The Alumnae News", the editorship will be taken over by Miss Ester Andersson, whose address is Johnson Hall, Columbia University, 411 West 116 Street, New York. All items intended for the editor should be sent to Miss Andersson from now on.

* * *

Do you know that double postage must be paid on magazines which are not delivered, provided you wish them forwarded to an address which you have not given?

* * *

Do not allow a child to suck his thumb. Saliva is a skin irritant, and may cause eczema. Don't let him suck his thumb or *anything else*, because the pulling in of the mouth and cheeks narrows the shape of the face, narrows the space which should be occupied by the gums, and prevents proper spacing of the teeth when they appear. Upon good position and preservation of both the first and second teeth depend the shape and expression of the lower half of the face.

* * *

There are about 100 calories, per inch, in pie crust, at the circumference. You can see what this will do to your waistline. You probably consume 450 calories with each portion of pie—650 or 700 if you add cheese or ice cream. Of course, if you go out and walk three and one third miles in forty minutes, after the pie episode, you can burn up 300 calories. Window shopping won't do it.

* * *

How long will you live? It might be said that the *average* length of life is a family affair. Studies made by experts indicate that longevity is inherited, and that people who live to an old age usually had parents who, also, had reached old age.

Of course certain factors must be taken into consideration—such as hygienic factors, air saturated with carbon monoxide, insufficient sleep, over indulgence in savory foods and other influences which were unknown to our parents but which are too well known to us.

There are three cardinal approaches to lengthening of life—periodic health examinations, individual improvement and an interest in organized public health work.

How much thought do you give to planning your summer vacations? The summer vacation is not a separate part of the year to be lifted out and set aside as a something all to itself. The summer holidays should be planned with due consideration for the kind of year we have just spent and the kind of year we are going into when we come back. No other arrangement is quite fair to us. Of course, it often takes more than four grains of corn to do it!

* * *

The editor called on Miss Price and saw her charming and immaculate Summer Home for Children before it closed for the season. The children (orthopedic) were, to all appearances, in fine condition, and we cannot forget their happy little faces as they sang for us selections from their approaching end-of-the-season festival. The staff of house-workers have been with Miss Price for eight or ten years, which says a good deal for the management.

* * *

The Alumnae Association and the School of Nursing jointly sponsored a Carnival on the afternoon and evening of December 3, for the benefit of sick nurses at Stony Wold.

CALLING FOR ALUMNAE DUES

1937

Article IV, Section 4 of the By-Laws of the Alumnae Association of the New York Hospital School of Nursing reads as follows:

"Members failing to pay dues on or before December fifteenth of the current year will forfeit the rights to membership and their names shall be taken from the roll of members."

1938

We are told in Article IV, Section 1, of our By-Laws that:

"The Annual dues for resident members shall be \$4.00 payable at the Annual Meeting, and shall include dues to the New York Counties Registered Nurses Association, District No. 13 of the New York State Nurses' Association, and the American Nurses' Association."

and in Section 2:

"The Annual dues for non resident members shall be \$3.00 payable each year at the Annual Meeting."

Regarding the class of membership to which you belong, Article I, Section 1 (a) says:

"Resident members shall be New York State registered nurses residing in the Counties of New York, Bronx, Westchester, and Richmond. . ."

and (b)

"Non resident members shall be those residing outside of these counties, District No. 13 of the New York State Nurses' Association. They

shall be entitled to all the privileges of this Association, but should secure membership in the District, State and American Nurses' Association through the District Association of their place of residence."

All dues are payable DIRECTLY TO THE TREASURER. In order to avoid error, please be sure that your name in full and your address, including city and state, (and country when necessary) are enclosed with payment. Cash payment is made at the sender's own risk. Receipts are given only when stamped self addressed envelope accompanies payment; check or money order stubs are members' receipts unless especially requested otherwise. Checks and money orders should be made out to the ALUMNAE ASSOCIATION OF THE NEW YORK HOSPITAL SCHOOL OF NURSING.

Membership in the A.N.A.

Resident

Membership in the American Nurses' Association consists of active resident members in good standing in the State Associations which are members. Our alumnae treasurer sends to the treasurer of District No. 13, New York State Nurses' Association, the names and addresses of all resident members with the per capita payment required, which makes each RESIDENT MEMBER automatically a member of the District, State, and National Nurses' Associations. However, *until your dues are paid for the current year* and your name has been sent to the District office, your name does not appear in the District books as a member.

A membership card, a new color each year, is sent to each member of the American Nurses' Association. If you do not receive this card within a month after you have paid your Alumnae dues, please communicate with your Alumnae treasurer so that she may trace your membership. This card is important, as is your membership; the card is required for admittance to the state conventions, and may be required for identification at the District meetings. Only members in good standing are entitled to voting privileges.

Non Resident

The registered nurse who does not reside in the district or state in which her alumnae association is located enters the American Nurses' Association through the district and state of her actual residence. Being a member of your own alumnae does not make you a member of the state and national associations *unless you live in that district*. You should, however, retain contact with your alumnae association as a non resident member. UNLESS YOU ARE A MEMBER IN THE DISTRICT IN WHICH YOU RESIDE YOU ARE NOT A MEMBER OF THE A.N.A., membership in which is required for membership in the National League of Nursing Education and the American Red Cross Nursing Service.

NEWS OF THE ALUMNAE

●
Important

For information for our file, will you kindly fill in and return to the treasurer the small printed slip enclosed in the Alumnae News with your Ballot.

The Waiver

The Waiver in honor of the 60th Anniversary of the School of Nursing has been extended to and including December 31st. Second notices have been sent out, but if you know of anyone who may be interested, please tell her about it, as many of our letters have been returned because of change of address which has not been given to the Alumnae Association. The returns have been gratifying and show a revived interest on the part of many of our graduates.

F. J. BERGSTROM, *Treasurer*

Mrs. Anna F. Dwight has resigned her position as Assistant Director of Social Service at the Vanderbilt Clinic at the Medical Center, and is spending the winter in Florida.

* * *

Miss Verna Smith spent the summer in Canada.

* * *

Mrs. Ethel Hosking went to England on the "Queen Mary", and has returned home.

* * *

The alumnae will learn, with sympathy, of the loss Miss Julia Stimson has sustained in the recent death of her mother.

* * *

Miss B. Winona Luce is now Mrs. Louis J. Lewis. She was married on June 3, 1937, and is living at the Roosevelt Hotel, Philadelphia.

DATES OF ALUMNAE MEETINGS



December	Hospital
January (1938)	Club
February	Hospital
March	Hospital
April	Club
May	Club
June	Hospital
October	Hospital

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Saturday, December 25

1:15 P.M.—Christmas Dinner

Saturday, December 25

6:00 P.M.—Buffet Supper

Saturday, January 1

1:15 P.M.—New Year's Dinner

Note—Sunday, January 9

5:00 P.M.—Holiday Tea

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VOLUME 11

No. 2

The
ALUMNAE NEWS

APRIL, 1938

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NEW YORK HOSPITAL SCHOOL OF NURSING

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THE ALUMNAE NEWS

NEW YORK HOSPITAL SCHOOL OF NURSING

VOL. 11

APRIL, 1938

No. 2

Published Quarterly: January, April, July and October. Sent free of charge to all members of the Association. To others: 15 cents a copy, 50 cents a year.

All contributions should be sent to the editor before the first day of the month previous to month of issuance.

ESTER ANDERSSON, *Editor*

Johnson Hall, Columbia University

UNiversity 4-3200, Ext. 565

Associates

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THE SPIRIT OF THE ALUMNAE ASSOCIATION*

By MAJOR JULIA C. STIMSON

ALUMNAE associations are connecting links between the schools and the profession, standing sponsor as they do for the young graduate whom the school has selected, trained, and it is hoped, inspired. They are the foundations of all other nursing organizations, district, state and national, and in consequence vigorous and up-to-date alumnae groups mean vigorous district, state and national bodies. It is, of course, equally true, too, going a little further back, that upon the character and ability of the individual rest the value, the honor and universal recognition of the organization and of our alumnae as a whole.

The reorganization of the American Nurses' Association a few years ago gave the alumnae association for the first time its proper relation to the national association and placed upon it the greatest responsibility of all—that of the decision as to the individuals who shall compose the organization, establishing the standards for membership as to professional honor and general morale. It can even be said that in this connection the alumnae association may have to correct the mistakes the school has made. Only by associating ourselves together do we advance the standing and power for good of the body of workers, and maintain the honor and dignity of the profession, and only by so doing can we really know the problems of our fellow-workers, or find a way of imposing needful restraint on the egotistic, self-assertive members, or help to keep the weak and unstable in line.

The objects and opportunities before us are numerous and diversified. They may be enumerated as follows:

To promote the interests of the school. (The Alumnae Association of Vassar College makes this its first object.) Internal—To maintain among the graduates a spirit of fellowship and service. To work hard for the good of the school and to uphold the influence of the superintendent. To educate new graduates to their responsibility as members of the profession. To provide concerted action in preparing young graduate nurses for the duties of the association (with particular thought to responsibility for the ideals, viewpoint and general behavior of the student nurse on graduation.) External—To keep in touch with other members of the profession. To maintain close contact with other schools and hospitals. Spiritual—To make an effort to keep alive certain ideals which the stress of a busy professional life has a tendency to obscure. To uphold a code of ethics. Social—To foster social life and provide recreation and freshness of thought. To keep alive school friendships. To promote unity among the graduates of the school. Legislative and Relieving—To furnish a share of funds and workers for obtaining better laws governing the profession. In some cases to provide sick benefits or furnish and maintain an endowed room for

*Reprinted from The American Journal of Nursing, May, 1925.

graduates who are members in good standing. To work toward an endowment of the school to furnish financial support for various national causes, memorials, etc. Professional—To help raise the standards of nursing. To study new methods, etc. To foster postgraduate courses. To subscribe to and read professional magazines. To study new methods in medicine, surgery, and social service, and to encourage higher education both for pupils and for graduate nurses. Disciplinary—To exclude or expel unworthy individuals, and censure or discipline back-sliding members. To provide a complaint committee. To expose, as far as it can be done locally and nationally, the wrongs and injuries done to the best standards of nursing, and to check harmful tendencies. Constructive—To be a means of letting the Board of Directors know where the school is failing. To be a source of constructive criticism, after investigation and a careful study of facts, from whom dignified action of the executive board of the alumnae may be presented to the proper authorities. In connection with these efforts a member of the alumnae should be on the board of the school to give the nurses' viewpoint to the Board. She would be a helpful advisor to them in giving to the public information as to the needs of the school, acting also as a recruiting agency. Another responsibility is the welcoming and inspiring of a new superintendent and upholding her hands. The relationship between the alumnae association and the school is not however a one-sided affair and the responsibilities of the school to the alumnae association are not to be forgotten. The school should stand ready to give continuously of its best thought and inspiration to the graduate. It should expect of the alumnae association, among other things, the primary duty of furnishing good examples to the student nurses. It should keep the alumnae association informed of progress and changes in the school. It should expect that no one could have a greater interest in the school than the graduate of the school. It should expect to be to the graduate a true Alma Mater, often a home to which as students, they went with their youth, their hopes, ideals, and coming years of service. It should be on the alert to prevent an attitude of indifference on the part of the alumnae association, an indifference which is bound to arise from frequent changes of personnel in the administration of the school, and from changes of policy. It should be a constant source of help and inspiration.

THE HOSPITAL

Your Cooperation Is Requested!

EACH week the nursing school receives inquiries concerning its graduates and is in a position to recommend them for important posts. A great amount of time is spent in answering these many letters and forms which we hope may be of direct benefit to the graduate concerned. However our best services to our alumnae cannot be rendered frequently as we find the individual concerned has not kept us informed of her activities and location. To our great disappointment

last year when questionnaires were sent to over one thousand alumnae only some four hundred were filled and returned to us. However a number of those who did not reply to our questionnaire have since called upon the school to fill out blanks for them, to give references or to recommend them to new positions! The school cannot meet its obligations to the graduates if the graduates do not in turn help the school to keep its files up to date.

We urgently request each graduate therefore to inform us if she changes her position and her address and if she has been preparing herself for specialized activities. Be sure to send us a wedding announcement! We ask each one also to respond promptly and completely if and when inquiries from the school are sent to her. Let us cooperate!

ANNA D. WOLF

Announcements from the School of Nursing

Graduation Exercises will be held in the Auditorium of the Nurses Residence, 1320 York Avenue, New York City, Wednesday, June the eighth at four o'clock.

Alumnae are urgently invited to be present. Why not wear a uniform and march in with other alumnae? Do so if you possibly can. On account of seat reservations let Miss Moore know if you are coming and if you will be in uniform. Alumnae in uniform should assemble in the graduate lounge for the line of march promptly at three forty five.

Vesper Service will be held in the Auditorium of the Nurses Residence, 1320 York Avenue, New York City, Sunday, June the fifth at five o'clock. Alumnae and their friends will be very welcome.

ANNA D. WOLF

Benefit for Stony Wold

On December 3rd, 1937 a benefit for the Nurses' Auxiliary of Stony Wold was held at the N. Y. Hospital Nurses' residence. Miss Margaret Valentine was Chairman of a joint committee composed of staff and student nurses of the hospital, and members of the Alumnae Association. Chances on a trip to Bermuda, a tea and fashion show, and a gala evening carnival were planned and the necessary arrangements executed with great zeal and splendid cooperation. Real interest, good publicity and a host of generous friends all contributed to making the affair a grand success. When all expenses had been paid a check for the sum of \$1,043.09 was forwarded to the Nurses' Auxiliary of Stony Wold. It was indeed an easy, jolly way to raise such a contribution! May our Alumnae Association seek every opportunity to collaborate with our Hospital School of Nursing and Nursing Staff in similar benefits, and in social functions and professional projects.

MARIE TROUP

MEDICAL AID TO CHINA

An Evening's Entertainment Arranged to Permit Friends of China to Participate in the Work of the American Bureau for Medical Aid to China, Inc.

Generous hearts and hands contributed to the benefit held at the Nurses' Residence on March fourth for funds for the American Bureau for Medical Aid to China, Inc., and as a result of the interest manifested a substantial sum was sent to the Bureau.

The guests of honor included Dr. Tsune-Chi Yü, Consul-General of the Chinese Republic in New York, Dr. Frank Co Tui, First Vice-President, American Bureau for Medical Aid to China, Inc., Mrs. C. H. Wang, President of the Chinese Women's Relief Association, and Miss Bao-Djen Shih, Secretary of the Y.W.C.A. in Shanghai, who related conditions in Shanghai from her own experience. Miss Gertrude Banfield, Chairman of the Benefit Committee, presided during greetings from some of the guests present.

The Yale Puppeteers presented "It's a Small World" to a responsive audience, and dancing followed in the auditorium. The student lounge, which lent itself beautifully to the lovely Chinese decorations, was transformed into The Lee Chee Inn, where beverages and food, American and Chinese (with chop-sticks) were served. Here also was a demonstration of the shadow plays in color by the Red Gate Players and later the drawing for the trips to Bermuda took place. The Nightingale Room was given over to bridge. Alumnae members in colorful Chinese embroidered coats were hostesses, and Miss Anna B. Duncan, Chairman of this, the alumnae project of the benefit, reported a very fine financial contribution to the fund.

Miss Banfield and her Committee are to be commended on their well planned evening which so many enjoyed that medical aid may be given where it is so badly needed.

EDITORIAL

Post Graduate Studies

IN these changing times, with their increasing demands, it is well to be prepared for whatever may come. The eight-hour-duty day provides for conserved strength and surplus leisure time. It would be wise to devote part of this to the advancement of knowledge either in the nurse's own particular field or in some other. Of late so many new positions have sprung up within the nursing profession that there is much to choose from.

Not every individual is inclined to the exacting studies that lead toward a hospital post-graduate College degree. There are many other courses, cultural and those in arts and crafts and courses in physical

culture that are worth considering. One can never tell of the talents that may be latent in herself until they emerge by chance or are brought out by an able teacher.

To begin with, the new study may be a delightful pastime. A new interest is awakened, a challenge to different accomplishments. The organized study leads toward a goal. Increasingly interested and successful in these achievements the nurse may find one day that she, perhaps unintentionally, has carved out a new career for herself.

Almost everywhere, now-a-days, within the nursing profession, a college degree is required of those holding or seeking executive and teaching positions. A Master's degree is wanted by many. The number of nurses taking college courses increases with every year.

At Teacher's College, Columbia University in the Fall of 1899, the first experimental course of study was offered to graduate nurses. Two students enrolled. In 1907 there were six students, by 1925 the winter sessions counted 346 and the summer session 316 students. More than 700 are enrolled in the current winter term.

Usually the summer course records as many. The courses offered have increased from four to thirty-five plus.

Nurses who have definite ability for administrative and teaching work do well in continuing their studies as soon after graduation as possible.

Retaining a position at the hospital for some time after graduation is of infinite value. Responsibility tests the quality of work and character. It is really of advantage to begin with only part time work at college and later on devote the entire time to concentrated study.

In New York, Teacher's College, Columbia University, and New York University give degrees in Nursing Education. Both of these institutions are rather expensive and travel distance must be taken into consideration by the part time student who lives at a distance and must be fit to do her duty work first of all. However, some of the required courses can be taken at less expensive and nearer located schools. Hunter College for instance, at 68th Street and Lexington Avenue is within walking distance of the New York Hospital. Such subjects as first and second year English and History and certain science courses can be taken there to advantage. For part time students the classes are in late afternoon. The credit for these courses may later on be transferred to the college from which the student expects to graduate. Teacher's College Nursing Department gives a full course in Physics and Chemistry planned for prospective teachers. Anyone expecting to do preliminary work at one school and to graduate from another would do well to consult the nursing department of the College before enrolling for classes.

There should be a definite understanding concerning courses to take, so that the credits for them will be accepted at the final institution. Loss of valuable time and work and un-necessary fees will then be avoided. With an eight-hour duty day plus enthusiasm a nurse can well cover a worthy amount of study.

The six weeks summer course is to be recommended.

The Catalogues for the school year—obtainable from the Secretary of the College—list all the courses given and the hours at which they occur. They also give information regarding Scholarships that may be applied for.

LEGISLATIVE REPORT FOR ALUMNAE MEETING, MARCH 10th, 1938

THE 1938 session of the N. Y. State Legislature convened on January 5th. Some of the bills that have been presented are:

One for the appointment of agents to secure from relatives and friends, the cost of maintenance of inmates in State institutions, with a request for \$5000.00 to carry out the plan.

One for blood tests for expectant mothers. Birth certificates must contain statement whether such tests have been made. If not, the reason must be given by the physician. This, after being amended in the Assembly was sent back to the Senate for another vote to be taken.

One to require the marriage license to be accompanied with a statement by a licensed physician that applicant has been examined for Syphilis not more than 20 days prior to application; marriage license to be valid for 60 days instead of 1 year.

One for a *complete* physical examination of both parties by licensed physician 20 days before marriage.

One for a State-wide system of Health Insurance; it asks for a Commission of 9, two of these to be doctors, to study and recommend a long range state health program, with \$50,000 for expense of study.

One to forbid the employment of a domestic worker for more than 6 days a week, nor for more than 60 hours a week.

One to ratify the U. S. Constitutional Amendment, empowering Congress to limit and prohibit labor of persons under 18 years of age.

One to amend the lien law in relation to liens of registered nurses, for treatment and care of certain injured persons. If enacted, this law would protect many nurses who have been unable to collect bills. At present, only hospitals and undertakers have such liens. Nurses were asked to write the Committee Chairman, asking that this bill be reported out of Committee.

One to amend the labor law in relation to hours of days' work in any hospital; it provides for 8 consecutive hours on duty.

Wagner-Livingston Bill: sponsored by the C. I. O. Association of Hospital and Medical Employees.

The N. Y. State Nurses' Association feels that this bill has all of the weaknesses of the present "Nurse Practice Act."

The Averill Bill: sponsored by the State Department of Education, to amend the present law. It follows quite closely the Todd-Feld Bill, with the exception of the article pertaining to the licensing of practical nurses; it would discontinue the annual publication of the N. Y. State Bulletin.

This bill has been introduced in the Assembly only.

The Todd-Feld Bill is out of both Senate and Assembly Committees, and it is hoped that it will come up for a vote early next week. At the last hearing on March 2nd, representatives from many organizations spoke for it, emphasizing the need for state control of nursing practice, similar to the control in other professional laws.

CLARA GREENE, *Chairman*

EMMA L. WARR

ON the nineteenth of April it will be one year since Miss Emma L. Warr passed away in her ninetieth year.

Miss Warr, Class of 1882, was Superintendent of Nurses at the St. Louis Training School for Nurses, from 1884 to 1909. This was the first Nursing School west of the Mississippi River and established in 1883. In those days "The nursing in St. Louis City Hospital was done by middle aged, untrained women, mostly of the servant type, and assisted by patients, many of whom were criminals. Bedridden patients were sleeping on straw-filled ticks placed in rows on the ward floor; while the night watchman gave the babies their bottles!" Miss Warr began with a class of four pupils. At first the school was allowed to care for only a section of the hospital. There was some reluctance in welcoming the new type of nurse. But the advantage of having women of education and character attending the patients and to assist the Doctors, was soon found out. The first year of the school sixty young women applied for admission and after careful selection and trial, Miss Warr retained nine of them as student nurses. Every year their number increased and the school extended its activities. With the eighth year the training school did the nursing for the entire hospital, day and night.

Miss Warr made an unique place for herself as organizer and leader. She was a friend to all her associates, student nurses and patients. Her wisdom and courage enabled her to reach unexpected heights of achievement.

The early years were difficult; re-organization, lack of material for teaching purposes, the long hours and prejudices to overcome. However, Miss Warr had strong support of the Board who urged the new type of nursing and stood by her in every way.

Miss Warr's career makes an interesting chapter in hospital history as she was one of the earliest graduates of the ever progressing American School of Nursing. Types of illness that then occurred; and treatments, medical and surgical as then applied are now obsolete.

It is related how a cyclone wrecked the hospital in 1896. During the tempest and terror, amid the storm and cries of individuals "water and blood coming through the ceiling from the operating room, Miss Warr and her nurses remained calm and helping everywhere. Miss Warr was on the prisoner's ward. The prisoners begged to be released. Miss Warr asked the Officer to give the terrified men their freedom, when he did not comply, she unlocked the cells and told the men if the Lord spared their lives to report to her the next day. These

men worked faithfully clearing debris all night and to a man reported to Miss Warr the next morning."

On the same occasion in another part of the hospital some seventy men rushed to a certain exit for escape from the danger and terror around them. Miss Warr blocked their way urging them to remain in what she believed to be a safer zone. Standing in the doorway, unyielding, respect for her person, and her own calmness, made the frenzied men draw back. A few minutes later an outside wall collapsed which would have crushed the men had they succeeded in escaping.

Miss Warr always gave credit where it was due. She said of her nurses after the storm was over "There were no faltering ones." The above is drawn from articles in newspapers and the St. Louis Alumnae Bulletin and from a memorial pamphlet edited after her death. In the latter one finds many expressions of appreciation and genuine affection for Miss Warr. She is spoken of as the Florence Nightingale of the West, a tribute to her leadership and personality which did not dim with the passing of years.

A "WORM'S EYE VIEW" OF THE CONFERENCE ON BETTER CARE FOR MOTHERS AND BABIES

IN Washington on January 17 - 18, a conference was called by the Children's Bureau of the Department of Labor. Five hundred delegates were present representing eighty-six different organizations; such as, State Departments of Health, Private and Public Health Organizations, Social Service, Child Study, Parent Teachers, American Legion, Y.M.C.A., Y.W.C.A., Religious groups, Farm, Grange and Lay Societies. The problem of maternity care was discussed from all angles—the situation, the problem, the need and the remedy. Representative speakers from all parts of the country presented some very impressive articles. Some of the reports from the isolated and sparsely settled counties of the country were not only interesting but inspiring. In Alabama there are only 135 public health nurses and 63,000 births each year (24,000 delivered by midwives). In Montana there are three people to every square mile and only one doctor to 2 - 3,000 persons; and in some cases it is necessary to drive as much as 100 miles to visit a prenatal patient. Good roads are appreciated as a source of help. In Vermont inaccessible country was reached by means of horseback to give nursing care at the time of delivery and afterwards. These experiences suggested that good medical and nursing care are after all, dependent upon the individuals giving that care.

In consideration of the fact that more than 14,000 mothers die each year and more than 144,000 babies are still born or die within the first month of life, this group suggested that no stone be left unturned to bring these facts before all groups of people in order that every effort be made to correct this appalling condition. It seems strange that in the face of these facts the public could be so little concerned, and yet so disturbed by the loss of one or two individuals in airplane accidents and kidnappings.

Through the Social Security Act, provisions are now being made to aid the individual states to carry on a more adequate maternity program. The recommendations of the committee urged the following: better training and experience for doctors and nurses; means of developing safe practitioners rather than specialists; the creation of a wholesome respect for the care necessary in the normal delivery; better distribution of doctors in rural communities; and better control of mid-wife practice. It was also suggested that there is great need for publicity as a means of educating parents and lay groups. Many plans were suggested—among others was the one for the New York World's Fair where it is anticipated that there will be 300,000 to 800,000 people every day. Plans are being made for projects and exhibits for the purpose of disseminating facts to promote better maternity care.

THE CLUB'S BIRTHDAY

The Club had a birthday on March first. The event was celebrated with extra decorations in candles and flowers at dinnertime and an unusually large attendance at the Sunday monthly Tea on March sixth.

All through the forty years of its existence the Club has been a home for its members and a delightful gathering place for other alumnae. A few of its present residents, Miss Benz, Miss Marion Wilson, Miss Price and Miss Danaher have all held a continued and unbroken lease since the very start.

All good wishes to the Club and its members.

A LABRADOR CRUISE

VACATIONING today is made easy by the steamship companies. It is quite an ideal way to spend a vacation on a breezy deck, throwing all troubles overboard, instead of blistering on a sun-baked beach. The demand for cruises and all-around-the-world tours is said to be greater than the supply. According to steamship companies reservations for certain popular trips must be made as far as a year ahead of sailing time.

I was therefore delighted when I received the ticket for the Labrador Cruise, scheduled for August last year, and which would bring me close to the Grenfell Mission once more.

Going back to Labrador, if only on a cruise, was very exciting—to meet again all those connected with my happy working days up there to see all the changes and the progress that had taken place. The thrills of former haphazard journeys, alas, would not be experienced. This time traveling was direct and de luxe, the NORTH STAR, like a QUEEN MARY, gliding into St. Anthony harbor and gracefully settling by its pier.

At Montreal, from where the NORTH STAR was leaving, I met Miss Mary Agnes Smith and spent several pleasant hours in her company.

The steamer left at nine in the evening. Almost noiselessly it swung away from the pier and out upon the dark water, the lights of the city gleaming a bright farewell. Every day the NORTH STAR stopped at some port in its aquatic run to give the passengers an opportunity to go ashore for sight-seeing or to shop. Each time the passengers returned laden with packages and experiences, and many rushed for the writing desks and began letters with feverish activity, yard-long letters to relatives, friends, and newspapers. It would have been interesting to read a few of them. Impressions differ so. Some notice the landscape; others remember people they have met and talked with. Who could forget the scenery at Gaspé; or the adorable little French nun in the seminary garden, or Charlottetown and the auction in the neat little house, its gentle old mistress forced to leave the place which had been her home for a long life?

Our over-night stay at Pictou proved profitable to the local antique dealer, who almost sold out on that trip. My cabin mate bought a tall mahogany desk, a beauty, said to have belonged to the first governor of Nova Scotia, while I, appropriately, walked off with Yon Yonson's brass-tacked leather chest, over a hundred years old. Our cabin, meant for two and used by three, became more and more crowded. The one of us using the top bunk reached a hitherto unexpected acrobatic expertness, climbing over boxes and bundles in getting up and down the precarious ladder.

We saw there at Pictou some interesting old buildings, and an unusually beautiful war monument, "In proud unfading memory of the gallant sons and brave daughters of the county of Pictou." I happened to witness a trial in the courthouse. The culprit was from another district; the jail is not needed for the residents of Pictou, some one said. The judge was an interesting figure, tall, gaunt, grandiose, and talked humanely, almost with friendliness, to the prisoner before he gave him a sentence of three years for repeated thievery. And outside the sun shone gloriously!

On and on we sailed, past Percé Rock and its myriads of birds, and soon reached Newfoundland and Corner Brook. Motor boats took us up the majestic Humber River. All along its wooded shores work was in full swing, men were busy cutting logs and hauling them to the river. Our misadventures of nearly capsizing twice into the rapids and of sitting aground for a while half way up the river brought home thoughts of bygone Labrador days.

The passengers now began to think it was about time to see icebergs, Eskimos, and the Northern Lights. Of the last-named we had a fair display one evening, but of icebergs we passed only a mere chip. The purser, however, did his best to pacify all by showing a piece of ice in a water glass.

Sunday brought us to Loch Lomond. Sabbath peace rested over its fair shores and clear water. That afternoon the waves began toying with the NORTH STAR. Up till then we had enjoyed mild weather and calm. A good many passengers were affected, but they rallied to the Grenfell sale in the afternoon and to the concert in the evening.

Monday promised us a twelve-hour stay at St. Anthony, headquarters for the Grenfell Mission. All were eager to reach that place. We counted upon making good use of the time, and seeing everything and everybody that could be seen. Then the stay was cut down to four and a half hours, head winds and bad weather having been reported. After the morning rain, and as if to belie reports, the sun came out big.

A hasty round brought good return. Remembering the continual use in former years of imported canned food, I rushed to the greenhouses. Yes, it was true. Tomatoes and cucumbers rambled in lazy splendor in their sun-parlors. Fresh vegetables are now a daily occurrence, while large quantities are preserved for winter use.

The hospital was as busy as could be, an early operation starting the day's activities. Some of the passengers were permitted to visit the wards and operating rooms. They were duly impressed, though the visit had to be hurried since the time was so short.

The orphanage seemed outwardly the same, but the children had changed in size and numbers. Here were fifty-six youngsters busy growing up and learning the art of living. Here, too, at last the passengers saw a bit of Eskimo in little Lizzie Lou. Lizzie is so accustomed to being photographed that whenever she sees a stranger and a camera she straightens up and stands at attention, smiling all over.

The industrial shop accommodated me with string for a package. That was as near as I could get to its products. The store rooms were packed with buyers, the three hundred and twenty passengers all being ashore. In the afternoon the many different parkas and scarves displayed on deck told the tale.

At noon we sailed again. Village people, mission workers and children crowded on the pier. Mrs. Ned Patey (Helen Boucher, Class 1919) with her husband and two fine little boys joined the rest in waving farewell to us as we left the promised land. The day was fair, but it began to grow considerably colder; we were nearing Labrador. When at night we reached Forteau, we were ready for fur coats, but this did not prevent a little swim by the rocks next day.

Forteau was at its best that early morning. The sun scattered its gold over the little island; the blue water glittered. In the Mission garden flowers thronged, the rhubarb grew fine and tall, the potato-vines bloomed. Many of the inhabitants met us at the landing place, offering for sale mats, skins, and toys. A lively sale was going on in the Mission building as well. At Mr. and Mrs. Cribbs's we tasted our first Labrador codfish, and it was delicious. The Cribbs boast descent from the first settlers at Forteau. They have an old grandfather clock made in England, the scenes and flowers painted on its face still in good condition. It has a dial for the days of the week, and one for "the fast time," neither working, since the hands were missing. The Cribbs have also a metal-and-porcelain stove in gorgeous blue, a cast-up gift from the ocean, and a Stradivarius violin. Two passengers, one a violinist, discovered the latter. The signature read, "Antonius Stradivarius Cremonensis faciebat anno 1768." A passenger offered to buy it

for one hundred dollars, but by that time the owner had been warned not to sell it before identification was made.

Again we had to take leave of Labrador—after only a glimpse. Our next port was Havre St. Pierre. A mist hovered over the island, a mist that dissolved itself into drizzling rain gray and cold. The children and many grown-ups, all speaking French, met us at the landing. They threw their handcraft wares at us, begging us to buy from them. A little girl even pushed her way into the church till some one bought her mat. How clearly this spoke for the better way of the Grenfell Industrial Department, where every contributor is given a fair return. Mr. Bloch, one of the passengers, had had the fore-thought to buy a box of chewing gum and some lollipops, which he distributed amongst the youngsters. He was a Pied Piper, followed by an ever increasing line of happy children.

On we sailed again, until fog set in, and we seemed to be anchored for ever so long. All through the night the fog-horn sounded its weird, penetrating melody. As morning wore on it cleared, and we gazed upon Saguenay River in undisguised glory, its mountains, woodlands, and valleys, the fog still clinging in fleecy white tufts.

Saguenay River is one of the deepest in the world. We continued cruising up the river for about thirty miles until we came to the mighty cliffs of Cape Eternity and Cape Trinity. Here the boat sounded its siren, the echoes rolling back and forth among the mountains.

The view of Murray Bay was drowned in a torrent of rain. However we went ashore, and enjoyed what the place had to offer just the same.

Our voyage, it seemed to me, had been a perfect one, the few days of stormy weather only adding to its charm. Not all passengers were ready at once to agree on this point; but once back in Montreal and ready to disembark, they did agree. We all wanted to start the trip over again.

E.A.

NEWS

At the January meeting it was voted that a letter be sent to Miss Frances J. Cobban thanking her for the editing of the Alumnae News for the past two years.

At the March meeting the opinion was unanimously expressed that there is a continued definite need for a club house for the members of our Alumnae Association.

Next Coming Alumnae Meetings Take Place:

CLUB . . . APRIL 14 . . . MAY 12

HOSPITAL . . . JUNE 9

Meetings Begin at 8:30 P. M.

Please remember that dues are payable: Alumnae . . . January 1st. Sick fund January 1st. Registry May 1st. Club May 1st.

Bedside charts may be obtained at cost from the Registrar's Office.

The Registrants are giving a Dance and Bridge for the Benefit of the Registry on Wednesday evening, May 11th at the Nurse's Residence, 1320 York Ave. We hope all the Alumnae Members will help to make it a success and that means you and you and you!!!

VERNA SMITH
HANNAH GIBBON
ANN MACIVER

EVELYN GILDERSLEEVE
CAROLINE CHASE
ISABEL MULLINS, *Chairman*

PERSONALS

We are glad to say that Miss Adele Hodgson, our first graduate, is enjoying good health.

Miss Jessie McVean spent the Christmas holidays in Florida.

Frances M. Gowan, Los Angeles, sends best wishes for all the hospital activities.

Mr. and Mrs. R. G. Thompson (Alice Brodie) visited Canada and the U.S.A. In Toronto they visited Dorothy Cross, and in New York Emily Stewart; they also called at the Club to see some of Alice's old friends; they found the Club House most attractive. Mr. and Mrs. Thompson live in Trinidad, B.W.I.

Lena Hubbard who was in the N. Y. Hospital in February has returned to her home at West Sayville, L. I.

Mrs. Luke O'Hearn (nee Elizabeth Colgan) was operated on in N.Y. Hospital and has been convalescing at the Club.

Mrs. Roger Livingston (nee Sara Bonnell) spent the winter of 1936-1937 in Florida. The Club members have enjoyed having her and her sister, Miss Mary Bonnell, at the Club during this past winter.

The Misses Phair of Canada visited the Club again this winter for several weeks.

Marie Falconer and Marie Kraemer are having a good rest and getting a fine coat of tan on the Florida beaches.

Isobel Kellock of 1400 Hill Crest Ave., Pasadena, Cal. was at the Club over the Holiday season.

Hulda Loomis is off on another trip abroad. This time to Egypt, Italy, Switzerland and France.

Miss Mabel Beeler writes: "Will any of the N. Y. H. nurses be coming to Kansas City in April for the A-N-A? We are looking for about ten thousand visitors. As far as I know there are now five N. Y. H. Nurses in Kansas City besides myself. If you know of any coming would you kindly let me know?"

(Mabel Beeler, Federal Reserve Bank of Kansas City, Mo.)

Theresa Carpenter is spending a few weeks at Daytona Beach Florida.

Pauline Wills is having an enjoyable trip in the South.

Mary Harding is in Italy with her sister.

Vivian Beach is spending a few weeks in Havana.

Frances Butler is progressing in her Art work. Almost every time one visits her, one finds a new picture on the easel in her room. Her heads, in charcoal and pastel are alive and her flowers are lovely but perhaps you have seen them and also her latest picture "Gardenia."

Marriages

Margaret Mahoney, Class 1922, to Mr. Michael B. Curran, July 21, 1937

Millicent Bush, Class 1924, to Mr. C. P. Mather in Sept., 1937. Mrs. Mather paid a short visit to the Club recently.

Grace Henderson, Class 1924, to Mr. Winston Wade, Nov. 4, 1937.

Deaths

Mrs. Harry Raikes (nee F. M. Ardagh) Class 1891. Our sympathy is extended to Mr. Raikes.

We extend our sympathy to Miss Maude Rowsell in the death of her mother.

HOBBIES

According to the dictionary Hobbies mean "Something one takes an extravagant interest in."

Miss Bergstrom sent me a letter she had received from a friend. The friend writes "I am still collecting match books and now have over 5000. Have had no luck in exchanging but I save all duplicates and have given away over 2,000, mostly to people who are just starting a collection."

(I heard of a small bungalow in which the inside walls were all covered with match books instead of paper. I also heard of how a very handsome screen had been made by covering it with match books in a pattern.)

Miss Nettie Silva, at the Club, also has hobbies. Her Scrap Books with post cards and other mementos from her many travels are worth seeing. During one European trip she visited thirteen countries and brought back six hundred post cards from the various places she had been to. The post cards are now all numbered and filed away according to the order in which the places they represent were visited. Beside the cards and scrap books Miss Silva also has a note book—several of them—in which she records her trip with events and points of interest, mileage, hotels, cost etc. What is your hobby?

ITEMS OF INTEREST

A Course of twenty-four lectures on Psychiatry is being given at The Psychiatric Institute, 722 West 168th Street, Mondays and Fridays from two to three P. M. From March 9th to April 6th the Monday lecture is given on Wednesdays. The Course began February fourteenth and will end May sixth. It is free to all graduate nurses. The five speakers, all eminent physicians of the hospital staff, are giving, to the nurses at large, a rare and welcome opportunity to know more about the Psyche and psychiatric nursing. Many are availing themselves of the occasion.

Each lecture may be heard as a finished whole. The interesting subject-matter and the way it is presented, however, vouches for further prompt and full attendance.

Clutching the News material close to me I looked bewildered around in the R C A Building. There's where our Alumnae News is printed. The time was nearly up for the paper to go to press, but where would I find Mr. Morschard's office within the next twenty-four hours? Elevators ran up and down, ceaselessly, but which of the seventy floors was my destination? Then I spied the directory; I hurried over and began searching for the letter M, my gaze fell upon N instead, and what did I see? New York Hospital Alumnae News—1239, So there we are. . . .

SPRING

Spring is coming, someone said.
Was it the robin above my head?

Was it the violet in woody nook
Or the laughing and bubbling brook?

Was it the tiny little seed
Stirred in slumber winter deep?

Was it hope that sprang again
In the hearts of weary men?

Was it the burning kiss of sun
That made the slow-leggéd winter run?

It was. From the azure sky above
To the glowing earth below
All in Nature seems to sing
Of that mystic time—of Spring.

E. A.

61st Anniversary Celebration
SCHOOL OF NURSING

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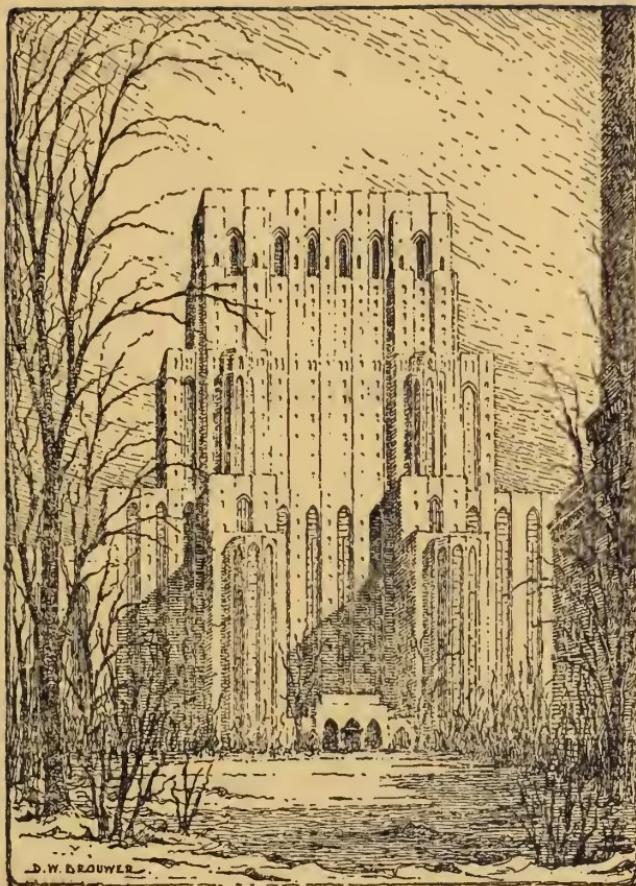
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THE NEW YORK HOSPITAL SCHOOL OF NURSING
1877 — 1938

Greetings to

RE-UNION CLASSES

1878	1898	1918	1936
1883	1903	1923	"Big Sisters"
1888	1908	1928	to
1893	1913	1933	1938

P R O G R A M

June 5 - 5:00 p. m. - Vesper Service - Auditorium

June 8 - 12:00-1:00 p. m. - Registration - Lobby

June 8 - 1:00-2:30 p. m. - Luncheon - Lounge

June 8 - 4:00 p. m. - Graduation - Auditorium

June 8 - 5:00 p. m. - Tea - Lounge

June 9 - 8:30 p. m. - Regular Alumnae Meeting
Alumnae Room

•• MENU ••



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Creamed Chicken Patty

Parsley Buttered New Potatoes

Fresh Asparagus

Assorted Relishes

Parkerhouse Rolls

Rainbow Ice Cream
Petit Fours

Coffee

Mints

Salted Nuts

VOLUME 11

No. 3

The
ALUMNAE NEWS

JULY, 1938

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THE ALUMNAE NEWS

NEW YORK HOSPITAL SCHOOL OF NURSING

VOL. 11

JULY, 1938

No. 3

Published Quarterly: January, April, July and October. Sent free of charge to all members of the Association. To others: 15 cents a copy, 50 cents a year.

All contributions should be sent to the editor before the first day of the month previous to month of issuance.

ESTER ANDERSSON, *Editor*

Johnson Hall, Columbia University

UNiversity 4-3200, Ext. 565

Associates

LOUISE ZABRISKIE
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1878

THE REUNION

THE happy idea of class reunions was born out of the most delightful and memorable Sixtieth Anniversary celebration at the Hospital last year.

As stated in the reunion letter, enclosed in the April issue of the Alumnae News, the plan is for reunion of each class two years after graduation and thereafter every five years following graduation. The first reunion took place on June eighth, at a luncheon at noon and the graduation in the Hospital the same afternoon.

The classes falling into the year's group were, with responses:

1878 . . 0	1898 . . 0	1918 . . 13	1936 . . 7
1883 . . 0	1903 . . 0	1923 . . 0	"Big Sisters"
1888 . . 0	1908 . . 4	1928 . . 2	to
1893 . . 4	1913 . . 7	1933 . . 0	1938 . . 24

Four members of the Class of 1896 attended the luncheon. With Alumnae and guests the total numbered 104. Miss Adele Hodgson, Class 1878, sent her regrets that she was unable to attend the Reunion. The Alumnae Association sent their regrets to Miss Hodgson with flowers and greetings.

Miss Minnie Jordan, as chairman of the committee, and the committee members at the Hospital with the gracious assistance of Miss Wolf all exerted themselves to make the occasion pleasant and memorable. It was a most successful reunion each and all expressing



1938

their delight at being able to meet again and renew old friendships. Happiness pervaded, festivity was in the air and all around—masses of flowers, music, laughter, the delicious luncheon. . .

With the last year's reunion and the one of this year the new Hospital has lost that largeness and strangeness which some of us felt at first. Now it has lost its remoteness. It is The New York Hospital, only in another form, more beautiful and more perfect than before. May it ever so remain, continually progressing in the fulfillment of its high ideal.

GRADUATION OF THE CLASS OF 1938

THE graduation of the class of 1938 took place on Wednesday afternoon at four, June the eighth. It was held in the Auditorium of the Nurses' Residence of The New York Hospital.

The stage was banked with flowers and greens reaching high up the wall like branches of trees. Above gleamed the Seal of the Hospital, in colors, transparent and illuminated.

The invocation was given by the Reverend Paul Scherer of Holy Trinity Lutheran Church. Mr. Augustine J. Smith, Secretary of The Society of The New York Hospital, gave the salutation. The Class was addressed by Major Julia C. Stimson, President of The American Nurses' Association and President of The New York Hospital Alumnae Association.

Miss Anna D. Wolf and Mr. Augustine J. Smith presented the diplomas and badges after which the Class, standing, repeated the Florence Nightingale Pledge. Dr. Scherer read the Benediction.

At the close of the impressive ceremony, the nurses filed out to the music of the Recessional. In the Lounge a reception was held and refreshments were served.

GRADUATING CLASS

DOROTHY JANE BOHRER	VIRA BAILEY HUF CUT
GRACE CISLER	JOSEPHINE HUSTON KELLY
DOROTHY MARY CLAUS	CORNELIA LOUISE KITTREDGE
JANET DUNLOP CORWIN	EDITH JULIA KRAFT
MARY ANNA CRESSMAN	JESSIE SIMPSON MACINTOSH
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ADDRESS TO THE GRADUATING CLASS OF 1938*"Nursing Is Not Enough"*

By MAJOR JULIA C. STIMSON

FOR some time I have been thinking again about a film called "Dawn" which I saw about ten years ago. It is probable that not many of you saw it as it was not talked about very much. In Washington, it was shown in one of the smallest and least popular movie houses.

This film was the story of Edith Cavell and no words written in a book, no monument, no tablet, could impress upon the mind so indelibly the meaning of this English nurse's life and death as did this remarkable movie. The tall, stately English actress, Miss Sibyl Thordyke, who took the part of Miss Cavell, did it with such sympathy and understanding that one forgot that one was looking at an impersonation. It had an ineffaceable effect upon me.

The story began in the hospital in Brussels where Miss Cavell conducted a school for nurses and cared for the sick of that city. A scene in the children's ward with the nurses coming in to start the morning toilettes of their little patients was filled with humour and pathos as a couple of little boys, about four or five years old, jumped out of their beds to play soldier. The one who was being pursued, ran down the hall to the office where Miss Cavell was seated at her desk. She rose to hide the little fellow behind her skirts and when the pursuer, in his nightgown and soldier cap, came tearing in hunting for his victim she said to him "you had better search." These words are a prediction of what was later to occur.

The story leads on to the sheltering of a neighbor's son who escaped and returned to his home, but who could not remain there because enemy soldiers were about to be billeted in his house. His restoration to health by Miss Cavell and his words to her that there were scores like him in need of care and in terror of their lives, led her to attempt what any brave woman would have done—the succoring and sheltering of other derelict soldiers—as the play calls them. (French, English, Belgian)

When an escaped, wounded English aviator, was brought to her by ambulance it was scarcely to be hoped that his presence would not be known. A search by an enemy officer; the finding of the aviator in Miss Cavell's small operating room having his wounds dressed; the unafraid beseeching look that Miss Cavell gives the searcher, his hesitancy as he leaves the room, all are shown with the subsequent realization that the searcher did not do his duty and report what he had seen.

Orders from Headquarters that the search for escaped and derelict soldiers must be kept up with unremitting zeal, resulted in renewed house to house investigations, and the finding on the pavement outside Miss Cavell's basement door, of the written instructions how to find her house, with the involving of neighbors and other kindly Belgians who had helped speed Miss Cavell's protégés to the frontier, all followed with relentless certainty.

The serene, calm, beautiful matron of the hospital in her long gray caped coat and nurse's bonnet with its white strings under the chin, was led away to prison by an officer whose orders, passed down from higher authority, gave him no choice. The trial scene wrings the heart as this beautiful English nurse stands in that military tribunal, alone and undefended, except by a lawyer appointed by the Court. When asked why she had done what she had, she replied simply "they were in peril of their lives." In the seats of the witnesses were some of her friends from whom it was hoped to extract identifications and implications. Seldom have scenes of such absolute loneliness and desperate hopelessness been depicted.

The film showed the attempt of the American Minister, Mr. Brand Whitlock, and his assistant Mr. Gibson, to secure counsel for Miss Cavell and later to get the sentence delayed, but all to no avail.

Then came the scene in the prison, when the military chaplain goes to Miss Cavell's cell and in answer to her question "When?" replies simply "At dawn." Her request to have an English chaplain visit her

was granted and the scene of her talk with him and their last little religious services together, was almost unbearable to look upon.

The next morning her cell door was opened by a soldier jailer on whom Miss Cavell smiled as she left under the escort of a guard. From here followed the slow walk down the stairs to the court yard and out on to the field where the execution was to take place—where the firing squad was drawn up. The accusation was read and the orders were given. One of the soldiers of the squad refused to aim or fire and was shot by an officer. When Miss Cavell saw this she fainted and fell to the ground and we were shown the reluctant officer drawing his pistol to carry out his orders under the circumstances.

The next picture showed the two graves—that of Miss Cavell and of the private who refused to fire upon her. The final words of the picture were those which Miss Cavell used to the English chaplain the night before—

"Patriotism is not enough. I must have
neither bitterness nor hatred to anyone."

For her, nursing, too, was not enough. She was nurse, teacher, woman of culture, patriot, organizer, cooperator, leader, example of selfless devotion to others, highest type of English womanhood. Her story must never be forgotten. She must be more than a name—a vivid personality, an inspiration.

For us nursing, too, is not enough. We must have neither indifference nor concern only about ourselves. To realize why nursing is not enough now-a-days, it is but necessary to review the outstanding changes that have taken place in the world in the last sixty years; to run over the new discoveries and inventions which have so revolutionized our lives; to sum up the economic and social developments which have so changed women's place in the general scheme of things; to tell what the wars our country has been through did to us all as women and as nurses; to glance at the rapid advances in scientific medicine which have focused attention so greatly on the prevention as well as the cure of disease.

From all these factors and along with these has come the new picture, the new vision of the nurse teacher; the interpreter of the facts of health in ordinary every day words to ordinary every day people. With this growing concept of her program, the nurse has been taking a greater and more effective part in planning health programs to meet community needs and in cooperating with other health agencies.

As the opportunities and privileges of nurses have developed, so too have their responsibilities. Nursing is not enough. From the very beginning, nurses have met the needs of their patients because they felt it was their individual responsibility to do so. We have responsibilities not only to our patients, but to the community and to the profession. Freedom of action, enlarged activities, opportunities for the highest individual development and the greatest collective strength have placed heavy burdens on us. Nursing is not enough.

ED. NOTE—It is regrettable that Major Stimson's speech could not be printed in full. Still, mere print would not do it justice, especially the amusing parts with reference to the woman of yesteryear, and Major Stimson's delivery—her voice and gestures.

SALUTATION — AUGUSTINE J. SMITH

AT the Graduation exercises Mr. Augustine J. Smith announced an appreciation gift from the graduating class of one hundred and fifty dollars toward the Irene Sutliffe Scholarship Fund for the School of Nursing. He then spoke of the importance of perfect detailed work, and as an illustration mentioned some of the necessities for the perfection and smooth functioning of a well run institution. The enumeration of only a few of these factors speaks for the largeness of The New York Hospital and for the efficiency of its staff.

Every day 6,400 meals are served. The laundry handles 4,800,000 pounds or 2,400,000 pieces a year. The purchasing department covers 20,000 items. The comptroller, Mr. Keig, knows to a dot the 2,500 accounts and he takes only about five minutes to find out the exact amount of a patient's bill. In the pharmacy there are more than 2,200 items to handle, many of the drugs deadly poisons to turn into curative prescriptions. There is the housekeeping department and the engineering business, without which everything would be at a standstill.

BLACK SHOES AND STOCKINGS

ON June eighth, 1938, the graduating Class of the School of Nursing carried out the ritual of throwing their old black shoes and stockings into the East River midst singing, shouting, snake-dancing and photography. This tradition, established by the Graduating Class of 1933, has been fostered by the proximity of the river and the need for a fitting burial for those shabby, worn-out shoes, and the many-holed stockings that had served so comfortably and uncomplainingly over the three-year apprenticeship.

The time and arrangements for this ritual have depended upon the temperament of each of the participating classes. The Class of 1938 chose midnight after Graduation, and then proceeded to serenade the entire residence with appropriate songs by dashing and dancing from the 14th floor down to the 3rd floor, chained together by a long line of shoes and stockings, which had previously been tied together. In the lobby of the Residence, they were met by photographers and obligingly posed and snake-danced. Then came the long dash down 70th Street, to the River—shouting and singing all the way. Lined up against the guard-rail at the river's edge, they again posed for photographers and then let that chain of shoes and stockings slide gently and silently into the dark waters of the East River—a resting place at last for those weary servants.

MURIEL CARBERY

AND WHERE DO WE GO FROM HERE?

NURSING which, strictly speaking, formerly meant "Care of the sick" has, with the years, developed into a widening field the patient still being the central figure. Health preservation in the periods before, after, and all during a time of illness, teaching and practicing right living, physically, mentally and economically, has become as much a factor and part of a nurse's duty as the personal attention to a bed-ridden patient.

Reasons for entering the nursing profession, consequently, have also undergone changes. In the long ago (and in occasional cases even now) a deep-rooted inclination and religious fervor to serve humanity prompted women, many of exalted rank, to give of their healing skill and help to the sick, and without remuneration. Nursing in those days was not looked upon as a profession; neither was the field overcrowded.

After Florence Nightingale made the initial step America was the first country to bring about the great changes that have taken place within nursing. Nursing was made remunerative. It was made into a profession, a desirable vocation for some and a business to others.

The age-old custom of the male in the family being the head and assuming the responsibility for non-earning members has gradually waned, and to a great extent, that responsibility has shifted on to the shoulders of the wage-earning woman. With oft recurring depressions, unemployment and unforeseen afflictions it is now-a-days necessary to plan carefully before taking or remaining too long in a position which, though it may give satisfaction in the work, does not, however, give any security after years of service.

Our capacities vary both in measure and direction. The best yardstick to go by is happiness in our work and the knowledge that we can give service to the fullest. Nursing the sick will always be the fundamental reason for the existence of our profession. It is woman's especial field; mystery clings to it before she knows anything about it and it holds a fascination like few others after she has entered it.

Our learning years, among the patients in the hospital, are perhaps the happiest, when we are making rapid progress in understanding and knowledge of the work. Then comes graduation and the problem of deciding for the future. Many prefer institutional work; others specialize in private duty; others again have strong inclination for public health work and social service.

To the qualified nurse The Federal Government Nursing Services offer opportunities for extremely interesting work. Several thousand nurses serve in government controlled hospitals in the United States, in the Canal Zone, and various public health nursing units. The opportunity, in some instances, for a pioneer type of service among primitive groups ought to appeal to many.

The material advantages that come with federal service are many: the security of a regular salary, retirement pay for age or disability after five years of service, and medical care.

The five major Federal Government Services are: The Army Nurse Corps, the Navy Nurse Corps, the Nursing Services of the United States Indian Service, the United States Public Health Service, and the U. S. Veterans' Administration. Appointment to the last three services requires Civil Service examinations. Nurses who are employed in the government nursing services may be transferred from one station to another every few years and so may have the opportunity for wide and varied experiences.

The members of The Army Nurse Corps are assigned to army hospitals located in all parts of the United States, in China, Hawaii, Puerto Rico and the Phillipine Islands.

The members of the Navy Nurse Corps care for the critically ill in naval hospitals, teach and demonstrate nursing methods to the navy's hospital corps—some forty-six thousand men who nurse the sick upon battleships and other vessels to which navy nurses are not assigned. Naval hospitals are located in all sections of the United States, in Cuba, Guam, Hawaii, the Phillipine Islands and Samoa. In addition, some nurses are assigned to the hospital ship U. S. S. *Relief*, which is attached to the Pacific Battle Fleet.*

Requirements for these services are: American citizenship, graduation from an approved school of nursing, state registration, membership in the American Nurses' Association, and enrollment in the American Red Cross Service. Applicants must be in good physical health, between twenty-two and twenty-eight years of age and single. The salary for nurses entering the service is \$840 a year with maintenance, which is increased at regular intervals up to \$1,560.

The United States Indian Service covers the Indian reservations in the United States and Alaska. The hospital positions involve general nursing care which is given to patients having all types of illnesses. Field nurses give a pioneer type of public health nursing service, a work that is similar to that of a rural public health nurse. Emphasis is laid upon the educational phase of the work in prevention of disease, promotion of health and tuberculosis control.

The application age, twenty to forty may be extended to forty-five for applicants for the position of chief or head nurse. Salaries range from \$1,620 to \$2,800 a year.

The Nursing Service of the United States Public Health Service covers a wide range. Nurses are assigned to the Hospital Division for duty in the marine hospitals and relief stations. These hospitals are situated all over the United States. Nurses are also assigned to the Mental Hygiene Division for duty in the medical departments of the federal prisons; to narcotic farms and institutions for the care of defective delinquents; and to the Domestic and Foreign Quarantine Divisions. Application age for the two services last mentioned does not exceed thirty-five years.

* See *The Alumnae News*, July, 1934.

More detailed information will be found in a pamphlet, "Nursing and the Registered Nurse," edited by the American Nurses' Association at 50 West Fiftieth Street, New York.

New York City with its conglomerate population offers another great field for welfare and public health work. A large number of organizations are also doing educational, social and relief work in its many boroughs. There is the Visiting Nurse Service of the Henry Street Settlement, founded by Miss Lillian Wald, N. Y. H. graduate. This organization provides for nursing care in homes where the income is small or none at all. It also maintains baby and prenatal clinics and does relief work in cooperation with other welfare agencies.

The Maternity Center Association, now with clinics and offices at the New York Hospital, does exclusive work in its field. Since its beginning in 1918, through prenatal teaching and clinic examinations, after-care and supervision, and through its Mothers' Clubs, it has done much toward the reduction of maternal and infant mortality. Nurses from almost every state in the Union and from abroad come there for post-graduate work under the leadership of the Field Director, Miss Louise Zabriskie, and her able staff.

AICP (The New York Association for Improving the Condition of the Poor) is another large organization with opportunity for interesting work. It maintains a complete family health service. Nurses who serve with the AICP will find the work absorbing and rich in experience.

In an interview, Miss Alta Dines, Director, Bureau of Educational Nursing, listed some of the personal advantages that go with a position with the AICP. There is no age limit. It is desirable that the applicant plan for at least a two years' stay with the association. The working week consists of thirty-eight hours; every Sunday is free and one Saturday a month. After the first year, one afternoon a week is allowed for pursuance of studies in subjects related to the work the nurse is engaged in. The furthering of inborn talents such as writing and drawing is encouraged. Salaries range from \$135 to \$175 per month, with a gradual increase depending on merit and the time spent in the service. AICP also has a retirement plan.

The School Nursing Service of New York City Board of Health covers the five boroughs of New York. Miss Helen Maher, graduate N.Y.H., is superintendent of this service which supervises one and a quarter million school children in one thousand schools. The staff includes four hundred nurses, sixty supervising nurses, one hundred and forty school physicians and sixty dentists. The clinics are prophylactic and diagnostic. Vaccine immunization is the only form of treatment that is done in the clinics. Children in need of medical attention are referred to respective centers. For children with TB contact or history, Fresh Air classes are maintained providing rest periods and extra nourishment.

The work is hard as the number of children is too large in proportion to the number of nurses. There is one nurse, for instance, who supervises 5,153 children in the three schools in Brooklyn where her

work is. Yet, under the existing system she is able to guard against the outbreak of serious illnesses. The number of school children varies from one and a half, and two to three thousand to each nurse. The school nurse has a health card for each child. The superintendent has a card for each school nurse with her record and detailed information concerning the school and number of children. In case of emergency she knows where to get reinforcement at short notice.

The applicant for a position with the city's Board of Health must pass civil service examination. These examinations and dates are announced in the publication called "The Chief." After examinations, notice is sent to the applicant stating whether she has passed or not. After that months sometimes elapse before appointment is made. Still government positions are in much demand. The work is necessary, fruitful and satisfying. The personal advantages include a thirty-eight hour working week, one month vacation and a pension, fifty per cent of salary at the end of full service. Any time after ten years, a government employee may be granted a pension for disability.

The American Red Cross Service has a large enrolment of nurses which it can call on in times of need. It is a voluntary service. Qualified graduate, registered nurses are eligible for membership. Enrolled Red Cross nurses are those first called upon when additional nurses are needed in war or peace time tragedies. The younger graduate will do well to enroll. It is an honour for a nurse to belong to the Red Cross. It is a civic duty.

E.A.

BEQUEST

THE Board of Governors of the New York Hospital has received from the will of Louisa Wardner Scudder the sum of one thousand dollars (\$1000) "to pay over the income annually to the Superintendent of Nurses of the Training School for Nurses, such income to be used at the discretion of said Superintendent of Nurses every year for recreation or for expenses for a needed rest for one or more nurses while in training. This bequest is in memory of Miss Mary E. Golden, a member of the first class of the Training School for Nurses of the New York Hospital, with sincere appreciation of the services I have received from many nurses."

We are most grateful for this gift to the school which has been made because of the fine services of one of our alumnae, Miss Mary E. Golden and other nurses.

ANNA D. WOLF,
*Director of the School of Nursing
and Director of the Nursing Service.*

CONVENTION AT BUFFALO

(Abstract from a letter from Miss Bertha Lelunkuhl)

AS FOR Buffalo . . . Miss Roat, Supt. of the New York Orthopaedic Dispensary and Hospital, asked me to go with her to the Convention of the New York State Hospital Association held at Buffalo, at the Hotel Statler. I learned a lot about Hospitals in general. . . the "3¢ a Day Plan" and compensation cases, and "what not." One morning was given up to discussion of the New Nurse Registration Act —Miss Hawkins presided—and much discussion was aroused by the statement that "Orderlies" would have to become registered as "Practical Nurses" if they performed any nursing duties, even the simplest. Oh! Dear, oh! Dear.

But it was nice to visit the Buffalo General Hospital on the evening of the "New Surgery" opening. Two New York Hospital caps stood out—Miss Eva M. Dunne, Class 1913, a delightful hostess, and Miss Leona M. Johnston, Class 1912, her close second. Miss Dunne has been Director of Nurses and Miss Johnston her Assistant for many years; they succeeded Miss Blanche Gibson and Miss Hunter, who were preceded earlier by Miss Ellen Denike and Miss Elin Lindgren.

Over 1000 invitations were sent out, and Miss Dunne and Miss Johnston showed us proudly through the new operating rooms. Then they took us to the old amphitheatre, which is to remain a monument. Entirely white tiled, similar to that of the Old New York, with the exception of a lovely old bas relief against the dome—and a quaint circular stairway of white tile and brass leading to the rows and rows of seats. They will continue to use it for emergencies in the Op. D.

Outside of Miss Johnston's office a white lilac bush was in bloom—and Miss Dunne's window gave a beautiful view of the lawn and gardens. It is a very old hospital, partly new—and carries almost 500 patients.

It was a great treat to be shown about by two of our own nurses and we appreciated it.

EXCERPTS FROM THE REPORTS OF THE ALUMNAE MEETINGS

The regular meeting of the Alumnae Association was held April 14th at the Club House.

The report of the April meeting of the Board of Directors was read by Miss Eleanor Hildick and accepted.

The President, Major Stimson, presented the request for the use of \$5000 from the reserve fund by the House Committee to be used in refurnishing the Club House. Motion was carried.

It was moved and seconded that a letter be sent to Miss Anna D. Wolf, Director of the School of Nursing, inviting the members of the faculty and the 1938 graduating class to the May meeting of the Alumnae Association.

It was voted that a letter of sympathy be sent Miss Pauline Wills on the death of her brother.

It was voted that a letter of condolence be sent Miss Kirsten Tybierg, whose sister is recently deceased.

Miss Duncan spoke of the terms of the new lease of the Club House and of the agreement with the Astor Estate regarding repairs.

Miss Jouffret moved that a rising vote of thanks be extended to Miss Duncan for her commendable work with the Astor Estate regarding this new lease. Motion was carried. Toward the close of the meeting Major Stimson gave an interesting talk on "What the American Nurses' Association" does for you."

The regular monthly meeting of the Alumnae Association of the N. Y. Hospital School of Nursing was held May 12th at the Club House and was very well attended.

Major Stimson spoke of the new rules for the Club House—a card to be used for each guest; also of the By-Laws regarding re-instatement of members in arrears of dues and of the need for change of the present By-Laws.

After the business meeting—Major Stimson presented the twenty four new alumnae members of the graduating class of 1938.

Major Stimson addressed the class, speaking of the wide tie-up of nursing organizations and of the aid that nurses can obtain from the American Nurses' Association.

Certificates of one year's subscription to the American Journal of Nursing, a gift from the Alumnae Association, were presented to the members of the graduating class by Major Stimson.

Miss Annie Goodrich, as the guest of the evening, addressed the graduating class and members of the Alumnae Association. She stated that, from the beginning, nurses had been learning by doing; that earlier we were not close enough to science. Now we have achieved an art of nursing but that we shall not get very far until we have achieved the science of human nature. The nurses of today are pioneers because there are so many new fields; Miss Goodrich believes that we shall eventually evolve one nurse, the community nurse, who will be thoroughly trained in all different fields.

A social hour followed and delicious refreshments were served.

The regular monthly meeting of the N. Y. Hospital Alumnae Association was held June 9th at the Nurses residence, 1320 York Ave., N.Y.C.

The meeting was called to order by the President, Major Stimson. The Secretary's report was read and accepted. The report of the meeting of the Board of Directors held prior to the Alumnae meeting was given by the Secy. Miss Hildick. Letters were read by the Secy. one a letter from Miss Goodrich thanking the Alumnae Association for the gift of the "Audubon Book of Birds" which was sent her in appreciation of her coming to N. Y. to address the 1938 graduating class.

Major Stimson spoke of the possible future appointment of a trained secretary-treasurer, because of the amount of work involved.

Miss Isabelle Gordon spoke of the need to replenish the coffee and tea service, originally given by Mrs. Charles H. Peck to the Alumnae Association. The total cost of the dishes will be about \$137.00. It was moved and carried that these dishes be purchased.

It was voted that the Alumnae Association give one hundred dollars to the Society of the New York Hospital on Charter Day, in celebration of its one hundred and sixty-seventh anniversary.

It was voted to give fifty dollars to the Local Chapter of the American Red Cross for its service fund.

The President, Major Stimson next placed before the Alumnae the proposed amendment of the By-Laws. Article IV Section V was changed from "members whose dues have lapsed may be reinstated by a plurality vote of the Board of Directors upon payment of dues in arrears," to read "members whose dues have lapsed may be reinstated by a plurality vote of the Board of Directors upon payment of the dues for the current year." Article XIV, Section II was changed from: "These By-Laws may be amended at any *Annual* meeting by a unanimous vote without previous notice," to "These By-Laws may be amended at any *regular* meeting by a unanimous vote without previous notice." The motion was carried.

LOUISE LINCOLN

CLUB NEWS

AND WHAT NEWS!

Negotiations began last January with the Astor Estate for a five year extension of our twenty year lease, now expired.

When your committee interviewed Mr. John Carrington Yates, representing Mr. Vincent Astor, we were met more than half-way, since when, needed repairs and renewals have been carefully considered and are now under way.

The rental will be \$15,000.00 per year, instead of \$16,500.00, and repairs extend from the roof to the cellar.

Many of our number who have been in close touch with the Club for several years, (40 years, in fact), even though they have not lived there, are confident that this vital activity of our Alumnae has proven a decidedly cohesive factor in the life of our Association.

In recent years the earned income of any group of nurses, especially those doing private duty, has become so uncertain, that to have a place where costs are at a minimum, and dining room services lower than anywhere else in New York is indeed something for which to be thankful.

A most heartening feature is the ever increasing number of our out-of-town graduates who are making a habit of staying at our Club, which being centrally located as to theatres and shopping centers, makes it a convenient place to locate.

Among our regular visitors are Miss Annie W. Goodrich, Dr. Annie R. Young, Miss Ellen Denike, Miss Jane Wright, Miss Mary

Agnes Smith, Miss Rose Green, Miss Emma Hart, Miss Gladys Morton, Miss Ida Finch, Miss Isabel Walton, Miss P. Foster, Miss Durland, and a host of others too numerous to mention.

During the World's Fair, accommodations will be at a premium, so make your reservation early.

Those visiting us during the hot summer months will find the Roof Garden a delightfully cool spot.

Gifts and Bequests

Within the last year your Alumnae Association has been made the beneficiary of various sums of money through gifts and bequests of our graduates.

As some of the donors have not designated any special use to which their gifts should be devoted, it might be well to state the various services sponsored by your Alumnae Association, so that the use of any future bequest might be determined by the giver.

A little over a year ago, on the 60th Anniversary of the founding of our School of Nursing, the sum of \$1750.00 was received from individual donations, later the Alumnae Association adding the sum of \$1500.00 to be paid over a period of 5 years, for the purpose of establishing a memorial to Irene H. Sutliffe.

This gift was presented to the Director of the School, Miss Anna D. Wolf, and will be dispersed by the Council of the School of Nursing, and devoted to the furtherance of advanced education of our graduates who show unusual ability, and the desire to prepare themselves for the more responsible positions with the Hospital and the School.

The official title of this fund is the "IRENE H. SUTLIFFE FUND."

Through the generosity of Miss Sutliffe, our Association was made the beneficiary of two bequests:

1. The unused balance of an Annuity (\$641.33), bequeathed to the Association stated specifically that it be used "for the benefit of disabled nurses." As the care of sick and disabled nurses is the function of our Service Committee, the Association voted to place this amount in the checking account of the Service Fund.

2. The sum of \$5000.00 was the other bequest, and specially marked for a "Scholarship Fund". On the advice of attorney, a mortgage on property yielding \$300.00 a year was accepted. In connection with this last bequest, and on regular motion carried unanimously, "The Irene H. Sutliffe Scholarship Fund" was established, to be under the jurisdiction of our Alumnae Association.

At the May meeting, the Alumnae reappointed the original Irene H. Sutliffe Memorial Committee, with the addition of Miss Mary F. Holland. This Committee will report at a later date.

REGISTRY BENEFIT

The committee in charge of the Dance and Bridge which was sponsored by the Private Duty Section takes this opportunity to thank all those who in any way contributed to making this party such a successful one.

During the course of the evening two prizes were drawn for. A Door Prize, a gift certificate for two private Dancing lessons at Arthur Murray's, went to a member of the graduating class, Miss Amelia M. DeVivo. A lamp which had been donated by Mrs. Paul Dineen was raffled off and Miss Clara Greene was the holder of the lucky ticket.

Part of the proceeds, \$470.45, are to be used to purchase much needed furnishings for the Registrar's office, and the remainder is to be added to the Private Duty Section Fund.

ISABELLE MULLINS, *Chairman,*
Dance and Bridge Committee,
Private Duty Section.

NOTICES

"The Alumnae Association, having unanimously voted under the date of October 10, 1936 to change our corporate title as Alumnae Association of the Training School for Nurses of the New York Hospital to Alumnae Association of the New York Hospital School of Nursing. In order to comply with the requirements of the New York Secretary of State, we add "Inc." after School of Nursing to read as follows: "Alumnae Association of the New York Hospital School of Nursing, Inc."

To comply with the requirements of the New York State Department pursuant to Section Forty of the General Corporation Law, by adding "Inc." to our new corporate name, it is necessary to vote on this question.

Discussion and voting will take place at the October Meeting of our Alumnae Association.

Items of interest and matters regarding gifts, etc. which should be acknowledged in the Alumnae News, please give all details or inform nearest associate editor, who will then pursue the matter to completion. Contributions should be in by the first day of the month previous to month of issuance. Suggestions and criticisms will be appreciated.

EDITOR.

PERSONALS

Ruth Kurts sailed for Japan in the early part of the year.

Hattie Berg spent April bicycling in Bermuda, there she met Mrs. Spurling (nee Barnfield) who sent her greetings to friends and members of the Club.

Maud Moffat also enjoyed a pleasant stay in Bermuda.

Anna Marie Anderson has been to California and Havana.

Elizabeth Davis in early spring, spent two weeks in Havana.

Edith Weaver and Mildred Gibson went on a motor trip together to Williamsburg, Va. Edith Weaver has taken an apartment for the summer in Tudor City; we hope the elevators are in running order as she lives on the twenty-second floor.

Mae Pike sailed for Europe to join Mary Harding who has been taking a trip around the world. They will visit England, France and Switzerland and then come back together to the United States.

Miss Frances E. Wallis has taken up her abode in Cecilton, Maryland.

Ada Anderberg, who now lives in St. Paul, Minn. will be visiting the Yellow Stone Park this summer.

The Hospital, one day in April, had its shower of sick nurses. In the morning Hannah Gibbon's tonsils were taken out. Louise Lincoln was admitted at five P.M. and Flora Jo Bergstrom at six for a seven P.M. operation.

On May second Bertha and Nina Sinnott left New York for Cape Cod, their dog and their cottage by the sea.

Miss Anna D. Wolf was operated on in May for appendectomy in The New York Hospital. We are glad to learn of her complete recovery and in time for the graduation exercises.

Those that knew Miss Burseil, who specialed at the Hospital, will be pleased to hear of her marriage to Dr. Boynton Wilbur of Palm Beach, Florida. After the wedding they sailed for a honeymoon trip to the Bahama Islands and on their own Schooner !!

Emily Allen has recently returned from an interesting trip to the British Isles.

Theresa Carpenter is having an enjoyable trip abroad motoring through England and France.

Cora Long is spending the summer in Canaan, N. Y.

Emily Stewart and her sister are in the British Isles.

Evelyn Morgan is at present visiting relatives in Canada.

Mrs. Francis McNaughton (nee Jean Dodd) Class of 1918 visited friends at the Club, on her way to Florida.

Miss Elizabeth Price left on June first for Southampton, as usual, to take charge of the Children's Fresh Air Home.

Miss Florence Taylor, Class of 1896, is spending a few days at the Club. She attended the reunion luncheon at the Hospital on June eighth.

Elma Rohrbek was given a surprise luncheon at the Club on June ninth, prior to her marriage on June eleventh.

Mrs. Hugh R. McKenzie spent a fortnight at the Club where she gave several small dinner parties for her friends among the nurses.

Helen Bates is convalescing at her home at Granby, Conn. We are glad to hear that she is improving steadily.

Mrs. Anne F. Dwight has returned to the Club after spending the winter in Florida.

Miss Sarah E. Moore spent the month of April with her father in Largo, Florida.

Margaret E. Wyatt is spending her vacation with her family.

Mrs. J. L. Spicer (nee Phoebe Washburn) class 1882 was at the graduation exercises.

Miss Hindela Whitehead, class 1885, enjoyed her week's stay at the Hospital. It was "Heavenly", she said. The Alumnae Association sent flowers to Miss Whitehead on Reunion Day which made her very happy.

Madeline O'Brien, class '24 has taken the position of evening Supervisor, Private Patients Building.

Mrs. Louise Lincoln has resigned her position as Supervisor of Public Health Nursing in the Tuberculosis Clinic at N. Y. H. and has accepted the position as Asst. Superintendent of Nurses at Winchester Hospital in New Haven, Conn.

Helen Bartlett, class '21, sister of Captain Bob Bartlett from Brigus, Newfoundland spent two weeks in N. Y. visiting friends.

Vera Beach has also been visiting in N. Y.

At the meeting of District No. 13 on May 17, Jeanette Robert was elected one of the directors. Jessie M. Warner was elected Treasurer of the District.

Miss Marion Wilson was one in a group of five of Spanish-American war nurses who marched in the parade on Memorial Day.

Miss Wilson, at the time of the war was stationed at Chickamauga, Ga. where typhoid had broken out among the soldiers. The patients were cared for in tents, eight in each, ten tents making a ward. There were some eight hundred patients. The typhoid was the worst kind, the so-called malarial type, in which big pustules break out all over the body of the patient, and an extremely high fever is accompanied by a long lasting delirium. As there was no facility for giving tub baths, towels, wrung out in cold water were placed on the patients to reduce the fever. Sanitary conditions were deplorable; the death rate was high. During the three months stay at the camp seven out of the thirty nurses that served there died from typhoid. The air was "full of typhoid". Work was difficult. Beds had to be made in dugouts, the nurses often walking up to their knees in red clay mud when it rained. Mosquitoes and flies were thick, and the heat was almost insufferable at times. But it was a worth while service.

This was the first time in American history that trained nurses had been allowed to take care of soldiers in the field, an event that actually paved the way for the regular army nurse.

Births

A daughter to Mr. and Mrs. James R. McClelland (nee Jessie King, class '20), New London, Conn.

Marriages

Dorothy M. Zimmer, class '32 to Dr. Elwood Livingston Slover, January 2, 1938 at the Scotia M. E. Church, Scotia, New York.

Miriam Dickerson to Mr. William Henry Andrews, February 26, 1938.

Florence S. Tate, class '36 to Mr. Fletcher Murray.

Eleanor May Greenway, class '33, to Dr. Lester Cole Huestead, June 2, 1938 at the Church of the Transfiguration, N. Y. C.

Elma Rohrbek, class '35 to Mr. R. Melly, June 11, 1938.

Deaths

Lena H. Hubbard, class 1909, on May 2nd, 1938 at her home in West Sayville, L. I.

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JEAN BROADHURST, Ph.D.

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Courtesy *R. N.*, a Journal for Nurses

always made time to devote to "humane" research. She has the ability to search out facts, establish principles and make it possible for others to apply the results in such a way that they will be useful, practical and promote human effectiveness. She is known through her books and publications, such as—*HOME AND COMMUNITY HYGIENE*, *BACTERIA IN RELATION TO MAN*, *HEALTH FOR EVERY DAY*, *HEALTH FOR THE HOME AND NEIGHBORHOOD* (the last two written jointly with Dr. Maurice Bigelow); *BACTERIOLOGY APPLIED TO NURSING*, written jointly with Leila Given; *HEALTH HORIZONS*, in collaboration with Miss Lerrigo; and also, *THE ANIMAL WAY*, developed for children for the Cleanliness Institute; two other charming health books for children, *THROUGH THE DAY THE MOTHER GOOSE WAY* and *ALL THROUGH THE DAY THE LOOKING GLASS WAY*.

Dr. Broadhurst is perhaps even better known for the legion of "unknown" services she has rendered to many striving individuals who, through her, have been able to make an adjustment, and find a real place of usefulness. A person with keen vision, originality, quick imagination and simplicity combined with a sense of humor and generous unselfishness help in a small way to describe Dr. Jean Broadhurst.

In this day of self interest the whole world is honored to share life with one so great.

In November 1937, Dr. Broadhurst was given public recognition for her discovery of the measles virus. She has received national recognition before for her scientific achievements. She is a member of the Sigma Xi Society, a Fellow of the American Society of the Advancement of Science and has twice been a member of the Council of the Society of American Bacteriologists, an honor few women have achieved.

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VOLUME 11

No. 4

The
ALUMNAE NEWS

OCTOBER, 1938

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THE ALUMNAE NEWS

NEW YORK HOSPITAL SCHOOL OF NURSING

VOL. 11

OCTOBER, 1938

No. 4

Published Quarterly: January, April, July and October. Sent free of charge to all members of the Association. To others: 15 cents a copy, 50 cents a year.

All contributions should be sent to the editor before the first day of the month previous to month of issuance.

ESTER ANDERSSON, *Editor*

Johnson Hall, Columbia University

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THIS beautiful structure brings up many recollections. As the institution where many of us looked forward to receiving our obstetrical training, a certain fascination clung to the name of Lying-In or Seventeenth Street Hospital, as we often called it. Was it because we there would become acquainted with the mysteries of birth and new life, or was it for that special service we heard so much about—the visiting in the little homes on the lower east-side where everything was crowded and foreign and people thought and spoke and lived differently from what we were used to? Whatever it may have been, the sudden order to prepare and leave for Seventeenth Street Hospital always brought a thrill to the chosen one which no other reward, at that time, could have given.

E.A.

LYING-IN HOSPITAL NURSES' REUNION

THE 7th Annual Reunion Dinner of the former private duty, staff, and student nurses of the "old" Lying-In Hospital was held on Thursday evening, June 30th, at the Barbizon. About forty were present, many of whom have attended every reunion since their beginning with a dinner in the old building before disbanding in 1932. Among those who joined us for the first time were Miss Louise Zabriskie, N.Y.H., of Maternity Center Association, Miss Josephine A. Happen, who will always be remembered for her personal interest and the great pains she took with our food and with holiday decorations for the nurses' tables as well as patients' trays, and Miss Mary MacDonald, Anesthetist.

Miss Elizabeth P. Harmey, formerly superintendent of nurses, was guest of honor and it was greatly regretted that Miss Anna L. Reutinger, N.Y.H., also a former superintendent of nurses, could not be present to share that place.

All seemed genuinely glad to renew acquaintances and many amusing tales were retold before and during dinner. The table decorations, personally planned and arranged by Miss L. J. Napier, as always, were—as always—lovely. Favors provided after dinner novelty.

Through the kindness of Dr. James A. Harrar the program consisted of the reading of "The Story of the Lying-In Hospital" and the showing of his many very interesting slides depicting its early history and growth to the present time, with a few portraits of pioneers in the building of this hospital as well as of people we knew so well. Copies of Dr. Harrar's book, which had just come from the press that afternoon, were presented to Miss Napier and Miss Harmey.

Miss Napier spoke briefly, expressing her pleasure in the continued interest of the nurses, and in this annual meeting with old friends. A number of letters and telegrams containing news and personal greetings from people unable to be there were read.

A cordial invitation is extended to any nurse who saw service in the Seventeenth Street building to join us. There is no formal organization, just a friendly, informal reunion the last Thursday of each June.

FLORA JO BERGSTROM

A LETTER FROM MISS MARY BEARD

September 9, 1938

DEAR MISS ANDERSSON:

When I said that I would write something for the magazine while I was on my vacation in New Hampshire, I did not know that I should be undertaking this new piece of work as Director of the Red Cross Nursing Service. It has interrupted my time a good deal, but if you think the readers of the magazine would be interested in an informal letter about some of the centers I saw in England this past summer, I will send it on to you and you can do what you like with it.

A good many nurses from all over the world know the headquarters of the British nursing profession—I mean the College of Nursing in Cavendish Square in London. I always go there when I am in England and always find it interesting and stimulating. Miss Margaret McEwan teaches courses in what we would call public health nursing at the College of Nursing, and it was she who took me to see the beautiful mental hospital which I found so interesting.

The two county boroughs of East Ham and Southend-on-sea agreed that they would like to combine in establishing a mental hospital, to be called the Runwell Hospital. Beautiful buildings have been put up and Miss McEwan drove me through the flat country of Essex out to these new buildings, where we spent some hours with the Matron. The grounds are not yet laid out in the charming English gardens and landscaping as they will be later, but one gets a very pleasant impression, all the same, of the hospital and the grounds in which it is situated. There are psychiatric out-patient clinics in nearby districts, and there is a psychiatric social worker on a full-time basis who is present at these clinics. Insulin and cardiazol therapy have been introduced into the institution, and this therapy is of great interest to all those who are connected with the hospital. I was impressed with the charming large recreation hall where there is a stage for private theatricals, an excellent floor for dancing and excellent acoustics for musical entertainments, so I asked who was responsible for the social program, and learned that this is all in the hands of the chaplain. Later when I met him, I could see how successful he would be sure to be at this kind of thing. He belongs to a high Anglican order, and the beautiful little chapel is very much the center of his life, but he is at the same time a very human person and quite obviously a great influence in the improvement and cure of the patients. He is the Rev. H. R. Heathwood.

It was, of course, the nursing and the Matron of this hospital chiefly which interested me. The Matron is Miss M. J. A. Titterington, S.R.N., S.R.M.N. These letters mean that she is both a psychiatric nurse and a general nurse. She was, to me, a very charming woman, indeed—Scottish, with the humor and strength and sympathy which one so often finds in Scottish people. Her mother before her was a mental nurse, and she herself began to study psychiatric nursing when she was only sixteen and a half years old—much too young, she says, but this was during the World War and one did unusual things at that time. She spent six years in the training school for nurses before taking the two years' additional training. She is now thirty-eight years old and is a wonderful leader for the probationers who come for training at Runwell Hospital in psychiatric nursing. Most of the probationers have not completed secondary school, and are only about eighteen years old on admission. But when they graduate, they are nurses in the most real sense of being a nurse, and under Miss Titterington's leadership I should have no doubt at all that they are superior mental nurses.

The hospital has 138 women nurses and 80 men nurses in training, and besides there is a group of 7 nurses who are graduates and are on salary. The units where the patients live are all small—the dining rooms and sitting rooms are very charming. The houses are small, and

just as much freedom and as little restriction as is possible is the rule for the patients, of whom there are 1033. Three quarters of these patients go in for occupational therapy and produce an excellent quality of product. The Physician Superintendent of Runwell is Dr. Rolf Ström-Olsen, who was away when I was there so I did not see him. There are nine doctors altogether, with a distinguished group of visiting specialists. A biochemist, G. D. Greville, M.A., is engaged in research work and is resident at the institution.

Three impressions stand out more vividly than others when I think of that visit: first, is the Matron herself; second, the possibilities for real education and development of the character, which mental nurses must acquire if they are to be successful; and third, the highly modern and progressive organization of this English hospital, where application of the newest scientific methods of treatment are combined with a general educational atmosphere which compares well with any mental hospital which I have ever visited.

Two other institutions which I visited in England were of great interest to me, and, although I have not space to tell you about them, let me just mention what any other New York Hospital nurse who is in London may have an opportunity to see. One was the Pioneer Health Centre, Peckham. This is unique—unlike any other center I have ever seen elsewhere. The other one is the tuberculosis institution known as Papworth Village.

With apologies, my dear Miss Andersson, that I really have not been able to write a proper article for you, and with my very cordial good wishes to all my fellow New York Hospital nurses, I am

Cordially yours,
MARY BEARD.

ONE HUNDRED AND SIXTY-SIX YEARS OF THE NEW YORK HOSPITAL

OUTSTANDING EVENTS IN THE HISTORY OF THE NEW YORK HOSPITAL AND THE NEW YORK HOSPITAL SCHOOL OF NURSING

- 1769 Dr. Samuel Bard appealed in Trinity Church for the foundation of a hospital, the 300,000 citizens of the Province having no means to care for the sick poor.
- 1771 King George III granted a charter to "The Society of the Hospital in the City of New York in America."
- 1773 Governor General Tryon laid the cornerstone of the first building on lower Broadway between Worth and Duane Streets.
- 1775 Fire destroyed the Hospital on the eve of completion. The Board of Governors in spite of the hardships of the Revolutionary War raised funds to rebuild it.
- 1776 Colonial soldiers wounded in defending New York against an attack by the British fleet were cared for in the uncompleted building. Lord Howe captured the City and used the Hospital as a military barracks.
- 1783 At the close of the Revolutionary War the building was used for medical instruction as funds were lacking to open it as a hospital.
- 1791 First civilian patients admitted to the hospital. First clinical instruction provided to medical students of Columbia College. Hospital assisted in

- care of victims of yellow fever epidemics over a sixteen year period in which the city lost nearly a tenth of its population.
- 1792 Mental patients admitted to the Hospital—first care provided in New York State outside prisons and almshouses.
- 1795 Hospital aided in founding the New York Dispensary.
- 1796 Medical library established, now forming part of the library of the New York Academy of Medicine.
- 1799 Vaccination for smallpox was introduced in New York by Dr. Valentine Seaman. First course of lectures and practical instruction for nurses in America was inaugurated by Dr. Seaman.
- 1801 Governors of The New York Hospital prevented discontinuance of The Lying-In Hospital established in 1799 by housing it in their own building for twenty-six years.
- 1803 Governors helped Dr. Seaman establish an institute for production of smallpox vaccine.
- 1805 Medical staff recommended use of iron beds in fever wards, exclusive use of clean white linen, one nurse for every ten patients and urged the city to construct a sewer system.
- 1807 Educational facilities of the Hospital extended to students of the College of Physicians and Surgeons.
- 1816 The New York Hospital Pharmacopeia first published.
- 1821 Bloomingdale Hospital for the care of mental diseases established by The New York Hospital on the present site of Columbia University.
- 1824 New York Eye and Ear Infirmary sheltered for two years by The New York Hospital.
- 1826 Hospital Governors order no distinction "in treatment or respect" between patients who pay and those who cannot.
- 1832 Governors provide temporary cholera hospitals throughout the city as disease becomes epidemic.
- 1847 First record of the use of ether as an anaesthetic in The New York Hospital. Hospital assisted in care of typhus patients during epidemic.
- 1861 Hospital set aside one of its buildings for free treatment of Civil War wounded caring for more than 3000 in a four-year period.
- 1869 The hospital housed New York University Medical School for three years.
- 1873 Aided Bellevue Hospital in establishing America's first training school for nurses.
- 1875 Provided an emergency hospital for down town New York by establishing The House of Relief in the Chambers Street Police Station.
- 1877 Moved to new buildings on 16th Street west of Fifth Avenue. Established training school for nurses "to consist of one teacher and twenty-four pupils"—an 18 months' course.
- 1884 Introduction of the use of temperature charts by Dr. William S. Halsted.
- 1890 Course of nursing lengthened to two years.
- 1891 Nurses' Residence opened with a "single room for each nurse."
- 1893 The Alumnae Association of The New York Hospital School of Nursing was organized.
- 1894 The House of Relief moved to a new building at the corner of Hudson and Jay Streets. Bloomingdale Hospital moved to White Plains.
- 1896 Length of nursing course increased to three years.
- 1897 The first of a group of houses for convalescent care was opened on Hospital property in White Plains.
- 1898 Cornell University Medical College was opened with funds given by Colonel Oliver Hazard Payne. Free care provided for wounded of the Spanish-American War. Red Cross Nursing Service established at Camp Black. New York Hospital Graduate Nurses Club House opened at 54 East 49th Street.
- 1907 Campbell Cottages Convalescent Hospital for Children opened at White Plains. Closed temporarily in 1936.
- 1912 Organization of Hospital Social Service under the direction of Miss Hannah Josephi following the volunteer work done by Miss Irene Sutliffe. Teaching affiliation with Cornell University Medical College inaugurated.

- 1913 George F. Baker made gift to provide teaching facilities in the Hospital for Cornell Medical College.
- 1916 Organized the unit which was mobilized July 1917 and sent to Chateauroux, France as Base Hospital No. 9 with 2250 beds. Organized special hospital of 120 beds for child victims of infantile paralysis epidemic under the direction of Miss Irene Sutliffe.
- 1917 United States entered the World War and the Hospital provided care for 824 sailors in the House of Relief.
- 1921 Hospital celebrates its Sesquicentennial in Trinity Church where it was first conceived. It has cared for 2,015,000 patients during its first 150 years.
- 1927 Payne Whitney bequeathed a large portion of his estate for coordinated work by the Hospital and Cornell University Medical College in a new medical center.
- 1928 Assets of The Lying-In Hospital and Manhattan Maternity Hospital and Dispensary taken over by The New York Hospital.
- 1929 Ground breaking ceremonies held at the new site between 68th Street, 71st Street, York Avenue and the East River.
- 1932 The New York Hospital and Cornell University Medical College opened their new buildings. The Payne Whitney Psychiatric Clinic established. Student Government organized in the School of Nursing.
- 1935 Hospital took over the medical work of the Nursery and Child's Hospital as part of the Children's Hospital.
- 1937 The 166th year of the Hospital's existence. Five years completed in the new Hospital building with a record of more than 250,000 patients cared for. The sixtieth anniversary of the founding of the School of Nursing with a total of 1,443 graduates.

Most of the above data are printed with the permission of the publishers of *So Near The Gods* and the 166th *Annual Report of The New York Hospital*.

In Memoriam Mr. Henry G. Barbey

Reprinted

In the passing away of Mr. Henry G. Barbey, the New York Hospital has met with a great loss. Mr. Barbey had been the President of the Board of Governors since January, 1937.

Mr. Barbey died at Katonah, N. Y. on July 24, 1938. The funeral service was held July 27th at St. Mathew's Church, Bedford, N. Y. He is survived by his wife, Mrs. Sabina Barbey, three stepsons and five sisters.

Born in Geneva, Switzerland, Mr. Barbey spent much of his early youth in London, Paris, Switzerland as well as New York. He graduated from Harvard in 1894 and for the next two years studied naval architecture in Glasgow, Scotland. He founded the Suburban Engineering Company and headed it to his death. During the world war he served as a major in the Red Cross in France.

As a member of the governing board, Mr. Barbey had been associated with the New York Hospital for almost thirty years. He was also a member of the board of the Lying-In Hospital, the Manhattan Maternity and Dispensary and the New York Nursery and Child's Hospital, all of them units of the New York Hospital now. For more than forty years he was on the board of the A. I. C. P.

Mr. Barbey took great interest in the progress and security of the New York Hospital and its units. He headed the campaign that was

begun in March of this year to raise \$17,000,000 in endowment funds for the New York Hospital and Cornell University Medical College.

* * *

Cantitoe Corners,
Katonah, Westchester Co., N. Y.
September 2, 1938.

Mrs. Henry G. Barbey wishes to thank all the members of the Alumnae Association of the School of Nursing for the beautiful yellow roses they sent to Mr. Barbey. The roses were put near him which would have been his wish, for he would have been much touched at the thought and affection that sent them. Mrs. Barbey again thanks you, every one.

Sabina Barbey

THE RAINY DAY

To those of us who may need an umbrella

TALKING about insurance and saving for a rainy day one of the nurses exclaimed: "Who wants a rainy day? I don't. I want sunshine when I grow old. Just now I am spending money to cure my lame leg. That's what I count as good saving."

There was truth in her words. The speaker was right in spending money for her health at the time when it was needed. Our health and body are the foremost and safest bank, but we must also provide for material independence. The rainy day expression is, to be sure, gloomy and full of dejection. Wise saving provides security and assures an unclouded future financially. Systematic saving will *do away* with rainy days.

Few of us are economically independent from the start. Our earning years roll quickly by. It is a moral obligation to provide for the future years while there are means. The ways for safe saving are many. Under the present government regulation and guaranties the saving banks can be relied upon.

There is the Harmon Plan advocated by the ANA. The Harmon Association holds a group annuity contract with the Metropolitan Life Insurance Company, under which its members purchase retirement annuities by monthly payments at wholesale rates, and a group sickness and accident indemnity policy with the Continental Casualty Company of Chicago, enabling its members to protect their retirement funds against loss of earnings through disability.

Any registered nurse in the United States, U. S. possessions, or Canada, may join. Detailed information will be sent on request to Harmon Association, 140 Nassau Street, New York.

Our own Elizabeth Bower is a representative of the Equitable Life Assurance Society. Celebrating its eightieth anniversary this summer it is one of the oldest insurance companies in the United States. Elizabeth Bower knows all about insurance and annuities.

PERSONALS

Miss Anna D. Wolf has been at Cragsmoor, N. Y. for the summer. We are glad to know that she has fully recuperated and will be back at the Hospital on October first.

We congratulate Miss Mary Beard on her appointment as Director of the Nursing Service of the American Red Cross, Washington, D. C.

Miss Elizabeth Price sent a picture of the Fresh Air Home for Crippled Children at Southampton and her summer family of forty youngsters.

The picture does not reveal the practical comforts of the living quarters, the perfect order or the beautiful environs, nor the blue of the sky or the salt-filled breeze from the ocean. The children love it there and thrive. In their summer happiness they are oblivious of any handicap, storing up a strength that combats physical defect and may lead to recovery.

Miss Lydia Anderson had a perfect holiday. She first visited Miss Minnie Jordan and her sister at Cape Cod for ten days, then travelled through Massachusetts and on to New Hampshire where she joined Marie Troup, who was driving South. She was urged to go along to Georgia but refrained, however, from going all the way. Perfect weather and a jolly time enhanced the pleasure of their six day motor trip which brought them to many interesting and beautiful places—Gettysburg, among others, and the Blue Ridge Mountains (there is lure in the name alone). At Williamsburg came the parting of the ways. Miss Anderson started on her return trip, stopping in Washington for a short visit. Marie Troup continued to Georgia. After more than two months of travelling and visiting friends, Miss Anderson feels she has had a glorious summer and a fine rest.

Miss Anna L. Reutinger was in Maine during September.

Margaret Wyatt spent the summer at her home at Winterville, N. C. Muriel Carbery was at Lake Michigan during her vacation.

Alice Himes enjoyed a month's stay in Nova Scotia.

Alice Conway and Marguerite Plow left N. Y. in the middle of September to visit relatives in Montreal and Toronto. After that they will go on to their bungalow in the Laurentian Mountains where they will spend the remainder of their vacation.

Mr. and Mrs. Albert Spurling (nee Eugenia Barnfield) of Bermuda, spent several weeks of the summer in U. S. and Nova Scotia, motoring extensively around the Gaspé and visiting in Maine and New York.

Mrs. Cora Maycock spent the summer in England and on the Continent.

Martha Cattelain visited in England.

Elizabeth Burroughs motored through the Smoky Mountains in September.

Helen Dumond spent part of her vacation in the Adirondacks.

Martha Carling and her three sisters sailed in August for an extensive tour through France and Switzerland.

Evelyn Morgan visited her sister in Denver, Col.

Eleanor Hildick spent the summer at her home enjoying many motor trips with her sister.

Laura Marquis had the best time motoring around the Gaspé before going to her home in New Brunswick. She met friends from the club wherever she went.

Isabel Mullins and Janet Gordon had a delightful holiday motoring through the Green Mountains and on to Montreal and Quebec.

Armeda Colver is motoring through New England and expecting to go South before returning to the Club.

Vera Mercer had a pleasant vacation at the Hotel Sagamore, Lake George.

Kirsten Tybjerg was at Nurses' House, Babylon for a few weeks after which she went to Casco Bay, Me. for the remainder of the summer.

Harriet Berg, during July and August, was chief nurse at a girls' camp near Albany. Swimming, riding and fencing were a few of her extra activities. She looks better than ever though she has just had a tonsillectomy.

Mr. and Mrs. O'Keefe (nee Agnes Frost) with their young son visited the Hospital while en route for Boston.

Phyllis Anderson enjoyed very much her summer in Sweden.

Mary Harding, having returned to this country from Singapore, visited her parents in New Brunswick, Canada, and while there she was operated upon for appendicitis.

Ruth Kurts has just returned to New York, having spent an interesting year in Honolulu, T.H.

Kay Roosevelt has been doing hospital work in Honolulu and likes it so well, she is staying on.

Marguerite Kinney spent the summer in Yarmouth, Nova Scotia.

Mrs. Annie Avery also visited in Nova Scotia for several weeks.

Maude Fauquier had a pleasant vacation, visiting friends in Canada.

Virginia Shelton and Jeannette Stone sailed for Bermuda on September 17.

Dorothy Knapp had a wonderful six weeks' pleasure cruise to Italy and Greece, the ship calling at the Azores, Gibraltar, Algiers, Naples, Athens and the Ionian Islands. She returned on September 22, after an exciting voyage. The Conte di Savoia was caught in the storm that swept New York and the Atlantic coast. The high sea continually broke over the decks which were roped off so the passengers could not use them—if they had had the inclination to do so.

Miss M. Bellinger attended the wedding of Jane Haxall Cambell to Mr. Charles Scott Bannerman on September 17 in Trinity Church, Elizabeth, N. J.

Mrs. Bannerman is a great granddaughter of Dr. James Darrach who, from 1856 to 1866, was Superintendent of the New York Hospital on lower Broadway. Incidentally Jane was one of Miss Bellinger's "babies". The Darrachs are old family friends and Miss Bellinger has heard many a tale of the nursing care the patients received in those early days of the hospital.

Birth

A daughter to Mr. and Mrs. B. T. Meacham (nee Ruth Whitney) on July 30, 1938 at New York Hospital.

Marriage

Miss Ada A. Pencheon to Mr. Henry M. Drinkwater on July 21, 1938 in N. Y. Mr. and Mrs. Drinkwater sailed on September 21 for Montserrat, B. W. I. All good luck, dear Penny!

In Memoriam

Miss Dora Browning on July 22, 1938 at the American Hospital, Mexico City

Miss Browning was a member of the first class that Miss Goodrich graduated in 1905. She did private nursing until 1910 and then went to Mexico City, where she first did private nursing and later on became the Anaesthetist at the American Hospital. She also had a place for antiques which she was interested in. Miss Browning was ill a very short time. She died on July 22, and was buried in the American Cemetery, Mexico City.

Ethel Hosking

* * *

Mrs. E. K. Camp (nee J. B. Emory) on August 26, 1938 at Her Home in Atlantic Highlands, N. J.

A Tribute from a Life Long Friend

Mrs. Jane Emory Camp, class of 1896, passed to her reward at her home in Atlantic Highlands, N. J. on August 26, 1938. Mrs. Camp was an Alumna as well as a charter member of our Club House. Our Alumnae Association was represented at the lovely service in All Saints Memorial Chapel at Navesink, N. J. by Misses Duncan, Silva and M. A. Wilson. Mrs. Camp was a wonderful power for good, giving of her time, strength and means to countless people. During the World War she was prominent in Community work in Atlantic Highlands winning high praise for her untiring efforts in Red Cross work. She is survived by one son, Elisha K. Camp, a New York lawyer.

Mary Vroom, class of 1896

We Wish to Extend Our Deep Sympathy to

Miss Anna Duncan on the loss of her brother.

Miss Rita Chisholm on the passing of her mother.

Miss Elizabeth Davis in the double loss of her mother and sister who met with a drowning accident at Cape Cod.

Miss Martha Russell on the loss of her sister.

CORRESPONDENCE

Letter from H. M.

September 15, 1938

A few graduates have an informal convention all their own in Denver, Colorado.

Evelyn Morgan (1927) accompanied by her aunt, Mrs. M. Morgan Taylor (Newark City Hospital, 1908), visited her sister Helena O. Morgan (1925) in Denver, Colorado, during the month of August.

One of their most delightful days was spent as the guests of Mr. and Mrs. John E. Harris (Elizabeth Feagles, 1920), at a picnic lunch in the foothills of the Colorado Rockies.

The party met again on the campus of Colorado State College, Greeley, on August 13 where Mrs. Harris was presented with her Bachelor of Arts Degree in Nursing Education. Having successfully combined home making, work, and study, Betty well deserves the congratulations of all her friends. She is Assistant Superintendent of Nurses at the Presbyterian Hospital, Denver.

Helena Morgan, the graduate who became a mine manager is still operating the American Mine. She enjoyed a six days' vacation this year. With Mrs. Taylor and Evelyn, she drove over a thousand miles through the Colorado Rockies in southwestern Colorado. The highlight of their trip was Mesa Verde National Park in which they visited the ancient cliff dwellings of a vanished race.

Extracts from Letters

Miss Bergstrom as former treasurer and present secretary is always writing friendly little notes to distant graduates. Consequently she gets a good many in return. We reprint part of them as they contain greetings to other Alumnae.

Dryden, New York, August 18th, 1938

Your nice little note, the list of graduates and the program make a dear souvenir of my 50th year. I shall treasure them all with gratitude to you younger nurses that the older "grads" are not forgotten.

With best wishes and most sincerely,

Evalyn W. Miller

* * *

. . . It always gives me much happiness to read how wonderful our dear Alumnae is. I also thank you for the "Alumnae News" which makes me feel quite young again by this way of keeping in touch with one and all. With best wishes to you.

Sincerely,

Daisy D. van Riper.

* * *

. . . Have been in bed with bad heart for four months but as I am 80 years (young) I suppose our organs do wear out. Have a phone by my bed so am still collecting the birthday cakes for my boys at camp which I enjoy. Am up around my room a little, but have to be careful. Will be O.K. after a while I hope. My love and interest will always be with New York Hospital.

Yours sincerely,

Emma D. Ewing.

Mrs. Emma Ewing as a member of the local chapter of the Eastern Star, Denver, Col. has been doing a work of her own for the patients in the Army Hospital. During eighteen years she has not failed, but for illness, to visit them twice weekly, writing and sending letters or telegrams for them and cheering them in every way. Through her efforts every patient is remembered with a birthday cake. Usually she brings it herself. More than 2,000 birthday cakes have in this way been distributed.

We hope Mrs. Ewing, Mother Ewing as she is fondly called, will benefit by her rest and soon be quite well again.

Editor.

HOSPITAL NEWS

Mr. Barklie Henry is serving as acting President of the Board of Governors.

Members of the Class of 1938 will complete their course with September. Our hearty congratulations and good wishes go to each and all of them.

There will be about fifty first year students registering in the School of Nursing on October first. Classes begin Monday, October third. Convocation takes place in the evening at eight o'clock in the auditorium of the Nurses Residence. The guest speaker will be Miss Alta Dines, Director of Nursing of the A. I. C. P. Members of the Alumnae are invited to attend.

Gifts

Through Miss Wolf from Miss Helen G. McClelland, Director of Nursing, Pennsylvania Hospital, Philadelphia, the Alumnae room has received a photographed copy of a letter from Benjamin Franklin to Sister Elizabeth of the Pennsylvania Hospital, recommending a patient for admittance. The letter reads:

June 4, 1753

Sister Elizabeth:

Please receive the Bearer into Hospital, & entertain him there till the Physicians have considered his Case.

Your Friend & Serv.

B. Franklin

The small picture, now hanging in the Alumnae room immediately draws attention. It is a splendidly executed photograph. The black ink looks naturally faded and the creases of folding show up well.

Miss Mary Holland has given an old picture of George III under whose reign the charter of the New York Hospital was granted. Miss Holland also gave part of a letter written by Florence Nightingale and with her signature attached.

Miss Nellie Rough has presented The School of Nursing with a picture of the Children's Ward of the Sixteenth Street building. The picture dates from 1911.

BOOK REVIEWS

So Near the Gods. The story of The New York Hospital.

So Near the Gods. No words could better express the lofty beauty of The New York Hospital and its aspiration to serve humanity fully. The book which was published for use with the campaign to increase endowment funds is a report of the work which has been and is being done in The New York Hospital and its units. The illustrations are a photographic record of the many activities that go on continually in fighting disease and safe-guarding health and in widening research and discoveries in medical science. The pictures of wards and clinics, research and record room, where big tomes speak of patients taken care of, the huge machines in the power room, and the chief baker, excelling in his art to tease a patient's feeble appetite, all these give a glimpse of what is being done. The worth of an unending service in these fields is summed up in Cicero's words: "In no other act does man approach so near the gods as when he is restoring the sick to the blessings of health."

SO NEAR THE GODS, \$1.00.

The Story of The Lying-In Hospital, by Dr. James A. Harrar.

In this story of The Lying-In Hospital, Dr. Harrar gives an outline of its early history and growth up to its merger with The New York Hospital. It is briefly but vividly told and the author gives some interesting data on deliveries. To quote one of the records: Conf. No. 125: "Called to see a patient at 5:55 A.M. in a cellar, September 28, 1890. Child was born twenty minutes before arrival. Patient had been in labor all night unattended. Upon arrival found child in bed roaring because cord had not been tied. Placenta still undelivered."

Signed, T. L. RICHARDS

Does not that remind you of former hectic days, or rather, nights! Reading this book we realize the great strides forward that medical science has made and the changes that hospital service has undergone. In one hundred and forty short years maternity care has grown from nil or mere attendance at birth to a systematic supervision providing prenatal care, painless delivery, after-care and follow-up work.

Pictures of the various buildings used by The Lying-In Hospital throughout the years give striking illustration of the growth of service and demands of today. The portraits are good likenesses of the farsighted men—some of them well known to us—who contributed so largely to the progress that has been made. The Story of The Lying-In Hospital, brief as it is, has interest to the layman and to the profession should be an inspiration.

THE STORY OF THE LYING-IN HOSPITAL, \$.75.

Copies of the above books may be purchased at the Gift Shop, New York Hospital.

The Handbook published by the Student Organization of The New York Hospital School of Nursing is a complete guide for the new student or anyone connected with the institution. In addition to rules and regulations, it includes a calendar of the important dates throughout the year, names of officers of the Administration and Faculty, and information about our Alumnae Association. At the back of the book is a short but detailed directory of New York City giving information about churches, shops and "Sights Worth Seeing"—covering everything from the nickel in the slot to a take-off by air. The plan of the hospital and grounds will help to direct any bewildered individual. The Handbook is an admirable compilation. Price, 25c. Copies may be bought at the desk, Nurses' Residence.

STATE MEETINGS

Major Julia Stimson is scheduled to speak at the following places:

Oct. 18—Milwaukee . . .	Wisconsin State Meeting
Oct. 21—Minneapolis . . .	Minn. State Nurses Meeting
Nov. 1 & 3—Boston . . .	Mass. State Nurses Meeting
Nov. 10—Atlanta . . .	Georgia State Nurses Meeting
Nov. 14—Dothan . . .	Alabama State Nurses Meeting
Nov. 22—Boston . . .	Dept. of Education, Boston University

ALUMNAE MEETING NOTICES

"The Alumnae Association, unanimously voted under the date of October 10, 1936 to change our corporate title as Alumnae Association of the Training School for Nurses of the New York Hospital to Alumnae Association of the New York Hospital School of Nursing. In order to comply with the requirements of the New York Secretary of State, we must add 'Inc.' after School of Nursing to read as follows: 'Alumnae Association of the New York Hospital School of Nursing, Inc.' "

Pursuant to Section Forty of the General Corporation Law, it is necessary to vote on this question.

Discussion and voting will take place at the October Meeting of our Alumnae Association.

Coming Alumnae meetings to be held at 8:30 P.M.:

October 13	Hospital
November 10	Club
December 8	Hospital
January 12	Club

Meetings scheduled for the Hospital take place in the Auditorium, Nurses Residence, 1320 York Avenue.

Tea is served at the Club on the first Sunday of every month from 5 to 6 P.M. Club members, Alumnae and their friends are welcome.

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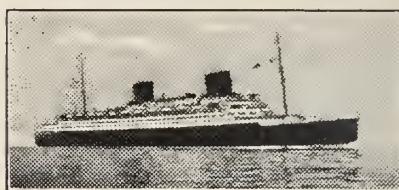
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VOLUME 12

No. 1

The
ALUMNAE NEWS

JANUARY, 1939

THE ALUMNAE ASSOCIATION OF THE
NEW YORK HOSPITAL SCHOOL OF NURSING

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THE ALUMNAE NEWS

NEW YORK HOSPITAL SCHOOL OF NURSING

VOL. 12

JANUARY, 1939

No. I

Published Quarterly: January, April, July and October. Sent free of charge to all members of the Association. To others: 15 cents a copy, 50 cents a year.

All contributions should be sent to the editor before the first day of the month previous to month of issuance.

ESTER ANDERSSON, *Editor*

Johnson Hall, Columbia University

UNiversity 4-3200, Ext. 565

Associates

LOUISE ZABRISKIE
FLORA JO BERGSTROM

ELIZABETH PRICE
EMMA BENZ

ALICE HIMES

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30 Rockefeller Plaza, New York CIRCLE 7-7706

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Merry Christmas and a Happy New Year

IT IS very gratifying to be able to send this greeting to so many in our group. Yet we wish it could reach ever so many more. Every graduate of the New York Hospital should be a member of the Alumnae Association and receive the *News*. Our distant members can shorten space and time by writing us about themselves and what they are doing—our younger graduates would delight us all by giving an account of their experiences in new ideas and in methods within the profession.

Let our Alumnae Association and the *News* be a means of drawing us closer together and of furthering our aim to reach out and help. Remember our motto: "Go thou and do likewise."

FROM SIR WILFRED GRENFELL

AS I write, I am looking back from "the shelf of life" over many moons of efforts to carry help to our friends in the North. In a new and interesting autobiography, a *Horse and Buggy Doctor*, pictures the pleasures of difficult problems, even when doctors possessed few assets with which to overcome them. Our Northern Bailiwick offers all these and more, our transportation being only by dogs and sledges in winter mostly along trails altogether unmarked, and in summer, in open boats along coastlines remarkable for their absence of accurate charting; while accommodations at patients' houses have to depend on the splendid good will of neighbors.

Only last week, during a concert, an eager and attractive young woman came over and sat down in an empty seat beside us. She was the head of the visiting nurses' association of Boston. This is really a splendid service and appears to offer sufficient opportunity to satisfy the demands of any ordinary person. This nurse, however, proceeded to explain that she had spent three years with our work in the North, during two of which she had been located on the least privileged and most necessitous part of the coast. It had provided many opportunities for personal courage and self-sacrifice, and perhaps the least possible material returns. Yet she smilingly insisted, "It was the happiest time I ever spent, and I hope to return some day."

I am sure Admiral Byrd will forgive me for quoting him as saying that the highest moments of exaltation that life can give are when we have personally overcome difficulties. When we first came to our coast, there were neither doctors, nurses, nor hospitals. We used such teachings and methods as succeeding advances in knowledge made possible; while by open invitation to experts in various lines of work to come and help us, and by availing ourselves of the generous opportunities that the great clinics offered whenever we visited "civilization," the fun of solving many insoluble problems gradually became ours.

One who had himself seen the chief surgeon of the largest hospital in London operate in the old black frock coat without any antiseptics, had seen Lord Lister operate with the carbolic spray, and then the dawn of aseptic surgery, needed no sympathy for being privileged to work in a virgin field. When we began we knew little of vaccines

and antitoxins, and nothing of vitamins, X-rays, and a thousand other preventive opportunities that now are available. Thanks also to motor engines, wireless telegraphs, radio, air transportation, and similar advances of science, we can now with better heart invite well equipped nurses to come and help us.

If I may again quote from such acknowledged worthwhile adventurers as Mrs. Charles Lindbergh and Admiral Byrd, "Every real adventure has to be founded on so immaterial a thing as faith."

Across the face of the first tiny wood hospital built nearly fifty years ago on Labrador was engraved "Faith, Hope and Love abide, but the greatest of these is Love." That building has long ago disappeared, and larger buildings with first class ratings for their work have taken its place. But in spite of material advances, fifty years of experience leaves me no escape from the conviction of the two truths included in that brave assertion about these "mere spiritual assets."

Your editor reminded me of a story I once told which illustrates this amply. While I was an interne at the great "London Hospital," a badly burned woman was brought in. The extensive burns left no hope whatever of her recovery. Her husband had come home drunk, and angered by the squalor and poverty of the tiny room to which his own self-indulgences had brought their little family, he had picked up a paraffin lamp, poured the oil over her miserable garments, and deliberately set fire to them. The law was interested. A magistrate was brought to the bedside of the dying woman. The nature of the evidence, the meaning of an oath were duly impressed upon what remained of her mind. A little while later, at the foot of her bed, a man somewhat sobered by fear, stood between two policemen in the half-darkened ward, while the magistrate begged her to make her dying statement as to how she came by her death, for in a brief moment she must leave this world and answer to her Maker.

As I watched, I saw the poor woman's eyes open and meet those of her degraded husband, to whom the answer meant life or death. I saw her read his mute appeal for mercy. Silence awaited her reply. Suddenly her eyes lit up, she even endeavoring to raise her piteous body as she whispered her last words, "It was an accident. I overturned the lamp myself."

The latest scientific technique is not all that a nurse has to bring with her to her problems. The material service rendered by the good Samaritan to the sick man was not all he gave to humanity. We still maintain that the words on the face of the first Labrador hospital are literally true—there is something that enables nurses not only to relieve pain and to renew human bodies, but in our experience to create new persons, and also new homes.

* * *

The best way to convince nurses of the New York Hospital of our unfeigned gratitude for the help they have rendered to our friends in the North is, like the hungry Oliver Twist, to hold out our cup "for more." This from one end of our coast to the other all our staff and people are doing.

WILFRED T. GRENFELL

THE GRENFELL ASSOCIATION

THE Grenfell Association in its medical work in Newfoundland and Labrador is one of the many foreign fields where nurses can gain a unique and varied experience. Several of our Alumnae have been to this coast and enjoyed it immensely.

The large hospitals and most of the nursing stations have an all-year-round service. Summer is the rush-time, and summer arrives as soon as the ice breaks up and allows a free run for schooners and mailboats. That is usually in the middle of June. It is a live and busy time on land and sea. Fishermen sail North to do their cod fishing and hordes of patients come from faraway settlements with the mailboats for clinic treatment or a summer's care in the hospital. Many come for consultation and expect to go back with the steamer on its return; others remain for operations or medical care.

It is an active, exhilarating time for healthy workers and challenges their initiative and capacity to cope with new situations. The variety of the cases is valuable for experience; the coming and going of people, schooners, steamers—all is novel and memorable, and so is the out-of-door fun, in off-duty time, whether the sun is shining or the fog hangs heavy over the islands.

Nurses volunteering for the summer should apply early, in January or February. Steamer fare and expenses are paid by the Association. Warm clothing, such as sweaters and wool stockings are necessary, and all needful items should be brought, as there are few stores. Applications should be addressed to Mr. F. E. Shnyder, The Grenfell Association, 156 Fifth Avenue, New York.

ESTER ANDERSSON

IT WAS WORTH WHILE

Several of our members have retired within the past year. Unquestionably they can look back over years of satisfying work in the cause of individual and public health and in promoting the perfection of nursing care and hospital service. Our readers will be interested in the following notes.

* * *

November 22nd, 1938.

My dear Miss Andersson:—

Your suggestion that I write some of my experiences with "Henry Street," sends my thought back over many years—busy interesting years.

Perhaps the nurses who work in the field, going in and out of homes in good weather and otherwise, giving care and counsel, helping those in sickness and trouble to meet and solve their problems, think that the clerical staff in the offices have a dull and uninteresting time and miss much of the real Henry Street spirit and ideals. But I am sure that my associates in the office of records and studies will agree with me when I say that our work was full of interest and that we felt we were very close to those at the head of the organization.

Especially was this true in the years when our office was in Henry Street and we were in such close touch with Miss Wald and some of her earliest colleagues. Then there was the opportunity to meet some of the people of note who came to see Miss Wald and to learn something of the Settlement and the Visiting Nurse Service. We were occasionally called to the reception room to hear these guests speak. All this was inspiring and interesting.

We consider it a privilege to have worked under the direction of Miss Jane E. Hitchcock, Miss Annie W. Goodrich, Miss Marguerite A. Wales and to be associated with many other fine women. So there were many advantages which came to the office workers.

There were trying times, some sad ones to be sure, but we also had many happy times—the "get-together" times, celebrations, etc., and our work was never monotonous.

It has been most interesting to watch the growth of Henry Street Visiting Nurse Service since my first day in the office at 265 Henry Street in 1911.

As the work spread over greater area including the Bronx, Westchester and Queens County, more data and more figures came to us to be combined and put into such form as could be used by the executives, committees and directors. The publicity and financial departments also found our work very necessary to them.

While I was with Henry Street we had two moving days. The first to go into "our own" fine office building on Park Avenue. That was a joy! The second one was, to those of us who had spent many years there, a sad occasion.

When, on account of ill health, Miss Wald was no longer able to come to see us we missed her presence and her cheery greetings though we felt her interest in the work and the workers was as keen as always.

I am very grateful for my experiences with Henry Street and have only pleasant memories and affection for associates and co-workers.

LAURA G. BARRETT

* * *

"To Miss Hannah Josephi whose supervision, aid and tireless interest we appreciate thoroughly."

Thus was dedicated the bulky notebook of one of the many students privileged to spend three months in the Social Service Department.

Miss Josephi who resigned October 1, 1938, graduated from the Training School for Nurses of the New York Hospital with the class of 1901. She accepted a position as Superintendent of the House of the Holy Comforter in New York City, and later became Superintendent of Mountainside Hospital, Montclair, New Jersey. In 1912 she returned to her own hospital to take charge of the Social Service Department in which Miss Irene H. Sutliffe who had organized it still kept an active interest.

The work, which began by combining the tuberculosis and children's clinics with the out patient department, grew from 3,467 visits to patients in 1912 to 46,388 in 1937. The department under her guidance has served through many changes, the World War, the Influenza

Epidemic and the Depression with its following unemployment problems. Among its numerous activities have been included the maintenance of a playground, Fresh Air work, day and night nurseries, Christmas baskets and parties, visits to patients in the wards and homes, sewing garments for the children's wards, library service to patients, and the making of a film showing the work. A 1914 annual report shows early progress in that "the greatest gain for the year appears to have been made in that important branch—preventive work".

In 1916 a nurse began to attend the Doctors' follow up clinic. This work was greatly praised by both the First and Second Divisions, and again in 1929 they thanked her "for valuable assistance you have given us, as always, particularly in tracing out patients" and "careful and persistent work of the visiting nurse".

In the Fall of 1919 a night heart clinic was begun. In the same Fall Miss Josephi was asked to talk to the medical students twice a month, and the interns were invited to attend. This arrangement became permanent and in 1929 she gave six lectures on Medical Social Service at the request of Dr. Gibson who wrote that "the exercise which Miss Josephi gives each section of our surgical students in outlining the scope and possibilities of the Social service work has been much appreciated by the students and has received much favorable comment. There was also talk of Social Service for student nurses about 1919, but it was not until November 1, 1924 that the first group was assigned. In 1937 fifty-six medical students and one hundred seventy-six student nurses received instruction.

The friendly spirit of the department under her leadership was largely due to her own understanding and influence, and was a well known source of inspiration to all who came in contact with it.

FLORA JO BERGSTROM

* * *

Mrs. Anne F. Dwight spent almost her whole career in the Social Service Department of the Vanderbilt Clinic, which in the old days was located on Tenth Avenue and was originally started by Dr. Alice Leader, sister of Mrs. Dwight. In personality and experience its founder was well equipped to inaugurate this vital and much needed service.

Mrs. Dwight first came to the Clinic in 1898. She remained there, even after its merger with the Medical Center except for a brief period of one year, when she went to Grassland Hospital to organize its Social Service.

Even from its earliest day, the Vanderbilt Clinic covered general medical and surgical work including dermatology, TB. and venereal diseases; follow-up work of the cases came later. With the years, the nursing staff grew from one to ten nurses whose time was occupied with attendance at the clinics and with educational and relief work and home visits. The TB. patients, especially, took much of the nurses' time. Many of the patients remained in their homes, preferring to stay there in spite of being advised to go to the hospital. There was no law to force them to comply with the doctor's advice.

In those days people still had aversion to hospitals, and the "black bottle" loomed large in their fancy. It was not unusual to have four, or five visits a day to dying patients who needed all the physical and spiritual assistance that a nurse possibly could give. The TB. Clinic distributed milk and eggs daily to those who needed them. Sanatorium care and country convalescence were provided for those who wanted to accept the advantage.

It was sometimes necessary to call in the assistance of the Dominican Sisters in the neighborhood. The Sisters were always willing to help with the home nursing. Regardless of creed and color they went wherever they were called and needed.

Mrs. Dwight had the satisfaction of seeing the Social Service Department grow in its increasing usefulness to patients and the institution. She herself was a force in her work. She met difficulties with unruffled calm and insight. Her plans for patients were calculated with vision and understanding. It was good to work under her leadership.

EXCERPTS FROM THE REPORTS OF THE ALUMNAE MEETINGS

The regular meeting was held Thursday, October 13, at the Nurses' Residence and called to order by Major Julia C. Stimson, president.

Major Stimson spoke on the importance of having a paid Secretary-Treasurer, in order to have a more permanent officer. The Board asked one of our members to look into the matter and to learn what is being done in other alumnae associations in the city. A report will be ready for the November meeting.

Miss Rosenmuller spoke of the fine work of the House Committee members. She also announced the resignation of Miss Gordon from the Social Committee because of illness and asked for volunteers to fill the place.

The New York Counties Registered Nurse Association, District No. 13, and the American Journal of Nursing have asked for information about existing Scholarship Funds. The names of Miss Lydia E. Anderson, Miss Minnie H. Jordan, Miss Anna L. Reutinger, and Miss Margaret E. Wyatt were proposed to the Board to administer the Irene H. Sutliffe Scholarship Fund and were referred to the Alumnae Association. Miss Marie Troup moved that the entire group become the Committee, with the first named as Chairman. This was seconded and so ordered. Miss Anna B. Duncan moved that this Committee be empowered to fill vacancies which may occur. Miss Jouffret seconded the motion which was passed.

DO NOT PAY your Alumnae Dues for 1939 until
the question of increasing them has been settled.

The following new members were proposed by the Secretary:

Dorothy Jane Bohrer	Edith Julia Kraft
Grace Cisler	Jessie Simpson MacIntosh
Dorothy Mary Claus	Ruth Gulbrandsen Nielsen
Janet Dunlop Corwin	Agnes Donata Pando
Mary Anna Cressman	Agnes Rafferty
Amelia Marie DeVivo	Rosalind Marie Seuberling
Weymouth Anderson Doremus	Elizabeth Kauffman Shutts
Bernadette Marie Dumas	Mary Tania Sokalchuk
Dorothy Violet Hoover	Eva Stahlnecker Watkin
Cornelia Louise Kittridge	

Miss Lydia Anderson moved that these nurses be accepted upon payment of dues. Miss Margaret Bojus seconded the motion which was carried.

Instead of having read the letter *re* the gift to the Red Cross Service Fund, Major Stimson called on Miss Florence Johnson to speak about the Red Cross relief work in the recent disaster and the need for hearty response to the coming annual Roll Call.

Miss Bergstrom read from a personal letter the transfer of Miss Myrtle A. Pelley, Class of 1917, mission nurse, who has been transferred from a post she organized and built up to a new and undeveloped post in Portuguese East Africa, of her handicaps and great need for simplest supplies. Miss Bergstrom offered to send any individual donations, books, instruments, etc.

* * *

The regular meeting was held Thursday, November 10, at the New York Hospital Graduate Nurses' Club. In the absence of the president, Miss Marie Troup, vice president, called the meeting to order.

The minutes of the October meeting were read by the Secretary. The name of Miss Hazel Emmett, which had been omitted, was added to the members of the Committee to administer the Irene H. Sutliffe Scholarship Fund. With this correction they were accepted.

* * *

DISTRICT 13 ADVISORY COMMITTEE, N.Y.S.N.A.

Miss Jessie Warner reported on this meeting and urged that all address changes be sent the District office.

* * *

The regular meeting, held Thursday, December 8, was called to order by the President, Major Julia C. Stimson.

Miss Duncan moved and Miss Reutinger seconded the motion that the ballot be accepted as read. Motion carried.

Major Stimson spoke on the necessity for an increase in our dues to meet expenses which have increased, and to make possible the employment of a paid Executive Secretary-Treasurer. Miss Rosenmuller was asked to read again the letter she read in November, outlining

the policy of the Bellevue School of Nursing Alumnae, for the benefit of the many present who were not at the last meeting.

Major Stimson called our attention to the number of people who now conduct our Alumnae affairs and keep the records—five officers. This requires duplication of files and it is most difficult for a new President, who, at times, must rely on information of Board members of long standing, as well as for the new officers.

The President then pointed out that there are two things to vote on:

1. Change of By-Laws so that dues can be raised. This will give additional funds to carry on the Alumnae affairs and eliminate so many officers.
2. To authorize the Board to prepare a plan to receive applications for an Executive Secretary-Treasurer, to outline the duties, hours, living requirements, and salary, and to make the appointment.

Miss Anna B. Duncan moved that the By-Laws, Article IV, Section I, be changed from:

"The Annual dues for resident members shall be \$4.00, payable at the Annual Meeting, and shall include dues to the New York Counties Registered Nurses' Association District No. 13 of the New York State Nurses' Association, and the American Nurses' Association."

to read:

"The Annual dues for resident members shall be \$6.00 and shall include dues to the New York Counties Registered Nurses' Association District No. 13 of the New York State Nurses' Association and the American Nurses' Association."

Article IV, Section II to be changed from:

"The Annual dues for non-resident members shall be \$3.00 payable each year at the Annual Meeting."

to read:

"The Annual dues for non-resident members shall be \$4.00 payable each year at the Annual Meeting."

Miss Marie Troup seconded the motion and discussion was opened.

Miss Benz asked if we will lose non-resident members by an increase?

Miss Duncan spoke on the great amount of time consumed by the Corresponding Secretary and the Treasurer, and as a charter member who has watched our growth, called our attention to the greatly increased amount of work and duties of both offices.

Miss Troup asked if Miss Lydia Anderson, as a non-resident member, would speak on the question of an increase.

Miss Anderson said that she could only speak for herself, but that she would be only too thankful to help to get a paid Secretary-Treasurer.

Miss Troup asked what added expense non-resident members have.

Miss Anderson replied that she pays \$3.00 to our Alumnae and \$2.00 to District No. 14 each year.

Miss Rosenmuller said that if all members refuse to volunteer, we would be obliged to have a paid Secretary-Treasurer.

Miss Benz was undecided, although she favored raising of resident dues she questioned the wisdom of raising non-resident dues.

The motion was defeated by one dissenting vote.

Mrs. Rogers felt that there was poor representation of the Private Duty nurses at this meeting and that the question concerns them very much.

Miss Silva stated that Private Duty nurses could afford an increase better than others who are not working.

Miss Hildick spoke as a Private Duty nurse and said that she had discussed the question with other private duty nurses and none were against the increase. She also spoke as Secretary of the Board, telling us that she has enjoyed the work, but that she is obliged to spend five to ten evenings every month on Board matters.

Miss Troup called our attention to the fact that there were a good many private duty nurses at the November meeting, with no opposing discussion.

Respectfully submitted,

FLORA JO BERGSTROM, *Recording Secretary*

* * *

At the meeting of the private duty section held November 9, 1938, it was decided to have the officers for 1939 elected by ballot. The following names have been submitted.

<i>Chairman</i>	<i>Vice-Chairman</i>	<i>Secretary</i>
Miss E. Long	Miss Foot	Miss De Vivo
Miss Gildersleeve	Miss Hanson	Miss Rafferty
	Miss Clank	

IMPORTANT NOTICE

The name of your association must be in line with that of our School of Nursing. It is obligatory under the State Law that a

MAJORITY OF THE MEMBERS

of our Alumnae Association give their consent to the change in its name.

Training Schools are out of date, and Schools of Nursing are now modern, dignified institutions.

So your Alumnae Association has had to conform.

Please sign and return the enclosed PROXY, giving the legal form of your consent in order that this important change may be made.

MAJOR JULIA C. STIMSON, *President*

**NOTICE OF A SPECIAL MEETING OF THE MEMBERS
OF THE ALUMNAE ASSOCIATION OF THE NEW
YORK HOSPITAL SCHOOL OF NURSING**

**TO THE MEMBERS OF THE ALUMNAE ASSOCIATION OF THE NEW
YORK HOSPITAL SCHOOL OF NURSING:—**

TAKE NOTICE that a Special Meeting of the members of the Alumnae Association of the New York Hospital School of Nursing will be held at the New York Hospital Nurses' Club, 317 West 45th Street, in the City, County, and State of New York, on the 12th day of January, 1939, at 8:30 o'clock P.M. to take action on changing the name of said corporation to **ALUMNAE ASSOCIATION OF THE NEW YORK HOSPITAL SCHOOL OF NURSING, INC.**, and for the transaction of such other and further business as may properly come before the meeting, or any adjournment thereof.

Dated: December 15, 1938.

MAJOR JULIA C. STIMSON, *President*

Mail Proxy with Ballot to Miss F. J. Bergstrom, 1320 York Avenue, New York, N. Y.

ALUMNAE ASSOCIATION AND GREATER EFFICIENCY

By MAJOR JULIA C. STIMSON, R.N.

1. Can it be expected that the affairs of an important organization can be effectively conducted when its business is in the hands of five different people who necessarily must keep their files in five different places?

We have a corresponding secretary, a recording secretary, a secretary of the Board of Directors, a treasurer, and an editor of the *Alumnae News*, all of whom have in their custody important files.

2. Can we continue to ask busy people to give hours of their time to the work of the Association for us without compensation?

The devotion and unselfishness of some of our members, in this respect, can never be adequately appreciated, for few of us know about it.

3. Shall we continue the wasteful method of electing secretaries and treasurers when every change means waste of efficiency?

The answer to these questions should be "No." Therefore, your Board of Directors is proposing a change of by-laws, permitting an increase in dues in order that it may make plans for a paid executive secretary-treasurer. The Board will work out details and present them to you later if you vote this change of dues. A two-thirds affirmative vote will be necessary; so come to the January meeting.

The present dues of our Association are lower than those of any other large New York Alumnae Association. The Directors are having difficulty conducting the business of your Association on a budget that is inadequate. The proposed change of dues will make the organization able to accomplish more for you and for your profession.

PERSONALS

Miss Mathilde Jouffret, after an operation in October, spent several weeks in the Hospital. She is now back at the Club.

Miss Jessie McVean recently left Kent, Connecticut, for her winter residence in Florida.

Mrs. C. V. Twiss (née Mary L. Simons) has been made an honorary life member of the Central Club for Nurses in appreciation of her assistance at the time it was founded.

Marriage

Miss Eleanor Mary McBrien to Mr. Wm. Charles Kollman on November 5, 1938, at Forest Hills, N. Y.

In Memoriam

Miss Beulah Bain on November 28, 1938 in Montclair, N. J.

Way back yonder, in 1910, when Mountainside Hospital was very small and there was no nurses' registry, many of our special nurses came from New York. I had a patient with pneumonia and telephoned New York Hospital for a nurse. Miss Bain had recently graduated from this hospital, had registered against going into the country, and had said she would not work for a woman physician. But there was a need, and, being Miss Bain, she came. The patient recovered, and her family are Miss Bain's friends to this day.

Shortly after her care of my pneumonia patient, she took the position of Nurse for the Montclair Tuberculosis Committee.

Miss Bain found and cared for the patients, doctors treated them, and the committee supplied the money.

In 1912 the Montclair Board of Health took over the tuberculosis work.

Miss Bain, as board of health nurse, worked not only among tuberculosis cases, but in the venereal disease clinic.

A great gift of making friends was hers. She had enemies too, for if she thought someone was not living worthily, her words came with a directness and force which some could "take," and others could not. Her attitude toward doctors was unique. They were human instruments to bring health to her patients, and she would cajole or bully them, as the case might require.

Loyal friend, best of nurses, she gave much to our community.

STELLA S. BRADFORD, M.D.

November 30, 1938

Annual Report

Please check your name and address in the 1937 Annual Report and if ANY CHANGE is to be made in spelling, initials, name or class, NOTIFY THE RECORDING SECRETARY, F. J. Bergstrom, 1320 York Avenue, New York City, not later than December 30, 1938.

HOSPITAL NEWS

Convocation took place in the auditorium of the Nurses' Residence at eight o'clock on the evening of October 3, 1938.

In the absence of Miss Wolf, Miss Harriet Frost presented the forty-nine new students. Mr. Augustine J. Smith and Mr. Murray Sargent spoke in turn, welcoming the students to the school and to their new duties.

The guest speaker was Miss Alta Dines, Director of Nursing of the A.I.C.P. In a brief, interesting speech she mentioned some of the problems in nursing and cited the history of a few cases handled by the A.I.C.P.

After the close of the convocation refreshments were served in the Students' Lounge, when everyone had a chance to become better acquainted.

The following statistics are interesting:

Academic Preparation of Class of 1941

High School	17
One year of college	9
Two years of college	10
Three years of college	3
College graduate	10
	<u>49</u>

Geographical Classification of Class of 1941

New York City	13
New York State (outside of city)	10
Pennsylvania	7
New Jersey	7
Connecticut	3
Massachusetts	3
West Virginia	1
Maine	1
Georgia	1
California	1
Portugal	2
	<u>49</u>

The student nurses are editing a mimeographed quarterly appropriately named *The Blue Plaidette*.

The contents range from the humorous to the serious: current topics, social events within the Residence, book and theater reviews,

personal accounts (some very personal), and prose and poetry. Even patients are inveigled into a ride on Pegasus to oblige the Plaidettes. The illustrations are delightful. The editors must have great fun in compiling this quarterly. It makes us wish that we could start all over again. . . . Congratulations, little Sisters!

The Blue Plaidette. Price 25 cents a year, incl. mailing. Five cents a copy.

"When graduates of the New York Hospital School of Nursing are patients in the room reserved for Graduates and are subscribers to Associated Hospital Service or some other similar service, it seems proper that the New York Hospital should receive the benefit of payments by the Associated Hospital Service with the understanding that if the alumna is taken ill and hospitalized elsewhere during the contract year of the period when here, the New York Hospital will reimburse the patient on a per diem basis of such hospitalization up to the limit of the amount received on the stay in the New York Hospital from Associated Hospital Service."

The House Committee of the Nurses' Residence of the New York Hospital extend Best Wishes to you and a cordial invitation to participate in our Christmas Program.

DECEMBER

21	EMPLOYEES' CHRISTMAS PARTY Nurses' Residence Gym and Auditorium	8:00 P.M.
22	STUDENT CHRISTMAS DINNER Candle Light Service	7:00 P.M.
24	CHRISTMAS CAROLS	4:00 P.M.
25	CHRISTMAS DINNER After Dinner Coffee—Music—Lounge	11:45—12:15 P.M. 12:45— 1:45 P.M. 6:30 P.M.
26	BUFFET SUPPER	5:45— 7:30 P.M.

CHRISTMAS WEEK TEAS 3:30 to 5:30—Lounge

- 27 Medicine and Surgery
- 28 Psychiatry and Private
- 29 Pediatrics and Obstetrics
- 30 Out Patient and Nutrition

JANUARY

	HAPPY NEW YEAR OPEN HOUSE NEW YEAR'S EVE	
1	After Dinner Coffee Lounge	12:30 P.M.
2	House Tea in the Lounge	3:00— 5:30 P.M.

BOOK REVIEW

Lillian Wald, Neighbor and Crusader. By R. L. Duffus. The Macmillan Company, \$3.50.

One had to be a good neighbor and crusader in order to accomplish what Miss Wald did among the poor and foreign-born on the lower East Side. Personality, background, and integrity in combination with her nurse's training at the New York Hospital made her succeed where others might have failed or lasted only a short time.

It was in 1893 that Miss Wald and Miss Mary Brewster, also of the N. Y. H. through their home nursing visits to the poor first laid the foundation for the Henry Street Settlement and Nursing Service. To be in closer touch with their group they moved to a tenement on Jefferson Street, and later on, as the work grew, to 265 Henry Street. People soon knew where to go for help when they were in need.

Miss Wald did not confine her work merely to nursing the sick. She was interested in everything related to her patients and others in the neighborhood. Factory and housing conditions, social and educational classes for the unprivileged, the immigrants on Ellis Island and the exploitation of them after their entry into the country—all these problems she made her concern. She enlisted the aid of expert talent to teach and give them lectures, and she seemed to know just to whom to turn for financial support.

In those days very little had been done toward public health, but as always in America when the ball starts rolling it rolls fast. Just at that time a good many projects for public health and social and educational betterment sprang up simultaneously.

There were few to do the work, but much willingness. Very often the same people would serve on several committees, each promoting a different cause. The same committees would turn up time and time again in the sanctum of public officials. If the problem had anything to do with the East Side, Miss Wald was certain to be in the lead. The reporter who one day encountered a delegation "in action" had reason to ask, "And what do you call yourselves this time?"

This biography of Mr. Duffus makes stimulating reading. The author deals more with the personality of Miss Wald than with details of her work and her methods of accomplishing her aims. She has herself written extensively about that in her books: *The House on Henry Street* (1915) and *Windows on Henry Street* (1934).

The reader may wish that the author had followed Miss Wald's own advice, which he mentions, and omitted some of the personal praise since it has a tendency to detract from the work itself.

NOTICE

Because of our Annual Holiday Tea on Sunday, January 8th, the regular monthly Tea, which would come on January 1st, will be omitted. The next Tea date to mark on your calendar will be Sunday, February 5th, 1939.

ELIZABETH LAWRENCE,
Club Superintendent



Club Christmas Program



Christmas Day

10:30—Santa Claus & Christmas Stockings

1:15—Turkey Dinner—\$1.15

6:30—Buffet Supper (no charge)

New Year's Day

1:15—Special Holiday Dinner, \$1.15

Sunday, January 8th

5-7—Annual Holiday Tea

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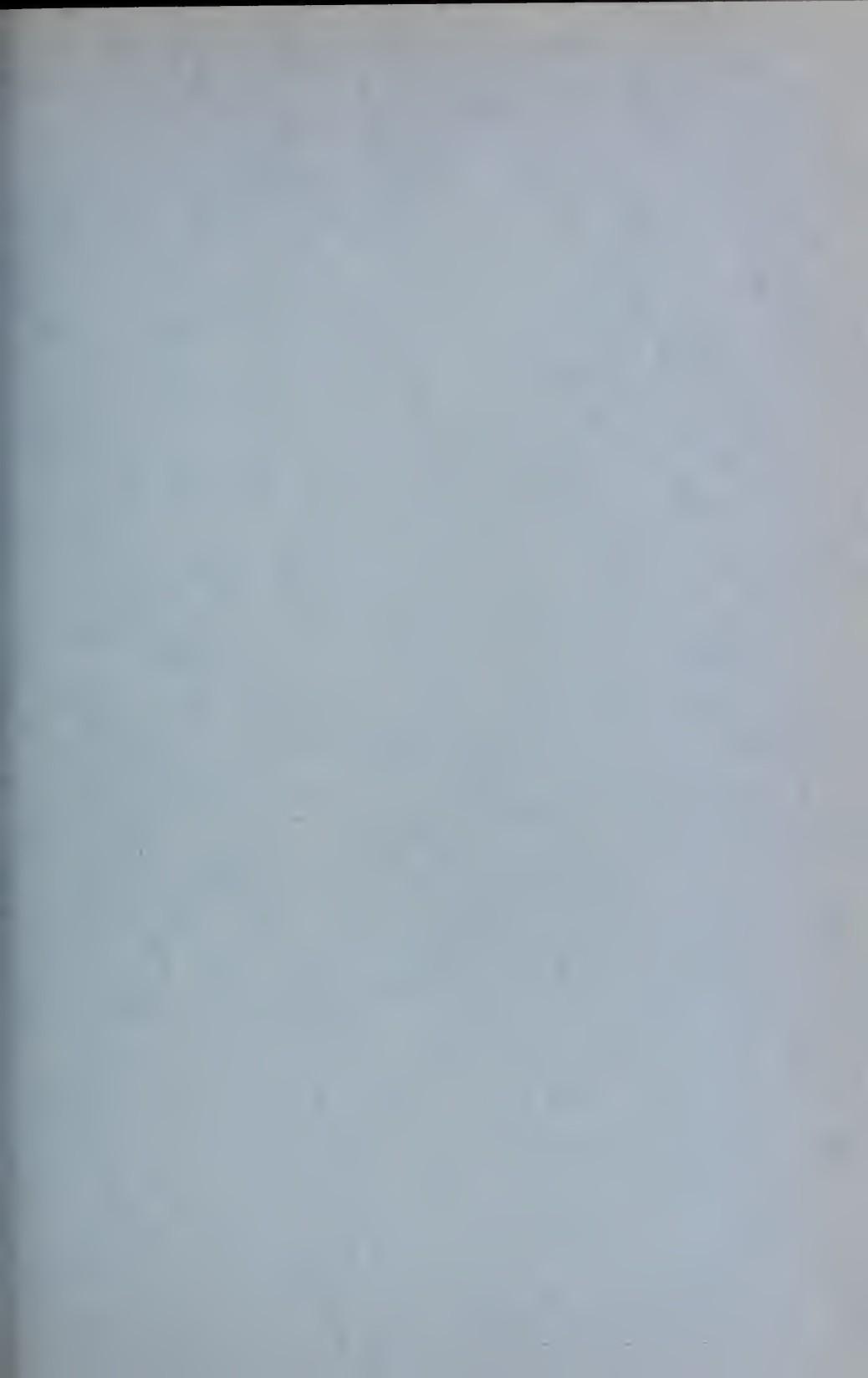
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VOLUME 12

No. 2

The
ALUMNAE NEWS

APRIL, 1939

THE ALUMNAE ASSOCIATION OF THE
NEW YORK HOSPITAL SCHOOL OF NURSING

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MARIE L. TROUP.....400 East 50 St., N. Y. C.
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317 West 45 Street

THE ALUMNAE NEWS

NEW YORK HOSPITAL SCHOOL OF NURSING

VOL. 12

APRIL, 1939

No. 2

Published Quarterly: January, April, July and October. Sent free of charge to all members of the Association. To others: 15 cents a copy, 50 cents a year.

All contributions should be sent to the editor before the first day of the month previous to month of issuance.

ESTER ANDERSSON, *Editor*
Johnson Hall, Columbia University
UNiversity 4-3200, Ext. 565

Associates

LOUISE ZABRISKIE
FLORA JO BERGSTROM
JOSEPHINE KELLY

ALICE HIMES
ELIZABETH PRICE
EMMA BENZ

CHARLES C. MORCHAND, *Advertising Manager*
30 Rockefeller Plaza, New York CIRCLE 7-7706

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KEEP WELL

THE reason we are not all sick abed with colds is that the resistance and immunity of the body protect us from infection. If anything, then, lowers the resistance of the body, the individual may succumb to infection.

Resistance is lowered by chilling the surface of the body, by chilling the feet, by fatigue and its accompanying acidosis, by overwork, by a run-down condition. The virulence of germs is heightened by creating a successful disease in a human body, and so the infection of a 'fresh case' may be more catching than that of an old case. A fresh case is an excellent opportunity for germs to pass from one person to another, usually by droplet infection of the air and by inhalation.

A person catching cold needs, then, to raise her resistance. This is done by

- (1) rest in bed
- (2) warmth (heat lamp, hot water bag, flaxseed poultice)
- (3) long hours of sleep, as 10 - 12 hours
- (4) an alkaline diet as fruit juices or some alkali, as soda bicarbonate, citro carbonate, Vichy water

Local treatment should be aimed at

- (1) reducing the number of germs and the amount of mucus by gargle, throat irrigation, nasal irrigation, argyrol
- (2) improving circulation, i.e., heat

Fever is now considered a curative process and, unless it is too high (over 104°) and too prolonged, should not be reduced by medical means.

Many respiratory infections, especially grippe, are accompanied by headache and pains in the joints and muscles. All of these will usually vanish on the alkaline diet, but very occasionally some pain killer, as aspirin, may be needed.

Usually two or three days on this treatment will cure the patient.

GULIELMA F. ALSOP, M.D.

* * *

Success of the advices of Dr. Gulielma Alsop, physician at Barnard College, Columbia University, proves that Nature is our greatest protector and doctor. To keep well is to know the secret of how to do it, and then to act accordingly.

The physical examination of new entrants to the college is followed by a close check-up of them from time to time in the medical office. Dr. Alsop seemingly knows the health record of every student as well as her physical and mental capacities. Health among the Barnard students stands high, though the strenuous study hours and necessary social activities put a great demand on the individual's strength. If a girl shows fatigue, she is ordered to rest in the Infirmary. This alone prevents many disorders. Dr. Alsop's simple treatments of grippe have astonishingly good results. A student may come to the Infirmary with a temperature of 103° or more and feeling very miserable. Put into a comfortable bed, in quietude, with plenty of fresh air and a pitcher full of fruit juice next to her, she has all that she may need for the time being. The patient usually reacts well and falls into a deep, restful sleep and feels

better on awakening. The repeated local treatments help to hasten the recovery, and the student is back in school again with a minimum loss of time.

Provided the illness is not serious, a student does not seem to mind being sent to the Infirmary. Sleep cures a multitude of ills. As soon as a patient has slept and rested completely, and her fever has abated, her interest in class work is alive again. Nothing can now keep her in bed. She is well!

Nursing in a school or college infirmary has its many interests. It gives a new slant on health and on the composite nature of individual make-up.

E. A.

IT WAS WORTH WHILE

Several of our members have retired within the past year. Unquestionably they can look back over years of satisfying work in the cause of individual and public health and in promoting the perfection of nursing care and hospital service. Our readers will be interested in the following notes.

* * *

IN a notice from the *Eastern Star Review*, Denver, Col., Mrs. Emma Ewing is praised by the Chapter "for her wonderful work at Fitzsimmons General Hospital." Her distribution of 4075 birthday cakes given by members of the Chapter, and her many personal kindnesses for the comfort of her sick men—over a period of twenty years—have brought a joy to her as well as to those she served. In her days of health she was always active. Now that she is forced to stay at home, she experiences some of the loneliness that she has tried to relieve in others.

Mother Ewing, as she is called, is 81 years old. She resigned officially but not actually from her share in the Chapter's work. As she says in her letter, "I write to twenty boys at camp, so I am still in the game."

* * *

Miss Florence Dakin was State Inspector and Educational Adviser on the New Jersey State Board of Nurse Examiners since 1923. She resigned from her position in June, 1938.

Miss Dakin has had varied experience in the field of nursing. After her graduation from the New York Hospital she served there for a time as assistant in the housekeeping department. She was Superintendent of Nurses in the Takoma Hospital, Superintendent of the Middleton Hospital (Ohio), and Instructor of Nursing in the Paterson General Hospital. She helped to organize New Jersey's first Board of Nurse Examiners, 1912-1915, and was chosen to take charge of the preparation of a curriculum for schools of nursing. It was one of the first curricula to be used in any state. She also wrote *Simplified Nursing*, which was published in 1925 and is now being revised for the third time.

During her administration, schools have voluntarily raised their entrance requirements from one to four years of high school, and their course of nursing education from two to three years. The system of

teaching has been improved; adequate class room facilities have been secured; and extra-curricular activities have been extended to include social, cultural, and physical development. Better housing for students and graduates has been provided.

Miss Dakin paved the way in New Jersey for the eight-hour period by her influence in shortening the hours of night-duty from twelve to ten. It is interesting to read that the old custom of awakening the patients in the early hours of the morning has been entirely abandoned in New Jersey hospitals with schools of nursing.

The tribute by the *Bulletin* of The New Jersey State Nurses' Association that "nurses in all fields of the profession received inspiration and help from Miss Dakin" phrases her greatest accomplishment.

* * *

Miss Anna L. Reutinger has resigned her position as Director of Nursing at St. Mary's Hospital for Children, N. Y.

When Miss Reutinger was first graduated she served as Superintendent at the House of The Holy Comforter and then for five years as Assistant at the New York Hospital School of Nursing. She then became the Superintendent of Nurses at Lying-In Hospital until 1914, when the Red Cross Commission took her to Germany and France. Miss Reutinger served in the European War a little more than four years, spending one year in Germany, one in Russia and a year and eight months with the A. E. F. and the Army of Occupation in France. On her return to the United States she was Superintendent of Nurses at Grassland's Hospital for two years, going from there to St. Mary's.

In an interview Miss Reutinger told of her years in the European war. In Gleiwitz, Germany, the city's theatre was turned into a hospital for the soldiers. Freight trains brought the wounded from the front, where First Aid was administered to them, but from then on until they reached Gleiwitz, a three days' journey, they could not get any care. Their blood-soaked uniforms were stiff and foul, and many of the soldiers were delirious from fever and infection. One day—it was on Christmas eve—the train brought in seventy-eight badly wounded men. All day long the stretchers rolled in and out of the improvised operating room, where the American surgeons and nurses worked continuously. The orchestra floor was made into one vast ward with rows and rows of beds

In the spring of 1918, the A. E. F. sent 550 American nurses to France. Miss Reutinger was the Nurse-in-Charge. They were all casuals, which meant that they had to serve wherever they were needed. Consequently they were scattered all over France for duty at the base hospitals, the evacuation hospitals, and as special units.

Miss Reutinger was on duty in evacuation hospital number 2, at Baccarat near the Vosges. A month after the Armistice she went to Koblenz with the Army of Occupation and remained there until September, 1919. "My, what a place! 1,250 beds! Rain, slush, and cold all the time! Sometimes we would admit as many as fifty patients in a night, most of them ill with flu and pneumonia. The victorious Americans had to march all the way from France to Germany, and they

suffered terribly from the bitter cold and bad weather. In the beginning we had all types of cases; later on we had mostly medical and contagion."

In Russia, in 1916, it was chiefly relief work to which Miss Reutinger and her unit were assigned. The authorities treated them with great courtesy and allowed them to enter the concentration camps and to give the prisoners material aid and small gifts of money which the Central Powers had sent to the American Embassy for this purpose.

We were sitting in Miss Reutinger's sun-flooded apartment. Two small pictures on the wall held my attention. "Yes, aren't they lovely?" Miss Reutinger remarked. "Look at them closely, and I will tell you about the artist who painted them. One day I visited a large concentration camp outside of Moscow where many of the exchange prisoners were kept. A group of 10,000 prisoners, incapacitated for war service, was ready to leave for their homeland. Many of them, however, were being retained as still able to do some kind of war service.

"They were now waiting to be returned to Siberia. Towering among them I saw a most dejected-looking man. He had been one of the high officers in the Austrian army, and though he suffered from heart trouble and nephritis, he had been found 'too well' for release. I wanted to give him some money and asked if there were anything I could do for him, but he only shrugged his shoulders and said: 'What is the use? It is too late now.' When I insisted on helping him, he finally said: 'Can you get some paper, paints, and brushes for me?'

"I answered yes, though the troupe was to start for Siberia any moment, but I thought it was worth while trying. We hired a sledge with fast-running horses, and with directions about what store to go to, we tore into Moscow and bought everything that was needed, getting back again before the men left.

"Several months later, I visited another camp with returning soldiers. The place was crowded, and the cots stood so closely together that one could hardly pass between them. Suddenly I heard a commotion a few beds away. A tall man was leaping over them and trying to reach me. 'Sister Anna,' he called, 'don't you remember me?' I looked at him, but could not truthfully say that I knew him. His face was overgrown with a beard, and I had seen so many come and go in the past months. 'I am the man you bought the paints and brushes for,' he reminded, and then, of course, I remembered, for he was the only one for whom I had bought any paints and brushes. He pulled out a roll from under his arm—it was the pictures over there—I painted these for you hoping that I would meet you again some day. Will you take them?'"

I went up to look at the pictures. They were signed "Kowalski 1916." One of them shows a Russian forest in winter. Tall, black trees rise high against an evening sky of gold, and deep snow covers the ground. This bit of Moscow forest was sketched from memory as he saw when driving through it for the last time, driving on to Siberia. The other picture is symbolical. It is early dawn. Windswept and knee-deep in snow a soldier stands on guard, rifle in hand. Straight and fearless he faces the figure of Death as it comes towards him in a mist of snow . . .

THE NURSE IN INDUSTRY

It is the important obligation of an industrial nurse to help create and maintain a healthy and contented personnel.

Fundamentally the function of a nurse in industry is the preservation of the employees' health through the use of established medical science. In addition, she is the "contact man", who brings to her organization the latest advances in technical knowledge, benefiting thereby both employee and industry as a whole.

The desirability of having the Nurse in Industry is obvious from a sober consideration of the benefits which admittedly accrue. She along with the physician must bridge the gap between the laboratory, which knows little of Industry, and Industry, which knows less of Medicine.

Industry must be taught; the Nurse must try to do it. The existence of the Nurse in Industry and the improvement of her status depend upon her ability to prove her worth to Industry.

A sick body is not the only source of unhappiness. We must make a sincere effort to know and to aid not only the physical welfare but also the spiritual and mental needs of the employees.

Realizing the importance and delicacy of this problem, I should say that only the person who has previously qualified in the profession of nursing and who has had varied experience in dealing with human reactions should enter the field of industrial nursing.

Retail merchandising is an industry that is conducted, to a large extent, through a medium, namely, the human element. It will be the nurse with a genuine interest in this human element who will be able to gain the confidence of the employees *through service*, and so, in time, learn of their problems and help solve them.

JANET R. COLE, R.N.

EDITOR'S NOTE: *Miss Cole has been with Ohrbach's Inc. for six years and has found it an interesting experience.*

ANNUAL REPORT OF THE PRESIDENT OF THE NEW YORK HOSPITAL ALUMNAE ASSOCIATION

In an annual report, the Chairman, or President, of a group always longs to point with pride to increased membership, marked progress in accomplishing purposes of the group, greater interest and cooperation on the part of all the members—a feeling of harmony and unity among them, constructive criticism, and a forward-looking program.

Let us see how the past year's work measures up to such an ideal report. In a just evaluation of our achievements, there is, I fear, cause for dissatisfaction with ourselves. We have not done enough in fulfilling the objects of our association. The fault is partly mine and partly yours. Your officers alone, even with the help of the faithful few who

can always be relied upon for committee work, cannot accomplish big things by themselves.

It will surely be agreed that in improving conditions in the Club and facilitating the management of its many complex details, the "mutual benefit" as an object of at least a proportion of our membership has been aided. It must be said, however, that the time and attention it has taken to improve the living conditions of a small percentage of the membership is out of all proportion when all the other objects of our organization are considered. For years the attention of your association has been concentrated largely upon the Club. Moreover, the organization's ability to function efficiently for a large group of professional women, united by common traditions, interests and purposes, has been greatly hampered by cumbersome machinery which is nothing less than spirit-breaking to those who want to do good work.

You have been told how your officers think the business machinery of your association can be simplified and made more effective.

So much time has been necessary for business in our meetings, we have failed to offer you programs which would be stimulating and worth while in a professional way. We must also ask ourselves, have we fulfilled another object of our organization, namely, to assist any nursing organization or project tending toward, and pertaining to, the betterment of the profession of nursing? Individual members have done a lot. Our alumnae group is one of the largest and most prominent associations in the country, if not in the world. Could we not do more as a united whole?

Your officers want constructive suggestions from you. Will you not all read Mary Roberts' article in the January Journal, "Current Events and Trends in Nursing," and in the light of her provocative ideas, think how we as the kind of a group we are with great potentialities for influence, can take a greater part in "the betterment of a profession of nursing" and in stimulation toward better personal development and better care of the sick. Your suggestions and your help in making them effective are needed.

When thinking about our responsibility as a group, and what more we can do, will you also read Dr. Michael Davis' paper in the same January Journal, "Nursing Service Measured by Social Needs." It will help the thinking.

For the coming year, I hope we may bring about some real results. Four ways present themselves—

1. Simplifying and making more effective the machinery of our organization.
2. Through your suggestions and cooperation in presenting programs which will be of interest and help and will make more of our members want to attend. Please note the "through *your* suggestions and cooperation." A program committee is not going to do this alone.
3. Greater participation on the part of a larger proportion of our membership in the projects tending toward the betterment of

the profession of nursing, meaning institutes, meetings, committee work of our larger organizations—district, state and national.

4. The presentation of more factual material about our registry in the hope that its place in the national program of making registries more constructive social agencies may be more firmly established. (See Miss Wiedenbach's article, "Publicizing the Registry" in the January, 1939, New York State Nurse.)

With all that our organization represents of intelligence, experience, unselfish devotion, professional skill and just plain goodness and common sense, we, by working together, can attain new levels of social usefulness, as Miss Roberts puts it, and have at the end of another year more satisfaction in accomplishments.

JULIA C. STIMSON, R.N., *President*

FROM THE HOSPITAL

Miss Annie W. Goodrich, in the Nurses Residence on March 13, spoke on "The Florence Nightingale International Foundation" before a well-filled auditorium. The date of the regular Alumnae meeting had been changed so it would coincide with that of Miss Goodrich's address. Many alumnae were present. Refreshments were afterwards served in the Lounge, where everyone could meet Miss Goodrich. It was a highly enjoyable evening.

* * *

PROGRAM OF COMMENCEMENT ACTIVITIES

Sunday, June 11—Vesper Service, 5 P.M., Nurses Residence Auditorium. Alumnae and friends are cordially invited.

Monday, June 12—Alumnae Luncheon, 1 P.M., Nurses Residence. Classes which have reunions are 1879, 1884, 1889, 1894, 1899, 1904, 1909, 1914, 1924, 1929, 1934, 1939.

Monday, June 12—Graduation Exercises, 4 P.M., Nurses Residence Auditorium. President Edmund E. Day of Cornell University will give the Commencement Address. Alumnae and friends are cordially invited.

We urge alumnae to be in uniform for these exercises in order to take part in the procession. Kindly let Miss Moore know before June 7 if you can come in uniform so that a place may be reserved for you. Alumnae should assemble for procession in the Nurses Residence at 3:45 P.M.

Unless alumnae are in uniform, admission cards are necessary, which may be obtained from Miss Moore.

A NOTICE TO EVERY MEMBER FROM**Julia C. Stimson, President**

We fear that every member of the Alumnae Association does not read the *News*, and so we are repeating what was said on page 11 of the January number about the need of greater efficiency in the management of our affairs. Five elected people, all volunteers, have been responsible for our files and our business. They have given unstintingly of their time, some over a long period of years.

On January 12th, after due notice, the Association voted to change its bylaws and raise the dues, resident from \$4.00 to \$6.00, and non-resident from \$3.00 to \$4.00. The resulting increase in revenue will make it possible to employ a paid executive-secretary-treasurer for our Association and concentrate our business in one place and in one person's hands. Our elected officers will still function as heretofore, but there will be one person paid to attend to much of their work, like writing up minutes, sending out notices, due-bills, and the *News* and attending to correspondence.

Our Association is too important not to conduct its affairs in the most approved manner.

ALUMNAE MEETINGS

Coming Alumnae meetings will be held at 8:30 P.M.:

April 13	Club
May 11	Club
June 8	Hospital

Meetings scheduled for the Hospital take place in the Auditorium, Nurses Residence, 1320 York Avenue.

Tea is served at the Club on the first Sunday of every month from 5 - 6 P.M. Club members, Alumnae and their friends are welcome.

THE CLUB AND THE WORLD'S FAIR

The club house underwent a thorough renovation last summer. Many comforts have been added, such as showers, new beds, cushions, and draperies. The meals, served in the diningroom, are an attraction and a convenience of importance. The roof garden on the ninth floor with its flowers, chairs, and umbrellas is a delightful resting place in the hot weather. It is ready for the many alumnae who may combine their class reunion with a trip to the World's Fair.

Rooms available for women during the World's Fair. Times Square location, easily accessible to theatres, shops and all transportation. Moderate Prices. Restaurant.

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BYLAWS AND ALUMNAE NEWS

Do you read your bylaws? Do you know them? Do you read the Alumnae News? From cover to cover? If you do, you can help the Alumnae Association in many ways.

In order to comply with the requirements of the New York Secretary of State, we must add 'Inc.' after School of Nursing to read as follows: 'Alumnae Association of the New York Hospital School of Nursing, Inc.' Pursuant to Section Forty of the General Corporation Law, it is necessary that a majority of members vote on this question.

At the January meeting any nurse who could not attend was to send in the proxy, which was enclosed for that purpose in the Alumnae News, and by which her vote would count. About a hundred members were present at the meeting. Others replied by mail, but far from the required number to make the vote legal. It will now be necessary to repeat the procedure.

It does not seem amiss to tell the adventures of that particular number of the News before it reached alumnae members through the mail.

The material for the News could not be sent to the Morschand Press before December 12, because it was essential to report on the last meeting on December 9. According to our bylaws, the proxy note should be mailed at least *two weeks* before the actual voting takes place, or it will not be legal. It was rush time, as it always is at Christmas. One important notice was delayed in the mail and did not arrive before Wednesday, but even at that the proofs were sent out Saturday night. They were read on Sunday and taken to Mr. Morschand's office that same evening, so that the printing would begin on Monday morning at seven.

Outside of the regular business hours no one is allowed on the office floors of the R. C. A. building without permission from the firm concerned—as the headguard explained to the bearer of the News "otherwise typewriters and desks might disappear from the offices." As a special concession a guide was sent along, and the precious package was safely deposited within the doors of Room 1239. On the way out the bearer thanked the headguard, and with a large gesture, she assured him "I took neither typewriter nor desk."

Four days later, on Thursday evening, December 22, the finished edition was delivered at the Club. Miss Isabelle Gordon, who then managed the distribution of the News, put in many continuous hours to enclose the folders ready for mailing. On Friday at 6 P.M. they were handed in at the post office.

The edition was printed and delivered to the Club within ten days of receiving the copy. Another twenty-four hours saw it into circulation. That is record time, for which a grateful Thank You is extended to all concerned.

PERSONALS

Mary Beard, recently appointed Director of the American Red Cross Nursing Service, has been appointed to the Board of Directors of the N.O.P.H.N. to fill the unexpired vacancy created on the Board by the death of I. Melinde Havey last September. Miss Beard, by virtue of her position as chairman of the National Committee on Red Cross Nursing Service, is a member of the Board of Directors of the American Nurses' Association as well.*

Margaret Wyatt, Lucy MacDonald, and Flora Jo Bergstrom were all convalescing in January in the Infirmary.

Anne Fraser (1902), who for some time was ill in the Hospital, has improved somewhat and is now in Toronto.

Kirsten Tybjerg and Frances Cobban are both convalescing at the Hospital.

Sarah Livingston has been recuperating in Atlantic City after an illness at the Club.

Anna B. Duncan, Elizabeth Richmond, and Olive McDougall are on a cruise to the West Indies and South America.

Edith Weaver, Marguerite Plow, and Anne McDougall vacationed in Florida.

Hazel Wright is in Florida with a patient.

Edith Gouinlock and Mabel McLay are both on special duty in Washington, D. C.

Hattie Berg left New York on March 10, for a cruise in Southern waters.

Katherine Mullins is spending several weeks in Twin Falls, Idaho, expecting to go on to California before coming East again.

Hannah Gibbon is on an extended trip to Florida, California, and Mexico.

Kathryn Roosevelt is visiting the States after a stay of two years in Hawaii. She is returning there within a short time to be married.

Dorothy Hoover, Elizabeth Shutts, and Eva Watkin at the Commencement exercises of Temple University, Philadelphia, received the degree of Bachelor of Science in nursing. Cornelia Kittredge, as guest, attended the exercises.

Amelia DeVivo, Martha Hedman, Jane Bohrer and June Fraser are doing private duty.

Edith Kraft has joined the staff of the Judson Health Center. Janet Corwin is on the staff of the East Harlem Nursing and Health Service.

* From "The Bulletin", December, 1938. Published by the Nursing Information Bureau of the American Nurses' Assn.

Engagement

June Fraser (1938) to Theodore Howard of Port Huron, Mich.

Marriages

Laura Marquis (1917) to James Hunter, Dec. 17, 1938.

Helen Treat to Marion Smith, Dec. 31, 1938, at Phoenix, Arizona.

Josephine M. Zimmerman (1935) to George E. Moesel, Feb. 4, 1939.

Births

Dr. and Mrs. R. Lormore (née Dorothy Gorham) a son, John Forest, on Oct. 22, 1938.

Mr. and Mrs. Arthur Hakenen (née Ruth Sanders) a son, Carl Arthur, Jr., on Jan. 15, 1939.

Mr. and Mrs. Edward Swan (née Lillian Cheney) a daughter, on Feb. 17, 1939.

In Memoriam

Miss Elizabeth Golding on February 7, 1939, in New Orleans, La.

Miss Elizabeth Golding after her graduation in 1894, did mostly private nursing. In spite of the long hours of work, then the custom, she found time for an eager participation in activities that concerned her profession, and could promote its welfare. As Treasurer of the National Relief Fund for sick nurses, she was untiring in her efforts to aid those who needed assistance and friendliness. Miss Golding was President of District 13 for five years, and of the State Association for three years. During her term of office the bill for compulsory registration became a law. She was one of the charter members of the Central Club for Nurses, and for one year served as Superintendent of our Club. Miss Golding had been an invalid for several years.

We wish to extend our deep sympathy to Miss Daum on the death of her mother, to Miss Benz in the loss of her sister, and to Miss MacNish in the passing of her sister.

ATTENTION ALUMNA

Would each Alumna please look among her possessions to see if she has any old Alumnae News, Annual Report, and Bylaws of the New York Hospital Alumnae Association. The library at the Hospital is very anxious to complete its files and would appreciate copies of the following:

Numbers of Alumnae News dating from 1906 to 1923.

Numbers of Annual Report: 1, 2, 3, 4, 5, 6, 7, 8, 14, 23, 24, 26, 27, 30.

Numbers of the Bylaws previous to 1929.

Miss Bergstrom is making a collection of books, pamphlets, and articles written by New York Hospital and Lying-In Hospital nurses and doctors. She would appreciate any information that can help her in the collection.

**Books Written by Graduates of
The New York Hospital School of Nursing**

<i>Author</i>	<i>Class</i>	<i>Title</i>	<i>Copyright</i>
Beard, Mary	1903	The Nurse in Public Health	1929
Dakin, Florence	1902	Simplified Nursing	1925
Goodrich, Annie	1892	The Social and Ethical Significance of Nursing: A series of addresses	1932
Hodson, Jane	1892	How to Become a Trained Nurse: A manual of information in detail	1905
Stimson, Julia	1908	Nurses Handbook of Drugs & Solutions Finding Themselves: The letters of an American Army Chief Nurse in a British Hospital in France	1910
		History & Manual of the Army Nurse Corps: The Army Medical Bulletin No. 41—Special Issue	1918
Wald, Lillian D.	1891	The House on Henry Street Windows on Henry Street	1915 1933-34
Weeks-Shaw, Clara S.	1880	A Textbook of Nursing for the Use of Training Schools, Families, and Private Students	1885-92
Wheeler, Marianna	1891	Before the Baby Comes: A practical non-technical manual for prospective mothers	1914-29
Wright, Florence	1902	Industrial Nursing: For industrial, public health, and pupil nurses, and for employers of labor	1919
Zabriskie, Louise	1913	Nurses Handbook of Obstetrics Mother and Baby Care in Pictures	1929-37 1935

Also many articles in professional periodicals.

HAVE YOU READ?
FIFTY YEARS A COUNTRY DOCTOR
by
WILLIAM N. MACARTNEY, M.D.

Published by E. P. Dutton and Company Inc., N. Y. \$3.50

Recollections from a fifty years' practice, enlivened by stories and amusing anecdotes, make up this highly entertaining volume. Doctor Macartney's own words, as well as a reading of the book, indicate that he very evidently made a right choice of profession when he became a physician: "My internship in the hospital (Bellevue), was one of the most soul-satisfying periods in my entire life," he writes. "Responsibility, hard work, long hours, no pay, but what of that, I loved it. I had learned to stand on my own feet, to have confidence in my own judgment."

Patients are fortunate whose physician mingles humor with skill, knowing that "a merry heart doeth good like a medicine." His Irish-Scotch wit readily finds the opportunity for telling a good anecdote, as in his chapter on professional ethics: "He (a doctor) shall be close-mouthed. He may follow, if he will, the example of one doctor who, when asked by a lady with over weening curiosity, a question which came under the head of private and privileged communication, said to her, 'Can you keep a secret?'

"I certainly can and will."

"So can I," replied the doctor."

In the chapters on diseases the author tells of his observations and findings, and gives practical advice on treatment and care. One learns much from this book and enjoys the reading immensely.

ADDRESSES UNKNOWN

If any one knows the address of the graduates listed below please inform Miss Sarah Moore, 1320 York Avenue, New York.

- | | |
|-----------|---|
| 1879..... | .May E. Gilette—Mrs. Ovett N. Smith
Mrs. Imogen Waldron |
| 1884..... | .Antoinette Tietjen—Mrs. E. W. Schade |
| 1889..... | .Carrie M. Harned
Lydia A. Hollister—Mrs. Wilson Potter
Martha W. Mack—Mrs. W. C. Van Antwerp |
| 1894..... | .Margaret Morice
Mrs. J. L. Robertson |

**The Alumnae Association
of the
New York Hospital School of Nursing**

cordially invites the members of the reunion classes to meet at luncheon on Commencement Day.

The classes which automatically fall into the group this year are:

1879	1899	1919	1937
1884	1904	1924	"Big Sisters"
1889	1909	1929	to
1894	1914	1934	1939

A luncheon, with tables reserved for above specified classes, will be arranged for in the Nurses Residence from 1 to 2:30 P.M. on June 12, at seventy-five cents per plate. Requests for reservations (year stated) with check enclosed made payable to Helen M. Daum, 1320 York Avenue, New York, N. Y., will be accepted through June 4.

Reservations must be made in advance. You will receive your luncheon card on registration. Why not get in touch with your classmates and plan to meet here? This party is for you — help make it a happy occasion.

All graduates of the school will be welcome at commencement exercises. Uniform if possible, especially those in reunion classes.



Program for Commencement Exercises in Nurses Residence, 1320 York Avenue, New York, N. Y.

- | | | |
|---------------------|----------------------------|------------|
| June 11th—5 p.m. | Vesper Service..... | Auditorium |
| June 12th—12-1 p.m. | Registration | Lobby |
| June 12th—1 p.m. | Luncheon (Reunion classes) | |
| June 12th—4 p.m. | Grad. Exercises..... | Auditorium |

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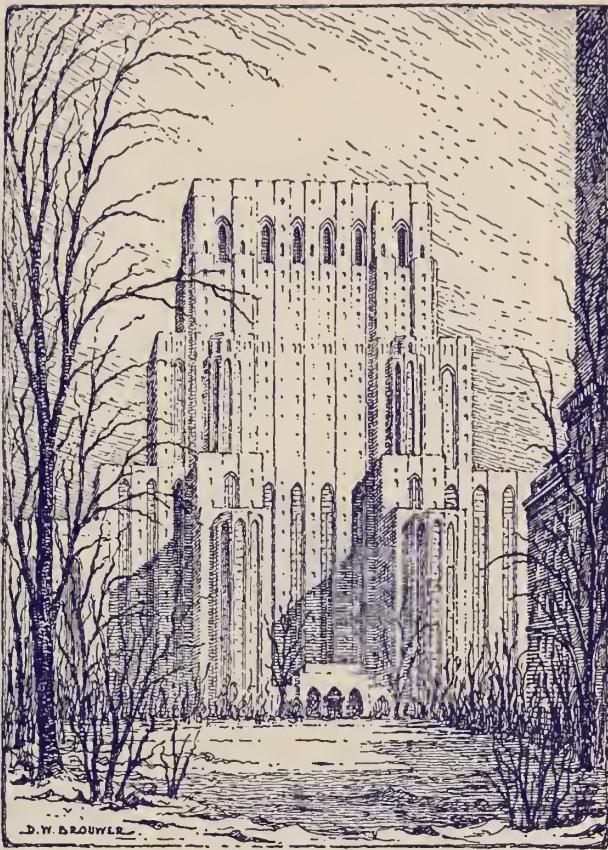
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THE NEW YORK HOSPITAL SCHOOL OF NURSING

1877 - 1939

Greetings to

RE-UNION CLASSES

1879	1898	1914	1934
1884	1899	1919	1937
1889	1904	1924	"Big Sisters" to
1894	1909	1929	1939



PROGRAM

June 11 - 5:00 p. m. - Vesper Service - Auditorium

June 12 - 12:00-1:00 p. m. - Registration - Lobby

June 12 - 1:00 p. m. Luncheon (Re-union classes).

June 12 - 4:00 p. m. Graduation Exercises - Auditorium

. . . M E N U . . .

Frosted Orange Pineapple Cup

Grilled Lamb Chop, Currant Jelly

French Potato Balls

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Relish Trays

Parkerhouse Rolls

Peppermint Candy Ice Cream

Coffee





VOLUME 12

No. 3

The
ALUMNAE NEWS

J U L Y , 1 9 3 9

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NEW YORK HOSPITAL SCHOOL OF NURSING

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317 West 45 Street

THE ALUMNAE NEWS

NEW YORK HOSPITAL SCHOOL OF NURSING

VOL. 12

JULY, 1939

No. 3

Published Quarterly: January, April, July and October. Sent free of charge to all members of the Association. To others: 15 cents a copy, 50 cents a year.

All contributions should be sent to the editor before the first day of the month previous to month of issuance.

ESTER ANDERSSON, *Editor*
Johnson Hall, Columbia University
UNiversity 4-3200, Ext. 565

Associates

LOUISE ZABRISKIE
FLORA JO BERGSTROM
JOSEPHINE KELLY

ALICE HIMES
ELIZABETH PRICE
EMMA BENZ

CHARLES C. MORCHAND, *Advertising Manager*
30 Rockefeller Plaza, New York CIRCLE 7-7706

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LYDIA E. ANDERSON

1863-1939

RESOLUTION ADOPTED BY
THE ALUMNAE ASSOCIATION
of the
NEW YORK HOSPITAL SCHOOL OF NURSING
on the death of
LYDIA ELIZABETH ANDERSON
April Eleventh, Nineteen Hundred Thirty-nine

IN her passing we have lost an ardent leader, an inspiring teacher, a wise counsellor, and a loyal friend.

With her magnetic personality, her rare humor, and her wisdom acquired through wide experience, she was a dominant figure among her associates. Influenced by a strong religious feeling, she brought to every decision a sense of fairness.

Her memory will be cherished by all her students and by a multitude of friends who knew her and loved her.

Therefore be it Resolved, That this expression of our sorrow and testimony of our appreciation be spread upon the minutes of this meeting and that copies be sent to the family of Miss Anderson, to Mrs. Brines, her life-long friend and companion, and to the Lydia E. Anderson Library of the New York Hospital School of Nursing.

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TRIBUTE TO LYDIA ELIZABETH ANDERSON*

"Our Beloved Teacher"—in these words hundreds of nurses describe Lydia E. Anderson, who as a pioneer visiting instructor for over a quarter of a century, gave of herself to students in many schools of nursing, large and small, in New York City and vicinity. Her unique contribution did not center around her methods of teaching or subjects taught, which numbered many of those in the curriculum of today, but especially of what she gave of her radiant self. . . .

The daughter of Reverend Thomas D. Anderson and Lucy Spence Anderson, Lydia E. Anderson was born January 16, 1863, in the city of New York where her father was pastor of the First Baptist Church. Her early education in private schools was followed by study and graduation from Rutgers Female College. Her father's acceptance of a call to a Boston parish led to several years' residence in that city where she taught for one year. This work was interrupted by the need of her widowed brother and his two motherless children for whom she made a home. As a girl of seventeen her ambition had been to be a nurse, a growing interest strengthened more deeply by two particular incidents in her life. It was her good fortune to visit the World's Fair in 1893 where she saw an exhibit of a ward, set up under the inspiration and imagination of that great leader and teacher of nurses, Anna C. Maxwell. Later while with her brother in Baltimore, she went to see Isabel Hampton at the Johns Hopkins Hospital, whose great faith in the pro-

* By the courtesy of The National League of Nursing Education.

fession of nursing and its needs fired her still further to fulfill her early ambition.

These two important events, coupled with her own steadfast purpose to be of real service to humanity, led to her application and admission to the New York Hospital School of Nursing in 1895 and to her graduation in 1897. In this school her life was influenced by Irene H. Sutliffe who through their many years of association was friend and counsellor. Because of the long illness of Miss Sutliffe who in those days, as directress of nurses, did most of the teaching, Miss Anderson with ready humor spoke of herself as "just growing up like Topsy" in her profession. With the exception of classes given during her affiliation at Sloane Maternity Hospital, she had only four classes during her two years in the school, two in *materia medica* given by a doctor and two in nursing based upon *The Textbook in Nursing* by Clara Weeks which in her words was "carried under my arm wherever I went to give ready information in times of need."

Her unusual abilities as a nurse and administrator were evidenced by an early appointment at the Sloane Maternity Hospital as associate superintendent of nurses where she remained for almost six years and from which she resigned in order to have experience in the field of private nursing. . . . Returning to institutional nursing she became associate superintendent of nurses at the Long Island College Hospital for a year, after which she went to the Mt. Sinai Hospital for four years in a similar capacity.

In September, 1909 Miss Anderson registered at Teachers College for several courses and at the same time began her long career as visiting instructor in which service she is remembered most vividly. Her own school claimed her from that time onward for thirty years, as instructor for twenty-five years, later as special lecturer. She continued her teaching at Mt. Sinai and in time shared it in schools of nursing in thirty-two different hospitals. To the schools of the Methodist Episcopal Hospital and St. Catherine's Hospital in Brooklyn she gave service for twenty-one years. . . .

A further contribution to the schools of New York State, which was reflected to those of other states, was made when she was appointed a member of the board of nurse examiners in 1910 on which she served for a period of seventeen years, one year as secretary and her last seven years as president. . . .

In recognition of her untiring efforts for the improvement and progress of nursing education and her personal contribution to it represented by her teaching and this service on the state board of nurse examiners, in May, 1927 a group of four hundred colleagues, friends, and students gathered together at a dinner to pay honor to this eminent teacher . . .

On this auspicious occasion a sum of money, later to be known as the Lydia E. Anderson Fund, was presented to her. Her selfless generosity and devotion to her students and profession were expressed again when she turned this sum over to the New York League of Nursing Education to be used as a loan fund for nurses preparing themselves as instructors in schools of nursing.

Characteristic of her sense of professional responsibility, Miss Anderson was throughout her life an active, participating member of the New York Hospital School of Nursing Alumnae Association, of which she was a charter member, and an early member of the American Nurses' Association, and the state and district associations. One of her happiest memories was the first meeting of the New York State Nurses' Association, and one of her greatest satisfactions was its subsequent phenomenal growth. She became a member of the National League of Nursing Education and joined the Red Cross Nursing Service early in her career. To all of the various organizations she gave unstintingly of her time as a regular attending member, officer, and committee worker.

Because of her unusual wisdom, her abiding interest in and her active service to her own school and its alumnae association, she was selected to write the history of the school on the occasion of its fiftieth anniversary in 1927. In 1930 she was appointed by the Board of Governors of the Society of the New York Hospital to serve as a member of the Committee on Reorganization for the Nursing School and Service preceding the opening of the new buildings of the hospital at its present site. In this capacity she assisted in the formulation of recommendations for the reorganization of the school and its curriculum; in the plans for the nurses' residence and teaching facilities; and subsequently in the selection of the Director of the School of Nursing and Nursing Service.

When the hospital moved to its new buildings in 1932, because of her membership on the Alumnae Advisory Committee, her valued counsel on school affairs was sought by the new director and was generously given. . . . It is noteworthy that Miss Anderson was a charter member of the History of Nursing Society of New York.

She was an active member of the library committee of the school and was instrumental in the establishment of its present policies. It was most fitting and appropriate because of her years of service as teacher, counsellor, and friend that the library of the school was named the Lydia E. Anderson Library upon the suggestion of one of her former students, an alumna and donor to the library, who voiced the esteem all alumnae felt for Miss Anderson in these words: "This would be a simple and yet fitting way of expressing during her life time the gratitude and affection which all of us feel who have been privileged to 'sit at the feet' of this truly gifted and radiant teacher. And it would gratify hundreds of Miss Anderson's former students in the New York and other hospitals." . . .

It would seem that Miss Anderson's life was so full of professional activities that there might be little opportunity for other interests. However this was not the case. Undoubtedly her early youth and influence of her parents gave her a natural interest in the church as an institution. With greater maturity, she became very liberal in her religious outlook and when she moved to Brooklyn she identified herself with the First Unitarian Church and became a member of it. As expressed constantly in her professional work, she gave whole heartedly

to her church, she played an active part in its life, and was always ready to lend a hand wherever her services were most needed. In the words of the minister of that church: "when the new Parish House was opened a year ago, we were in need of persons who could act as reception-attendants so that when anyone in any difficulty or with any problem came to consult with the minister, the person receiving them at the door would be of an understanding and sympathetic nature. Miss Anderson volunteered for this service and was at the door every Saturday throughout the year." . . .

No words can more fittingly portray Miss Anderson's life and work than those inscribed in the book presented to her at the dinner in her honor in 1927:

"To Lydia E. Anderson whose learning and patience in teaching have helped to equip us for our work—whose noble example and sweet sympathy have inspired us to higher living, this tribute is lovingly extended by her devoted pupils and colleagues."

Anna D. Wolf
Margaret E. Wyatt

COMMENCEMENT ACTIVITIES

THE Committee on Arrangements this year planned the Commencement Activities so that the students might have their relatives and friends with them over the week end, thus making it possible for them to attend the Sunday services as well as Commencement Day Activities. This plan proved to be very successful and made it possible for the graduates to have more of their relatives and friends with them on these happy occasions than in previous years.

WAFFLE BREAKFAST

The Waffle Breakfast given by Miss Wolf has become a tradition and was unusually successful this year. The faculty with their ever-ready wit lent themselves readily to the role of chefs and waitresses, dressed in gay aprons and caps of orange and blue. The World's Fair was used as a theme for decorations, and after enjoying delicious waffles and sausages each girl was invited by the "Ambassador of Good Will," Miss Wolf, to visit the Perisphere and Trylon, where she found a small souvenir of the World's Fair.

TEA

The House Committee gave a Tea in honor of the graduating class just before Vesper Service Sunday afternoon. This affair, which afforded an opportunity for the residents to meet the relatives and friends of the students, was greatly enjoyed by all.

VESPER SERVICE

The Vesper Services for the graduating class were held at five o'clock on Sunday, June 11, 1939, in the Auditorium of the Nurses' Residence. The Rev. Dr. Frederick K. Stamm, D.D., of The Clinton Avenue Community Church, Brooklyn, conducted the service and gave a very inspiring address. He emphasized the fact that the work of the world is being carried on by the average individual. He urged the graduates to develop stamina and endurance because it is through this quality that they will be able to do their finest and best work in spite of difficulties and misfortune.

The following school hymn was sung:

Written by C. M. Dalehurst and William B. O. Peabody

1. Who is thy neighbor? He whom thou
Has power to aid or bless,
Whose aching heart or burning brow
Thy soothing hand may press.
2. Thy neighbor? 'Tis the fainting poor,
Whose eye with want is dim;
O enter thou his humble door
With aid and peace for him.
3. Thy neighbor? He who drinks the cup
When sorrow drowns the brim;
With words of high, sustaining hope,
Go thou and comfort him.
4. Thy neighbor? Pass no mourner by;
Perhaps thou canst redeem
A breaking heart from misery;
Go, share thy lot with him.

Amen

GRADUATION

The Sixty-second graduation exercises of the New York Hospital School of Nursing took place on Monday, June twelfth, at four o'clock in the auditorium of the Nurses' Residence. The invocation was given by the Reverend John W. Suter, Jr., D.D., Rector of the Church of the Epiphany. Mr. Augustine J. Smith, Secretary of the Society of the New York Hospital and Chairman of the Council of the School of Nursing, presided and extended greetings and congratulations from the Board of Governors to the graduates. He also read a letter to Miss Anna D. Wolf from the President of the graduating class:

"The members of the class of 1939 desire to honor the late Miss Lydia E. Anderson, beloved instructor and outstanding alumna of The New York Hospital School of Nursing."

"As a parting gift they are presenting one hundred dollars with which a fund may be established to secure a bronze bas-relief plaque or some other fitting tribute to her memory."

The class was addressed by Dr. Edmund Ezra Day, Ph.D., LL.D., President of Cornell University. Dr. Day declared that the profession of nursing is becoming increasingly important and exacting, and that the modern nurse is winning recognition as a responsible agent of the physician. He further stated that the proficient nurse plays an important role in the recovery of her patient, and that in addition to her medical duties a nurse must be a good psychologist and humanitarian.

Miss Anna D. Wolf presented the thirty-four members of the class of 1939 to Mr. Smith, who awarded the diplomas and badges. The class then repeated the Florence Nightingale Pledge. Dr. Suter pronounced the benediction.

The auditorium was inspiring in its simple beauty. The stage was banked with palms and laurel, emphasizing the illuminated hospital seal portraying the "Good Samaritan." Flowers of the graduating class were arranged on the steps. Each graduate in her organdie fichu and apron, with a corsage of gardenias and corn flowers, was a picture of beauty and charm against this background.

Following the graduation exercises Miss Wolf, with Mr. Smith, Lillian Horan, President of the Student Organization, and Ruth Ouwerkerk, President of the Graduating class, received in the Lounge, where tea was served.

The list of this year's graduates follows:

BELLA BERENBERG
ELAINE RUTH BIEDERMAN
ADRIENNE CUTLER CHILD
GIN ELAINE CHU
IDA LILLIAN COHEN
ALBERTA RUTH DUNN
NANCY AISLINN ECKERT
ELIZABETH ADAMS ERNST, B.S.
SALLY OLIVE ESTABROOK
HELEN ELISE FOERTSCH
JUNE GARDINER, B.S.
CLARA ELLSWORTH GOODMAN
CLARA LEAH GURVITCH
BLANCHE HELLER, B.A.
MARIE HOJMARK
LILLIAN MARY HORAN
FRANCES CAROLYN HORNKETH

JANE BERNADETTE HUGHES, B.A.
NORA CLIFFORD LALOR
CLOY BELLE LYBARKER
NAOMI MERIAN
RUTH MARIE OUWERKERK
MARY EVA POOR, B.A.
MARGARET SUSAN SHARP
VIRGINIA ANNE SOTTUNG
MARGARET SPANGENBERG, B.S.
DOROTHY MARIE STEVENSON
EDNA FRANCES STRATTON
ROSALIA PAULINE STURZ, B.A.
ANNE DOROTHY WAHLGREN
ARLINE MARGARET WEBSTER
NATALIE MARIE WOZNICK
MARJORIE EVELYN WYLM
ROSA ALICE YONKE

MARGARET E. WYATT

THE REUNION OF 1939

THE reunion at the Nurses' Residence on June 12th was a great success, thanks to the attendance of numerous former graduates and the efforts of Miss Jordan, chairman of the reunion committee, and her associates. The day was beautiful, real graduation weather. Even before noon alumnae members began to arrive, and for a time there was a happy congestion in the lobby. After the guests had registered,

they moved on to the Alumnae Room, which some of them had never seen. The recently acquired photograph of Miss Goodrich, a beautiful likeness, attracted much attention.

The luncheon, which was served in the Nurses' Lounge, proceeded under laughter and happy reminiscing. The arrangements were perfect—flowers, music, attractive program folders, food, and—appetite. The manner in which Miss Gillam manages everything pertaining to food and serving makes one believe that somewhere there must be hidden springs which she touches. More than a hundred attended this luncheon, which lasted until 2:30, and at 5 P.M. the reception rooms were all reset and ready for the graduation tea, accommodating the groups as they milled out of the auditorium.

Miss Jordan introduced the speakers. Major Stimson greeted the alumnae and the graduating class. She emphasized in her speech that nurses need never feel alone or bewildered about a problem, as the A.N.A. is always ready to help and advise. Miss Ruth Ouwerkerk, President of the graduating class, responded. Miss Wolf spoke of the aspiration for more perfect service and for the need of an ever widening knowledge and understanding of nursing.

The reunion classes were attended as follows:

1879	0	1914	7
1884	2	1919	1
1889	0	1924	5
1894	2	1929	4
1898	2	1934	14
1899	4	1937	4
1904	5	"Big Sisters" to	
1909	1	1939	32
Special Guests . .	17	Committee	10

Miss Harriet L. White and Miss Caroline B. Sutliffe represented the class of 1884. Miss Elizabeth McKay came all the way from Honolulu for the gathering.

The committee members must have worked hard to bring about the success of this event. It takes endless planning to make a program run smoothly, and it requires a considerable amount of correspondence to trace individuals whose profession compels them to flit from pole to pole, it would seem, often leaving no forwarding address. When the alumnae respond and also attend the reunions, the committee feels that the result is well worth the work.

These reunions are more than mere functional attendance. They are heart-warming and stimulating. They help to renew old friendships and to strengthen ties which have weakened with the wear and tear of years and the influence of new interests. They promote new friendships, new ideas, and may also open the door of opportunity for someone. But first of all, with her presence at the reunions, the alumna pays due homage to her school and to the profession which she has chosen for her life work.

The first reunion occurred in May, 1927, when the Society of the

New York Hospital celebrated the founding of the New York Hospital School of Nursing. A commemorative service took place in the Cathedral of Saint John the Divine, and receptions were held both in the hospital at West Sixteenth Street and at Bloomingdale, White Plains. It was a two-day celebration, and alumnae came from near and far, happy to meet again and to revisit their "halls of learning." The great success of this occasion was the incentive for following reunions.

Miss Minnie Jordan again in 1931 arranged a reunion in order to bring as many graduates together as possible before the old hospital was abolished. Quite naturally the occasion was not without a certain sentimental regret at that time. Every one who possibly could come was there.

The next reunion took place in 1937 on the sixtieth anniversary of the founding of the School of Nursing. It was held in the present Nurses Residence and was altogether delightful. It was then decided that reunions be held every year, each class meeting every five years.

E. A.

THEIR MAJESTIES' VISIT TO COLUMBIA UNIVERSITY

THE coming of King George and Queen Elizabeth to Columbia University may well be mentioned in our Alumnae News. The Society of the New York Hospital at one time owned the site of the Columbia campus. The Bloomingdale Hospital in its park of magnificent tall elms, occupied the space where faculty buildings have sprung up. Several of our alumnae have been and are connected with the University's medical service . . . Martha Carling, Betty Alston, Edna Williams, the editor, and others. Columbia University is also the Alma Mater of many of our graduates.

The visit was scheduled to take place on Saturday, June 10, at 4 P.M. As Commencement exercises had been held the previous Tuesday, most of the students had left, but there were still one or two thousand who were eager to be present when a sovereign king and queen of England came to Columbia University for the first time in history. It was George II, who in 1754 granted King's College its original charter.

The day began with fair weather, but later it became hazy and threatening, a disappointment to the hopes of innumerable photographers. The University had prepared for its royal guests in a right royal manner. The Star Spangled Banner and the blue flag of Columbia waved high over the lawns. Faculty members, in a variety of gowns and hoods, gave color and academic festivity to the campus. A red carpet, six feet wide and a thousand feet long, stretched from the curb, up the steps and terraces, into the library, to the dais in the rotunda. Over the dais was a dark blue canopy and drapery with a golden crown in its center. The outside was decorated with cedars which blended with the University's own wealth of shrubbery and grass.

Only about five hundred guests could be admitted to the Low Memorial Library and rotunda where President Butler addressed their

Majesties. The other spectators were sitting or standing on the side terraces of the library and in the South Field section. The arrival was delayed one hour.

Everyone present seemed to be royally a-tuned. The flags waved in the wind; uniformed policemen stood on guard; pigeons flocked around the sparkling fountains, and alighted on the library steps . . . they even tried the carpet; and squirrels scampered out to see what was going on.

As word came that the visitors had left the World's Fair grounds, and were on their way to Columbia, the University's flag was lowered, and the Union Jack was raised instead. Dr. Butler, in a scarlet gown, with his welcoming committee, descended to the curb to await the arrival.

First came the official motor cyclists, singly; then came three of them in a row, each with a flag . . . the flags of the day, the Union Jack in the center, fully unfurled as they proceeded. It was an impressive sight, evoking spontaneous cheering and applause. Then came the open car with the king and queen, Governor Lehman and Mayor LaGuardia.

It was a great moment . . . watching Dr. Butler greet these royal visitors, and seeing how genially they responded. The queen was dressed in light blue, and carried a bouquet of white orchids. She smiled and bowed in her queenly gracious manner as the spectators cheered. Slowly they ascended the steps, passing through the square of four policemen who stood at rigid attention. As they reached the top steps, the University's chapel bells began to ring.

The king and queen were first escorted to the trustees' room to see a picture of the king's ancestor, King George II. Dr. Butler gave his formal welcoming address in the rotunda, and presented the faculty. Before leaving the library the royal guests wrote their names in the visitors' book.

On the campus seven doctors and also seven nurses of the University's medical staff were on duty in case of emergency. Those who were located outside had an excellent view of both the arrival and departure. At South Court the doctor and nurse who were stationed near the curb had very conspicuous seats, and a little boy gazing at them raptly, asked wonderingly, "Are you the king and queen?" There were no casualties, although a policeman reported to one of the nurses that a young lady outside the fencing "looked green in her face." She was given immediate attention, which consisted in sending a Western Union messenger (with pass) to the nearest drug store for a sandwich. This near-casualty declared that she had missed eating lunch, and dared not leave for fear of losing her opportunity to see the queen.

After the royal guests had left, the campus grounds were again opened to the public, and children and grown-ups swarmed about. A youngster picked a tack from the carpet for a souvenir; another followed the example . . . and still another, and another. The souvenir gathering was on. But others were satisfied with a memory of the visit. It was a great day!

THE NEW YORK WORLD'S FAIR

The World of Tomorrow

One might well say, on visiting the New York World's Fair, that the mountain has now come to Mohammed. Sixty nations and thirty-three states of our Union have joined in displaying the best of their arts and crafts and produce. Those who cannot travel to distant lands may tour the world on Flushing Meadows, and there enjoy the cultures of other continents and the amazing achievements of man throughout the world.

In less than three years a swamp and wasteland has been transformed into a region of unsurpassed delight, where cool cascading fountains break the summer's heat, and trees give a welcome shadow. Now and then the wind carries the sweet scent of countless flowers or a pungent fragrance of spruce and cedar, a brook ripples by, the roar of a waterfall reaches from afar, and the illusion of being somewhere else is very strong.

There is no need to grow tired in walking through this enchanted area, provided one does not try to cover the 1,216 acres in a day. Benches and restingplaces are generously supplied; there are wheel-chairs, tractor cars, and busses everywhere. Numerous exhibits also have motion pictures several times daily, and one can sit in leisure in-doors or out and listen to concerts.

The World of Tomorrow is a dreamland of reality with flags flying and music playing under a sunny sky. Visitors smile at one another; everyone is happy. To youngsters it is a land of magic. Their eyes grow wide at the wonders they see. Never before have children had such fun and educational opportunities. Every day five to seven thousand school children are allowed free entrance to the Fairgrounds. One could spend days and days at the Fair, studying the exhibits and yet not have seen them all at the summer's end. Who would not like to go with Byrd to the South Pole or join Frank Buck in bringing 'em back alive, or visit the Frozen Park, or watch the Firemen scale a ladder and rescue a man from a window;—to see the glassblower dip his wand into the molten mass and fashion a vase or a shiny bubble—or feel the silk that is woven of glass or the woolen fabric made of skimmed milk? And it is fun at the N. Y. Telephone Company's exhibit to hear one's own voice come back in the voice mirror and still more fun to draw the winning number to a free telephone call, anywhere in the United States.

The white radiance of The Trylon and the Perisphere and their immensity attract immediate attention. The Trylon is the highest structure on the Fairgrounds, and rises seven hundred feet into the air. The Perisphere is two hundred feet in diameter and eighteen stories high. Inside, an electric escalator leads up to two balconies which revolve in opposite directions, and from where the visitors can look down on 'Democracy' the hoped-for city of tomorrow.

Most conspicuous and very handsome is the Soviet building of red porphyry and white and black marble. Topping the central tower is

a large figure of a Soviet worker holding aloft a gleaming star. The huge map in the entrance hall is a masterpiece in craftsmanship. The regions are marked with precious and semi-precious stones which gleam and sparkle as the automatic light goes on. It required a year, short of two weeks, for 667 people to complete this map. The Italian building is striking in its classical lines. A statue of the goddess Roma surmounts the tower from which a waterfall, two hundred feet high, rushes down a flight of steps. Standing inside the building and directly under the fall the visitor takes great comfort in the thought that the roof and glassy walls give protection from this overhead Niagara. The building of the Czechoslovakians is impressive in its simplicity. Their ancient royal crown rests within a glass case in the huge, bare entrance hall

The visitor goes around and gazes until his eyes ache. The famous tapestry which depicts Belgium at the time of the war commemorates the relief work of Mr. Hoover, and is a permanent acknowledgment to America for its aid at that time. The Netherlands have shown their horticultural excellence in fields of tulips and other blooms; their colonial products, especially the magnificent woodwork, carved by hand, are interestingly displayed. In the Norwegian building a passageway meanders through an ocean filled with fish, but the herring net hangs in decorative idleness over the exit door. An original copy of the Magna Charta, granted in June, 1215, is on view in the British building. Only a saintly cleric with complete repose in his soul could have done so exquisitely the handlettering. The Swedish Pavilion exhibits an equally early and to the Swedes equally important document. It is the first charter to their richest copper mine, over seven hundred years old, which is even to-day yielding a fine return. The old wax seals are attached to the parchment.

In the House of Jewels, four million dollars worth of diamonds sparkle in remote acceptance of the public's admiration. A lecturer tells the story of diamonds from their first crude state until as polished jewels they are ready to adorn mylady. The jewels and ornaments which the Fifth Avenue firms display are breathtaking in their beauty. They indicate that even the fabulous treasures which Nature hides in her most secret recesses can be brought to light and to ultimate splendor and use only by the skill of man. From the collection one jewel, especially, remains in memory. It is a white pearl, large as a grape, and resting on a diamond-studded sea shell.

The exhibits relating to our profession are interesting and educational. If you have forgotten your anatomy, take a rehearsal in the Hall of Man. Merely by pressing a button, you will get the answer. You can see how the eye functions, how sound travels through the ear, and what parts of the brain control movements. The Maternity Center Association has an exhibit showing the various stages of birth, and it also has an excellent model of a multiple pregnancy (quintuplets). These exhibits are most eagerly attended. The American Red Cross demonstrates how it copes with emergencies in disasters and shows a tornado in its devastating advance. New York City, through pictures

and statistics shows how it cares for the public from babyhood up. It is notable how many nations at the World's Fair emphasize this phase of their civic program.

There are six first-aid stations at the Fair. Minor and more serious accidents are apt to happen in the World of Tomorrow, and some child may claim the Fairgrounds for its birthplace. The first-aid stations are fully equipped miniature hospitals with reception rooms, wards for men and for women, and a surgery. Oxygen tents and an iron lung await the breathless, and a speed boat on Fountain Lake, with resuscitating apparatus, is always in readiness. Five ambulances help bring the patients to the first-aid stations, while the X-ray truck, with a dark-room where the plates can be developed immediately, is invaluable for the service. A staff of doctors and nurses is in ready attendance. The Health Department has about thirty-five inspectors checking food-handlers, water and milk supplies.

It seems but appropriate to mention some of the food exhibits in connection with the health measures. At the Borden's Milk Company one can watch the cows and the pasteurizing plant and inspect the nearby grassy pen for baby calves. The cows stand on a revolving platform (there must be a trick to keep them standing still); they are washed, dried off and mechanically milked while the public looks on. The milk is pasteurized, bottled, and capped in the plant and can be bought at the counter. The cows are magnificent animals and all pedigreed. One of them is worth \$10,000 and has her own day and night-attendant.

When anyone enjoys a piece of luscious ham, how little she knows about the evolution it has had to undergo from the time it was part of a frisky pig until it is served at the table. At the Fair the process of smoking can be observed. In one division she can see the smoke from the smoldering hickory logs below penetrate the hams which hang suspended from revolving hangers. In another bacon is sorted and packed by immaculately clean young women. Their hands never touch the food. In still another division hot dogs are prepared and made ready for sale.

The colorplay of the fountains and the fireworks in the evenings are perhaps the most thrilling enjoyment for a day at the Fair. Long before nine, crowds gather along the shores of the Lagoon of Nations to watch the spectacular performance. To the accompaniment of music, surging water, mists, and colors fuse together; gigantic cascades of water rise and fall, and fireworks shoot up into the night sky. The audience stands spellbound. It is a glimpse of fairyland or—is it a glimpse of the tomorrow?

ESTER ANDERSSON

ROOM RATES

N. Y. H. Graduate Nurses Club—Room rates until October 1st, \$10.00 a week or \$1.75 per day. Rates apply to Club and non-Club members.

MINUTES—REGULAR MEETINGS OF NEW YORK HOSPITAL NURSES' ALUMNAE ASSOCIATION

APRIL 13, 1939

The regular meeting was held Thursday, April 13, 1939, at the Club House.

The president spoke of the death of Miss Lydia E. Anderson, and of the great loss the Alumnae Association had suffered by her death. The Misses Jordan, Reutinger and Troup were appointed to draw up appropriate resolutions.

The same committee was asked to draw up similar resolutions on the death of Miss Jane E. Hitchcock.

It was moved that letters of sympathy be sent to Miss Nudell on the death of her sister, to Miss Isabel Richmond on the death of her two brothers, and to the relatives of Miss Ann Fraser on her death.

The president announced the resignation of Miss Troup as vice-president and the appointment of Miss Emmett in her place; the resignation of Mrs. Blatt as recording secretary and the appointment of Miss Corwin in her place; and the appointment of Miss McDougall to the Board of Directors to fill the vacancy left by Miss Emmett's appointment.

The president reported that at the Board meeting held directly before the Alumnae meeting, the only formal action had been the appropriation of \$125 requested by Miss Jordan, Chairman of the Reunion Committee, to cover the expenses of the class reunions in June.

A letter was read from the auditor reporting on the financial records of the Alumnae Association for the year 1938, and praising the work which had been done by the treasurer.

At the May meeting of the Alumnae Association the Class of 1939 will be entertained.

It was suggested that a picture of Miss Goodrich for the Alumnae Room be obtained. The president volunteered to inquire into the possibilities.

A letter of resignation from Miss Mary Samuel was read. It was moved that Miss Samuel be made a life member. A letter from Mrs. Caroline H. Quipp (*née* Welland) '03, requesting reinstatement was read. It was moved that she be reinstated.

The president introduced Dr. Dietrick, Assistant Resident in Medicine at the New York Hospital, who gave a very enlightening lecture on Sulphanilamide and Sulphapyridine.

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MAY 11, 1939

The regular meeting was held Thursday, May 11, 1939, at the Club.

The president announced that Miss Helen Rosenmuller had accepted the position of paid, part-time executive secretary of the Alumnae Asso-

ciation, to begin her duties on June 1. Cooperation and assistance of all members were urged.

The president asked every member of the Alumnae Association to assist the editor of the Alumnae News. She said it should be the personal responsibility of each to inform the editor of matters of interest.

Miss Duncan made an announcement about voting on the change of the name of the Alumnae Association. By law, proxies cannot be sent out less than ten days nor more than forty days before a vote is to be taken. Therefore, the matter will be postponed till the October meeting. A postcard will be enclosed when the Alumnae News is sent out before this, and will thus arrive at the right time. Miss Duncan asked everyone to be sure to return the proxy.

Miss Holland called the attention of the Alumnae to the Noyes Memorial Fund, which is to be used to put an addition on Nurses' House at Babylon, L. I. The goal is \$40,000. Not many New York Hospital nurses have responded.

The president brought up the question of the Sick Fund for Nurses. It has been suggested that it be put under the Service Fund. Major Stimson said that a good deal more discussion was needed, and that any change would mean a change in the by-laws, but that she hoped the Alumnae would give the question consideration. The change would not affect any of the present members, but no new members would be allowed to join. Many details would have to be worked out. The matter will be discussed at a later meeting.

The thirty-four members of the Class of 1939 were introduced. Major Stimson welcomed them to the Club House and to the Alumnae Association. A year's subscription to the American Journal of Nursing was presented to each member of the class.

Miss Jacobson, Associate Executive Secretary of the New York State Nurses' Association, spoke on Nursing Organizations and of the new state nursing laws. Miss Himes then gave a short talk on the registry.

The meeting was adjourned and a delightful social hour followed, during which the Alumnae Association had an opportunity to meet Mrs. Longendyke and Miss Bentley, the new manager of the Club House and her assistant.

* * *

JUNE 8, 1939

The regular meeting was held on Thursday, June 8, 1939, at the Residence.

A moving picture, "Footsteps," prepared by the American Red Cross, and taken partly at New York Hospital, was shown.

A letter from Miss Wolf was read, in appreciation of the photograph of Miss Goodrich in the Alumnae Room.

A letter from the president and vice-president of the Class of 1939 was read, thanking the Alumnae Association for the subscriptions to the American Journal of Nursing.

A letter of resignation from Miss Laura G. Barrett was read. It was moved by Miss Duncan, seconded by Miss Rosenmuller, and carried, that Miss Barrett be made a life member.

A letter from the New York Counties Registered Nurses Association, enclosing the minutes of the meeting of the Board of Directors of the New York State Nurses Association was read. The minutes concerned the advisability and methods of organization by practical nurses. Discussion followed. Miss Duncan felt that the state plan of having practical nurses in an organization associated with the New York State Nurses Association was wise, and that it was bad to let them join the A. F. of L. or the C. I. O. Miss Wyatt stated that the question had been discussed by the faculty of the School of Nursing, and that it was opposed on the grounds that registered nurses should not sponsor practical nurses, as the public would be confused, and it would mean the doom of the private-duty nurse. A motion was carried that Major Stimson, who was absent, be notified that the question had been discussed, but that no decision had been reached regarding the stand of the Alumnae Association upon the matter, because of lack of knowledge.

It was moved and carried that the Alumnae Association donate \$50 to the New York Hospital Charter Day.

Respectfully submitted,

JANET CORWIN,
Recording Secretary

TO THE GRADUATING CLASS AT THE ALUMNAE MEETING, MAY, 1939

SINCE you are commencing your individual careers, I thought that you might be interested in a brief history of the Registry and its function in meeting your needs.

Our Registry, as you may know, is conducted by the Alumnae Association of the New York Hospital School of Nursing and is not a commercial bureau. It has as its aim—better care of patients in all fields of nursing, such as Public Health, Industrial and Institutional—but mainly Private Nursing. An equally important aim is to help you gain satisfaction in your various careers.

The Registry was originally conducted by the New York Hospital, primarily to provide special care for their patients and the patients of the Doctors connected with the Hospital. The Superintendent, Mr. Ludlam, selected the nurses and when he was too busy his secretary attended to the calls for him. The problem of reaching the nurses was a difficult one, for in those days telephones were scarce and messages frequently had to be delivered in person. John, the doorman, acted as messenger and it was often thought that he did a little selecting on his own part, as some of the nurses were kept busier than others.

This was not a very satisfactory arrangement, so the nurses decided to rent a house and have a Registry of their own. They did this and called their home The New York Hospital Registry. A house-keeper was engaged and she took the calls for the nurses. Anyone who happened to be free relieved her for time off duty and received a free meal for this service.

In 1900 the Alumnae Association of the New York Hospital Training School for Nurses, as it was then called, directed the Registry at a clubhouse established for the New York Hospital graduates. This Club was at West 92nd Street, near Central Park West. The superintendent of the Club conducted the Registry as well as directing the Club activities. In 1918, the present clubhouse was built and due to the increased volume of work—a Registrar was appointed and eventually an assistant was needed. Twenty-four hour service was made possible by co-operation with the staff of the Club.

Private duty nursing has developed in an interesting manner. For instance, in the beginning, 24 hour duty and duty in the home were emphasized, later 12 hour duty was introduced and since 1934 the 8 hour day has become more generally accepted. Also the volume of hospital cases has increased, especially since 1930. All this is probably due to changing social economic factors, to the education of the Public in relation to the use of hospitals and to the Group Hospitalization Plan.

While it may seem that the community which we serve includes only the Hospital and the patients of the Doctors of our Hospital, this is not true. For through co-operation with our Doctors, our community has extended to a nation-wide area and I might even say international in scope. This naturally implies the need for nurses of your personality and character, with the ability to adjust to the various cultural backgrounds of your patients.

We, in the Registry, are always glad to welcome the new graduates as Registrants, as there are increasing demands both in the various departments of the Hospital and the Home for the young private duty nurse.

ALICE M. HIMES, *Registrar*

ATTENTION

Helen M. Rosenmuller, our Executive Secretary, would appreciate having members send her any information or newspaper clippings they may have of our alumnae. Please address them to her at 317 West 45th Street, New York City.

BIENNIAL STATE REGISTRATION

If application for the Biennial State Registration has not been made *prior* to September 1, 1939, an additional fee of one dollar for each thirty days of delay or part thereof beyond September first and up to January first, shall be added to the regular fee.

THE HOSPITAL YESTERDAY AND TODAY

THE models of the New York Hospital on display in the main lobby of the Hospital are excellent replicas and very interesting. In their glass cases they appear at first sight to be toy buildings, but one soon perceives that they are cleverly executed miniatures of the New York Hospital. They are well described by our little sisters in *The Blue Plaidette*, their student paper, from which we quote.

Mr. Powell W. Hollings of the accounting department is the man who drew the plans and actually constructed the buildings. He has had considerable training and experience in various fields of art, so that the completion of the models is no mere accident, but rather the result of knowledge and skill and infinite amount of work. The original idea was suggested by Mr. Augustine J. Smith. This is how it all started, several years ago: Mr. Smith, as loyal to our old hospital and its history as he is to the new, and regretting that there were no architectural records of the former buildings, decided to have plans of them drawn up. He asked Mr. Hollings to work with him, and together they improved on the first inspiration until their combined ideas and efforts resulted in the present beautifully constructed models.

The greatest difficulty encountered in constructing models of the old buildings was that there was no organized descriptive material available concerning them. The details which were finally obtained were gained, scrap by scrap, from various sources, the most valuable of which were the minutes of the early Board meetings. Additional bits of information were gained by questioning people who had had some knowledge of the old hospital. Unfortunately, the official building records of the Sixteenth Street building had been destroyed, just a short time before the search for material was begun. It was, however, learned that the apartment house, which now occupies that site, was built on the old foundation of the hospital. By obtaining the architect's plans of the new apartment house, he was able to start his model with the correct foundation. The only other help he had was that given by three photographs of the hospital.

It was something of a feat for Mr. Hollings to make models of buildings he had never seen, and about which there was so little information available; it was also an accomplishment for him to build in miniature our present complicated structures, even with the wealth of descriptive material available. Because the arrangement of windows and arches and different levels of the various units is most often noted as the outstanding architectural feature, he approached his problem from this angle. Whenever necessary, he subordinated details so that the main impression of balance and soaring grace would predominate. One major problem that presented itself was the seventy-foot difference in levels between the York Avenue and the East River side. Another problem that was troublesome, especially when he was trying to design the arches, was that the buildings vary in depth at different floors, some sections having as many as seven "indentations" or "thicknesses." . . . Measurements were brought down to one-sixteenth of an inch.

The models are made of sheets of very hard, compressed wood, fastened together securely so that the construction is durable and permanent. When working on the 68th Street buildings, Mr. Hollings first made them on the river side, then he assembled those on York Avenue, and finally he fitted in the units of the middle sections. The cross bars of the thousands of windows were made by winding string around behind the flat walls, covering the string with glue so that when dry it would stay in position, and then cutting off what was not needed. Being in a great degree a perfectionist, he was unwilling to use the traditional green sponge to represent trees and shrubs in the gardens. He tried various materials until he found some that really looked like what he was trying to represent. For example, the hedges are made of the dried, matted inner portion of a South American melon.

Mr. Hollings estimates that he has spent about 1500 hours on the project, which was started in February, 1938, and on which he has worked constantly in his time after office hours.

The model of the New York Hospital at Broadway and Pearl Street relates to the years 1776-1870. There is one central building with a smaller one on each side. Tall, handsome lamp posts stand on either side of the entrance. The small house at the back of the hospital was the bath house where a tin tub served as the baptismal font of cleanliness for many a patient. Parallel with the bath house, on the other side of the hospital, is the stable where the attending physicians boarded the horses they rode or used for their carriages. Back of the main building stretch spacious meadows where cows graze in peaceful bliss.

The second building, between West Fifteenth and West Sixteenth Streets, is for the period 1877-1932. It is like meeting an old friend to see the red building, with the "Governors' entrance"—the handsome entrance on Sixteenth Street which was used by the public after the Fifteenth Street entrance was closed up (about 1909). The beautiful black iron gates show off well.

The present hospital, opened in 1932, presented an even greater problem. Mr. Hollings feels he could easily have spent two years working on this model alone. The plans for the hospital are preserved in sealed containers which are not to be opened for a hundred years. There are 12,000 windows in the buildings, and about 240,000 window panes, a seemingly high figure, and yet considerably less than that of the Empire State building which boasts of its 400,500 panes.

Since speed is a feature of the present time, automobiles also run in and out, and around this new hospital. Lamp posts and gas light have given way for electric lighting; grazing fields for sunken gardens. Time marches on!

A NEW METHOD IN THE BETTER CONTROL OF DIABETES

Announcement is made by The Denver Chemical Mfg. Co., that they have succeeded in developing in their laboratories a new, dry, micro-reagent, for making instantaneous tests for sugar in urine and which will be entirely practical for adoption as a means of making bedside and routine office tests for glycosuria.

It is expected that it will become part of the routine duty of nurses and technicians to make urinalyses by this new method so that they are urged to acquaint themselves as soon as possible with the Galatest technique, which is both simple and easy: A small quantity of Galatest powder is deposited on some dry surface and with a medicine dropper, one drop of urine is allowed to fall onto the powder. The reaction is instantaneous. If sugar is present it will reveal itself in degrees varying from 0.1% to 1.0% and over. It is quick, accurate and inexpensive. Full particulars may be had by writing direct to The Denver Chemical Mfg. Co., 163 Varick Street, New York.

PERSONALS

Miss Elizabeth Price has left for Southampton to take charge of the Children's Fresh Air Home.

Miss Emma Benz is on a trip to the Grand Canyon and the San Francisco Fair.

Miss Nellie Rough was in the Hospital for a few days in June.

Lucy M. Wygant expects to visit the San Francisco Fair.

Eleanor Whittier had a nice vacation with her patient at Virginia Beach.

Isabel Mullins and Evelyn Morgan have gone to Bermuda for their vacation.

Jessie H. McVean was in the Hospital for a few days.

Miss Elizabeth Lawrence, Manager of the Clubhouse for six years, and her assistant, Helen Dumond, both left the Club on April 30. Their many friends wish them success in their new pursuits.

Emily Rogers has been appointed instructor in Nursing Arts, at Highland Hospital, Rochester, N. Y.

Elizabeth Ray has been appointed Acting Assistant Headnurse on Pavilion H-3, Women's Medical. She received her B.S. degree at Temple University on June 15, 1939.

Mary Ann Cressman '38 has been appointed Assistant Instructress of Nursing Arts at Westchester Division of the New York Hospital.

Mary Havey was appointed Headnurse on Pavilion G-8, eye, ear, nose and throat department.

Eva Poor has been appointed general Staff Nurse in the Out Patient Department.

June Gardiner '39 has accepted the position as Chemistry teacher at the County Community Hospital, Warshaw, N. J.

Helen Swezy and Irene Curley have left the Out Patient Department of N. Y. H. to do private duty nursing.

Mary Webb and Elizabeth Henry have returned to New York to do private duty nursing.

Mary Sokalchuk and Elizabeth Shutts will continue, after their marriages, to do Public Health Work with the Philadelphia visiting Nurse Association.

Miss Anna D. Wolf will sail on the S.S. Kungsholm, June 30th, for a cruise to the Scandinavian countries.

Kirsten Tybjerg and Maud Ferguson sailed for Denmark on June 19th.

Engagements

Weymouth Anderson Doremus, class 1938, to Irwin Utter, May 21, 1939.

Marriages

Mary Sokalchuk, class 1938, to Edward Romanov, April 22, 1939.

Ruth Virginia Smith, class 1934, to Jerome Hill Kuhn, June 3, 1939. Chicago, Ill.

Elizabeth Shutts, class 1938, to Henry Casselberry, June 19, 1939.

In Memoriam

Anna Campbell Fraser, class 1902
March 30, 1939, Toronto, Canada

Jane Elizabeth Hitchcock, class 1891
April 8, 1939, Brooklyn, N. Y.

Lydia E. Anderson, class 1897
April 11, 1939, Brooklyn, N. Y.

Mrs. Daisy Dwight Van Riper, class 1890
April 25, 1939, Passaic, N. J.

Mrs. F. L. Coates (née Kate Clark)
May 15, 1939, Cuba, N. Y.

Emma S. Hart, class 1894
May 30, 1939, Auburn, N. Y.

Miss Anna C. Fraser

Word has been received in New Glasgow of the death in Toronto on March 30, 1939 of Anna Campbell Fraser, eldest child of the late Mr. and Mrs. Thos. Edward Fraser, and granddaughter of the late Hon. James Fraser.

Miss Fraser was born in New Glasgow and moved with her family to Toronto many years ago. Preceding her death she lived in New York, where she was taken ill a few weeks ago. She was brought to Toronto where she passed away last week.

She was the possessor of a particularly fine and clever mind, the kindest of hearts and was a bright and vivacious conversationalist.

—From a Toronto Newspaper

Jane Elizabeth Hitchcock

RESOLVED, That the Alumnae Association of the New York Hospital School of Nursing adopts these resolutions in tribute to the memory of our late fellow member, Jane E. Hitchcock.

By her death we have lost a loyal associate who as a pioneer in Public Health Nursing established high standards of unselfish devotion.

Hers was a sterling character. Its genuineness was reflected in her keen sense of duty to her profession and to the public. Her memory will ever be an inspiration.

RESOLVED FURTHER, That a copy of these resolutions be spread upon the official minutes of our Association, and that a copy be transmitted to her sister, Miss Lucy Hitchcock, to extend to her this expression of our deep-felt sympathy.

Mrs. Daisy Dwight Van Riper

Mrs. Daisy Dwight Van Riper died on April 25, 1939, at her home at Passaic, N. J.

She was born in Coxsackie, N. Y., in the Catskills. Her father was Alpheus C. Dwight, Coxsackie banker, and she was a descendant of Timothy Dwight, an early president of Yale University.

After her graduation in 1890, Mrs. Van Riper became superintendent of the Passaic General Hospital, where she remained for eight years. She then returned to New York to take charge of Dr. William Bull's private sanitarium, and stayed there for five years, when she left to become the superintendent of our clubhouse at Ninety-second Street, a post she held until she married Dr. A. Ward Van Riper in 1913.

Miss Dwight was an able manager. Her ability to make the clubhouse into a real home endeared her to all. In those days the superintendent of the club was also the registrar, a duty which she shared with an assistant. Miss Dwight was kindly, but very strict in matters concerning attendance and duty. When her voice came over the wire, the young nurse who was called to the case, accepted immediately, regardless of distance and other possible difficulties, and Miss Dwight's customary ending of her message with encouraging words and a friendly remark always had its reassuring effect.

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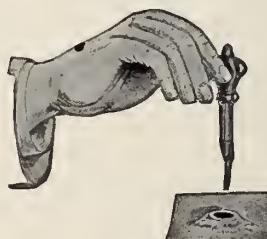
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VOLUME 12

No. 4

The
ALUMNAE NEWS

OCTOBER, 1939

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THE ALUMNAE NEWS

NEW YORK HOSPITAL SCHOOL OF NURSING

VOL. 12

OCTOBER, 1939

No. 4

Published Quarterly: January, April, July and October. Sent free of charge to all members of the Association. To others: 15 cents a copy, 50 cents a year.

All contributions should be sent to the editor before the first day of the month previous to month of issuance.

ESTER ANDERSSON, *Editor*
Johnson Hall, Columbia University
University 4-3200, Ext. 565

Associates

LOUISE ZABRISKIE
FLORA JO BERGSTROM
JOSEPHINE KELLY

ALICE HIMES
ELIZABETH PRICE
EMMA BENZ

CHARLES C. MORCHAND, *Advertising Manager*
30 Rockefeller Plaza, New York CIRCLE 7-7706

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WAR TIME DAYS

HOUR after hour, for anxious days, we have listened to the broadcasts that have brought us news of the European situation. Over the air kings and statesmen have spoken—against and for a war in which individual rights and happiness might suffer extinction. The impending tragedy gave power and pathos to their words as they urged to actions of patriotism and to humanitarian considerations. Step by step, in the negotiations, commentators have kept us aware of what was taking place. Commercial programs were swept aside for this one subject of news. It seemed as if the whole world, tense and expectant, was listening to decisions which would mean death and ruin to many countries and peoples. In a few brief days we have learned much of the quality and philosophy of those nations in trouble, whose common desire to avoid war found its echo in America. The danger drew us close and into a kinship with the entire world.

The war is now on with all its grim consequences. Most strongly it brings out the realization that power and riches have little value unless peace and friendly relations exist. The last war remains fresh in the minds of a whole generation. Many veterans of that time are still young and haunted by unforgettable recollections. Soldiers are fighting, not only because they are ordered to, but also because they strive to preserve the small area which means home, freedom and security to them and theirs. They are fighting against men who, but for borderlines and national allegiance, might have been their good friends and delightful companions. Will national leaders and agitators of war some day, perhaps, realize its utter futility and heavy penalty? The hope lives on that out of this chaos, the deep desire for peace which throbs within the heart of most people, will eventually emerge triumphant and lasting.

ESTER ANDERSSON

September 5, 1939

A MESSAGE TO ALUMNAE

THREE must come a desire to be worthy of our blessings and our heritage. For this purpose we must realize, and act on the realization, what we each can do as members of our profession.

First comes the need of securing for every person that requires it adequate nursing care and adequate knowledge so that he may enjoy all the blessings of mental and physical health.

The second thing for us to work for is greater opportunities for the members of our profession, not only for ourselves but for the nurses that are coming after us.

In our Alumnae Association, our own family group, there is much to do. We must set our own house, our own machinery, in order so that we as a group can function more successfully.

Surely our deepest concern as we start our new year is for the unhappy people of warring countries. Our sympathies and hopes for

them can scarcely be expressed. Nor indeed can we express the gratitude in our hearts that we here in the United States are at peace, and can enjoy the boundless blessings of freedom and a democratic form of government. To our nurse sisters in the belligerent lands whose hearts are full of sorrow and anxiety, as their hands and minds are occupied as never before with professional duties—doubled and tripled duties—our thoughts fly with the longing that they may realize that we are suffering with them, and that we are sending them thoughts of courage and endurance and calmness to carry on in their work for their agonized people, work that will bring solace to their hearts.

Here at home we must plan for the usefulness and the efficiency of the group as a power for helpfulness in the district, state, and nation. We must think largely. The personal, the petty, the self-directed point of view must be replaced by an unselfed attitude. Every single one of us must ask, "What can I do to help?"

Together we will plan, and together we will accomplish.

JULIA C. STIMSON, *President*

A FEW IMPRESSIONS OF A NORTH CAPE CRUISE

PROBABLY most of us have dreamt of a visit to the North Countries, those lands of the Vikings of old, whose exploits and wanderings influenced the founding of our country. One who has recently had the rare privilege of seeing these countries, although superficially, has returned to her work stimulated by her contacts with those whom she met, and greatly refreshed because of long days and nights of restful quiet which intervened in the busy days of sightseeing.

The good ship "Kungsholm" carried us across the cold North Atlantic, where we learned that more than double the usual number of icebergs were being avoided! Fog and mist delayed us, so our visit to Reykjavik, the capital of Iceland and our first port of call, was limited to a few hours; hence we were unable to visit the university clinic recently constructed, and of great importance in forwarding the health program of the country. The people of this most interesting volcanic island, about the size of Kentucky, are engaged primarily in fishing and sheep raising. The island does not boast of a railroad; the chief means of transportation is the stocky Icelandic horse, the motor, and an increasing number of airplanes. Traveling by motor car to Thingvellir we saw the foundations of the seat of the first parliament known to man, established about 900 A.D. As we went higher up into the hills, the early morning clouds dispersed, and we saw lying before us, surrounded by basalt crags, a lovely basin with a clear mountain lake and a beautiful river coming down the hills, tumbling and cascading over rough crags. No trees were evident; vegetation was limited entirely to a low stubble on which the sheep grazed, and low growing flowers including buttercups and a native white brushlike flower which was formerly used for wicks in oil lamps.

In passing the small homesteads we sensed the struggle of gardening and wondered how the country could thrive upon the produce of its soil. We saw some of the famed hot springs used by the women for the homely task of washing clothes and also, in more recent years, controlled to provide heating of public buildings in Reykjavik. Despite the brevity of our visit we felt the solidarity and fine independent spirit of the Icelandic people who will hold a plebescite in 1940 to determine whether or not they will secure their complete independence from their Danish allegiance.

From this far away island we sailed on to beautiful Norway and its North Cape. The arctic daylight was exotic. Although clouds prevented our sight of the midnight sun, they could not curb its brilliance on two occasions shortly before that hour. Words fail to describe the majesty of the Norwegian coast, and the grandeur, especially of the fjords and their harboring mountains. Surrounded by such rugged beauty, the people of Norway with true simplicity carry on their activities of handicrafts, fishing, farming, and hunting, and within recent years fox breeding which, by the way, was begun through cross-breeding with Canadian foxes. The great self-respect of the Norwegian people, notwithstanding the limited means which they have, is evident everywhere. There are no castles in Norway, the "home of the peasant is his castle," and, as a well known Norwegian woman told me, the gentry of Norway comes from the peasant class.

We stopped at a number of the small fishing villages along the coast of Norway, among them the most northerly town in the world, Hammerfest, and visited the beautiful Svartisen (black ice) glacier which, irrespective of its title, is a beautiful sapphire blue in its great crevasses. This third largest glacier in Europe is the only one which comes down to the ocean's edge. The contrast of the snow-capped mountains with the beautiful flowering meadows was particularly striking. We saw a bit of the nomadic life of the Laplanders who with their herds of reindeer wander to the more settled areas through the summer months and who for our particular entertainment brought a herd down to the water's edge. These swam around our boat, a feat of unusual beauty. From Merok to Öye across snow-capped mountains we passed over one of the finest motor roads in northern Europe. For our pleasure a great Norwegian skier put on a remarkable performance down one of the mountain passes. We crossed the great divide of Norway, following the rivers which originate from the glaciers, and characterized by a beautiful deep blue color unusual to other rivers, and which abound with salmon.

Norway, however, is not entirely rustic and dependent upon farm life and fishing for its subsistence. It has several very prosperous and thriving cities such as Trondheim, Bergen and Oslo. We were deeply impressed by the orderliness and cleanliness in even the older sections of these cities. The beautiful Gothic cathedral of Trondheim, where the coronation of kings takes place through the centuries, has been built and rebuilt and is today the greatest of Norwegian churches. In the seclusion of its sanctuary we were privileged to hear a beautiful concert, pipe organ and vocal, which remains a high light of our visit.

Bergen will be remembered as the home of Ole Bull, the violinist and his protege, the illustrious Edvard Grieg, and of Hendrik Ibsen. It is of particular historical significance because it was the capital of the old Hansiatic League of the Middle Ages. In modern Oslo we visited one of the greatest municipal institutions of the country, a 2,600 bed hospital, and a new health center for mothers and infants. We were deeply impressed by the progress made in health work and the care given the people. Norway has worked out an unusually fine security plan and health program in which all of its citizens must participate, the amount depending upon their incomes. Although the Norwegian people have small incomes, as we consider them, we were conscious of the lack of pauperism and the pride of the Norwegians in maintaining their own livelihood through industrious application.

From Norway we passed on through the Baltic to the Swedish island of Gotland, where we visited Visby, considered by some authorities as the probable center of the original Gothic culture. It is known as the city of ruins and roses, and the casual visitor is deeply impressed by the reason for this title. In the early days many churches of Gothic architecture were built, of which only one today, St. Mary's Cathedral, is in use. The ruins of the others stand out boldly against the deep blue sky as memorials to an age of grandeur, and, unfortunately, later of devastation. From Visby we sailed on to the delightful city of Tallin, the capital of Estonia. Tallin impresses one as a cross between Russian and north European culture. The splendid advance it has made in building up a spirit of unity and independence within its citizenry spurred by its release from Russian dominance of earlier years is outstanding.

Our travels took us on to Russia where for two short days each in Leningrad and Moscow we had opportunity of seeing some of the work carried on under the Soviets. Visits to the great palaces, churches, and museums, with their store of art treasures built during the years of Czaristic régimes, contrasted markedly with the construction and activities of present-day Russia. Under the efficient guidance of Intourist we were shown the new "metro" (subway) visiting three of the stations built largely of marble with unusual lighting and ventilation features, the recently constructed Volga-Moscow Canal which provides a water way between the Baltic and the Caspian Seas, workmen's houses, school buildings, and other public works. We were especially impressed by Russia's evident use of the radio. Loud speakers from many public buildings in Moscow proclaim to the people all day and most of the night long. The noise of these and of the motor horns was quite distracting, especially after the quiet countryside and orderly life of Norway. In Moscow we visited the newly built Central Polyclinic for railroad workers and their families, a general hospital with 530 beds. With particular pride we were told that each patient had a radio and were also shown the central radio room from which instruction and information to patients can be transmitted. The equipment of this hospital is quite modern, although in certain aspects it varies considerably from ours. The personnel was similar though quite differently proportioned to ours. It was very difficult to secure specific informa-

tion concerning the nursing service and educational program. The socialized health program of Russia has placed particular emphasis upon maternal and infant care. In addition to rest houses for the workers and for mothers and children, free hospitalization, medical care, and special educational demonstrations have been provided generously.

From Russia we sailed across the Finland Sea to Helsinki with its unusual modern architecture, its shining cleanliness and orderliness, its evident thriftiness. Here we visited with a former graduate student, the Director of the University Hospital School of Nursing, and had opportunity of seeing one of the finest maternity hospitals in Europe, and in contrast the one hundred-year-old University Hospital, where one knew instinctively student nurses were taught how to give excellent care to patients. The public health program of Finland is unusually fine, but because of limited time we could not visit many centers. We were fortunate in visiting the beautiful parliament building and the great stadium which is now being completed for the Olympics, if they are not interfered with by war.

Stockholm, our next port of call, conceded to be one of the most beautiful cities in the world, charmed us. Here we were exceedingly fortunate to see the city under the guidance of the sister of our editor, Ester Andersson, and of a cousin of Martha Johnson of our staff. We visited the great town hall famed for its superb room of gold mosaics. We learned first hand of the great cooperative movement in industries, and saw some unusually fine hospital services under private and public auspices. This great thriving city expressed no outward evidences of poverty or pauperism. We were profoundly impressed by the steadfast zeal of these people which has been fundamental to the building of this great democratic monarchy. Gothenburg, the busy seaport of Sweden, which we visited later, reaffirmed these impressions.

Our ship carried us on to Copenhagen, where Gerda Norgaard, a recent member of our staff, gave us warm welcome. We motored along the great Danish riviera, through the beautiful countryside to Elsinore and we saw hundreds of people irrespective of age on bicycles, their favorite form of transportation as evidenced by the 600,000 estimated in Copenhagen alone. Denmark, famous for its folk schools, has just pride in the literacy of her people. Our visit to Copenhagen was not complete without visits to the Tivoli gardens, a large amusement park in the heart of the city, and to the museums and the fine shops. However, this sightseeing had to be cut short, but our interest in health services was well rewarded by a visit to the Tuberculosis Health Centre and to the Rigs Hospital, one of the largest of the public hospitals, where excellent care is given to patients.

Especially in these days of conflict between nations, we appreciate after traveling through these northern countries the struggles these people have had to maintain their independence and integrity. We can learn much from them in their steadfast purpose for the maintenance of peace and for the continuation of the democratic rule through which their people have prospered.

ANNA D. WOLF

PUBLIC HEALTH NURSING HERE AND ABROAD

SOME of our alumnae members who are active in Public Health nursing have written us about their work. We now take great pleasure in passing on this interesting material to you.

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THE NEW YORK HOSPITAL CHILDREN'S CLINIC AS A PUBLIC HEALTH AGENCY

IN the Children's Clinic at the New York Hospital there is a close cooperation between the doctor, the nurse, and the social worker in the provision of adequate care for the child and in parent teaching. The clinic is by no means a self-sufficient unit, but depends very largely upon and cooperates with outside agencies, such as the city health centers, other hospitals, the visiting nurse organizations, and public and private social agencies. Adequate care of one child may necessitate participation of a number of outside agencies, and frequently the clinic can do no more than refer the family to the organization which can best help to solve the immediate problem.

The aim of the clinic is to care for each child as a whole. In this care the first step, after any necessary emergency measures have been taken, is to establish a satisfactory working relationship between parents, child, and the clinic staff. The techniques used to establish this rapporte are the same used in other social agencies and signify a friendly interest in the welfare of the child and the entire family. Each child goes through a thorough initial physical examination, after which he is referred to a special clinic if he requires specialized treatment. Whether or not he is referred to another clinic he is asked to return to General Pediatric Clinic for periodic physical check-ups.

In the clinic the approach to the child is frequently complicated by a powerful fear element, greater than that encountered by most health workers. This fear is due largely to the diagnostic procedures necessary for a complete examination of the child—the "needles" used for Schick and Mantoux tests and in taking blood for Kline and Wassermann tests. The fear seems to be greater than the slight pain would warrant and, in spite of the fact that such tests are explained to each child old enough to understand a simple description, and that each child is told that the test will hurt, he often seems to feel that he has been deceived. This is a matter of deep concern to the entire staff and means that a long period of friendly contact and much reassurance is necessary to reestablish a feeling of trust in the clinic. Another cause of fear is the parents' use of the doctor and the hospital as a threat. This is, of course, a deplorable mistake, and much effort is spent in trying to correct it and to prevent its recurrence. Toys and play supervision are used to help overcome fear and to make the child enjoy the clinic visit.

The clinic teaching program goes beyond parents and child to include resident physician, staff nurse, student nurse, and medical student.

This large and varied group requires an elaborate teaching plan. There are formal classes, group conferences, individual conferences and constant informal direction and suggestion by the doctors and nurses.

In recent years there has been a marked increase in the physician's interest in the part that the child's mental problems play in his physical condition and in his behavior, and, consequently, a closer working relationship exists between the pediatrician and the consulting psychologist. Behavior problems are more and more frequently brought to light and treated by the pediatrician or referred to a psychiatrist for his opinion and treatment. Such an interest means that the clinic is helping to make the child a happy as well as a healthy individual.

The whole complex organization works toward that principal goal of helping to make the child healthier and happier, and, in doing this, endeavors to teach young doctors and nurses how they can most wisely help in this work. Nothing is static and nothing is finished. Some of the work is still in the experimental stages and will depend for its success upon the alert and conscientious cooperation of the entire staff and upon aid from many outside sources.

JOSEPHINE KELLY

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THE EAST HARLEM NURSING AND HEALTH SERVICE

LOOK at me, Nursey!" called Ernest. He was standing near the hobby horse with a scoopful of sand. "I'm feeding the horse. It's macaroni!"

This incident occurred at the East Harlem Nursing and Health Center, in the play school run on the roof each summer by staff workers with the help of parents. Although a play school may seem a rather strange addition to a public health nursing service, it meets a definite need for children, and particularly for the parents. It is an adult education project, and as such it is a logical part of an agency one of whose main purposes is health education.

The Center is located on the upper East side of Manhattan, where the population is about 80 per cent Italian, with some Puerto Ricans, Negroes, and Irish. Most of them are very poor. The majority receive relief of some kind. Italian people are delightful to work with, and many, especially among the young people, are tremendously anxious to learn—to discuss how best to care for their babies, to hear about the relationship of calcium to teeth and bones and breast milk, to tell how they have persuaded Junior to eat his cereal happily. The staff learns a great deal from these families too. The mother who can take care of four children including a baby, do her own housework and laundry, and still save time to take a rest every day can teach more about planning than someone who has had no actual experience.

The activities of the Service are varied. Aside from home visits for health supervision and maternity, there is a great deal going on at the Center. We have doctors' clinics two days a week, and another day is filled with parent conferences to which parents come to have the children weighed and to talk over their problems with the workers. There are maternity conferences and a maternity class, as well as the

play school, a clinic at the Department of Health for children with possible tuberculosis, and visits to the Guggenheim Dental Clinic. There are many students at the Center also. They come mainly from Teachers College, Skidmore College, or through the Rockefeller Foundation. It is the spirit in which the East Harlem services are carried on, however, that seems to me to be particularly outstanding. The effort is toward cooperative learning. Parents are encouraged to make their own decisions. They give Johnny whole wheat bread, not because the nurse said so, but because they know it will give him and the rest of the family more of the elements they need to keep them strong and healthy. The job of the staff worker is often to supply the scientific background or to help the mother make an impersonal evaluation of the situation so that she may decide herself what is best to do.

The families are encouraged to use community resources and to think for themselves. There are active groups at the local library who read about habit training, books and toys for children, or the composition of the foods they use. Parents come to the maternity class and to Fathers' and Mothers' Clubs, not to be lectured at, but to discuss questions and problems with the other parents and with the staff workers. Their range of interest is wide, so the knowledge of those on the staff must be wide. To achieve this enviable stock of knowledge, the supervisors are of invaluable aid, both in discussing family problems and in suggesting where to look for further information. The desire to learn and to grow on the part of the families who come to the East Harlem Nursing Service as well as on that of the staff makes it a very stimulating and enjoyable place in which to serve.

JANET CORWIN

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NAVAJOLAND

GANADO Mission, fifty-seven miles from a town or railroad, is in the desert of north-eastern Arizona on the Navajo Reservation. It is near enough the Painted Desert and Grand Canyon to have beautiful coloring and picturesque formations in the surrounding mesas. At least a part of each day is cool here as the altitude is 6,700 feet. Last winter it went as low as 24°, and once we were snowed in for a couple of days. The soil is that peculiar adobe sand which blows in windy weather or becomes mire with the slightest rain. Our transportation is by car or truck, but these vehicles only last two years on the unpaved sandy roads. The Navajos walk, ride horseback, or drive a wagon which often is a replica of the traditional covered wagon.

The Navajos, 50,000 in number, are still a superstitious and primitive people living much as their forefathers did when the West was first explored. They do not live in communities, but one or two families occupy an isolated hogan. This is a one-room round or octagonal structure of logs and adobe with a door facing east and a smoke hole in the center of the domed ceiling. The furniture consists of a few sheep-skins and maybe a box or two. Water is scarce and is usually hauled for miles. Their wealth is in the jewelry of silver

and turquoise, which they always wear, and in their sheep. Their language is almost impossible to learn, so the field doctor and nurse travel about the countryside with a native chauffeur-interpreter. They stop at the trading posts and small government schools scattered over the reservation, about fifteen miles apart, to examine and treat the children or to get the messages or pick up some one waiting to show the way to a patient's hogan. Most Navajos still have first the Medicine Man with his herbs and "sings" and call us as a last resort. Then they send a messenger or have the nearest trading post phone us to go after the patient, perhaps a distance of ten to forty or fifty miles.

In summer Navajos follow their sheep for the scant grazing. They live in a "summer shady," which is just a roof of logs and brush, so it is often difficult to locate a given family.

They never remove their quaint brightly-colored clothes until they literally fall off. The diet consists of mutton, fried Navajo bread, and coffee. They like potatoes, watermelon, tomatoes, and corn when they can get them.

My job, as Instructor of Nurses in the only training school for Indian girls, keeps me more than busy at the Mission, but occasionally I go out on a call. Once the doctor wanted to do a manual removal of the placenta in a postpartum hemorrhage case. The family reluctantly gave us part of a cup of water from their meager supply—one small bucket of muddy water. Ha-dez-bah, lying on a soiled sheepskin on the dirt floor, still wore her long Navajo dress in which she had delivered her own dead baby in breech presentation out on the mountain. The hogan was smoky so that the failing daylight coming through the smokehole was hardly adequate to work by, and the fire though hot, gave little light.

Our mission is modern and under the circumstances well equipped. We maintain a Junior-Senior high school, and we have our own power plant, steamheat, laundry, and wells. Sage Memorial Hospital has 150 beds and is up to date. For several years we have held a medical conference each August to which doctors from all over the United States have come.

One of the greatest and most difficult lessons the Navajos can teach us is that of patience and understanding. We must not expect too much of these primitive people still living centuries behind our own civilization.

IRENE MAY MORAN

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NURSING IN "PARADISE"*

PUBLIC Health Nursing in Hawaii is fascinating, and there are many things which help to make it so. The "malihini" or newcomer is amazed and delighted by the profusion of gaily colored flower leis and the many exotic scents which assail the traveler. Sudden brief light showers bring forth successively beautiful rainbows, making complete arches across the sky . . .

* Reprinted from *Public Health Nursing*, August, 1939.

The luxuriance and brilliance of the foliage and the clearness of the water—merging from a very deep blue to a light emerald green and tipped by white crests—are diffused with the golden glow of the sun, making one feel as if wrapped in a dream.

The enchantment still lasts and is even enhanced when one becomes acquainted with the people. Never before has the writer known a community so spontaneously generous and hospitable. And where else but in Hawaii would one find Hawaiians, Chinese, Japanese, Filipinos, and people of the white race all living together in such close harmony?

It can easily be seen that living and working in Hawaii are very pleasant. One of the things that impresses the newcomer is the comparative absence of dire need. Artificial heat in winter is no worry, and a minimum of clothes is all that is necessary. A roof overhead is always possible here. While the diet is often not a protective one, at least there is very little if any real hunger.

When the newness of the scene wears off, one realizes immediately that this is a typically American community in every respect. The nurse coming here with a background of previous public health experience can use the same approach, the same techniques, and the same content of visits with the exception of minor details which were a part of her work on the mainland . . .

Organization of Nursing Service: Public health nursing on the islands is done under three types of organizations: (1) industrial health services on plantations, (2) the Board of Health of the Territory of Hawaii, (3) the Palama Settlement Nursing Service.

Most plantations employ a public health nurse to do home visiting in the plantation homes. More and more these nurses are encouraged to become qualified public health nurses. They work directly under a plantation doctor without nursing supervision. On several plantations the work is being done by the Board of Health nurses covering those areas.

In Honolulu, the field work is divided between the Palama Settlement Nursing Service, which is a private organization, and the Board of Health. The two organizations work together very closely. They have joint staff meetings and there are representatives from both organizations on all executive committees and supervisors' councils. They use the same records and techniques and as much as is possible function as one organization. The city is divided into 27 districts with a nurse in each district; 17 of these districts are covered by the Palama Settlement and 10 by Board of Health nurses. The same type of work is being done in each district.

The rest of the Territory is covered by nurses working under the Board of Health. There are 38 rural nursing districts under its supervision.

The Board of Health of the Territory of Hawaii is centrally organized, with a territorial commissioner of public health, assisted by his different department heads. There is a medical director and a consultant nurse for each of the following bureaus: Maternal and Infant Hygiene; Communicable Diseases, including syphilis control; Services for Crippled Children; and Tuberculosis. The director of the Bureau of

Public Health Nursing has several assistants, each of which is a chief public health nurse for one of the islands. The health department also includes bureaus of Sanitation, Vital Statistics, Laboratories, and the Territorial Hospital for mentally ill patients at Kaneohe.

The Rural Areas: Supervision of the health work on the various islands is directed from Honolulu. There are no city, town, or county health departments. There are four main islands in the Hawaiian group: Oahu, with the city of Honolulu on it, Hawaii, the largest island, on which the city of Hilo is located; Kauai; and Maui. The islands of Lanai and Molokai are smaller. Lanai has one nurse and Molokai two.

Some districts of Hawaii are quite inaccessible, and an intensive public health nursing program is impossible. In other rural areas the program is well developed.

A nurse when visiting a patient in the country by car or on foot never knows whether she will find her away at the other end of a water-covered taro field, planting beans up a mountain side, or washing clothes in the nearest stream of running water.

The area with which the writer is most familiar is her own district on rural Oahu, which happens to be the demonstration area. This particular district was chosen because of its high infant mortality and its scarcity of community financial resources. In it there has been an effort to demonstrate adequate maternal and infant care, in a generalized program, and also to demonstrate newer techniques and procedures. Close working relationships between nursing and medical and social agencies in the district has also been an objective. Matched Social Security funds have been utilized for this purpose. Three nurses work in this area, with an average population of four thousand people to each nurse.

The program, as in all the other areas, is a generalized service, including nursing service to the school; supervision of crippled children; communicable disease nursing; and antepartum, postpartum, infant, preschool, and adult health supervision. From one to six hours a month are spent in the school, depending on its size. In the school program the nurse acts as a consultant to the teachers, who are taught to make the health inspections and to do minor first-aid dressings. The crippled children service in the generalized program is greatly simplified by the fact that, due to the length of incubation period and the number of days of steamship travel from the mainland, there are very few cases of poliomyelitis, thus eliminating the highly specialized muscle grading and other skilled techniques of orthopedic nursing required on the mainland.

Home visiting is always interesting to a public health nurse, but it is doubly so to the newcomer in Hawaii. There are many customs new to her, some of which are easily learned. For example, a nurse naturally takes off her shoes upon entering a Japanese home when a whole row of sandals confronts her on the doorstep and when a glimpse through the open door reveals a spotless matting covering the entire floor. She finds herself unconsciously bowing in response to polite bows of Japanese and Korean patients, in greeting and leave-taking.

The Japanese have a superstition that it is very bad luck for a family to be visited by a nurse, a midwife, or a doctor—especially a woman doctor—within a ten-day period around the Christmas holidays. However, if there is a new baby—particularly a boy baby—this hazard is greatly offset by the good luck that the baby brings.

The nurse who gives antepartum service in a Filipino home meets with other superstitions. If a Hawaiian mother promises to give away her unborn child, which happens many times, she has to keep this promise or her child will be "kahuna'd" and will have some harm befall it. Also a Hawaiian pregnant mother must never wear a lei around her neck for fear that her baby will be born with the cord around its neck.

The Chinese mother eats pig's feet and ginger for one month after confinement so that she will have sufficient breast milk for the child.

Many of the Hawaiian foods are excellent in their protective qualities. Guavas, which grow wild, are a very good substitute for oranges. Taro is a staple food and very high in protective elements. Almost any rural family in the demonstration area can get bananas and papayas from its own fields. Papaya is also a good substitute for oranges. As a matter of fact, most of the Hawaiian fruits are very high in protective food elements. The oriental races use a preponderance of rice, and it requires a constant teaching effort to emphasize the importance of adding fruits, vegetables, and milk.

Teaching in the Home: Teaching is done by demonstration whenever possible. Postpartum and newborn care is demonstrated as soon as the new birth calls are received. Bedside care is given on the floor in the homes, where patients sleep on mats or quilts. As in other parts of the country a constant educational process is required to teach patients the need for reporting to the nurse early for care in case of illness, and particularly in pregnancy. However, it is very gratifying when the nurse begins to see results and when patients gradually report earlier to her . . .

Rural Clinic Service: Home visits are supplemented by clinics. Transportation from the isolated districts to the health center is made possible by a very active community organization whose health committee has arranged to pay six cents a mile to volunteers offering their cars and their time. A maternal health conference is held twice a month at Kaneohoe, where medical care is given by the local government physician. Each rural district in the Territory has a government doctor who is paid by Territorial funds to take care of the illness in his area when the patient cannot afford the services of a private physician.

Two nurses work in the clinic. Every procedure is utilized as much as possible for teaching purposes. The reasons for weighing, urin-analysis, taking temperature, pulse, and respiration, and for each step of the medical examination, including pelvic measurement, Wassermann test, and vaginal smear, are explained to the patient. The last half hour before the doctor arrives is used for group teaching. A real effort is made to give a planned course of lessons which take the form of a group discussion. In spite of the pressure of time the patients seem to like the classes and respond very well.

The doctor is paid for each clinic session by the Bureau of Maternal

and Infant Hygiene. A routine chest x-ray is provided by the Bureaus for all primiparas. Hospital facilities are provided by city and county funds for the deliveries of first babies and for patients with complications.

A surprisingly large number of antepartum patients have never been to a doctor or had a midwife, either for antepartum care or for delivery. For all of their numerous children, they have had one of the men of the family (in the Filipino homes) or one of the aunts, cousins, mothers, or neighbors (in the Hawaiian homes) to deliver them. In spite of the fact that 25 per cent of the mothers in the area have been delivered in this way, the district has been fortunate in not having a maternal death for the past two years. It is often difficult to persuade the mothers to attend the antepartum clinic, but after once coming they nearly always return.

Child Health Conferences: Child health conferences are also held twice a month. Appointments are staggered, according to age and need. The children are weighed and prepared for the doctor by the two nurses. A nurse interviews the mother following the physician's examination, to explain his recommendations and teach her how to carry them out.

Sometimes the Japanese babies come to clinic in kimonos with dragons on the boys' kimonos and appropriate patterns on the girls' kimonos.

While the children are waiting to be weighed and to see the doctor, their mothers are encouraged to let them play in the play corner, which at Kaneohe is a porch provided with blocks and other suitable toys. This play is utilized as a teaching experience for the mother, as are all the other procedures of the conference.

Volunteers Assist: The girls in the homemaking class at the Kaneohe junior high school assist at the conferences, two at a time, for a three-months' period each. They rotate from the weighing room to the play corner and their services are of real value in the smooth functioning of the clinic. They are given an orientation by a morning's observation at one of the best nursery schools in Honolulu and by an afternoon spent at the offices of the Board of Health. Three homemaking class sessions are used by the nurse to explain the history and functions of the service, and some of the problems. The girls who assist write up their observations, and also an account of each conference session, with questions attached. Their comments are taken back to their respective classes and used as the basis for an educational project for the entire class . . .

Combating Syphilis: A syphilis clinic is held once a week at Kaneohe. The clinic is attended by patients who are found to have positive Wassermann tests at the antepartum clinic, or who are referred by physicians or hospitals in Honolulu. Several patients with chronic sores, who were referred from the field to the clinic, were found to have syphilis. The nurses in the clinic endeavor to follow up the source and contacts of all newly reported patients with syphilis.

The Windward Oahu Community Association was originally sponsored by a group of far-seeing individuals who succeeded in getting

financial backing for a full-time paid worker. Its objective was to enrich rural life and to make it more attractive for young people living there. The plantations, of course, wanted to keep young people from migrating to the city. The organization is interested in all phases of rural life, recreational and cultural, as well as taking an active interest in the health of the whole community under the leadership of its health committee. This committee showed a moving picture on syphilis and secured a doctor from Honolulu to discuss the subject and answer questions. After seeing the picture many people came to the clinic voluntarily and requested a Wassermann test. Some of these tests were found to be positive.

The whole population of the islands is amazingly receptive to health education offered by movies or radio, or in the form of lectures. The schools are taking an active part in this health movement. For example, the students of one high school held a radio panel discussion on the prevention, control, and treatment of syphilis.

The attitude of the patient toward his disease is a real problem here as elsewhere. This is aggravated by the fact that the rest of the small rural community soon learns that he is attending syphilis clinic for treatment and tends to isolate him socially. The nurses are attempting to overcome this attitude toward the disease by discussions with individuals and with groups in the clinic; by planned educational courses requested by groups of teachers; and by classes, moving pictures, and literature.

Nursing in Hawaii is an interesting and in many ways a unique experience, which challenges the best efforts of the public health nurse.

MURIEL K. MORROW

FROM LETTERS BY DR. LEWIS A. STIMSON

We are indebted to Major Julia C. Stimson for the following interesting excerpts from letters by Dr. Lewis A. Stimson to his brother, the Rev. Henry A. Stimson, who was her father.

* * * *

ABOUT PASTEUR

Paris, 28th Feb. 1875. I went to the Acad. de Medecine the other day and was lucky enough to see and hear Pasteur. The subject under discussion was bacteria and brought to their feet several men with whose names and work I became familiar while studying the subject last summer, so that it was doubly interesting to me. Pasteur is a man 50 to 55 years old, with black hair and beard, medium height, rather squarely built, spectacles, and as aggressive a pug nose as one often sees. He speaks slowly and not fluently, is quiet in manner but merciless, utterly without bowels, towards his wretched opponents, and has a little streak of humor which is very effective. The audience was evidently much interested in him, all bent forward and eagerly greeting every point, but his colleagues seemed rather cool towards him. Still, when he got through there was nothing to be said, he had completely cleared the ground, and the discussion ended almost immediately. It had been provoked by a paper presented

by a young man who had examined the pus of 18 or 20 abscesses and found bacteria in most of them. He allowed himself to intimate that he had found spontaneous generation. It would have been easy for anyone to overthrow the argument, but Pasteur gave only a word or two to its weak points, and then said, "I have read the young man's paper carefully and will quote only one thing to show how utterly unreliable it all is. He says he carefully cleaned all his instruments, glasses, knives, etc., with hyposulphite of lime which instantly destroys all germs.

"Now the hyposulfate of lime is a slightly alkaline liquid (all this in the quietest most professional tone) in which bacteria live and thrive most readily." As you see there was nothing more to be said. I felt sorry for the young man whom I happened to know, but he deserved it, for I have seen several of his examinations and they were not conducted carefully.

* * * * *

Paris, 7th March 1875. I must tell you of the visit I made to Pasteur. I wanted to see the fellow face to face, hear him talk, and see where he worked, if possible. So I got his address and dressed myself up, and found myself at 5 o'clock last Friday at the gate of the Ecole Normal Sup. The concierge directed me to a door in a low separate building, and after poking about I was ushered into his office, a nice comfortable room containing two easy chairs and several tables covered with papers. I told him I wanted to see his laboratory and get the titles of his works because I was going to write an article on him for a N. Y. paper. I was in a little doubt as to the way he would receive it, but, appreciation is evidently as sweet to a great man as it is to poor devils. Perhaps this one liked it all the more because he has plenty of opponents and has to fight à outrance for his theories. However, he received me pleasantly (there was another man present and that of course complicated matters) gave me the information I asked for and then took me into the laboratory and gave me a young man to show me around. I was shown the flasks with curved necks in which he made his experiments on fermentation and the influence of spores. Many experiments still going on, including the most recent ones on fermentation and some flasks of bouillon, blood, etc., that had remained since 1864. I described his personal appearance in my last letter, the only new thing was he is slightly paralysed on one side of his face, the result I hear, of an apoplectic attack 3 or 4 years ago.

* * * * *

Paris, 21st March 1875. I omitted to write last Sunday, but during the week I sent you a pamphlet containing a report of Pasteur's address before the Acad. de Med. I think you will be interested in his views on Materialism. I hope to get a copy of the address of which this part is a selection, the address at Arbois in the Jura. It was delivered before the graduation class of the high school of that place. I think it is very interesting to have the testimony of a man of his position and scientific weight to set up against the "projected glances backward" of such enthusiasts as Tyndall. Pasteur is certainly the exponent of experimental research. Even his antagonists say that no experiment of his has ever proved faulty. They may question his deductions but have never overthrown an experiment. It is very interesting to see how complete his authority is on questions of fact. Well now if a man of that kind can accept a future life and a God it is useless for any lesser lights or would-be scientists to revile. I have not written the article I spoke of; I have tried it once or twice but it does not "pan out" well. Still I keep it in mind and roll it over at times, perhaps something will come of it. I expect to go to his laboratory on Tuesday to have a look at some bacteria. He makes some statements about them that I can't prove and one of his assistants is going to show me, *if he can*, for if it was anybody but Pasteur I should not believe it.

* * * * *

Paris, 25th April 1875. Your letter of the 6th was duly received, and I at once sent you three more of the bulletins of the Academie. They contain (together with the one you have) about all the discussion. I doubt if you will

find it worth while to read them all. Several of those who took part and the longest-winded of all, are old men who want to prove that they knew all about it years and years ago. Part of the discussion too is a war of words, but Pasteur's experiments and his share in the discussion are valuable. You must bear in mind that all of the principal speeches are written out before hand. I think Pasteur's manner of treating his opponents is very funny, and in one place, his reply to Paggiale I think, he is overwhelming. In one of the last, the 2nd March I think, the chief piece is a prepared paper by Pasteur on fermentation—life without air. I found it very interesting and when I visited his laboratory I saw two or three of the "ballons" in operation. I have his books on Wine and Vinegar. The first I have not read, but the latter is exceedingly interesting. I have bound them up together and you can look them over during the summer—that is, if you do not go with Custer. But that is a chance you are not likely to let slip.

* * * *

THE FIRST "ANTISEPTIC" AMPUTATION

New York, 19th November, 1876. I have rather an important affair on hand for next Tuesday; the amputation of a leg for a large tumor on the knee; at the hospital, of course. V. B. is to honor me with his presence and assistance; ditto Keyes. There will probably be a large attendance, for doctors generally turn out to see a capital operation, and this will be additionally attractive because it will be done *antiseptically*. Naturally, I am in somewhat of a twitter over it, not nervous exactly, but it runs a good deal in my mind, and I am anxious that it go off smoothly and satisfactorily. However, it will be steadyng to have Keyes and Van Buren there.

* * * *

New York, 26th November, 1876. My operation came off last Tuesday and was quite a success. I used the antiseptic method of Prof. Lister of Edinburgh in all its details and that brought quite a crowd, 50-75 people. The operation went off smoothly and the man has been doing marvelously well. The whole wound, except half an inch where the drainage tube lay, united within 48 hours, and there has not as yet been a drop of pus, nor a tenth of a degree of fever. At this rate he will be entirely well in ten days, which is quick work for an amputation of the thigh high up. Still, I must not "holler" before I am out of the woods, and although we have escaped all the early complications some of the later ones may step in and spoil the affair.

* * * *

New York, 3rd December, 1876. My amputee is doing well, was sitting up today, and I hope to have him walking on crutches Tuesday, a fortnight after the operation. He is now as nearly well as Schindelmeisser whose leg was taken off two months ago.

* * * *

New York, 10th December, 1876. My amputee has made a brilliant recovery and for that I am very thankful. The case has had a certain retentissement on account of the antiseptic method which was used for the first time in all its details in a capital case and publicly in a city, perhaps in the country, although it is well known abroad. An account of it will be published in a few days and I will send you a copy.

* * * *

New York, 17th December, 1876. I send you an account of my operation. Don't make too much of it. It is "no great shakes."

THE MATERNITY CONSULTATION SERVICE

LOUISE ZABRISKIE, former Field director of the Maternity Center Association, New York, and her associate, Amey Elizabeth Bardens, have opened a maternity consultation service at 1359 York Avenue, New York City.

This new undertaking has grown out of the problems which parents are up against when they need the services of a good doctor or of a first class hospital. The healthy, well-ordered life of a baby should be planned before its birth, by providing for the mother a normal pregnancy-time which is free from anxiety, and by teaching her how to care for herself and for the baby.

The program of the Maternity Consultation Service includes free nursing advice to parents, Fathers' and Mothers' clubs, sewing classes for mothers, lectures to nurses, and the maintenance of a permanent exhibit, and a sales department for baby clothes and equipment. It will be welcome news for those nurses, who do obstetrics, to know that they can order a complete outfit through this service. The equipment will be practical, complete in detail, and economical in price.

As you enter the office of the Maternity Consultation Service, you find yourself in a cozy, homelike place. On the walls there are pictures and whimsical silhouettes intended to delight a child. Comfortable chairs, old-fashioned furniture, potted plants and the friendly hostesses make you feel quite at home. This room has a decided psychological effect on the visitor, and a patient, especially, will soon loose her shyness in this reassuring atmosphere. The exhibit also shows up effectively: clothes, baby basket, tub and bed and other paraphernalia—no one can be in doubt of their use or usefulness.

Those of us who, at one time or another, have served with the Maternity Center Association, realize how much thoughtful planning and work have been expended on this new undertaking so that it may efficiently serve to further more widespread prenatal care.

BOOK REVIEWS

THE book, *Nursing in Sickness and in Health* by Harriet Frost, published by The Macmillan Company, is one to add to your personal book shelf. This book stresses the incorporation of public health and social understanding in the course of study for the student nurse. Each chapter is introduced by a quotation, well selected and very appropriate as an orientation. The references at the end of each chapter stimulate further study. The arrangement of the material is in logical sequence, beginning with the development of nursing and the nurses own individual health and leading up to the patient, hospitalization and including the different diseases that the patient may have contracted.

The book is well written; the definitions and phrases are unusually clear—to illustrate: "Prevention means keeping things from happening" and "The attitude of doctors, nurses and social workers makes all the difference between courageous determination to face the situation and

utter despair, disillusionment, and family disruption." The case studies which include budgeting, details of nursing visits, discussions etc., are interesting and well chosen and should be an aid not only to the student nurse but also to the public health nurse and clinical instructor. Historical notes are made of the development of nursing and the evolution of the "district" or public health nurse. In explaining the functions of the public health and social agencies, Miss Frost interlates these services with the care and instruction of patients.

This book is a valuable contribution to better nursing.

LOUISE ZABRISKIE

The Hospital is turning literary! In the School of Nursing *The Blue Plaid* is published each spring by the graduating class. The students also edit a quarterly named, *The Blue Plaidette*. The grown-ups among the patients become lyrical and sing of their ills and lucks, while in the Children's Clinic small patients suddenly spring into editorial fame. The entire ward usually joins in the reporting, which is done with a child's unbiased observation and frankness. The appearance of this publication is somewhat irregular depending on the rapidity with which the young idea sprouts, and the name is not static, but changes with the mood and ingenuity of the young editor.

The Pulse of the New York Hospital Employees is a monthly journal in leaflet format, edited by members of the various departments. Like a rose, it bloomed early in June and has now reached its fourth issue. *The Pulse* is informative and amusing. Its prose and poesie are light and humorous. The aim of *The Pulse* is commendable—to make personalities recognizable and better known to one another, and to tell what the various departments are doing. It is a sort of Who's Who and What's What in the Hospital. No one there is safe from its detective beat. Agile reporters, 12,000 windows and several hundred of telephone lines aid the transmittance of facts to the editorial room.

The Pulse is just the kind of tie which in a large institution will draw individuals together into a friendly acquaintanceship, and also inescapably heighten the worth of their work and loyalty to the same institution. So congratulations and Good Luck to the editors. May *The Pulse* beat ever stronger.

IN MEMORIAM

Jessie H. McVean, class of 1883, died on July 25, 1939, at Kent, Connecticut.

The names of many of the New York Hospital nurses are listed among the great in the nursing profession. Such a distinction indeed belongs to Jessie H. McVean. Vision, interest, understanding, sympathy, and advanced ideas are but a few of the adjectives which apply to Miss McVean. During the fifty-six years since she graduated, she made many contributions to nursing changes and progress. She was the first woman tenement-house inspector, one of the first to organize prenatal nursing. Her early interest in mental hygiene was very much in advance of the work that developed later. In nursing she was both

the "architect and the builder." While Miss McVean held positions of distinction and responsibility, she never lost her deep sympathy with the individual. Miss McVean was so absorbed in nursing standards and progress that she cared little for the personal acclaim.

For one who gave so much to her profession we marvel at the breadth of her outside interests. She read widely and always seemed to have some intimate knowledge of the authors. She enjoyed art and was personally acquainted with many artists. She was an authority on antiques, which her home exemplified. Her opinions on world affairs were the result of clear, unprejudiced thinking. Politics and city planning always interested her because she had watched so many of the accepted plans develop from just ideas. "I remember talking over the first telephones," she said, when asked to speak over the radio.

The profession will miss Jessie McVean; her wisdom and knowledge combined with her unique personality are comparable with a great masterpiece, and will be an inspiration for all nurses to follow.

LOUISE M. ZABRISKIE

William Guthrie died on August 28, 1939, at the New York Hospital, New York City.

Most of our members knew William Guthrie and remember him for his dependable work. For many years he was orderly in ward I, in the downtown hospital. He came to the New York Hospital in January, 1900, remaining nearly forty years. When the hospital moved uptown, William Guthrie was one of the few old-time employees who went along. In the new hospital his work was chiefly in the Morgue. He remained there until illness prevented his further attendance.

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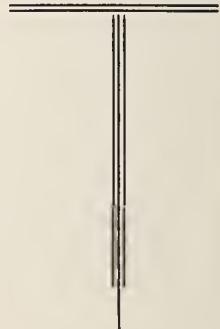
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ATTENTION, ALUMNAE

Major Stimson is scheduled to speak for the American Nurses Association, in Chattanooga, Tennessee, on Thursday, October 12. The regular meeting, which was to take place on that date, has been brought forward to:

TIME: Monday, October 9, at 8:30 P.M.

PLACE: The New York Hospital Graduate Nurses Club, 317 West 45th Street, New York City.

The monthly alumnae meetings will be held at 8:30 P. M.

October 9.....	Club
November 9.....	Club
December 14.....	Hospital
January 11.....	Club

Meetings scheduled for the Hospital take place in the Auditorium, Nurses Residence, 1320 York Avenue, N. Y.

* * * *

In order that we may keep our files up-to-date, please send me the following information:

1. Any correction in spelling of names.
2. Degree of registration as it should be listed.
3. Change of address: State whether temporary or permanent.
4. Notice of marriage with full new name, and indicate if working or inactive since marriage.
5. Type of work each member is doing at present.
6. Notice of death of any alumnae member, with name and address of relatives, date, and cause of death.

HELEN M. ROSENMULLER, *Executive Secretary*

317 West 45th Street
New York City

* * * *

Catherine Hay and Mary Holland have presented the office of the Executive Secretary with a splendid dictionary.

Miss Margaret Bellinger also has contributed an old copy of Fox's, *Parliamentary Usage for Women's Clubs*. Did she anticipate the perplexities of a nurse's club?

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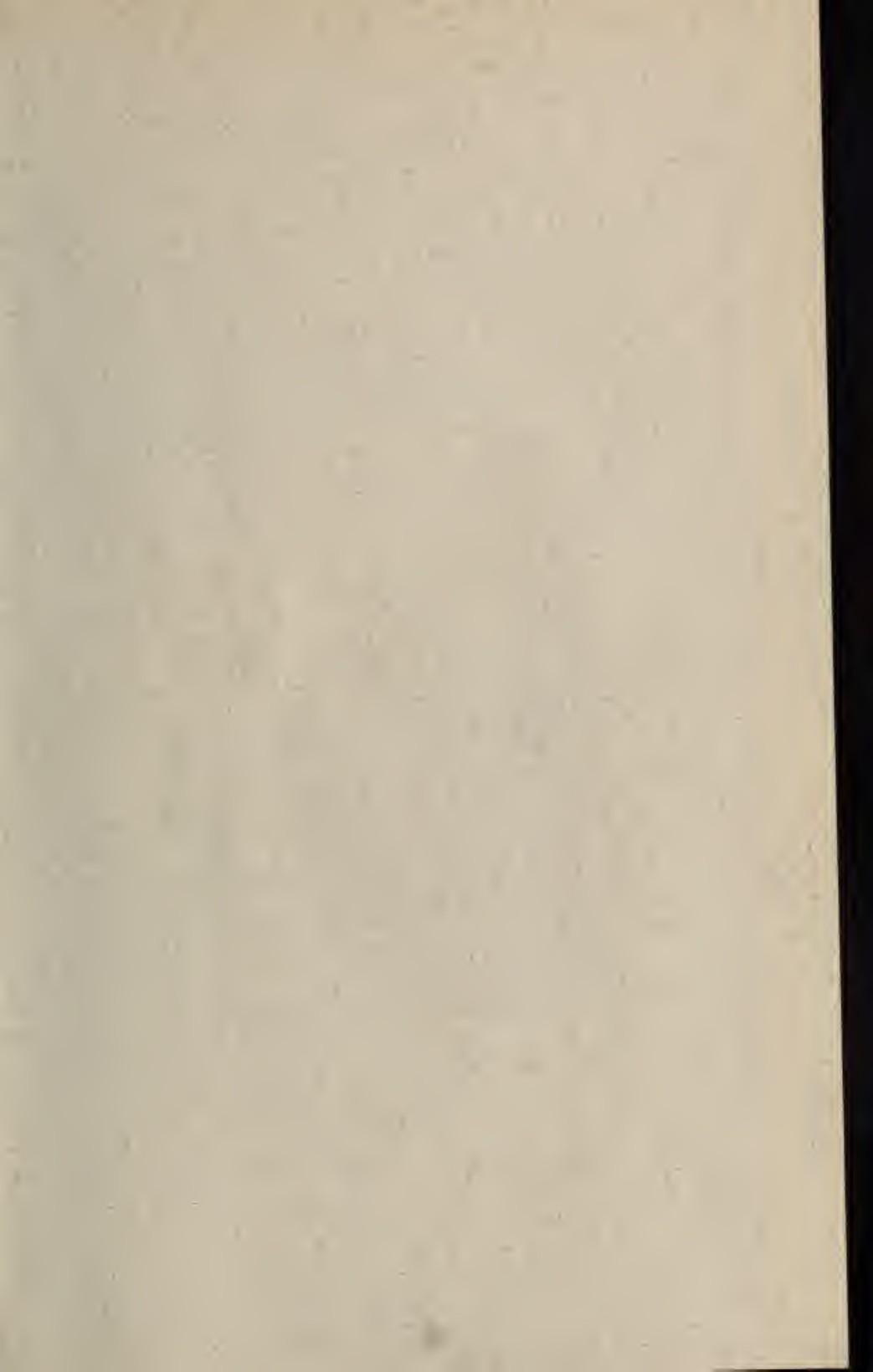
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